

# Flying K



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Naval Air Station Kingsville, Texas

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August 27, 2010

## Food, Fun & Fireworks aboard NAS Kingsville Sept. 2



CS1 Holly Clow, right, poses for a photo with her family at the Corpus Christi airport upon her return for Kuwait. From left are son Michael, husband Jason, and daughter Michelle. (Photo by AC3 Kiana Kahlbaum)

### Welcome Home

Culinary Specialist 1st Class Holly Clow was greeted by her family at Corpus Christi Regional Airport Aug. 16, upon her return from a 6-month Individual Augmentee assignment in Kuwait.

During her deployment, Clow served as the staff education and training leading petty officer for the Expeditionary Medical Facility, Camp Arifjan, Kuwait.

Additional responsibilities included running the command GMT program and HIPA certifications, as well as command indoctrination. She was selected for petty officer 1st class during this assignment.

"It was a great learning experience," Clow said about her IA stint. "I worked outside my rating with people I've never worked with before, all while trying to learn how to be a first class petty officer.

"It's great to be home!"

Naval Air Station Kingsville will take a break from the heat of summer Sept. 2 to enjoy a night of Food, Fun and Fireworks, courtesy of the Morale, Welfare and Recreation Department. The event will be held at the Captain's Club from 7-10 p.m.

The event includes free hot dogs, hamburgers and water while supplies last, and there will be beverages for purchase throughout the evening. There are also a number of games planned for children and adults, and music. The final event of the evening will be a spectacular fireworks show.

"We had to cancel our fireworks show from the Independence Day celebration due to Hurricane Alex," said MWR Director David Haigh. "But we didn't want to cancel it altogether. So, with the Commanding Officer's permission, we decided to focus the celebration around Labor Day. We hope all base personnel will be able to participate in the event."

All base personnel will be authorized to sponsor guests on board the base for the festivities. There are some restrictions, however. The sponsor may sponsor two families, and must remain with their guests throughout their stay on board. Guests will be able to participate in games, enjoy free food, and watch the fireworks show.

There will be games and activities for children and adults outside the Captain's Club and in the K-Bar and Club Ballroom throughout the evening. There will also be door prize drawings.

"Our MWR staff has been working hard on this event ever since Hurricane Alex cancelled our July show," said NAS Kingsville executive officer Lt. Cmdr. Dave Anderson. "I think this is going to be a great event for all personnel, their family members and guests."



Fleet Master Chief John Minyard, U.S. Pacific Fleet, poses for a photo with NAS Kingsville Commanding Officer Capt. Mark McLaughlin during the master chief's visit to NAS Kingsville Aug. 24. The stop in Kingsville was part of a two-day visit to South Texas Navy installations to meet with Sailors and view quality of life initiatives. (Photo by Jon Gagné)

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## From the Bridge



**Capt. Mark McLaughlin**  
Commanding Officer



Greetings Team Kingsville!

I'll start with a hearty congratulation to Jeanie Alexander, School Liaison Officer, whose efforts during Operation School Supplies collected enough pens, pencils, glue, paper, etc., to outfit 40 children, (PreK-12th grade) with school supplies for the 2010-2011 school year. Well Done to Jeanie and all the contributors!

Secondly, I am pleased to announce that the Secretary of the Navy has posted his FY2010 SECNAV Energy and Water Management Awards; NAS Kingsville has been awarded the Gold Level of Achievement.

## Deckplate Leadership



**CMDCM (SW/AW/FMF)**  
**Charlie Ratliff**  
NASK Command Master Chief



Team Kingsville:

Congratulations are in order for CSC(Sel) Pearline Myers and MAC(Sel) Ron Murchison. These two Sailors were recently selected for advancement to Chief Petty Officer. Advancement to Chief Petty Officer is the most significant milestone in a Sailor's career and these two Sailors and their families should be very proud. I know I'm very proud of their accomplishment!

As I've said in previous columns, in order for Sailors to advance from E-3 up through Petty Officer First Class they must work hard to earn good performance evaluations. They must also study hard so they score well on their advancement examinations. Those two things factor into the final multiple score,

This recognition indicates NAS Kingsville has a very good-to-outstanding energy program. We moved up a rating from Blue last year, and with everyone's assistance, we should be in the running for the highest rating of Platinum next year. Please continue your efforts to conserve water and electricity wherever you can.

As we head into the upcoming Labor Day holiday, I'd like to share the following. Back in June 1894, Congress established Labor Day as a federal holiday to commemorate the contributions workers have made to the strength, prosperity, and well-being of our country. I'd ask that each of us take a moment during the extended weekend to remember that 150,000 of our fellow soldiers, Sailors, Marines and airmen, are at the tip of the spear in Afghanistan and Iraq, engaged in combat operations precluding them from the companionship with their families during this holiday.

