

# Flying K



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Naval Air Station Kingsville, Texas

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September 10, 2010

## Ground broken for \$10.5M world-class fitness complex

By Fifi Kieschnick  
NAS Kingsville Public Affairs

A ground-breaking ceremony was held Aug. 30, marking the start of a \$10.5 million state-of-the-art fitness complex aboard Naval Air Station Kingsville.

"The biggest advantage for the patrons is that it will be a world-class facility that will include a gymnasium, fitness rooms, racquetball courts, partitioned activity rooms for multiple uses, classrooms, and locker rooms with saunas," said David Haigh, Morale, Welfare and Recreation director.

"Outside will include an in-ground zero-entry heated swimming pool for year around use, and a synthetic turf field for both soccer and football.

"The location will be central to nearly all the rest of the MWR/Quality of Life

facilities - Liberty Center, ITT, RV Park, NEX and Commissary to name a few. Its location is planned to allow for the future expansion with the construction of a new Bowling Center in 2012," Haigh added.

U.S. Representative Solomon P. Ortiz, Congressional District 27, who was on hand for the ground-breaking ceremony reiterated that this will be an outstanding facility and one of many construction projects that will be taking place aboard the naval air station.

"This is a wonderful place and it needs to grow," Ortiz said to the dozens assembled at the ground-breaking.

Ortiz added that this facility would not only benefit the men and women of the armed forces, as well as the civilians and family members, but also the local community that supports the base.

see *Ground-breaking* on page 3



Congressman Solomon P. Ortiz, center, talks with Capt. Mark McLaughlin, left, Capt. Mark Brooks, center, and Cmdr. Scott Wilnot prior to the ground-breaking ceremony for NAS Kingsville's new Fitness Center. (Photo by Jon Gagné, NAS Kingsville Public Affairs)

## Millionth hour of training naval aviators in T-45 'Goshawks' reached



Goshawk training aircraft assigned to Training Air Wing TWO, Training Air Wing ONE and Training Air Wing SIX fly in formation above Jacksonville, Fla., to celebrate surpassing one million flight

hours. The milestone was reached Aug. 26, while students from NAS Kingsville and NAS Meridian, Miss., were conducting carrier qualifications aboard USS George H.W. Bush (CVN 77).

Story & photo by Lt. Brett Dawson  
CNATRA Public Affairs Officer

The Navy and The Boeing Company celebrated the Naval Air Training Command's one millionth flight hour of the T-45 Goshawk, the Navy's premier jet trainer aircraft, Aug. 26 at Cecil Field in Jacksonville, Fla.

"This milestone is another testament to the quality that this team has put into each and every T-45 that we have training our future aerial combat warriors," said Rear Adm. Bill Sizemore, Chief of Naval Air Training. "It's an exciting time in Naval Air Training as we forge into the future with the T-45 Goshawk, converting the remaining analog models into digital/glass cockpits to mirror the aircraft in the fleet."

For more than 18 years, the twin-seat, single-engine Goshawk has prepared student aviators to transition to front-line Navy and Marine Corps fleet aircraft, including the F/A-18 Hornet, F/A-18E/F Super Hornet,

see *Million* on page 14



Capt. Mark McLaughlin  
NAS Kingsville  
Commanding Officer

#### Greetings Team Kingsville,

I'm going to pass along two events that I witnessed recently that reinforced my patriotism in this country. It wasn't an air show, a welcome home parade for the troops or a moving rendition of the National Anthem; no, these two events were the Department of Defense Fire and Emergency Services Convention held in Chicago, and a morning Colors here at NAS Kingsville.

I'll begin with the Colors. I was running a little later than my normal arrival to the base a few weeks ago. It was a crystal clear blue-sky morning, and as I made it to the third deck of the stairwell in the headquarters building, I stopped to look out the south windows because something caught my eye.

There, around the base of the NAS Kingsville flagpole, were five of our finest Sailors ready to perform the 8 a.m. Colors. All was quiet on the base and I could not see any movement wherever I looked; and as I watched and waited for precisely 8 a.m., these five Sailors were at perfect attention. There was no movement, twitching or talking, and each occupied a specific place in formation performing a duty to render honors as the National Ensign was raised.

I'll bet they didn't think anyone was watching, but it didn't make a difference, for they performed the event with precision that made me very proud. So to IC1 Bernardino Martinez, MR1 Lubert Moran, AME2 Fernando Cisneros, ABE2 Kendall Armstrong and CS2 Jeff Hall, Well Done!

These Sailors knew the importance of that morning ceremony and respected



Congressman Solomon P. Ortiz, left, stopped by the NAS Kingsville Fire Department Aug. 30, to congratulate Fire Chief Perez and the Fire Department staff prior to the ground-breaking ceremony for the new Fitness Center on base. (Photo by AC3 Kiana Kahlbaum)

it. So the next time any of you find yourself outside at 8 a.m., please face the flagpole and honor our flag, and if driving a vehicle, you're reminded that NAS Kingsville policy is to stop until Colors has concluded.

