

Panorama

NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."
 Visit us on the Web <http://www.cnic.navy.mil/Naples/index.htm> • Like us on Facebook *U.S. Naval Support Activity Naples*

55TH YEAR, NO. 41

Serving the NATO, Naples and Gaeta military communities in Italy
 SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI

FRIDAY, OCTOBER 29, 2010

Newly remodeled Fit Zone opens Nov. 2



As part of the renovation of the Capo Fit Zone, the construction team installs rubber flooring to provide greater cushion and reduce fatigue and joint soreness in patrons. The Fit Zone will reopen its doors Nov. 2 at 5 a.m. (Photo by MC1 (NAO) John Parker, NSA Naples Deputy PAO)

By Jeffrey Harris, Fit Zone Facility Manager

The Fit Zone at Naval Support Activity Naples Capodichino will reopen its doors to patrons Tuesday, Nov. 2 at 5 a.m.

Gone are the days of lighting up areas no one is using and turning on multiple showers to flush out the cold water before warming up. The new gym incorporates many green energy and cost savings measures, such as energy efficient motion detector lights in the locker rooms and a closed-loop shower system that provides hot water on demand. And to provide quicker emergency response, there are now safety emergency buttons, located in the showers and throughout the locker rooms, which signal an alarm at the front counter. In addition, there is a new filter on the swimming pool to improve the water quality.

Due to the hard work and dedication of Morale Welfare and Recreation (MWR) staff and management, the Public Works Department and the contractor team, the gym renovation project, which began in February 2010, will be completed within the allotted budget.

Renovation outcomes:

- Closed-loop shower system features hot water on demand and increased water pressure.
- Remodeled locker rooms with energy saving features.
- Rubber flooring provides a greater cushion to reduce fatigue and joint soreness.
- PA system and additional safety controls.
- Revitalized pool—deep cleaning and new pool filter installed.
- Greater electrical capabilities throughout the cardio floor foundation increase cardio equipment options.
- Improved cardio theatre wall increases viewing options.
- A new selection of group exercise classes beginning Nov. 2.
- Additional aerobics equipment consisting of a complete set of medicine balls, 14 bozu balls and new exercise mats.
- Utilizing a fitness grant, new cardio equipment will be installed early next year, making the Fit Zone 100% PRT ready.

Regardless of your fitness level, the gym provides a safe and healthy way for you to achieve your personal goals and improve your health. Fit Zone's hours of operation will be Monday through Friday from 5 a.m. to 9 p.m., Saturday from 8 a.m. to 4 p.m. and Sunday/U.S. holidays from 8 a.m. to 1 p.m.

Navy hospital Naples fights to make a difference

Story and photos by MC1 (SW) Edward Vasquez, Navy Public Affairs Support Element-East Detachment Europe

U.S. Naval Hospital Naples unveiled its new upright stereotactic mammogram machine Oct. 26 during a ribbon-cutting ceremony.

The new mammogram machine will allow the hospital to double the number of mammogram patients they can see in a day from six to 12, according to Lt. j.g. Karl Matlage, department head of plans, analysis and evaluation for the hospital.

But it is the new machine's stereotactic localization capability that will have the greatest impact on patient care at the hospital. Stereotactic localization is the machine's ability to locate a mass three-dimensionally. "The stereotactic component of this machine is going to allow us to treat patients here that we used to have to send out to Italian hospitals or back to the United States. Now, we can provide care here," said Cmdr. Jeff

Stone, director of clinical support services.

The digital machine will not only make it easier for patients to receive a mammogram, it will also generate less waste. The machine will not use the standard cassettes used in other mammography machines to develop images, but will transfer images directly to a computer for evaluation. "The system will not only save on time and cost, but it will also help the environment by producing less waste," said hospital corpsman 1st Class (AW/SW) Samarh Pearson, lead mammography technician.

see MAMMOGRAM Page 5



From left: Cmdr. Jeff Stone, director of clinical support services for U.S. Naval Hospital Naples; Capt. Mark Davis, commodore CTF-69 and winner of the Breast Cancer Awareness 5-K male division; Keary Breisch, military spouse winner of the Breast Cancer Awareness 5-K female division; and Capt. Craig Bonnema, commanding officer of U.S. Navy Hospital Naples, cut the ribbon for the hospital's new upright stereotactic mammogram machine.

Breast Cancer Awareness and Survivor Run/Walk

Community members from NSA Naples walk in a 1K to support National Breast Cancer Awareness Month. The event drew over 300 participants of all ages.



Story and photos by MC2 (SW) Jeff Troutman, Navy Public Affairs Support Element-East Detachment Europe

In recognition of National Breast Cancer Awareness Month, 336 participants, many adorned in pink, gathered at the starting line with one common goal—to raise awareness about breast cancer—during the annual Breast Cancer Awareness and Survivor Run/Walk Oct. 23 at Naval Support Activity (NSA) Naples Support Site.

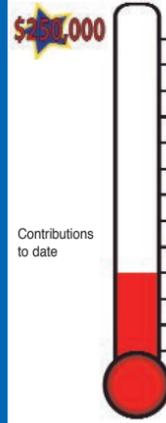
The event, which was coordinated by several local organizations and commands, included a 5-kilometer run and a 1-kilometer walk.

The run/walk was sponsored by Morale, Welfare and Recreation (MWR) and the U.S. Naval Hospital Naples with help from the Chiefs' Mess. Staff members and volunteers from the First Class Petty Officers' Association, Uniform Services Organization (USO), American Red Cross, Girl Scouts of America and the local Cub Scouts also contributed to make the race a success. The USO held a prize-drawing and offered face painting for the young attendees. Food and beverages were sold, and each participant received a free T-shirt for supporting the cause.

see BREAST CANCER Page 4



\$250,000



Contributions to date: **\$66,893.44**

NSA Naples Community Combined Federal Campaign-Overseas

HAPPY SAFE HALLOWEEN



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Photo by MC1 (NAO) John Parker, NSA Naples Deputy PAO

TIME CHANGE SUNDAY

"Fall back" when Central Summer Time in Italy ends Sunday at 2 a.m. Remember to set your clocks back one hour before you go to bed Saturday.



Naples' weekend forecast

 <p>FRIDAY High 60 Low 46 SUNNY</p>	 <p>SATURDAY High 62 Low 46 PARTLY CLOUDY</p>	 <p>SUNDAY High 57 Low 48 CHANCE OF RAIN</p>
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Events around town this weekend

- **29** - Enhance your musical IQ when the "Nuova Orchestra Scarlatti" performs "The intelligence in music: the flute" at Naples' Museo Diocesano.
- **29-31** - From ballet to country western, improve your fancy footwork at the "Villaggio della danza" at the Mostra d'Oltremare (near Campi Flegrei metro stop). Workshops, lessons and performances offered all weekend at various locations, including Teatro San Carlo and Pozzuoli's Art Garage.
- **Through Nov. 3** - Tour Palazzo Arti Napoli during "Vuotociclo," an exhibition of contemporary works by young artists focused on new languages.

Check out <http://wikipanoli.com/events> for more information.

Captain's Corner

By Capt. Robert Rabuse
NSA Commanding Officer



I would like to thank everyone who celebrated the Navy's 235th Birthday this past Saturday along with our Keynote Speaker Admiral Locklear. It was a festive and well attended event thanks to the dedicated volunteers of the Navy Ball Committee. If you missed it this year, I encourage you to attend next year.

This weekend is a busy weekend for everyone, Halloween and the various celebrations associated with it will be taking place all around the community. Tonight's Halloween "Spooktacular" at Carney Park is always a great event. MWR, Main Stage Entertainment and all the volunteers and community organizations who have come together to plan this event are looking forward to showcasing their talents for everyone out there. Wear your costume and trick-or-treat through the command organizations' decorated cabin area!

The Seabees have their haunted house over by the Commissary that will be open one more time this season on Saturday night from 7-10 p.m.

Trick-or-Treating on the Support Site will be from 6-9 p.m. on Sunday, Oct. 31. Please be safe driving around base, pay attention to the speed limits and the little monsters, werewolves, princesses and cowboys who will be scurrying about the base in search of candy. Slow down for the kids, please.

All Saints' Day and All Souls' Day (Nov. 1 and 2) are celebrated in Italy by visits to the graves of loved ones, so be mindful of that as you drive by cemeteries on Monday and Tuesday and expect to experience some traffic as many people will be on the roads.