Along with every worker in America, our collective efforts have made this country

which is what determines whether or not a Sailor advances.

So what is different with regard to advancing to Chief Petty Officer?

The biggest difference is that a Sailor's service record is reviewed by members of a selection board. Selection board members look at everything in a Sailor's record for the most recent five years. They use a score sheet and award points for a variety of things including personal awards, off-duty education, qualifications such as ESWS and EAWS, command and department level collateral duties, community service, etc. Most importantly, selection board members look for consistent sustained superior performance over that five year period.

One area in which the selection board will look at more than just the most recent five year period is a Sailor's history of assignments. Selection board members want to see if the Sailor is staying within the prescribed sea/shore rotation for their rating. And if not, why? They also want to see if the Sailor is taking the challenging shore duty

the most desirable home on the planet, and we especially owe a tremendous debt of gratitude to the defenders of this nation who are currently on the front lines.

We will kick off the holiday celebrations starting on Sept. 2, with a Training Air Wing TWO Winging Ceremony followed by a fireworks display that evening. The fireworks are well advertised around the base, so come on out to the Club and enjoy some food and the show.

The Labor Day Weekend also marks the official end of the 100 days of summer; however, our safety vigilance shall not waver. As you and your families change daily routine to adjust to the new school year or embark on that last vacation before autumn arrives, take the time to assess your actions and safely accomplish your liberty-time mission. In closing, take care of yourselves and your families, take care of your shipmates and leave the ranch better than you found it. I will see y'all after the break. ~ Skipper Mac

assignments such as instructor duty or an assignment out of rate.

One of the main reasons we conduct Career Development Boards here at NAS Kingsville is to discuss advancement opportunities with Sailors. We want to provide you with an opportunity to openly discuss with your chain of command, the Command Career Counselor and the Command Master Chief what will make you more competitive for advancement. We want to make sure that every Sailor has input from a variety of people so they can make informed decisions that affect their advancement opportunities.

However, if you have questions now about what will make you more competitive for advancement, don't wait until your next Career Development Board. Tell your LPO or LCPO that you need their advice on what will make you more competitive and I assure you they will be more than happy to help you out.

Regards, CMC

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7 p.m. - Officer Christian Fellowship Call Dr. Joe Humphrey at (847) 502-7085, for more information.

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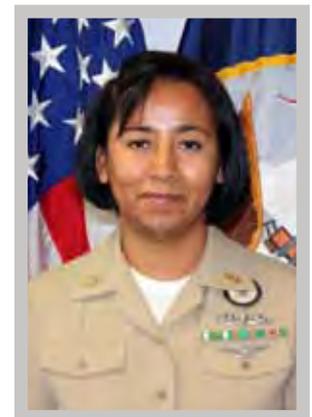
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This newspaper is published for people like San Antonio native NCC (SW/AW) Minerva Verley, NAS Kingsville Command Career Counselor.

# Pentagon releases final Fort Hood shooting review of recommendations

By Elaine Wilson  
American Forces Press Service

Pentagon officials recently released the Defense Department's final review of recommendations issued by an independent panel in the wake of the Nov. 5, 2009, shooting spree on Fort Hood, Texas.

Among the department's top priorities are boosting on-base emergency response capabilities, improving law enforcement and force protection information sharing with partner agencies, and integrating force protection policy, a Defense Department news release said.

In a memorandum signed Aug. 18, Defense Secretary Robert M. Gates said he carefully considered the panel's recommendations -- detailed in the report titled, "Protecting the Force: Lessons Learned from Fort Hood" -- and is directing the department to take "appropriate action" to address the initiatives detailed in the follow-on review.

"I expect department leaders to place great priority on implementing these recommendations," Gates said. All actions are aimed at contributing to the safety and health of military forces, the release said.

Armv Mai Nidal Hasan an Armv

psychiatrist, allegedly opened fire at a Fort Hood facility where soldiers were processing for overseas deployments. He has been charged with 13 counts of murder and 32 counts of attempted murder.

"The tragic shooting of U.S. military personnel at Fort Hood ... underscored the need for the [Defense Department] to thoroughly review its approach to force protection and to broaden its force protection policies, programs and procedures to go beyond their traditional focus on hostile external threats," Gates said.

Earlier this year, an investigative panel detailed 79 recommendations in its report centered on improving force protection and tightening gaps in personnel policies, emergency response mass casualty preparedness and support to Defense Department health care providers. In April, Gates directed the Defense Department to immediately implement 26 of the 79 recommendations while a review of the remaining 53 recommendations continued.