Last week I had the opportunity to attend the DoD Fire and Emergency Services Convention in Chicago. I didn't know what to expect, and my attendance was to support our Fire Chief, Ruben Perez, as he received awards for himself and NAS Kingsville. Let me 'set the stage' for you.

The convention was held at the Hyatt Regency in downtown Chicago. This place has to be one of the fanciest hotels in the land, and the F&ES Convention was their priority for the week. During the Department of the Navy Awards Luncheon, Chief Perez escorted me to the banquet room and I was literally blown away by the pomp and ceremony. At the luncheon were nearly 1,000 Navy, Marine Corps and civilian DoN Firefighters from around the world honoring their own in a top-notch awards ceremony.

As the ceremony began, they played a video choreographed to music that highlighted the everyday dangers and situations fire and emergency services personnel find themselves in protecting each and every one of us daily. As the announcer called Chief Perez to the dais, a huge round

of applause echoed as he was named the DoN Fire Chief of the Year! Additionally, about a half-hour later, Chief Perez, Asst. Fire Chief Armando Caceres, Fire Inspector Arnold Carranco, and Firefighter Shane Hennessey proceeded back to the dais to receive the Medium Fire Department of the Year Award for NAS Kingsville. To say I was proud is an understatement.

The next evening was an even bigger event as the five of us joined up again with our Regional Fire Chief, Bill Casey, other region leadership, and nearly 2,000 Army, Navy, Air Force, Marine Corps and civilian firefighters from around the globe to find out whether NAS Kingsville was the winner of the Department of Defense Medium Fire Department of the Year Award. I'd like to say that we have that trophy as well; however, we discovered NAS Kingsville is the runner-up in the category, finishing second by a mere half a point. Also, Chief Perez was announced as the runner-up for the International Association of Firefighters' Fire Chief of the Year. I'd say that Chief Ruben Perez and the entire NAS Kingsville Fire Department represented the Navy very well and when you see our firefighters around the base, give them a slap on the back – they deserve it ... they're the best in the world! Until next time ~ Skipper Mac

#### “Welcome Aboard, XO!”



Cmdr. Scott Wilmot  
NAS Kingsville Executive Officer

Cmdr. C. S. “Scott” Wilmot was commissioned from Texas A&M University in 1988 and immediately entered the Navy's flight training program at NAS Pensacola.

Cmdr. Wilmot has served at sea aboard USS Theodore Roosevelt (CVN 71), USS Kitty Hawk (CV 63), USS Harry S Truman (CVN 75), and USS Hue City (CG 66) as an HS pilot with the carrier air wing and as part of the Carrier Group staff.

He has deployed to the Mediterranean, Baltic and Red Seas;

the Western Pacific, Indian Ocean, and the Arabian Gulf.

Ashore, he has served as a flight instructor in VT-28 at NAS Corpus Christi; the Joint Information Operations Center in San Antonio; the U.S. Navy Central Command, U.S. 5th Fleet (NAVCENT/C5F) in Bahrain; and most recently with the U.S. Pacific Fleet (PACFLT) in Pearl Harbor, Hawaii.

Cmdr. Wilmot assumed the duties as NAS Kingsville Executive Officer on Aug. 30. He and his family reside in Corpus Christi.

## Flying K

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This authorized civilian enterprise newspaper is published for people like Rosie Reyna of NAS Kingsville's Security Department. Reyna is a 25-year Federal employee.

**Ground-breaking from page 1**

According to Fitness Director Kristy Lenzy, about 20 percent of the 54,000 patrons who pass through the current fitness center's doors each year are members of the local community.

"With the new facility, we are going to be able to offer more programs for our patrons," Lenzy said. "And, we'll be able to incorporate more fitness and recreation pool programming that will be year round."

Chief Petty Officer Ronnie Mashburn, of the Branch Health Clinic Kingsville feels the air station would greatly benefit from a new fitness facility.

"With our growing population and the demands for the Sailors to be fit, a larger and more modern facility would be able to better accommodate base personnel and dependents," Mashburn said.

Indoors, the 28,000 square-foot facility will include a basketball court, volleyball court, free-weight area, group exercise rooms and racquet ball courts. Outdoor features will include a 25-meter/6-lane swimming pool with zero depth entry, 6 lane 400-meter track, synthetic turf football field and jogging trail.

Digging will begin next month and the fitness complex is slated to be completed in early 2012. The Ross Group is the design-build contractor, while Leo A. Daly is the architect-engineer firm.