Please be safe this weekend as you celebrate or enjoy time with your friends. If you're going to drink, have a plan before you start, and don't get behind the wheel of a car afterwards.

Go Wildcat football, on the road this weekend against Bitburg!

Have a safe and happy Halloween weekend!

Base Notes

From Panorama staff reports

Energy conservation e-mail account

NSA Naples Public Works Department (PWD) created an energy conservation e-mail account for any conservation ideas you might have. Your e-mail is very important to PWD. Whether you share a great idea, an observation or simply a comment, please write a clear and concise message. If you would like an Energy Team Member to contact you, include your contact information and the best time to reach you.

Of course, you can still use the normal channels of communicating with PWD, such as contacting your building energy monitor for routine items. If it's difficult to figure who to contact, send an e-mail to the energy conservation account: PWDEnergyConservation@eu.navy.mil.

A Salute to America's Best Veterans Day 2010

Join MWR for a delicious steak and eggs breakfast during "A Salute to America's Best" at the Naples High School cafeteria, Thursday, Nov. 11. Contact your senior enlisted advisor.

2010 holiday mailing dates

It is not too early to mail your 2010 holiday cards, letters, and packages. To ensure delivery before Christmas Day, items should be mailed both to and from Naples by the dates listed below:

- Express Mail:.....Dec. 18
- Priority Mail:Dec. 10
- First-Class Letter Mail:Dec. 10
- Parcel Airlift Mail:Dec. 3
- Space Available Mail:Nov. 26
- Parcel Post:Nov. 12

Upcoming holidays

Nov. 1 and 2 are All Saints' Day and All Souls' Day, respectively. Expect traffic around any cemetery for these two days and plan accordingly.

Capo's Fit Zone will re-open Tuesday Nov. 2

The Ciao Hall Fitness Center is permanently closed. On Tuesday, Nov. 2, Fit Zone will reopen its doors at 5 a.m. Hours of operation will be Monday through Friday 5 a.m.-9 p.m., Saturday 8 a.m.-4 p.m. and Sunday/U.S. holidays 8 a.m.-1 p.m. Thanks again for your understanding and patience throughout the renovation project.

Trick-or-treating hours Oct. 31

The hours for trick-or-treating will be from 6-9 p.m. at Gricignano Support Site, Parco Eva and Parco Le Ginestre.

NEX rewards students with its A-OK Student Reward program

The Navy Exchange (NEX) wants to help its customers pay for their children's college education through its A-OK Student Reward program. Four times per school year, four students will be the recipients of a \$5,000, \$3,000, \$2,000 or \$1,000 U.S. savings bond, denominations at maturity. The next drawing will be held at the end of November 2010.

Any eligible full-time student that has a B-grade point average equivalent or better, as determined by their school system, may enter the drawing. Eligible students include dependent children of active duty military members, reservists and military retirees enrolled in first through 12th grade. Dependent children without an individual Dependent ID card must be accompanied by their sponsor to submit their entry. Each student may enter only once each grading period and must re-enter with each qualifying report card.

To enter the drawing, stop by the NEX with a current report card and have a NEX associate verify the minimum grade average. Then fill out an entry card and obtain an A-OK ID, which entitles the student to discount coupons for NEX products and services.

CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General

Phone 081-568-2983 - Fax: 081-568-6354
E-mail ighotline@eu.navy.mil
Web site http://www.cnic.navy.mil/europe/index.htm

You can choose to remain anonymous

C O N T A C T	NSA Naples CO: townhallnsanaples@eu.navy.mil	N A P L E S
	Director, FFSC: FFSCNSANaples@eu.navy.mil	
	CMVRO: cmvro@eu.navy.mil	
	Personal Property: nsappso@eu.navy.mil	
	Post Office: postoffice@eu.navy.mil	
	Hospital Customer Service: nhnaples-pao@med.navy.mil	
	Naples High: naplesHS.principal@eu.dodea.edu	
	Naples Elementary: naplesES.principal@eu.dodea.edu	
	Housing Director: nsanapleshousingdirector@eu.navy.mil	
	Commissary Director: sharon.washington@deca.mil	
	NEX General Manager: nexnaples-gen1@nexweb.org	
	MWR/ITT: mwrmarketrequest@eu.navy.mil	
AFN: http://www.afneurope.net/naples		
NCTS: nctscustsvc@eu.navy.mil		

FYI POSSIBLE STRIKES	
Nov. 5	- Alitalia personnel will strike from 12 to 4 p.m.
Nov. 6	- Trenitalia personnel will strike from 9 a.m. to 4:50 p.m.
Nov. 15	- Alitalia ground staff and cabin crew will strike from 10 a.m. to 6 p.m.
Nov. 18-19	- Local public transportation workers will strike 24 hours.
Nov. 18-19	- Trenitalia personnel will strike from 9 p.m. of Nov. 18 to 9 p.m. Nov. 19.

Panorama
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Unione Stampa Periodica Italiana

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Naples September 2010 births

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|----------|--|----------|---|
| Sept. 1 | MARQUES CHARLES REISINGER, 9 pounds 5 ounces, son of HM3 Kristie E. Reisinger | Sept. 16 | AARON ADAM MORRISON, 6 pounds 14.1 ounces, son of Amanda L. Fletcher-Morrison and YN3 Casteam R. Morrison |
| Sept. 1 | TOBY GEORGE ERIC LANDREGAN, 7 pounds 4.5 ounces, son of Dena L. Landregan and OR8/UK Paul J. Landregan | Sept. 17 | CHANEL POSTIGLIONE, 6 pounds 10.2 ounces, daughter of YN2 Latisa M. Postiglione and Mr. Mirko Postiglione |
| Sept. 10 | KEVIN DANIEL LITTLEJOHN, 10 pounds 5.6 ounces, son of Kristy M. Littlejohn and Lt. Cmdr. Aaron M. Littlejohn | Sept. 19 | CHRISTIAN ANTONIO ROMAN-MALAK, 6 pounds 13.5 ounces, son of Mary Roman and SFC Antonio L. Roman |
| Sept. 14 | AIDEN JAYCE DERRICOTT, 6 pounds 14.2 ounces, son of Enid T. Derricott and IT1 Anthony T. Derricott | Sept. 27 | AVA ELISE SANDS, 7 pounds 6.9 ounces, daughter of YN2 Rasheedah Z. Sands and Mr. Rodney W. Sands Jr. |
| Sept. 14 | KORBIN JAYCE COOK, 7 pounds 6.9 ounces, son of Elissa N. Cook and IT2 Mitchell R. Cook | Sept. 27 | RYAN JASON TARADENA, 7 pounds 12.2 ounces, son of Luisa Polito and ET1 Jason R. Taradena |

Italian News Briefs

Compiled by Teresa Merola

Activists want to ban horse-driven buggies in Rome

Tourism Minister Michela Brambilla and 18 animal rights associations asked Rome Mayor Gianni Alemanno to ban horse-driven buggies. They complained that they had been unable to meet the mayor and deliver a petition signed by 5,000 residents as well as a letter by Brambilla asking for an end to the buggies. In the letter, the minister said that love and respect for animals and their rights "makes it unacceptable to allow the survival of a tradition that permits the maltreatment of animals." Rome officials set up a special ambulance for horses last year. The ambulance aimed at preventing the case of Birillo, a tourist-buggy puller who died in agony after an accident near the Colosseum two years ago, from happening again. The health and safety of horses have been a point of contention between buggy drivers and animal rights associations, who say that working in Rome's smog and traffic is harmful and hazardous for the horses. Rome has about 80 horses.

Short skirts banned?

The seaside city of Castellammare di Stabia, near Naples, hit the news last week when the mayor Luigi Bobbio announced his proposal to ban "very provocative clothing" to restore the urban decorum. The ban would include skirts that are too short, jeans that are too low-slung, blaspheming, sunbathing in public and playing football in many public areas. The fines can be up to €500 if his proposals are approved.

New auditorium in Bagnoli opens

Last Saturday marked the opening of the Bagnoli, Naples auditorium, "Porta del Parco," (Gate of the Park), after three years of construction. Authorities, architects and public officials attended the opening of the spaceship-shaped structure, which has 300 seats and will host various events throughout the year. The structure cost over €40 million and will include a wine bar and a spa in the future. The world-renowned British architect Amanda Levete

was the contemporary engineering designer and is already committed to the implementation of the new Circumflegrea station of Monte Sant'Angelo. The "Porta del Parco," an aggregation of auditorium and accommodation facilities, will cost €50 million once complete.