The final review's initiatives "will significantly improve the department's ability to mitigate internal threats, ensure force protection, enable emergency response and provide care for victims and

families," Gates said.

The review puts forth "concrete actions" for the majority of the recommendations, Gates said. In some cases, however, further study will be required before the department can take additional steps.

In particular, he said, the department will strengthen its policies, programs and procedures in the following areas:

-- Educating commanders about the symptoms of potential workplace violence and the tools available to address it;

-- Ensuring that commanders and supervisors have access to appropriate information in personnel records throughout a servicemember's career;

-- Improving law enforcement and force protection information sharing with partner agencies and among installations to ensure all relevant personnel are aware of and able to analyze and respond to potential threats;

-- Expanding installations' emergency response capabilities, including enabling enhanced 911 to notify dispatchers of a caller's location, mass notification and warning systems to guide installation personnel and emergency responders to an emergency, and a common operating picture to ensure first responders have

access to real-time information in a crisis;

-- Integrating force protection policy through the creation of a consultative and policy-making body that will bring together the various entities across the department with force protection responsibilities; and

-- Ensuring the department provides top-quality health care to all servicemembers and health care providers by hiring additional health care providers, particularly in the mental health field, and ensuring health care providers receive appropriate post-deployment respite and time at home between deployments.

Gates also directed the assistant secretary of defense for homeland defense and America's security affairs to continue to lead the follow-on review and to provide regular progress reports to him.

"Force protection, although critical, is not a substitute for leadership," he said. "Leaders at every level in our military play a critical role.

"I ask leaders and commanders across the force to remain mindful of the unique requirements of the profession of arms -- that military service is grounded in an oath to support and defend our Constitution, but also may necessitate the sacrifice of some of the very rights we defend."

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**Team Kingsville News**



**Bravo Zulu** -- Pat McFtridge of the Training Air Wing TWO Student Control Office was recently presented a Certificate of Appreciation marking 35 years of Federal Service. Capt. Mark Brooks, Training Air Wing TWO Commander, presented the award. McFtridge began her civil service career in 1975 and reported to NAS Kingsville in 1992. (Photo by Meg Cross, Training Air Wing TWO)

**NASK's NFCU Branch wins national award**

The NAS Kingsville Navy Federal Credit Union branch was recently honored for excellence in member services for 2009, receiving NFCU's annual Richard Cobb Award. The award is presented each year to NFCU branch outlets that excel in member services and attaining specific goals. Branch managers JoAnna Vance and Nancy Matthews accepted the award on behalf of the NAS Kingsville team.

"We are thrilled that our branch office was selected for this award," Vance said. "I'm very proud of our staff, and the enthusiasm each person shows in providing the very best customer service."

The NAS Kingsville branch received an overall customer satisfaction rating of 100 percent for 2009, with typical member comments noting that staff members

"always go beyond what I expect," were "knowledgeable and professional staff," and provided "outstanding service."

NFCU is also a vital member of "Team Kingsville," supporting, sponsoring and participating in numerous base and community programs. During 2009, NFCU staff volunteered their time to Relay For Life, the annual MS Walk, the Texas Land Board Fair, the 2009 and 2010 Navy Ball Golf Tournaments, the 2009 and 2010 Health and Safety Fairs, and a number of other special events on base and in the local community.

Because of NFCU's commitment to the personnel of NAS Kingsville, the command nominated the Branch for the prestigious Department of the "Navy Credit Union of the Year Award" for the second year in a row.



NAS Kingsville NFCU staff members from left are Jennifer Valenzuela, Cynthia Cantu, Paula Lesh, Tasha McKinley, Nancy Matthews, and JoAnna Vance.

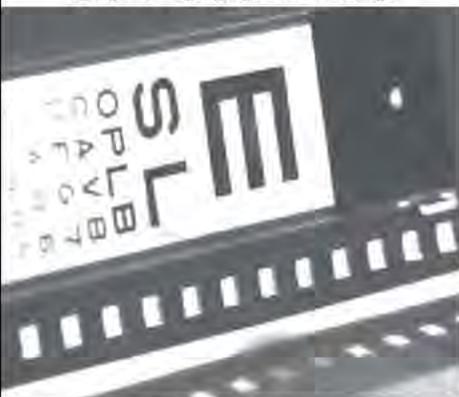


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Chiefs-to-Be: CSC (Sel) Pearlina Myers and MAC (Sel) Ronnie Murchison

## Selectees prepare for transition to Chief

By Jon Gagné  
NAS Kingsville Public Affairs

Two NAS Kingsville Sailors are having trouble finding enough hours in the day to get everything that is expected of them accomplished. Their days start before the sun rises and end long after the sun has set.