**Ground Breaking:** Congressman Solomon P. Ortiz joins members of Team Kingsville to break ground for the new fitness center Aug. 30. From left are: Cmdr. Troy Hamilton, Public Works; David Haigh, MWR; Kristy Lenzy, MWR; Congressman Ortiz; Capt. Mark McLaughlin; Capt. Mark Brooks; Cmdr. Scott Wilmot; Warren Ross, the Ross Group; and Mark Jackson, project manager, Leo A. Daly architects.

"This facility will be constructed with energy conservation in mind," Haigh said. "It will meet at least the Silver certification for energy conservation and part of this project will include the demolition of all of the current facilities whose functions/activities will all move into this one new facility, nearly a one-stop facility for all of your fitness needs."

The original NAS Kingsville fitness center was built in the early 1950s with

several additions being made until 1962. "At that time, the building consisted of the gym, library, barber and beauty shops, a shoe/cobbler and tailor shop, as well as a movie theater and small bowling alley," said Max Jones, NASK public works department.

Over time, the facility has evolved and grown from the original 34,621 square-foot facility. Racquet ball courts were added in the 1970s. The basketball court, tennis courts, a football field and running track were added

in 1992, followed by a jogging trail in 1993. The current ball fields, concession stand, and picnic pavilion were constructed in 1996.

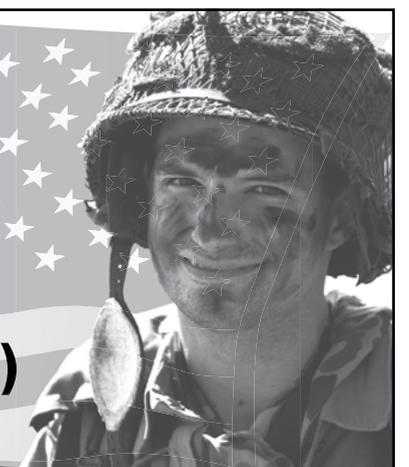
"This is the first of several projects to modernize NAS Kingsville and make it the most updated base in the Navy," said Capt. Mark McLaughlin, base commanding officer.

The ground-breaking also applies one of his main goals as base commanding officer to "leave the ranch better than we found it."



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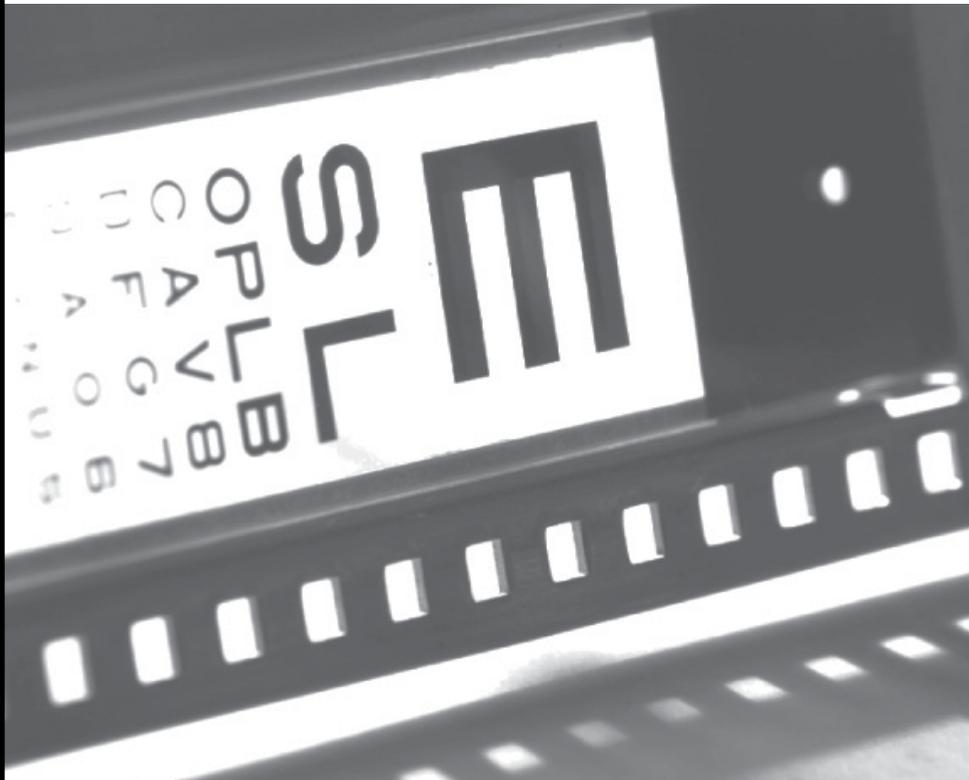
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## ***In the Break***



Capt. Mark Brooks  
Commander  
Training Air Wing TWO

Happy Labor Day!