US eats more pizza than Italy

American people beat Italians in eating pizza. According to a report issued at a trade fair dedicated to the pizza industry, each Italian eats an average of 7.6 kg of pizza a year while each American eats an average of 13 kg. But Italians hold the record for pasta, which is 27.9 kg per capita a year. In Italy there are 25,300 pizzerias and an additional 26,700 shops selling pizza by-the-slice or home delivery pizza. Traditional pizzerias represent 40 percent of restaurants in Italy with a turnover for the pizza sector to over €6.9 billion, according to the report.

Italian government promises to resolve trash crisis

Three men were arrested for assaulting officers in Naples Monday at Terzigno, the town closest to a newly-planned landfill. The city remained mostly calm after the protests last weekend. The Italian government said before Saturday's clashes it would stop temporarily the construction of the controversial landfill near Naples, but the assurance was not enough for protesters. The chief of Italy's civil protection Guido Bertolaso was named by Prime Minister Silvio Berlusconi to deal with the issue. Residents were protesting not only the opening of a new landfill, but also the bad conditions of an existing landfill which pose environmental and health hazards. Bertolaso said the current landfill will be analyzed for any dangers to people or natural resources. He met Sunday with the mayors of the towns in the landfill area around Naples to restate the government's position, but mayors didn't agree to Bertolaso's proposed compromise. He said that garbage in Naples will be cleared within a few days. Berlusconi promised that within 10 days the situation should be brought to normality.

THE INSIDE PAGE...

NOVEMBER FFSC EVENTS

Call FFSC at 081-811-6372 to reserve your spot for events and classes.

- 8 BECOMING A LOVE & LOGIC PARENT** (11 a.m.-1 p.m.) An introduction to parenting with "Love and Logic."
- SPONSORSHIP TRAINING** (9-11:30 a.m. at Support Site) To be a sponsor is a duty; to be a great one is to make a difference!
- 10, 24, 30 EASY ITALIAN** (9 a.m.-12 p.m.) Introduction to basic Italian language and conversation.
- INTRODUCTION TO LOVE & LOGIC PARENTING** (11:30 a.m.-1 p.m.)
- DISCOVER POZZUOLI** (8 a.m.-2:30 p.m. Departs from JFC.) Use public transportation to reach Pozzuoli and enjoy sites like the Roman Amphitheatre, the Rione Terra, the port, the Temple of Serapis and a fish market.
- EFFECTIVE RÉSUMÉ WRITING** (9:30-11:30 a.m.) Learn how to prepare federally formatted and privately formatted résumés.
- MARRIAGE ENRICHMENT CLASS** (11 a.m.-12 p.m.) "The 5 Love Language" class. Learn ways to better understand, communicate and express your love towards your partner.
- HOME BUYING** (1-3 p.m.) Learn how to buy a home that will best suit your family's needs and finances.
- OMBUDSMAN ASSEMBLY** (6-8 p.m.)
- ANGER MANAGEMENT** (8-10 a.m.) Learn basic techniques to control anger and minimize the stress that can cause it.
- NEAPOLITAN PIZZA TOUR** (8 a.m.-2:30 p.m. Departs from JFC.) Learn how to make Neapolitan pizza in a beautiful restaurant by the Egg Castle.
- AND 19 EMPLOYMENT & CAREER OPPORTUNITIES IN NAPLES** (9-11:30 a.m.) Learn where local jobs are posted, how to apply for them and military spouse preference guidelines.
- VISIT MOZZARELLA FACTORY** (8 a.m.-1 p.m.)

OCTOBER

- 29 CONNECT THE TOTS HALLOWEEN PARADE** and Trick or Trunk at 9:30 a.m. in the Commissary parking lot. FMI and to become a member, visit www.meetup.com/Connect-the-Tots-Club/.

NOVEMBER

- 1-30 REGISTER FOR UMUC'S HOLIDAY MINI-TERM.** Classes start Dec 17. Call 081-568-6773/6774/6775 or visit UMUC Maryland. Request Military TA early to get WEB TA priority for processing.
- PWOC'S ABUNDANT LIGHT PROGRAM** Protestant Women of the Chapel invites all to its Fall program to be held in the Support Site Community Center. Child care will be provided at the 9 a.m. program. No child care provided at the 6 p.m. program.
- 5, 8, 12 CLEP/DSST TESTS** Testing starts at 9 a.m. Make an appointment with the National Test Center at Capo, Admin II, UMUC or call 081-568-6673.
- 11, 18, 25 WEB TUITION ASSISTANCE BRIEF** Capo, Admin II, G-014, 9 a.m. Nov. 4 and 18, 1 p.m. Nov. 11 and 25. Required for all sailors prior to using WEB TA. Questions about WEB TA? Visit the Navy College Office.
- 235TH UNITED STATES MARINE CORPS BIRTHDAY BALL** (5:30 p.m.-12 a.m.) at Hotel Il Gabbiano in Baia. Tickets are on sale. Prices from €35 for E-5 and below to €55 O-4 and above/civilians. FMI, call Staff Sgt. Vega at Capo 081-568-1791, or call Gunnery Sgt. Duke at JFC 081-721-2097.
- BABYSITTER'S TRAINING** 9 a.m. to 4:30 p.m. at the Youth Center classroom. Cost is \$35. Registration and payment due Nov. 3 at the ARC office located at Capo. FMI, contact 081-568-4788.
- MAKE THANKSGIVING PLACEMATS** with you children and the Connect the Tots Club at 3 p.m. at the Support Site Fellowship Hall. For more information or to become a member, visit www.meetup.com/Connect-the-Tots-Club/.
- A SALUTE TO AMERICA'S BEST VETERANS DAY 2010** Enjoy a free gourmet steak and egg breakfast served in the Naples High School cafeteria. Open to all U.S. ID card holders, military civilians and their families. FMI, contact your senior enlisted advisor.
- CPR/AED ADULT, CHILD & INFANT** 10:15 a.m. to 5:30 p.m. at the Support Site Fitness Forum conference room, cost \$40. Registration and payment due Nov. 10 at the ARC office located at Capo. FMI, contact 081-568-4788.
- PRAXIS TEST REGISTRATION DEADLINE** for Jan. 18 test. Contact the Navy College Office for more information.
- APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)** Better understand the needs of a person at risk of suicide and learn how to use suicide first-aid to meet those needs. If you are interested in attending or have questions, call the CREDO office at 081-568-5255. Must be at least 18 years old.
- MONTHLY BABY BASICS CLASS** 9 a.m.-12 p.m., offered by the Navy-Marine Corps Relief Society visiting nurses. The course is in the NMCRS office at Capo, Admin II, Room G 016. Topics include newborn care (i.e. bundling, diapering and bathing); feeding; crying and comforting; health and safety; etc. Contact NMCRS at 081-568-3913 for registration.
- ACT TEST** Make an appointment now by visiting the Navy College or calling 081-568-6681/6678. Testing starts at 7:45 a.m.
- CONNECT THE TOTS THANKSGIVING POTLUCK** at 4 p.m. in the Fellowship Hall. Please RSVP with the dish you are bringing by going to www.meetup.com/Connect-the-Tots-Club/.

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October is Breast Cancer Awareness Month

In his own words

By YN1 (SW) Robert Ludwick, U.S. Naval Forces Europe/U.S. Naval Forces Africa/Commander, Sixth Fleet

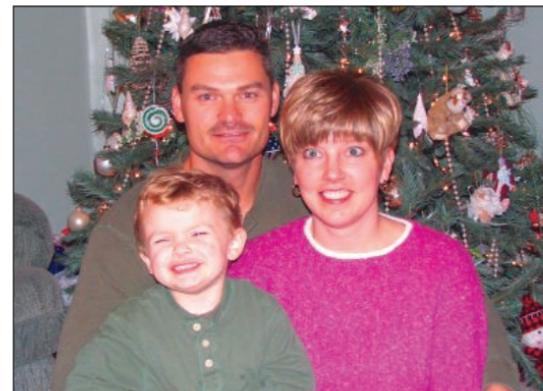
On June 27, 2006 I lost my wife Karen of 10 years to stage 4 breast cancer, leaving behind me and our 3-year-old son at the time.