The pair has taken on new responsibilities in addition to their normal assignments, to include professional car washing, barbecue chefs, waiters, and PT Warriors. And it's a learning process.

The Sailors, both veteran first class petty officers, are going through the transition stage of becoming U.S. Navy Chief Petty Officers (CPOs), a process that begins the day the CPO Selection Board results are posted through Sept. 16, when they will officially be welcomed into the CPO Mess.

Over the past two weeks, the pair has witnessed a lot of changes; from simple tasking on-the-spot, to having their names - and ratings - removed. Chief Select Ronnie Murchison, a master-at-arms, and Chief Select Pearlina Myers, a culinary specialist, are learning how to handle a myriad of assignments on very short notice. Both admit it's been a learning process.

"The transition period is a lot different than I ever expected," Myers admitted during a recent break in training. "We've been going non-stop ever since we found out that we were selected for Chief. But as the days go by, it gets easier."

Myers, who has 15 years of service behind her including 8 years of sea duty, was

caught off-guard by her selection. "This was my second time up for chief so I really didn't think I had a chance. I was totally surprised and excited when I found out."

Murchison, a native of Sanford, N.C., and an 18-year veteran with 7 years of sea duty, thought his career path had already been decided for him after missing out on selection last year, his fourth time up for chief petty officer. Retirement, he said, was something he and his wife Ivy had been discussing. That all changed when he received a call from his leading chief, MAC Bill Worthen.

"My wife and I were on our way out to celebrate her birthday when Chief Worthen called with the news," Murchison said. "I was just blown away, and it gave us something else to celebrate."

For now, Myers and Murchison are putting everything they have into the CPO transition process, working hand-in-hand with their fellow CPO Selectees from NAS Corpus Christi on fund-raising projects, community outreach programs, physical fitness, and CPO training. While the days continue to get longer for all the selectees, there is light at the end of the tunnel.

"Our Chief Selects are going through the process of making the transition from Petty Officer to becoming a Navy Chief," said NAS Kingsville Command Master Chief Charlie Ratliff. "The training will culminate with our annual Khaki Ball, Sept. 24, when all of the selectees are welcomed into the Chief's Community marking their accomplishment."

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**See Distribution, Page 14****Continuation Board  
keeps best Sailors**

By **MC1 (AW) LaTunya Howard**  
NPC Public Affairs

The Navy announced the fiscal year 2011 (FY11) performance-based board for continuation, which will convene Sept. 20 to review senior enlisted (Active/Reserve) personnel with more than 19 years of service.

The focus is performance within the last five years or since advancement to current grade (E-7 through E-9), whichever is later. According to NAVADMIN 276/10, an amplified update to NAVADMIN 180/10, documented misconduct, sub-standard or marginal performance will be the primary reason board-eligible Sailors will not be continued in the Navy past the 20-year mark. Among the specific performance indicators the board will consider are:

- \* Documented misconduct involving either Uniform Code of Military Justice (non-judicial punishment) or civilian offenses.

- \* Moral or professional dereliction such as relief for cause or detachment for cause.

- \* Continuity gaps in evaluation/fitness report of greater than 90 days.

- \* The Sailor's evaluation/fitness report during the period reviewed includes marks showing sub-standard or marginal performance of duty.

The board will consider these factors and others within the entire record and use its judgment to select Sailors for continuation whose service is in the best interest of the Navy. NAVADMIN 276/10 contains the complete list of board consideration factors.

"This is a performance-based board, and I have extreme confidence that the senior enlisted leadership who sit the board are focused on fairness and proper adherence to standards," said Master Chief Petty Officer of the Navy (MCPON)(SS/SW) Rick D. West.

"This is a move in the right direction, so we are retaining the best people possible for our Navy."

Commands may re-verify their FY-11 enlisted continuation board eligibility listings weekly until Sept. 1.

For Sailors being reviewed, the board correspondence submission deadline has been extended to Sept. 1. Board-eligible Sailors must submit any correspondence to the board with a postmark by this date.

West said this is the second year of the Senior Enlisted Continuation Board, but the first year Reserve chiefs will be looked at.

"The continuation board has expanded from last year," West said. "More people are being looked at across the Navy's Total Force including reserves and some communities that were exempt last year."