As I write, everyone should be gearing up for a well-deserved Labor Day holiday weekend. This traditional end of summer represents a time to get some rest and relaxation after another eventful, productive and hot few months in South Texas. I have the Weather Channel on in my office and Hurricane Earl is churning past the eastern seaboard. I'm reminded that two months ago today we were on the heels of a mass fly-off to avoid Hurricane Alex – which preempted the planned fireworks for the 4th of July that we were able to enjoy just last night. Thanks to Skipper Mac and his team for an enjoyable show!

The teamwork you all exhibited to successfully get all flyable TW-2 jets off to safer locations in the face of a possible hit from Hurricane Alex set the tone for a highly productive summer – a level of production we needed to get the required number of new

aviators to Navy and Marine Corps Fleet Replacement Squadrons (FRSs). I commend all the flyers in TW-2 and those that support our mission in and around NASK for your hard work these past weeks and months.

In the month just completed, TW-2 flew more hours (3795) than in any other month going back to FY06 (as far back as our Wing Analyst's records go for this syllabus)! Those hours represent a sortie production level that has enabled us to Wing 11 new aviators today and set the stage for upwards of 20 to get their Wings of Gold at the end of the month. Bravo Zulu!!

Lastly, the privilege of commanding Training Air Wing TWO comes with some perks: on Aug. 26, along with Cmdr. "Slideshow" Carretta (VT-21 SAU CO), I was honored to lead a flight of Goshawks out of Cecil Field, Fla., during our regularly scheduled CQ Detachment for a flight over USS Bush (CVN 77) to commemorate one million flight hours in the T-45.

Without a doubt, the Goshawk program has been a great success and it all began here in Kingsville in 1992. By far the majority of those million hours have been safely and professionally flown by the students and instructors here at TW-2. Here's to the next million!

Regards, Fingers.

## **Firefighter marks 35 years of Federal service**



**Bravo Zulu** -- Firefighter James J. Harper, 55, of Bishop, accepts a congratulatory handshake from NAS Kingsville Commanding Officer Capt. Mark McLaughlin, upon being recognized for 35 years of federal service Aug. 31. Harper's federal service includes just over 10 years on active duty as a Mess Specialist seeing duty in Vietnam aboard the USS Forrestal (CV 59). He left the Navy in 1983, taking jobs here working as a contract employee for the Commissary, Navy Exchange and Fuel Farm simultaneously. He shifted to the Fire & Emergency Services Department in 1986. Harper lives in Bishop with his wife, Wanda, and they have three children. (Photo by AC3 Kiana Kahlbaum, NAS Kingsville Public Affairs).



## Wagner earns NAM; four others earn flag LOCs

NAS Kingsville Commanding Officer Capt. Mark McLaughlin presented awards to 7 military and civilian personnel Aug. 31 at the Captain's Club. The awards highlighted superior performance and length of government service.

Highlighting the awards was the presentation of the Navy-Marine Corps Achievement Medal to Chief Air Traffic Controller Dale Wagner (above). The award was forwarded from Chief Wagner's previous command, USS George H.W. Bush.

Four other Sailors were presented Flag letters of commendation. ABH2 (AW/SW) Andrew Perez received his award from Expeditionary Strike Group TWO, while MA1 (SW/AW) Timothy Knight, UT1 (SW/SCW) Adrian Gonzalez and ABH2 (AW/SW) Duriel Young received their letters from the Commander, Navy Region Southeast for superior performance during the 2010 "Wings Over South Texas" air show.

Civilian awards were presented to Rosie Reyna (20 yrs) and James Harper (35 yrs).

## MWR NASK Events Calendar

Pool hours have changed. Pool hours, through Oct. 31, are: Monday thru Friday Lap Swim 11 a.m. to 1 p.m.; Weekends and holidays 1 to 8 p.m. Note, the last day the pool will be open is Oct. 31.

### Outdoor Recreation:

The MWR Outdoor Recreation Department has all kinds of items available to rent including boats, tents, camping gear, and more for all eligible patrons. Whether you're interested in fishing, hunting, or just taking a trip to see all the sights South Texas has to offer, Outdoor Recreation has you covered.

Boats, motors, and camping trailer packages - with all safety gear included - are available for rent by the weekend, week or month. And, for the novice or seasoned-rough-it-camper, there are large dome tents, cots, camp stoves, coolers and just about everything else you would need.

All equipment is competitively priced and is available for rental periods tailoring to the patron's specific needs.

### September Special:

Beginning Sept. 15, Outdoor Rec will hold a "Manager's Promotional Special," with 50 percent off most camping gear to include tents, cots, ice chests, lanterns, camp stoves,

and more (camping trailers and boats are not included). Note: The 50 percent off does not apply to daily rentals. There is no time-line for rentals, from weekends to full week potentials. Call 516-6191 for details/rates.