When I first met Karen, she was 29 and already a breast cancer survivor. She introduced me to the American Cancer Society's "Relay for Life," and I jumped on board becoming a team captain for three years until after losing our baby girl at birth Sept. 3, 2004.

My wife had an annual mammogram. When it came back positive, she knew that the cancer had come back. After two separate mastectomies and almost a year and a half of chemo and radiation treatments, we thought we beat it. Two months after her last treatment and exam, the doctor said she was clear.

One day at work, she accidentally kicked a desk, creating a back spasm. So, I took her to Virginia Beach General. They did a CAT scan that showed stage 4 cancer had developed on her hips, spine, rib cage and internal organs. That was May 5, 2006; we had our 10th wedding anniversary in the hospital May 30th.

I couldn't touch her because of the pain she was in; she couldn't hold her little boy who just wanted his mommy so badly. Two days before she passed away, I had the babysitter bring Robby to the hospital to see his mommy for the last time. When he arrived, she was barely alert. I had him give mommy a hug and kiss and tell her good night, and that she was going to sleep.



Karen, Robert and Robby Ludwick celebrate Christmas 2005. This was their last Christmas together. Karen passed away June 27, 2006.

Karen passed away around 9 p.m. June 27th, and it was the first time in almost two months that I was able to hold her without being in pain. She missed her 40th birthday by 17 days.

It's taken almost four years to cope with the loss of Karen and it's not too often that you hear the story from the other side, so here I am. Spreading the word and trying to make a difference.

I hope in the end, my son Robby, now 7, will see what a difference I'm making in the local community and what positive effects being involved with programs like Susan G. Komen and Relay for Life do for our self well-being.

BREAST CANCER

Continued from Page 1



Christopher Garvey (left) and information systems technician 1st Class (SW/AW) Tyler Gauthier (right) cross the finish line of the 5-K Breast Cancer Awareness and Survivor Run. The event gave the NSA Naples community a chance to come together in support of breast cancer awareness.

"An event like this gives people in the community a chance to show their support by participating in the 5-K run or the 1-K walk," said Maleka Walters, MWR's intramural sports coordinator and the coordinator of breast cancer awareness event.

The event also provided an opportunity to educate the community about the importance of early detection and prevention of breast cancer during National Breast Cancer Awareness Month. "The women attendees can actually schedule an appointment while they are here to have an examination and find out why it's important to get checked for breast cancer on a regular basis," Walters explained.

At the end of the day, the real success of the event could be attributed to one common goal shared by the community: "Breast cancer aware-

ness is vital, and the word should be spread to the community," said information systems technician 1st Class (SW/AW) Tyler Gauthier, a participant in the 5-K run portion of the event. "I'm happy to participate in a good cause like breast cancer awareness, and getting some exercise with friends is always a bonus. It was a fun way to spend a Saturday morning."

National Breast Cancer Awareness Month, held every October, increases awareness of the disease and helps raise funds for research into its cause, prevention and cure. In addition, Breast Cancer Awareness Month also serves as a prime opportunity to remind women to complete monthly self breast exams and to schedule an exam or mammogram with their physician.

For more information about breast cancer or to learn more about Breast Cancer Awareness Month, visit <http://www.nbcam.org/>.



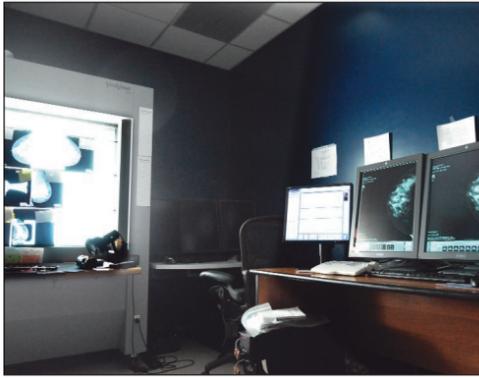
Members of the USO Naples provide military participants with tickets for a special prize-drawing during the annual Breast Cancer Awareness Run/Walk held at the Support Site Oct. 23.

MAMMOGRAM

Continued from Page 1

The hospital provides mammograms to active duty service members and their spouses. "Starting at age 40, women should get a check-up. If there is a history of breast cancer on the mother's side of the family, it is recommended that they receive a check-up 10 years before that family member was diagnosed," explained Pearson.

For more information about getting a mammogram or to make an appointment, call the radiology department at U.S. Naval Hospital Naples at 081-811-6168.



U.S. Naval Hospital Naples' new upright stereotactic mammogram machine will not only be faster, it will be more environmental friendly. The machine will not use the standard cassettes used in other mammography machines to develop images, but will transfer images directly to a computer for evaluation. The new machine will also double the number of mammogram patients seen daily from six to 12.

NSA Naples celebrates Navy's 235th birthday

Hospitalman apprentice Cody Hoskins and Capt. Frank Chapman, medical corps, the youngest and oldest sailors in attendance at this year's Navy Ball, cut the cake. Approximately 380 people celebrated the Navy's 235th birthday at the 2010 Navy Ball Oct. 23. (Photo by Lt. Matt Gill)

**Saluting our heroes, our veterans**

Veterans Day signifies a brief history lesson and a day off of school for children; for families left behind, a name engraved in stone and a shoebox of vintage photos; for those who served, November 11th awakens the memory of the horror and glory of war and celebrates the American way of life.

In recognition of Veterans Day, a day to honor veterans of all wars, remember the sacrifices and the acts of courage made by the brave American men and women who served our country and fought for our freedom. "Panorama" invites you to think about what your veteran has done to guarantee your freedom. Salute your veteran by submitting a photo tribute and/or a short article (100 words or less) describing the sacrifices your hero made to naplespanorama@eu.navy.mil. Please include your contact information as well as a photo caption, if necessary.

**** All submissions must be received by 10 a.m. Wednesday, Nov. 3. "Saluting our heroes, our veterans" will be published in the Nov. 5 issue of "Panorama." ****

Writers and photographers of all ages are invited to participate. Your veteran does not need be part of the NSA Naples community.



(Photo by MC1 (NSA) John Parker, NSA Naples Deputy PAO)

**Stop drunk driving**

Debbie Sausville, a MADD (Mothers Against Drunk Driving) volunteer, speaks to military members at Naval Support Activity Naples Capodichino Oct. 27 during a safety stand down. Mrs. Sausville's stepdaughter Lauren (pictured above) was killed in a drunk driving crash in 2004. (Photo by MC1 (NSA) John Parker, NSA Naples Deputy PAO)

Shadow the cat lost and found

By Joe Casale

A PCS move with your pet is always a challenge. It became a nightmare for YN1 Elizabeth Makel when she lost her cat in the Munich airport on her way to Naples.

Makel and her two cats, Shadow and Hanna, were on their way from Washington, D.C. to Naples, Italy with a nine-hour stopover in the Munich airport Sept. 22. During the layover, Makel let the cats get some air and stretch in a quiet outdoor food court. As soon as the cats were out of their cages, they immediately tried to escape under a huge Audi display. Makel realized the cats were stressed and pulled Hanna back into the cage, but while doing so, Shadow was able to slip off her collar and disappear under the display.

Makel ran back into the terminal for help. A very nice girl, who spoke both German and English, was able explain the situation to airport security, the police and fire department, who all helped look for the cat. The fire department used flashlights and a thermal imager to figure out where Shadow was hiding, but were



Audi employees say goodbye to Shadow as she is caged and ready to board the next flight to Naples. (Photo by Joe Casale)

unable to locate her. The police took Makel's contact information and offered to call her as soon as they heard anything, promising to keep an eye out for Shadow. Makel was distraught and left food where she last saw Shadow, hoping her cat would be all right. Weeks passed without a word

from Germany. Makel feared her cat was gone forever. Twenty-nine days later, on Oct. 20, German airport officials contacted her after Audi employees found Shadow hiding in their display. They caught the cat and informed officials that she was safe.

Lt. Cmdr. Joe Casale, Makel's co-



Audi employees found Shadow hiding in their display at the Munich Airport. As soon as they caught her, Shadow was attached to a lanyard so she couldn't escape again. (Photo courtesy of Audi employees)

worker, was flying through Munich on a recent trip. He agreed to meet with the Audi employees and pick up Shadow.

After this 33-day ordeal, Shadow is happily at home with her fami-

ly in Naples. She crawls out from under the bed to greet Makel every night and is "a purring machine." Her collar is now securely fastened and shouldn't come off again any time soon.