## TW-2 Wetting Down helps Wounded Warriors

By Lt. j.g. Danielle Thiriot and Lt. j.g. Patrick Gahan, VT-21

According to the Naval History and Heritage Command, formally known as the Navy Historical Center, there are several folklore tales recounting the origins of wetting downs in the Navy. In one, the new promotee would add a new clean stripe to the uniform which stood out from the older, more-weathered stripes.

“Wetting down” was an attempt to get the new stripe to match the older stripes so the promotion would not look as recent. This would most often include throwing the Sailor into the ocean or christening the uniform with whatever liquid refreshment was available.

Over time, the tradition has evolved to include Sailors or Marines, or newly promoted groups of each, throwing a party for friends and family to help them celebrate the promotion, using the difference between their old and new paychecks to fund the event. This is a tradition followed today at Navy commands around the country.

Most of the student pilots in Training Air Wing TWO received their commission upon graduation either from a service academy or Reserve Officer Training Corps (ROTC) program.

Thus, the May-to-June time frame sees many promotions as Ensigns reach their two year mark and are promoted to Lieutenant Junior Grade (Lt. j.g.).

This summer 58 new Lieutenant Junior Grade officers from Training Air Wing TWO were promoted and they organized a wetting down on board USS Lexington in the Corpus Christi Bay to celebrate the occasion.

Each of the new O-2s contributed the difference between their Ensign and Lieutenant Junior Grade paychecks to host the event. They rented the main hangar bay of the ship, which included a closed-off, air conditioned room with plenty of tables, a dance floor, and a stage. Salinas Catering brought 80 pounds of brisket along with appetizers for the guests. Open bars were set up throughout the room with beer, soft drinks, and margaritas. A local Kingsville country band, Cadillac Overdrive, provided entertainment with DJ Lt. j.g. Chris Nigus providing music in-between band sets.

The highlight of the entertainment for the evening was Lt. j.g. Dan Trub’s “beat-box” set. Trub mimics a drum beat using only his mouth while simultaneously singing.

“Hearing Dan Trub’s amazing rap topped off an already great night with good friends.” said Lt. j.g. Nate White.

Over 300 students, instructors, family

*Continued, see Wetting Down, page 14*

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## In This Issue at a GLANCE

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## VT-21 welcomes aboard children, family members for Little Redhawk Day

Story by LTJG Danielle Thiriot, VT-21  
Photos by AC3 Kiana Kalbaum,  
NASK Public Affairs

On Friday, Aug. 20, VT-21 personnel welcomed aboard children and grandchildren of instructor pilots, students, and civilian employees. The purpose of the event was to spark the children's interest in the careers of their parents and to show appreciation to Navy and Marine Corps families for their continued support.

More than 50 children from VT-21 participated in the day's activities beginning with a welcome brief by squadron commanding officers in their perspective ready rooms. After receiving their "Little Redhawk" T-shirts, the children were escorted by student pilots to four different stations around the base.

The NAS Kingsville Air Traffic Control Division provided tours of Approach Radar Control and the Air Traffic Control Tower, demonstrating how aircraft are separated and kept safe in the air. At the Fire Department, children got to explore the fire engines, wear fire-fighting gear, and try their hands at spraying the fire hoses.

In the Paraloft, kids tried on g-suits, harnesses, and survival vests to get a feel for what pilots wear while they are flying in the T-45 "Goshawk." The final station brought participants to the T-45 flight simulators in the Ground Training building. Each child got to fly the simulator over the skies of South Texas.



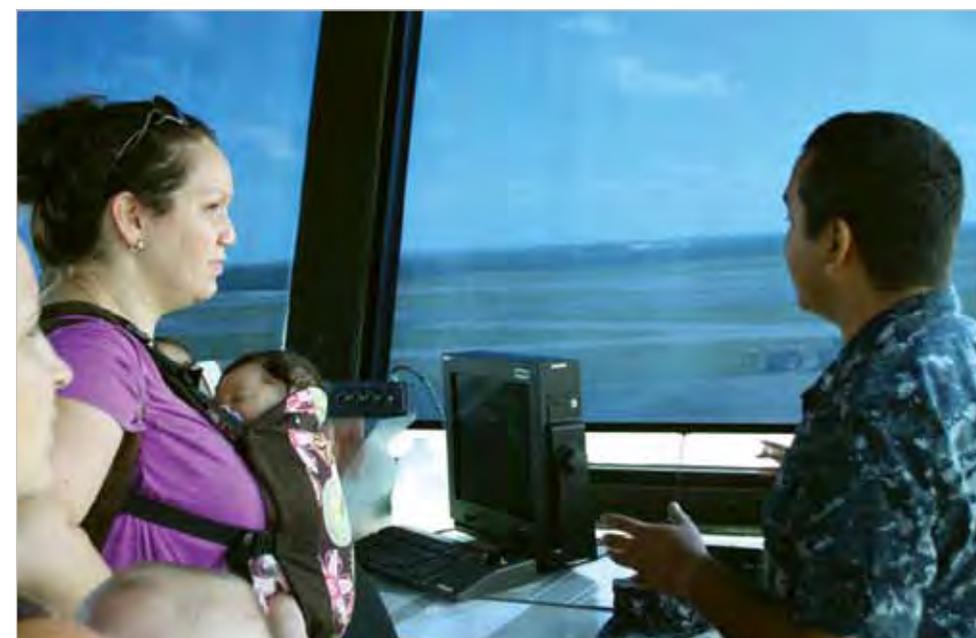
"That was the most fun my kids have ever had at a squadron function! They went to school still talking about it," said VT-21 scheduler Joe Marin.