### In the Dog House Bowling League Standings as of Aug. 31

Pos	Team	Won	Lost
1.	The Players	04	00
2.	Lane Breakers 03	03	01
3.	The "HRs"	03	01
4.	Team 6	02	02
5.	DNA	02	02
6.	3 Minds in/Gutter	01	03
7.	The Other Guys	01	03
8.	Tumbalos	00	04

### Weekly High Scores:

Lindy Conner, 246 /224 games, 678 set  
John Zapalac, 224 game, 615 set

### Bowling Notice:

The Kingsville USBC Association will hold a membership meeting at the Sirloin Stockade in Kingsville at 7 p.m., Sept. 16.

Agenda items include election of officers, 2010 tournaments and committee reports.



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*See Distribution, Page 14*

## DoD adjusts child care fees, categories

By Bruce Moody,  
CNIC Navy Family Readiness Program

The Department of Defense establishes fee ranges for all military child development programs and recently released a policy addressing the fee adjustment. The adjustment brings the number of fee categories to nine, causing some people to move into different categories.

The Navy is adjusting its child care fees beginning Oct. 1, and adding categories for its highest income earners, to compensate for six years without fee range increases.

Under the new fee schedule, families with a total income of \$85,000 or less will see their child care cost rise by one dollar a week. Child care costs for families earning more than \$85,000 will rise between \$10 and \$16 a week. For a 50-hour week, child care costs will range from \$1.12 to \$2.74 per hour.

For information about the new Child & Youth Program fees contact the NASK Child Development Center at 516-6176, or the Youth Activities Center at 516-6718.

"The Navy is committed to providing affordable child care to our military families," Chuck Clymer, Child and Youth Program Manager at Commander, Navy Installations Command, said.

For the first time in six years, fee ranges have been revised to account primarily for inflation, increased incomes, and increased caregiver salaries. Competitive salaries help to recruit and retain quality staff. Retaining high quality staff contributes to continuity of caregivers – stability that is very important to the young child's emotional development."

The fee policy revision represents a balanced solution to the issue of adjusting fees to pay caregiver salaries while limiting the financial impact to the family, Clymer said.

"The Navy has a lifelong commitment to protecting the well-being of our Sailors and their families," he said. "Ensuring the health, safety, and well-being of the military children entrusted to the Navy's care is a number one priority."

The Navy supports our Service members and families by caring for nearly 52,000 children ages six weeks to 12 years, in 132 child development centers, 86 school-aged care programs and 3,115 on- and off-base licensed child development homes.

The Navy recently expanded its Child and Youth Program to include 7,000 child care spaces fleet wide for children ages 12 and under and 31 new Child Development

See CHILD CARE on page 7

CHILD CARE from page 6



Marcy Spellmen reads to children at the NASK Child Development Center.

Centers. The expansion will reduce a child's time spent on waiting lists to three months or less to meet 80 percent of the potential need across the Navy by the end of 2011.

Navy Child and Youth programs are among the highest quality in the nation. Navy Child Development Centers are accredited with the National Association for the Education of Young Children. Child Development Home Providers are certified by the Department of Defense, applicable state licensing agencies, and are currently accrediting with the National Association for Family Child Care.

Navy before and after-school programs are currently accrediting with the National After School Alliance. And, all Navy Youth programs are affiliated with the Boys and Girls Clubs of America

### Tropical Storm Hermine moves over Kingsville

Tropical Storm Hermine, which formed quickly into a tropical depression Sept. 5 in the Gulf of Mexico off the Mexican coast, provided quite a punch to South Texas when it came ashore south of Brownsville on Labor Day as a Tropical Storm.

The storm made landfall south of Brownsville, moving on a north-northwesterly path and entered South Texas early Tuesday, Sept. 7.

By 5 a.m. Tuesday, the center of the storm moved over Kingsville, producing wind gusts of up to 60 miles per hour and heavy rain. NAS Kingsville Emergency Manager Monette Walker began tracking the storm Saturday, Sept. 4, and followed Navy weather reports throughout the weekend.

"We weren't expecting anything serious from the storm," Walker said after the storm had passed Kingsville. "We knew we'd be getting some rain and strong winds. As it turned out, the winds were a little stronger than we expected because the storm shifted its path a bit after making landfall."

Hermine was the eighth named storm of the 2010 Atlantic Hurricane Season.

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## 11 students winged at TW-2 ceremony

Wings of Gold were presented to 11 student aviators Friday, Sept. 3, during Training Air Wing TWO's monthly winging ceremony at the Captain's Club. In addition to pinning on their wings, the students were also designated as Naval Aviators. Training Air Wing TWO Commander Capt. Mark Brooks presided over the ceremony and more than 200 people attended the event.