Teen Center's Smart Girls Club heads to Tuscany



Members of the Teen Center's Smart Girls Club traveled to Tuscany for a long weekend of sightseeing, education and friendship. Naples-area teens joined Smart Girls from Camp Darby for an evening of luxury as they learned the basics of professional makeup application and some health and hygiene tips. During the trip, members also spent two nights in Camp Darby's cabins, visited the leaning tower of Pisa and explored Florence's Galleria dell'Accademia.

The Boys and Girls Club of America's Smart Girls program is designed to encourage healthy attitudes and lifestyles to enable early adolescent girls to develop to their full potential. The trip was one of many positive ways local teen girls are guided into becoming successful adults. For more information on Smart Girls or any other teen programs, contact the Teen Center at 081-811-4727. (Photo by Mary Henderson)

Have you received this?

United States Postal Service®		Today's Date	Sender's Name
Sorry We Missed You! We Deliver for You		For Redelivery Go to usps.com/redelivery or see reverse	
Item is at: ___ Post Office™ (See back)	Available for Pick-up After Date: _____ Time: _____		
___ Letter	For Delivery: (Enter total number of items delivered by service type.) For Notice Left: (Check applicable item)	<input type="checkbox"/> If checked, you or your agent must be present at time of delivery to sign for item.	
___ Large envelope, magazine, catalog, etc.		___ Express Mail®	___ Insured Mail
___ Parcel	___ Certified Mail™	Article Number(s)	
___ Restricted Delivery	(Must claim within 15 days or article will be returned)	___ Return Receipt for Merchandise	
___ Perishable Item	___ Firm Bill	___ Delivery Confirmation™	
___ Other:	___ Registered Mail™	___ Signature Confirmation™	
Article Requiring Payment		Amount Due	
<input type="checkbox"/> Postage Due <input type="checkbox"/> COD <input type="checkbox"/> Customs \$		Delivered By and Date	
<input type="checkbox"/> Final Notice: Article will be returned to sender on			
PS Form 3849, September 2009		usps.com Delivery Notice/Reminder/Receipt	

From Fleet and Industrial Supply Center
Sigonella - Naples

If you get one of these forms in the mail, it means you have a special package to pick up at the Post Office. Package pick-up times are the same as the normal Post Office

hours at Support Site, JFC and Gaeta. If you receive your mail at Capodichino, package pick-up is available 12 hours per day, 7 a.m. to 7 p.m. Monday through Friday at the Fleet Mail Center. Please contact the Post Office at postoffice@eu.navy.mil for more information.

Obtaining your Sojourner Permit

Italian law requires all foreign personnel working or living within Italy, other than an active duty member under military orders, to obtain a Sojourner Permit within eight days of arrival in Italy. This is different from a visa, which is merely an approval for entry into the country.

All applicants over 14 years of age must apply in person, as each person's signature is required at the time of application.

NATIONALS OF ANY STATE OF THE EUROPEAN COMMUNITY COMING TO ITALY DO NOT REQUIRE ANY VISA OR SOJOURNER PERMIT.

As part of the Area Orientation process, the U.S. Region Legal Service Office (RLSO EURAFSWA) assists in the preparation and oversees the acquisition of the Sojourner Permit for all personnel attached to U.S. Navy commands in the Naples area. Army and Air Force personnel stationed at JFC must apply through the Carabinieri at the JFC Provost Marshall's Office, Building L.

Contact Connie Henderson, RLSO EURAFSWA liaison advisor, at 081-568-4639 for more information.

Naples Public Health Evaluation

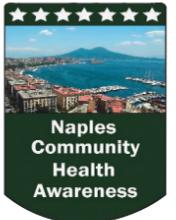
Bottled water advisory reminder

As part of the Naples Public Health Evaluation, the Navy tested tap water samples from off-base homes to identify whether there are potential health risks.

Phase I testing results showed the presence of contaminants such as bacteria and volatile organic compounds (VOCs) in some tap water in all nine study areas. The levels of VOCs are higher where homes are serviced by private wells, but trace amounts of VOCs were also detected in homes serviced by city water. The detection of VOCs in city water may be due to illegal connections from private wells to the city water system. These illegal connections allow for contaminated well water to mix with city water, otherwise known as "blending," and can potentially contaminate the city water system.

As a precautionary measure, the Commander, Navy Region Europe, Africa, Southwest Asia (CNREURAFSWA) issued an All Hands Advisory in 2008 to use bottled water for drinking, cooking, food preparation, brushing teeth, making ice, and for pets. The advisory applies to families residing off base where connections to illegal wells, improper maintenance and disinfection of domestic water holding tanks, and the condition of the Italian water infrastructure system could be factors in contamination of the tap water.

For more information about bacteria and VOCs in the tap water, see the "Tap Water Bacteria" and "VOCs" fact sheets located on the Naples Community Health Awareness website, <https://www.cnic.navy.mil/Naples/Programs/HealthAwareness/>.



Atletica/Athletics

Practice your vocabulary. Find the Italian words.

O E L Y A S O T C P J S R G Q T M
R N C V U Q H E R P O P I V I B I
T C A N V F M F M M G C O N V U R
S H U C I X L U D M G V S I N C S
E A V R I A G X G O I E L R G E C
N C I Y D R C Z L A N H Y I O A T
A C I M N A E O H O G L O T T A O
C V T C L M V M Q M S V O C T Y H
A Z E C L A F F A Q X U U H C B S
L R I L L I A C B L N U C R E G U
L O D L A B S P U G L I A T O U I
A C A V H S Q M X R O A H N C R N
P P O O X Y B U O N T B B V I I B
Y E I C O H X C E L G X B T Q H B
T G U C S Q C O G R G X V T O O O
S D Y F O H L C X U X C A H V O X
O X S M U M C P M P T T N I V H F

CALCIO / Soccer
CICLISMO / Cycling
FOOTBALL AMERICANO / Football
HOCKEY / Hockey
JOGGING / Jogging
LOTTA / Wrestling
NUOTO / Swimming

PALLACANESTRO / Basketball
PALLAVOLO / Volleyball
PUGLIATO / Boxing
RUGBY / Rugby
SCI / Skiing
TENNIS / Tennis
VELA / Sailing

VENERDI / Friday	+	!	D	E	V	I	G	M	+	+	+	+	+	+	+
ULTIMA / Last	+	!	+	+	+	+	V	+	+	+	+	+	+	+	+
SETTIMANA / Week	+	N	I	R	I	R	P	R	O	S	S	I	S	O	M
SERA / Evening	+	N	+	+	+	+	+	+	+	+	+	+	+	+	+
SABATO / Saturday	+	A	+	+	+	+	+	+	+	+	+	+	+	+	+
PROSSIMO / Next	+	O	+	+	+	+	+	+	+	+	+	+	+	+	+
POMERIGGIO / Afternoon	+	O	+	+	+	+	+	+	+	+	+	+	+	+	!
OGGI / Today	+	T	+	!	!	!	V	+	+	+	+	+	+	+	+
NOTTE / Night	+	E	+	+	+	+	N	+	+	+	+	+	+	+	!
MERCOLEDI / Wednesday	+	+	+	+	+	+	!	!	!	!	!	!	!	!	+
MATTINA / Morning	+	+	+	+	+	+	M	+	+	+	+	+	+	+	+
MARTEDI / Tuesday	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
LUNEDI / Monday	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
IERI / Yesterday	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
GIOVEDI / Thursday	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
DOMENICA / Sunday	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
DOMANI / Tomorrow	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

Answer to last week's puzzle

Giorni/days

Safety Tip

Fire safety is everyone's responsibility

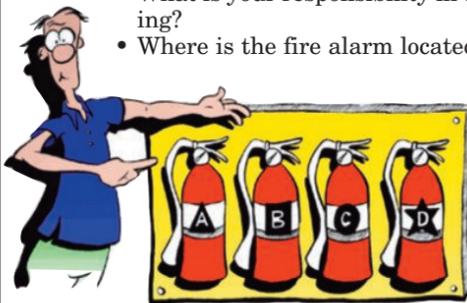
Fire safety is an extremely important part of any workplace safety program. It's everyone's responsibility to help prevent fires.