The day ended with a party at the NASK swimming pool. Pizza, sandwiches, drinks and popsicles were served while kids and parents cooled off in the water.

VT-22's Little Eaglet Day was also held on the same day. The day was a huge success with record numbers of children attending from both squadrons. The children left with a greater appreciation for the work their parents do and a better insight into the world of Naval Aviation.



Above, a pilot shows his son the view out of the windows of the NAS Kingsville Air Traffic Control Tower while his wife and baby look on. Below, Air Traffic Controller 2nd Class Elias Mogollon explains his job to an interested spouse, and not-so interested baby. Photos by AC3 Kiana Kahlbaum, NAS Kingsville Public Affairs.



All the children who attended Little Redhawk and Little Eaglet Day got the chance to climb up the stairs and peek inside the T-45 "Goshawk," the aircraft their parent flies in the skies above Kingsville. Right, Lt. Cmdr. Gary Huss of VT-21 holds his son as they watch other kids climb up to look inside the T-45. Huss' wife Rebecca looks on. The turn out of children and family members was the best in quite a while for both squadrons.



***Splashing success!***

**MWR cardboard regatta tests pool-worthy vessels**

The Morale, Welfare and Recreation Department's Sports Office held a Cardboard Regatta at the NAS Kingsville swimming pool Aug. 10. For those who turned out and participated, the event was a lot of fun.

"We had six teams compete in the regatta, which wasn't a bad turnout for the first time we've tried something like this," said NASK Sports Director Kristin Lokken.

"We had a couple of teams from the squadrons, and a few from the Youth Center, which made it both interesting and entertaining."

The requirements were simple – make your vessel completely out of cardboard and use duct tape to hold the ship together. Then, cross your fingers and hope it floats.

The two-person teams built their boats to look like everything from traditional sailboats, to torpedoes and a giant scorpion. Others chose an easier route -- making simple rowboats.

As it turned out, it didn't matter what

the ships looked like, the competition came down to which teams could get from one end of the pool to the other in the fastest time.

None of the crafts, however, proved to be truly seaworthy. Some made it halfway across the pool before sinking, while a couple collapsed as soon as they were placed in the water and someone stepped into them. But, that all added to the fun of the event.

"I think everybody had a great time just watching the teams struggle," Lokken said. "I know I did."

The School Age Care Center on base held their own cardboard boat regatta earlier in the day, with boats bearing names like "SS Yum Yum Skittles" and "SS Teddy Bears."

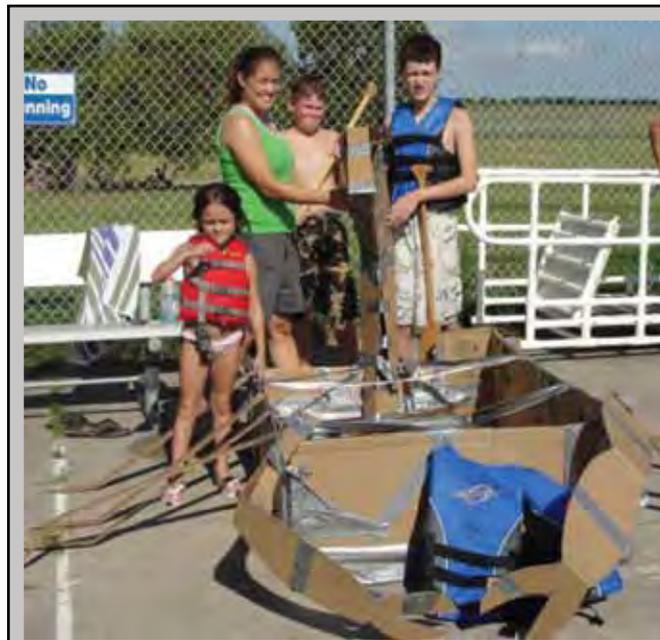
The team of Maya, Jacob, and Chuck Miller made it all the way across the pool in the fastest overall time to claim the championship paddles. The team of Scott Lindahl and Danny Behrens took the title of "Most Creative Boat."