Receiving their Wings from VT-21:

Lt. j.g. Taylor Brashear, USN; Lt. j.g. Matthew Chesney, USN; Lt. j.g. Brandon Rodgers, USN; Lt. j.g. Samuel Rykaczewski, USN; and 1st Lt. Adam Stoll, USMC.

Receiving their Wings from VT-22:

Capt. Dan Gibbon, USMC; 1st Lt. Zachary Hartnett, USMC; Lt. j.g. Matthew Langford, USN; Lt. j.g. John Lyles, USN; Lt. John Schnepfer, USN; and Lt. j.g. Daniel Trub, USN.

The ceremony marked the end of nearly 15 months of undergraduate jet/strike training for the students.

Each of them will now move on to their respective Fleet Replacement Squadrons where they will learn the characteristics of their selected aircraft prior to joining the fleet.



The Navy and Marine Corps' newest Naval Aviators pose for a group photo with Training Air Wing TWO leadership following the September winging ceremony held at the Captain's Club Sept. 3. (Photo by Richard Stewart, CNATRA Public Affairs).

## Full house turns out for fun & fireworks

Story and photos by Jon Gagné,  
NAS Kingsville Public Affairs

An estimated 500 people turned out for the Food, Fun & Fireworks celebration at the Captain's Club Thursday, Sept. 2. The event, which was rescheduled from July 4 due to Hurricane Alex, exceeded all expectations, as the Morale, Welfare & Recreation Department staff had something for everyone planned throughout the evening.

For the adults, there were bingo and trivia games - and contact sports. For the children there were dance and games of chance, free tattoos, shuffleboard, bounce games and more. Add free food to the mix and a spectacular fireworks show, and it's hard to walk away thinking you didn't get your money's worth. Especially when the event was free of charge.

"What a great show," NAS Kingsville Commanding Officer Capt. Mark McLaughlin said after the final explosions in the sky over the base. "MWR really did a great job with this - I'm sure everyone had a great time, and I'm really surprised at the number of people who turned out."

The MWR staff put on a great show for base personnel and their guests.



# Volunteers wash display aircraft

Volunteers from FISC Jacksonville Det. NAS Kingsville, Admin Dept., Chaplain's staff; Junior Enlisted Association, First Class Association and the Fire and Emergency Services Department teamed up to provide a fresh look to NAS Kingsville's static aircraft Aug. 27.

The groups were scheduled to wash one aircraft each, but shortly after the teams arrived at the Air Park the volunteers decided to work together on all the planes. The teamwork made things go a little faster - as they completed the task (without using soap) in a little over two hours.

The air station's newest static display aircraft was the last to be tackled. The shiny blue F/A 18 with Blue Angels markings, received its first 'official' bath since it reported aboard four months ago. Maintaining the static display aircraft is one of the responsibilities of the command through its loan agreement with the National Museum of Naval Aviation in Pensacola, Fla. The Naval Air Station is responsible for six display aircraft - including the A-4 "Skyhawk" at Kleberg park. An F9F-8T "Cougar," will be joining the aircraft on display in the coming months. The "Cougar" was used for training here for 18 years.



# Junior Enlisted Association chips in to put new face on park in Downtown Kingsville



Members of the NAS Kingsville Junior Enlisted Association (JEA) joined volunteers from Texas A&M University-Kingsville Aug. 29, to add a new look to one of Kingsville's parks in the downtown area. The park, known as Urban Xeriscape Garden, is located on 6th Avenue next to the Kleberg Bank.

JEA members helped

mow grass, put down matting and new mulch, and gave a complete face-lift to the park, working throughout the morning. On hand for the JEA were: CS3 Erick Soliz, JEA president (right); CS2 Chris Crocker, (below left); AC3 Megan McCall (below, center), CS2 Jeff Hall, (below, right); and AME2(AW/SW) Fernando Cisneros .



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## Region Southeast shines in conservation

By Stephen Strickland,  
Navy Region Southeast Public Affairs

The commitment of Navy Region Southeast to reduce energy usage was recognized recently by the Secretary of the Navy with awards for all 16 of its non-BRAC installations.

"These awards reflect our significant progress in making energy and water conservation a high priority in our everyday mission of supporting the fleet, family and warfighter," Commander Navy Region Southeast Rear Adm. Tim Alexander said. "This marks the first time all non-BRAC installations in Navy Region Southeast have received recognition. Energy is one of Region Southeast's major focus areas, and installation efforts have positively positioned us to execute a comprehensive energy strategy that will help us become the Navy's leading region in energy and water conservation."

Leading the way was Naval Submarine Base Kings Bay, one of only seven Navy or Marine Corps shore commands worldwide to be recognized as a platinum level award winner, signifying an outstanding energy program and an exceptional year of energy project execution.