Here are some fire-safe tips:

- Practice good worksite housekeeping habits. Do not let trash and waste material accumulate. Empty trash bins regularly. Oily rags must be stored and disposed of according to standard operating procedure.
- Do not store materials or allow clutter to accumulate around exits and stairways. Fire doors should be kept closed as directed. Fire exits should always remain free and accessible.
- A common cause of workplace fires is machinery or equipment which becomes overheated. Be sure to follow operating guidelines to prevent overloading. Follow manufacturer's instructions in using and maintaining equipment.
- Electrical malfunctions are also a major contributor to fires in the workplace. Electrical equipment should be checked regularly for signs of trouble such as damaged cords or worn insulation. Never overload circuits, and never force circuit breakers to remain in the "on" position. Only qualified and authorized personnel should carry out electrical repairs and maintenance, but everyone is responsible for being alert to the signs of electrical malfunction.
- It is important to understand the fire hazards of the materials with which you work. They may be combustible, flammable, explosive or reactive. Read the labels and know where to locate the Material Safety Data Sheet for further information. Carefully follow any instructions when using any hazardous materials.
- Be sure to observe any smoking restrictions. Smoke only in designated areas. Smoking in unauthorized areas, such as storage rooms, has resulted in serious fires. Do not empty ashtrays until smoking materials are cold.
- Observe current security policies and be alert to any suspicious persons or activities. Fires are often set by arsonists; do your part to prevent these incidents.

Know what to do in case of a fire. Make sure your safety training includes this information:

- What is your responsibility in case of fire—to report the fire, fight it or evacuate the building?
- Where is the fire alarm located?



- Where are the fire extinguishers located? Do you know how to use them and on what kinds of fires?
- Do you know how to use other fire emergency equipment such as fire blankets, fire extinguishers, hoses, and sprinklers?
- What safety procedures should you carry out in case of a fire? Are you responsible for shutting down equipment or operations before you leave?
- Do you know where you and your co-workers are supposed to meet for a head count after evacuating the plant?

Everyone has a responsibility to prevent fire. It is up to you to report any unsafe situation, and to correct it if you are qualified and authorized to do so.

Driving and car maintenance energy-saving tips

By U.S. Department of Energy

Driving Tips

- Idling gets you zero miles per gallon. The best way to warm up a vehicle is to drive it. No more than 30 seconds of idling on winter days is needed. Anything more simply wastes fuel and increases emissions.
- Aggressive driving (speeding, rapid acceleration and hard braking) wastes gas. It can lower highway gas mileage by up to 33 percent and city mileage by 5 percent.
- Avoid high speeds. Above 60 mph, gas mileage drops rapidly.
- Clear out your car; extra weight decreases gas mileage by 1 to 2 percent for every 100 pounds.
- Reduce drag by placing items inside the car or trunk rather than on roof racks. A roof rack or carrier provides additional cargo space and may allow you to buy a smaller car. However, a

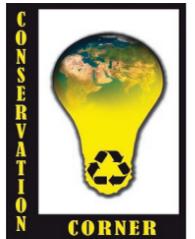


loaded roof rack can decrease your fuel economy by 5 percent or more.

- Check into telecommuting, carpooling and public transit to cut mileage and car maintenance costs.

Car Maintenance Tips

- Use the grade of motor oil recommended by your car's manufacturer. Using a different motor oil can lower gas mileage by 1 to 2 percent.
- Keep tires properly inflated and aligned to improve your gasoline mileage by around 3.3 percent.
- Get regular engine tune-ups and car maintenance checks to avoid fuel economy problems due to worn spark plugs, dragging brakes, low transmission fluid or transmission problems.
- Replace clogged air filters to improve gas mileage by as much as 10 percent and protect your engine.



MORE INSIDE PAGE...

DECEMBER

3 CRAFT YOUR OWN HOLIDAY CARDS with the Connect the Tots Club at 3 p.m. in the Fellowship Hall. For more information or to become a member, visit www.meetup.com/Connect-the-Tots-Club/.

VOLUNTEERS NEEDED

THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS. For more information on ASC, e-mail el_karniati@hotmail.com or visit <http://www.alliedspousesclub.50webs.com/>.

NAVY LEAGUE OF THE U.S./NAPLES COUNCIL is seeking board members. Those interested, contact Betty Reese at 081-526-8051 or breese@cybernet.it.

NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS. The Fundamentals of Instructor Training (F.I.T.) is a prerequisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.

TEEN BABYSITTERS CAN EARN MONEY. All American Red Cross certified babysitters interested in babysitting can post a business card at the Fleet and Family Support Center. FMI, contact FFSC at 081-811-6551/6552/6555.

NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES. Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.

NAPLES FRIENDS OF ANIMALS is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain and occasionally redesign the NFOA website.

NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE (coupons): 081-568-3913.

NAPLES OVERSEAS SPOUSES CLUB (NOSC). Volunteer opportunities with milea-ge and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store. FMI, e-mail nosctshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

THE CONNECT THE TOTS CLUB, a support and social group created for overseas families with small children (infancy through "preschoolerhood"), hosts weekly walks and play dates, monthly lunches and coffee talks, as well as a regular open house and other activities located on the Support Site, at Carney Park and out in town. For more information and to become a member, visit www.meetup.com/Connect-the-Tots-Club/

GAETA GIRLS Interested in Girl Scouts? A multi-age troop meets in Gaeta for the 2010-2011 year. If you are interested in joining or have any questions, e-mail naplesgs@yahoo.com.

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION meets regularly to support families on their homeschooling journey. FMI, contact Shannon Tyler at thetylers5@gmail.com.

BOY SCOUT TROOP 007 holds troop meetings every Monday from 7-8:30 p.m. in the Support Site Community Center. FMI, contact Troopmaster Brian Gearhart at 349-424-2787 or PBBM1984@yahoo.com.

HARRY S. TRUMAN LODGE No. 649 meets every Friday at 7:30 p.m. FMI, contact Carlos Mina at 340-657-8820 or Carlos.mina@med.navy.mil. Visit <http://www.hst649.org>.

THE FFSC CAPO OFFICE, located on the first floor of Admin II, is open Thursdays and Fridays from 7:30 a.m.-4 p.m. A licensed clinician and an Information & Referral/Intercultural & Relations Specialist is available to service the needs of the Capo community. Please call for further details, questions or to schedule an appointment at 081-568-3761.

NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS to high school seniors, undergraduate and graduate students. For more information and to apply, visit <http://www.nosctaly.com>.

CHRISTIAN DRAMA CLUB meets 2:45-4 p.m. every Thursday at the Support Site Chapel. Students in K-8th grade are invited to join. Ages 4-5 are also welcomed to attend along with a parent. FMI, please call 081-811-4617.

NAPLES COMMUNITY GIRL SCOUTS: To join Girl Scouts or to get more information, e-mail naplesgs@yahoo.com.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/home>.

SECURITY NOTE. All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFPP) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel, or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447 behind BEQ II at Capodichino.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit <http://www.wraitalia.it/>.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. For more info. call 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI PRACTICES WEEKLY. Soccer training for players ages 8-13 is taking place from 5-7 p.m. each Wed. FMI, visit <http://www.ascnapoli.com>.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info. and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds Bible Study every Tuesday at 9 a.m. (child care provided) or 6 p.m. (no child care) at the Support Site Fellowship Hall. FMI, contact Tammy Owens at 081-811-5056.

PRAYER JOURNAL AND CHAPEL AVAILABLE 24/7 for meditation and prayer requests. Tuesdays 12-1 p.m. "New Beginnings" Bible Study; Wednesday 11:30 a.m.-12 p.m. Catholic Divine Mass; Thursdays 6 a.m. Men's Spiritual Prayer Group (come before work briefly).

*All services in USNH Hospital Chapel on second floor of the hospital.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at Capo, Admin II, or call 081-568-4006.

MEN'S BIBLE STUDY "THE EDGE" from 12-1 p.m. every Wednesday at JFC Naples in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION an inspirational thought-for-the-day e-mailed throughout the work week. To receive Daily Reflection, e-mail Chaplain Charles Luff at charles.luff@eu.navy.mil.