All teams had an equal chance - until they put their boats in the water. Then it became a race to finish before the boat either fell apart or sunk to the bottom ... or both.



The winners of the second race appeared to get an early start on their opponents. Below, the team struggles to reach the finish line as their boat begins to sink.



The boat with the fastest time was the "Scorpion," piloted by Chuck, Jacob and Maya Miller. Their vessel not only had a unique look, but also stood up to the water test - making it across the pool in the fastest time while remaining intact! Below, Team Miller reaches the finish line well ahead of their competitors.

**Team Miller the champs!**



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## NAS Kingsville Event Calendar

### Fitness & Sports Events

Complete the Irongoat Challenge during the month of August and receive a free t-shirt. Sign up at the Fitness Center or call 361-516-4386.

### NAS Kingsville Pool

Hours of operation: Monday through Friday:  
 Lap Swim: 10 a.m. to 1 p.m.; Recreational Swim: 1-2 p.m. Weekends and Holidays: 1-2 p.m.

### Women's Bowling:

The Wednesday Morning Ladies League begins their fall season Sept. 8 at 9 a.m. The league is still looking for a few players to join them.

New members can contact Irene Woolsey at 592-4236 for additional information or Daniel Rackley at the Bowling Center at 516-6196.

### Bowling Center:

Free lunchtime bowling weekdays, 11 a.m. to 1 p.m., with meal purchase for active duty personnel and base employees.

### Corpus Christi Hooks:

Sept. 5: Corpus Christi Hooks baseball. Free admission for all active duty members, their guests and family members. Come out to the ball park and relax at the pool and spa

deck of the Hooks stadium, and enjoy free food and a great view of the game.

Pick up tickets at ITT on base. Only active duty members will be allowed to receive tickets, with a maximum of 3 tickets per person. Only 50 tickets are available.

### Navy Region Southeast Survey:

Commander, Navy Installations Command (CNIC) is providing an opportunity for Sailors, family members and military retirees to help shape the future of its Fleet and Family Readiness (FFR) programs by participating in the 2010 FFR Customer Satisfaction Survey, which ends Aug. 31.

The survey will allow FFR customers to voice their opinions on a variety of topics. FFR programs that are being surveyed include Child and Youth, Fleet and Family Support, Morale, Welfare and Recreation (Liberty, Fitness, ITT, Movie Theaters, Libraries/Resource Centers) and Navy Gateway Inns and Suites.

The results will provide Navy leadership with information that will be used to enhance current programs and improve Navy quality of life.

The survey is available online at the following link:

<http://www.cfgroup.net/Navy>

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## Lifelines



### Fitness Center ground-breaking set for Aug. 30

The first shovels of dirt in the construction of NAS Kingsville's new \$10.5 million Fitness Center will take place Aug. 30, during an official ground-breaking ceremony. Above is an artist's conception of what the new facility will look like.

### Safety Office to hold Hunters' Safety Course

The NAS Kingsville Safety Office is sponsoring a Hunters' Safety Course Sept. 1-2. The course will be held at the NAS Kingsville Safety Office classroom starting at 5:30 p.m. each day.

This hunters' course is open to everyone on the installation, including dependents. Children ages 9 and up are welcome.

This two-day course costs \$15 per person (cash only).

Upon completion of the class, participants will receive a license that will be good indefinitely in the U.S., Canada and parts of Mexico. To take the class, contact Charles Young at 516-6397, or email Charles.e.young1.ctr@navy.mil

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## Fine Wines and Felines





**Tuesday**  
**Sept. 7, 2010**  
**6 pm - 8 pm**

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*This is a wonderful casual experience. Come visit with the kitties sip on a glass of wine, have some yummy snacks and just relax while listening to the soothing sounds of the Back U orchestra.*

**\$20 per person donation requested or \$10 per person requested with a donation of hand sanitizer, bleach, postage stamps, dry swiffer pads, clay or clumpable litter.**

## Southwest Cornbread

Makes 1 Medium Bread  
 Serves 6-8

- 2 cups corn kernels, fresh or frozen
- 2/3 cup fine yellow cornmeal, preferably stone-ground
- 1 teaspoon baking powder
- 1/2 teaspoon sea salt
- 1/2 cup pine nuts, toasted
- 1 rounded teaspoon chopped fresh sage leaves
- 1 scallion, sliced
- 1 cup unbleached all-purpose flour
- 1/4 cup corn oil
- 2 extra-large eggs
- 1 cup buttermilk
- 1 pat of butter