"Kings Bay is doing some innovative

things to reduce energy and water consumption," Alexander said. "From a new wastewater treatment plant with water savings of \$60,000 a year, to the innovative use of solar technology to augment that plant with energy savings of \$116,000 a year, the installation is realizing truly significant energy use reduction."

"Energy and water management are critical to the accomplishment of the Navy's mission and our nation's energy independence and security," Secretary of the Navy Ray Mabus said in a Navy-wide message. "Energy specifically is one of my top priorities and your performance has significantly advanced progress toward achievement of our goals."

Naval Submarine Base Kings Bay will be recognized at an award ceremony Oct. 6 at the Navy Memorial in Washington, D.C.

Other Secretary of the Navy Energy and Water Management Award winners in the Southeast Region included Naval Air Station Jacksonville, Fla.; Naval Air Station Key West, Fla.; **Naval Air Station Kingsville**; Naval Air Station Meridian, Miss.; and Naval Support Activity Panama City, Fla. These installations were all gold level award winners, indicating a very good

see CONSERVATION on page 11

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CONSERVATION from page 10  
to outstanding energy program.

The awards program also has a blue level award for commands with a well-rounded energy program. Navy Region Southeast commands winning awards in this category included Naval Construction Battalion Center Gulfport, Miss.; Naval Air Station Corpus Christi; Naval Air Station Joint Reserve Base Fort Worth; Naval Air Station Joint Reserve Base New Orleans; Naval Air Station Pensacola, Fla.; Naval Air Station Whiting Field in Milton, Fla.; Navy Supply Corps School Athens, Ga.; Naval Station Guantanamo Bay, Cuba; Naval Weapons Station Charleston, S.C.; Naval Air Warfare Center Training Systems Division at Naval Support Activity Orlando, Fla.; and Naval Station Mayport, Fla.

"Leaders on every level of the Navy Region Southeast team have made great efforts to motivate team members, communicate energy initiatives, and push

for execution of energy projects," Alexander said. "Your efforts reflect our commitment to the country and the goals set forth in the Energy Independence and Security Act and associated Executive Orders. The team effort of all of our Sailors, civilians, and contractors in the Southeast are making a difference. From the region's Energy Council, to Naval Facilities and Engineering Command Southeast, to the individual public works departments, to the deckplate Sailor – we all make a difference in conserving water and energy, and taxpayer dollars."

"Your excellence in energy and water conservation efforts are an example for all other commands to follow," Secretary Mabus said in the awards announcement. "We must all continue to be good stewards of our resources and treat them as the strategic asset they increasingly are. In the process, we will reduce consumption, waste less, and free up funding to better support our warfighters at the point of the spear."

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# FLYING K DINING GUIDE

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## What's Happening

by Tina Konwerski

September 1st - 27th, See the best High School Art from across the State with the VASE Gold Seal Exhibition at The Art Center, 100 Shoreline Drive, Corpus Christi - Tuesday through Sunday, 10 am to 4 pm ALWAYS with FREE admission. Fmi 361-884-6406 or [www.artcentercc.org](http://www.artcentercc.org). The Gold Seal Exhibition, a traveling show of medal winning high school art from all across Texas will fill three galleries. This 150 piece exhibit will be the best H.S. art you have ever seen. Also, Ann Adams has a one person show titled "Water Colour."

Tuesday through Friday, September 28-October 1, and Sunday, October 3 BOX CAR (EL VAGON), by Sylvia Gonzalez will be performed at the Little Theatre. Texas A&M University-Kingsville campus, Performances Sept. 28-29, Oct. 1, will begin at 7:30 p.m. and shows Sept. 30 and Oct. 3 will begin at 2:30 p.m. Admission is \$5. This play is rated PG-13. For more information, call 361-593-3417.

October 1, 12pm-6pm and Half Price Sale on October 2, 8am-1pm **Children's Bargain Basement Sale.** Looking for a great deal on children's items? Check out gently used clothes, maternity, toys, furniture and much, much more at the Semi-Annual Children's Bargain Basement Sale. First United Methodist Church GYM, on the bayfront across from Holiday Inn, 900 S. Shoreline. Cash only! Proceeds benefit FUMC Vacation Bible School 2011. New consigners welcome! Questions or to consign: Stacye at 884-0391 ext 327 or [smccain@ccfumc.com](mailto:smccain@ccfumc.com)

**Sunday, October 3 KINGSVILLE SYMPHONY ORCHESTRA** will perform. See *What's Happening*, Page 13



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# FLYING K DINING GUIDE

## What's Happening, from page 12

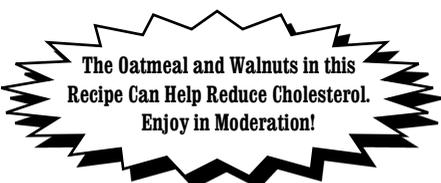
form at 3 p.m. in Jones Auditorium., Texas A&M-Kingsville. Dr. Yutaka Kono will be the conductor. Tickets run from \$5 to \$30. For more information call, 361-593-2803.