MAINSTAGE ENTERTAINMENT for the performing arts. For more info., visit <http://www.naplesmainstage.org>.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bzzaragoza@yahoo.com.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY meets every 1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact John Tanedo at john.tanedo@eu.navy.mil or Phil Laroya at philip.laroya@med.navy.mil.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

Reel 2 Times cinema

Friday, October 29
4 p.m. Secretariat, PG
5:30 p.m. Hereafter, PG-13
Premiere Showing
7:30 p.m. The Lottery Ticket, PG-13
9 p.m. Machete, R, *21 Plus Movie & Premiere Showing*

Saturday, October 30
Noon Scott Pilgrim vs. the World PG-13
2 p.m. Nanny McPhee Returns, PG
3 p.m. The Social Network, PG-13
5 p.m. Takers, PG-13
Premiere Showing
6 p.m. Life As We Know It, PG-13
8:30 p.m. Hereafter, PG-13
9 p.m. Machete, R

Sunday, October 31
Noon Nanny McPhee Returns, PG
2 p.m. Secretariat, PG
3 p.m. Takers, PG-13
5:30 p.m. The Lottery Ticket, PG-13
6:45 p.m. The Last Exorcism, PG-13
Halloween Premiere Showing
8:30 p.m. Hereafter, PG-13
9 p.m. Piranha 3, R

Monday, November 1
4 p.m. Scott Pilgrim vs. the World PG-13
6 p.m. The Lottery Ticket, PG-13
8 p.m. The Expendables, R
9 p.m. Machete, R

Tuesday, November 2
4:30 p.m. Nanny McPhee Returns, PG

6:30 p.m. The Social Network, PG-13
8:30 p.m. Red, PG-13
9 p.m. Going the Distance, R

Wednesday, November 3
FAMILY MATINEE
Noon Hereafter, PG-13
3 p.m. The Social Network, PG-13
Last Showing
5 p.m. Secretariat, PG
6 p.m. Scott Pilgrim vs. the World PG-13, *Last Showing*
8:30 p.m. Takers, PG-13
9 p.m. Machete, R

Thursday, November 4
Noon The Switch, PG-13
3 p.m. Nanny McPhee Returns PG, *Last Showing*
5 p.m. Secretariat, PG
Last Showing
6 p.m. The Lottery Ticket, PG-13
Last Showing
8:30 p.m. The Last Exorcism, PG-13
9 p.m. Piranha 3, R

Friday, November 5
SCHOOL'S OUT MATINEE
Noon Life As We Know It, PG-13
3 p.m. Hereafter, PG-13
4:30 p.m. Takers, PG-13
6:30 p.m. The American, R
Premiere Showing
7:30 p.m. Red, PG-13
9 p.m. Resident Evil: Afterlife, R
21 Plus Movie & Premiere Showing

Movie descriptions

HEREAFTER, PG-13 for mature thematic elements including disturbing disaster and accident images and brief strong language. Romance, Science Fiction/Fantasy and Thriller, 120 min. Cast: Matt Damon, Cecile De France, Bryce Dallas Howard, Jay Mohr, George McLaren. Three people are touched by death in different ways. George is a blue-collar American who has a special connection to the afterlife. On the other side of the world, Marie, a French journalist, has a near-death experience that shakes her reality. And when Marcus, a London schoolboy, loses the person closest to him, he desperately needs answers. Each on a path in search of the truth, their lives will intersect, forever changed by what they believe might—or must—exist in the hereafter.

THE LAST EXORCISM, PG-13 for disturbing violent content and terror, some sexual references and thematic material. Drama and Suspense/Horror, 88 min. Cast: Patrick Fabian, Ashley Bell, Iris Bahr, Louis Herthum, Caleb Landry Jones. When he arrives on the rural Louisiana farm of Louis Sweetzer, the Reverend Cotton Marcus expects to perform just another routine "exorcism" on a disturbed religious fanatic. An earnest fundamentalist, Sweetzer has contacted the charismatic preacher as a last resort, certain his teenage daughter Nell is possessed by a demon who must be exorcized before their terrifying ordeal ends in unimaginable tragedy. Buckling under the weight of his conscience after years of parting desperate believers with their money, Cotton and his crew plan to film a confessional documentary of this, his last exorcism. But upon arriving at the already blood drenched family farm, it is soon clear that nothing could have prepared him for the true evil he encounters there. Now, too late to turn back, Reverend Marcus' own beliefs are shaken to the core when he and his crew must find a way to save Nell—and themselves—before it is too late.

MACHETE, R for strong bloody violence throughout, language, some sexual content and nudity. Action/Adventure, 105 min. Cast: Danny Trejo, Robert De Niro, Michelle Rodriguez, Jessica Alba, Steven Segal. After a violent shakedown from a notorious drug lord nearly kills him, Machete, a renegade Mexican Federale and tough-as-nails vigilante for justice, roams the streets of Texas, working as a day laborer. When Machete is hired by a crooked U.S. senator to execute a covert hit, Machete is double-crossed and forced to run from the cops and an endless stream of assassins. But what they don't know is that Machete is looking for them so he can settle the score.

RED, PG-13 for intense sequences of action violence and brief strong language. Action/Adventure, Comedy, and Adaptation, 111 min. Cast: Bruce Willis, Morgan Freeman, John Malkovich, Mary-Louise Parker, Helen Mirren. Frank, Joe, Marvin, and Victoria used to be the CIA's top agents, but the secrets they know just made them the Agency's top targets. Now framed for assassination, they must use all of their collective cunning, experience and teamwork to stay one step ahead of their deadly pursuers and stay alive. To stop the operation, the team embarks on an impossible, cross-country mission to break into the top-secret CIA headquarters, where they will uncover one of the biggest conspiracies and cover-ups in government history.

SECRETARIAT, PG for brief mild language. Drama, Biopic and Sports, 90 min. Cast: Diane Lane, John Malkovich, Dylan Walsh, Scott Glenn, Nelson Ellis. The true story of Secretariat, the legendary horse whose record-breaking Triple Crown win has never been equaled, and his owner Penny Chenery Tweedy, a suburban Denver housewife who breaks through the gender barrier in her single-minded determination to usher her horse to greatness.

GOING THE DISTANCE, R for sexual content including dialogue, language throughout, some drug use and brief nudity. Comedy, 103 min. Cast: Drew Barrymore, Justin Long, Charlie Day, Jason Sudeikis, Christina Applegate. Erin's wry wit and unfiltered frankness charm newly single Garrett over beer, bar trivia and breakfast the next morning. Their chemistry sparks a full-fledged summer fling, but neither expects it to last once Erin heads home to San Francisco and Garrett stays behind for his job in New York City. But when six weeks of romping through the city inadvertently become meaningful, neither is sure they want it to end. And while Garrett's friends, Box and Dan, joke about his pre-flight calorie-cutting and his full-time relationship with his cell phone, they don't like losing their best drinking buddy to yet another rocky romance. At the same time, Erin's

high-strung, overprotective married sister, Corrine, wants to keep Erin from heading down an all-too-familiar road. But despite the opposite coasts, the nay-saying friends and family, and a few unexpected temptations, the couple just might have found something like love, and with the help of a lot of texting, "sexting" and late-night phone calls, they might actually go the distance.

THE EXPENDABLES, R for strong action and bloody violence throughout, and for some language. Action/Adventure and Crime/Gangster, 103 min. Cast: Sylvester Stallone, Jason Statham, Jet Li, Randy Couture, Mickey Rourke. A group of mercenaries is hired to infiltrate a South American country and overthrow its ruthless dictator. Once the mission begins, the men realize things aren't quite as they appear, finding themselves caught in a dangerous web of deceit and betrayal. With their mission thwarted and an innocent life in danger, the men struggle with an even tougher challenge—one that threatens to destroy this band of brothers. Barney Ross is a man with nothing to lose. Fearless and void of emotion, he is the leader, the sage and the strategist of this tight-knit band of men who live on the fringe. His only attachment is to his pickup truck, his seaplane and his team of loyal modern-day warriors. His is a true cynic who describes what he does as "removing those hard to get at stains."

LIFE AS WE KNOW IT, PG-13 for sexual material, language and some drug content, Comedy, 115 min. Cast: Katherine Heigl, Josh Duhamel, Josh Lucas, Christina Hendricks, Jean Smart. Holly Berenson is an up-and-coming caterer and Eric Messer is a promising network sports director. After a disastrous first date, the only thing they have in common is their dislike for each other and their love for their goddaughter Sophie. But when they suddenly become all Sophie has in the world, Holly and Eric are forced to put their differences aside. Juggling career ambitions and competing social calendars, they'll have to find some common ground while living under one roof.