- 1 9-inch cast-iron ovenproof skillet or an 8-inch square cake pan
- Preheat the oven to 350 F.
- Put the corn kernels, cornmeal, baking powder, salt, pine nuts, sage, scallion, and flour in a large bowl and mix well.
- In a separate bowl, beat the oil with the eggs and buttermilk, then stir into the dry ingredients to make a thick batter.
- If you are using the skillet, heat the pan with the pat of butter in the oven until foaming - about 3 minutes. If you are using a cake pan, then grease it well.
- Pour the batter into the hot skillet of the prepared pan and bake in the oven for about 20 minutes until firm to the touch and a toothpick inserted into the center comes out clean. Serve while still warm, either straight from the skillet or turned out of the pan onto a cutting board and cut into large squares.
- Best eaten the same day. Not suitable for freezing.

## What's Happening

*by Tina Konwerski*

The King Ranch Museum's permanent collections include: Toni Frissell's award-winning photographic essay of life on King Ranch in the early 1940's; saddles from around the world, guns including a King Ranch commemorative Colt Python .357 magnum revolver (serial number KR1), a limited edition series of full-scale replicas of historic Texas flags, and antique carriages and vintage cars, including El Kineño, a custom designed Buick Eight hunting car built for Congressman R. M. Kleberg, Sr., in 1949 by General Motors. A new permanent exhibit displays a sculpture of Mrs. Henrietta King and her son-in-law Robert J. Kleberg, Sr., beside the first artesian well that was drilled on King Ranch in the summer of 1899. Visitors can view videos about the history of King Ranch and its main residence. **King Ranch Museum**, 405 North 6th Street. Kingsville. Texas 78363 (361) 595 -1881  
**Hours of Operation:** Monday - Saturday: Open 10 am, Close 4 pm Sunday: Open 1 pm, Close 5 pm **Closed:** Easter, Memorial Day, Independence Day, Thanksgiving Day, Christmas Eve and Christmas Day.

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Through Labor Day, September 6th, 7:30 am to 7:30 pm **Flamingo Fandango** - 100 costumed Flamingos settle in for the summer at the Botanical Gardens & Nature Center. You'll meet Chick-a-Chick-a-BOOM (tribute to Carmen Miranda), Lady AntMelon, Herman F. Lamingo-Avian

*See What's Happening, Page 13*



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## What's Happening, from page 12

Engineer, Flamingo Ray Vaughn and many others. Each visitor gets to cast a ballot for the VISITORS CHOICE AWARD. 8545 S. Staples fmi www.stxbot.org or 361-852-2100.

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**Friday, September 10, 2010 "Hometown Heroes Breakfast"** 7:00 am at Solomon Ortiz Center - honoring our police officers, fire fighters and emergency first responders. Please join us to celebrate and recognize their acts of bravery, dedication and service. Tickets are \$15.00 at the door. Proceeds benefit American Red Cross and the CC Chamber of Commerce. Fmi 361-887-9991

**September 17 - 19, 2010 11th Annual Fall HOME & GARDEN Show.** American Bank Center www.expoltd.com 361-882-2071

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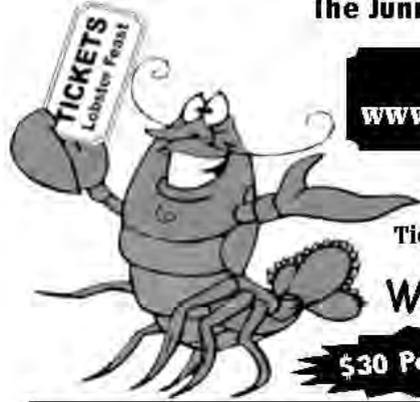
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### Wetting Down from page 7



USS Lexington

and friends attended the wetting down. The new promotees not only wanted to throw a great party, but also give something back to the community. So, they set up tables and donation boxes throughout the hangar bay to raise funds to support the Wounded Warriors Project.

Wounded Warriors raises awareness, provides support, and funds special projects for severely injured service members. With donations from the new promotees and partygoers, \$1,200 was raised and donated to the Wounded Warriors Program.

"This is a great organization whose work is very important to us as Naval officers," said Lt. j.g. Bobby Tuhooy. "We were honored to donate to those who have given so much in service to their country."

This year's promotees set the bar high for future wetting down celebrations, and will not be soon forgotten.



Rock Stars celebrate aboard Lexington.

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