The Corpus Christi Concert Ballet is proud to open their 36th season with the 11th Annual Bailando Dance Festival. Come join us at Harbor Playhouse on **Friday, October 1, 2010** for the Choreographers' Project, admission to this educational experience is FREE. **Saturday, October 2, 2010** for a Celebration of Dance featuring over 20 dance companies, organizations, and ensembles from all over Texas performing in numerous dance styles such as Classical Ballet, Modern, Folklorico, Jazz, Tap, Hip Hop, Contemporary, Classical Spanish dance, Lyrical, Bellydance, Traditional Folk dance and much more. For more information, visit our website at [www.ccbailando.com](http://www.ccbailando.com). Tickets may be purchased online at [www.harborplayhouse.com](http://www.harborplayhouse.com) for \$7.

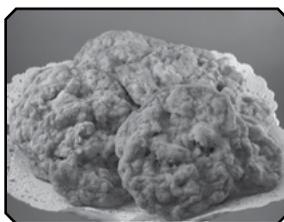
**Fri, October 8, 11am - Sat, October 9, 8pm** Historic Downtown Kleberg Ave between 6th and 8th, Kingsville, TX **3rd Annual Annual Historic Downtown Artwalk** is Saturday, October 9, 2010 Bands, artisans, vendors, Chalk Art contest, cookie decorating contest, games for the kids, food, drinks, Raffle, wine-tasting concessions and much more - all in historic downtown Kingsville. 11:00 am - "8 ish" pm.

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## Low -Fat Oatmeal Walnut Cookies



- 1 cup packed brown sugar
- 1 cup fat-free vanilla yogurt
- 2 tablespoons canola oil
- 1 egg
- 1 cup whole wheat flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 teaspoon ground cloves
- 1 1/3 cup uncooked old-fashioned oats
- 1 cup walnut pieces
- 1 cup raisins



- Heat oven to 350 F. Place parchment paper on cookie sheets.
- Stir brown sugar, yogurt, canola oil, and egg in a large bowl until thick liquid consistency.
- Whisk together in small bowl the flour, baking powder, baking soda, salt, and cloves, then add the flour mixture all at once to the thick liquid and stir to create a blended dough.
- Add the oats, walnuts and raisins to the dough. Scoop with heaping melon baller to cookie sheets. Bake 10 to 12 minutes. Makes 24 cookies.



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## Million from page 1

EA-6 Prowler, EA-18G Growler and AV-8B Harrier. It is also the only aircraft in the world designed to conduct carrier-based flight training.

Boeing presented a plaque to the Naval Air Training Command (CNATRA) and each of the three CNATRA training air wings that fly the T-45, TW-1 (Meridian, Miss.), TW-2 (Kingsville), and TW-6 (Pensacola, Fla.) during a ceremony following a formation flight over USS George H.W. Bush (CVN 77) to celebrate surpassing the milestone.

"Boeing is honored to commemorate the T-45's rich legacy with our U.S. Navy customer, and we share the Navy's pride in the aircraft's critical mission of training for naval aviation," said Greg Dunn, T-45 program manager at Boeing. "Boeing was proud to deliver the final T-45 aircraft last year. Our support of the T-45 fleet continues with affordable upgrades and supply-chain solutions. The Boeing team understands the importance of maximizing readiness and safety for the Navy so that aspiring aviators and flight officers are able to climb into a T-45 and take to the sky to earn those cherished wings of gold."

The Goshawk is a component of the fully integrated T-45 training system, which also includes high-fidelity instrument and flight simulators, computer-assisted classroom learning, an automated training-management asset, and contractor logistics support. More than 3,600 student aviators from the U.S. Navy, Marine Corps and several international militaries have received instruction on the system at naval air stations in Meridian, Miss.; Kingsville, Texas; and Pensacola, Fla., before earning their wings of gold.

### Boeing Aviation:

"BAE Systems is proud of its role on the T-45 program, and of the training aircraft capability that we have brought to bear in support of our partnership with Boeing," said Martin Rushton, managing director for BAE Systems' Air Sector Training Business. "The T-45 Goshawk plays a key part in the overall training system for the U.S. Navy, and it is great to see that the aircraft continues to perform so well."

Boeing delivered the 221st and final T-45 training jet to the Navy -- and NAS Kingsville -- in November 2009. The company continues to support the T-45 fleet by providing engineering, logistics, and support equipment in partnership with BAE Systems, which supplied the aircraft's rear and center fuselage sections, wing assembly and vertical tail. Boeing manages the T-45's spare and repair parts supply, and supports L-3 Vertex with aircraft maintenance. Rolls-Royce provided the T-45's Adour F405 turbofan power plant.

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