PIRANHA 3, R for sequences of strong bloody horror violence and gore, graphic nudity, sexual content, language and some drug use. Suspense/Horror, Thriller and Remake, 89 min. Cast: Elisabeth Shue, Adam Scott, Jerry O'Connell, Ving Rhames, Richard Dreyfuss. Every year the population of sleepy Lake Victoria explodes from 5,000 to 50,000 for spring break—a riot of sun and drunken fun. But this year, there's something more to worry about than hangovers and complaints from local old timers; a new type of terror is about to be cut loose on Lake Victoria. After a sudden underwater tremor frees scores of the prehistoric man-eating fish, an unlikely group of strangers must band together to stop themselves from becoming fish food for the area's new razor-toothed residents.

THE SWITCH, PG-13 for mature thematic content, sexual material including dialogue, some nudity, drug use and language. Comedy and Adaptation, 100 min. Cast: Jennifer Aniston, Jason Bateman, Patrick Wilson, Jeff Goldblum, Juliette Lewis. Kassie is a smart, fun-loving single woman, who, despite her slightly neurotic best friend Wally's objections, decides it's time to have a baby—even if it means doing it by herself...with a little help from a charming sperm donor. But, unbeknownst to her, Kassie's plans go awry because of a last-minute switch that isn't discovered until seven years later when Wally finally gets acquainted with Kassie's precocious, though slightly neurotic son.

THE LOTTERY TICKET, PG-13 for sexual content, language including a drug reference, some violence and brief underage drinking. Comedy, 95 min. Cast: Shad "Bow Wow" Gregory Moss, Ice Cube, Brandon Jackson, Naturi Naughton, Keith David. Kevin Carson a young man living in the projects, is just an ordinary guy—until he wins \$370 million in the Mondo Millions Lottery. That's the good news. The bad news is, the lottery claim office is closed for the long Fourth of July weekend, so before he can collect his prize, Kevin is going to have to figure out how to keep a lid on his good fortune and survive the next three days. As news of his windfall spreads through the community like a grass fire, Kevin quickly discovers the good, the bad and the ugly in his closest friends and neighbors. Girls who could never be bothered before start chasing him. Everyone wants a piece of him, including the reverend, the local loan shark and one very threatening recent parolee won't take no for an answer. On edge and on the run, he even begins to question the intentions of his best friend, Benny.



Friday, October 29
7 p.m.: Red, PG-13
Sunday, October 31
2:30 p.m.: Hereafter, PG-13



Until Every One Comes Home.

<http://www.uso.it>
Capodichino 081-568-5713
Support Site 081-811-4903

USO DAILY TOURS

Oct. 30 Chestnut & Black Truffle Festival in Avellino.....€22
Oct. 31 Halloween night at Cantina Del Vesuvio Winery.....€45
Nov. 5 Herculaneum and Mt. Vesuvius€35
Nov. 6 Novello wine and chestnuts€20

WEEKEND TOURS

Oct. 30-31 Chianti Wine Trail€175
Nov. 24-26 Thanksgiving in a Tuscan villa ..€283
Dec. 4-5 Motorshow in Bologna€137
Dec. 22-26 Christmas in Budapest€557
Feb. 18-21 Presidents' Day in Amsterdam ..€633

*No Children Under 10
Admitted to R-Rated Movies*



From right: Leonore Graham, DoDEA director of personnel; Marilee Fitzgerald, acting director of DoDEA; and Kaitlyn Fister listen as Justin Ames plays his guitar during lunch at Naples High School last Friday. Fitzgerald and Graham were visiting the Naples complex as part of a trip to schools in Germany and Italy.



DoDEA director visits Naples High School

Photos by Cheyenne Marshall

Ms. Marilee Fitzgerald, acting director of the Department of Defense Education Activity (DoDEA), talks with Student Government president David Makee during her visit to Naples High School last Friday. Fitzgerald assumed the leadership of the worldwide school system in July.

Halloween safety tips

Trick-or-treaters:

- Costumes should be made of fire retardant materials.
- Costumes should have eye holes large enough to safely see through.
- Use bright colored costumes and/or reflective tape to be clearly visible.
- Consider using makeup on your face instead of a mask.
- Always carry a flashlight or glow stick.
- Always use sidewalks to the maximum extent possible.
- Look both ways before crossing the street.
- Always cross streets in a crosswalk or at a corner.
- Don't walk into the street between parked cars.
- Visit only those homes with porch lights on and don't talk to strangers.
- Don't approach animals you do not know.
- Parents or guardians should always check candies before they are eaten.
- Never eat fruits or homemade items unless you are certain of their origin.
- Ensure children know their names, phone number and address in case they become lost.

Adult costume parties DUI prevention:

- Have a designated driver plan in place if you are hosting a party.
- One idea for a designated driver plan is to have a bowl by the door for guests to leave their keys as they arrive. Once they have arrived, hide the bowl until they start to leave. Make sure you are handing out the keys at the end of the night. If you think a guest is too impaired to drive, find an alternate means to get that person home.

Halloween is a lot of fun and is a great opportunity to be with family and friends. Don't let your fun turn into a nightmare by neglecting to plan ahead. Before you head out, be sure to have a plan. Ask yourself the following questions: Where am I going? Will there be alcohol? Can I get a taxi home? Do I have a designated driver?

Even if you plan on having just a few drinks, **remember here in Italy, you can get a DUI with a BAC Level of 0.05.** Is it really worth risking your career for a drink? What if you were to cause an accident in which someone was killed or injured?

Halloween lets us be kids again. However, it also requires us to be responsible adults. So think before you go out.

House of Terror

By HT2 (SW) Brian Gearhart

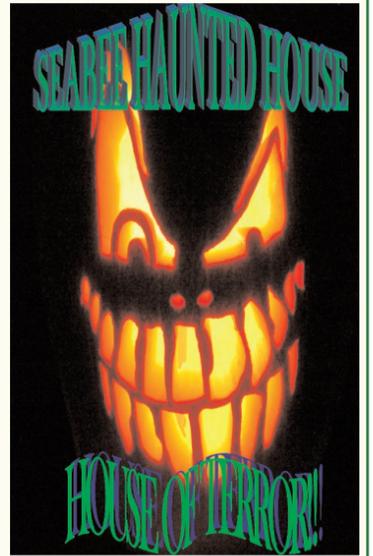
Last week, the Seabees of Public Works put on their third annual haunted house—one of the scariest yet!

With screams coming from every tent, it's not surprising that they were heard all the way over to the Navy Lodge. People of all ages had their skin crawling and goose bumps swelling as they waited for their turn to enter.

For those that made it in, they were dying of terror to get out. The walkways narrow and your blood runs cold after the shiver of fright runs up your spine. Not knowing what's beyond the next turn will make you go insane.

The last day of the House of Terror is this Saturday, the 30th. The Seabees are pulling out all the stops. So make sure to get your scare—or two—the day before Halloween!

The tents of terror are open at the Support Site, adjacent to the Commissary, Saturday, Oct. 30 from 7 to 10 p.m. The cost is only \$5 per person and children 5 and under are free. With four tents of different themes—from the loony house to the slaughter house—the Seabees have it all covered to make it a living nightmare for those brave enough to enter! If one house won't get you, another will! Dress in your best costume to join in on the bone-chilling festivities.



Halloween trick-or-treating safety guidelines

From "Panorama" staff reports

Trick-or-treating will be Sunday, Oct. 31 from 6 to 9 p.m. at the Support Site, Parco Eva and Parco Le Ginestre.

Safety is of utmost importance this Halloween. All participants will conduct themselves in an appropriate manner for the safety and enjoyment for all.

In efforts to minimize the risks to participants traveling up and down stairwells and unwanted foot traffic through residential buildings, trick-or-treaters are advised not to enter apartment buildings to approach individual units. All residents who would like to provide treats will accommodate from outside the front entrance of the building or the quad area.

Sponsors of guests onboard NAVSUPACT Naples installations are reminded to plan ahead in order to meet requirements for base access. Sponsors must accompany their guests at all times and will be held accountable for their guests' actions.

For those participants coming onboard the installation from living on the economy, parking will be in open spots only, not in spots reserved for family housing.

Drivers are cautioned to back out of parking spots slowly and with full awareness of their surroundings. All speed limits shall be obeyed.

For further information, please contact Lt. Jeremiah Franz, NSA Air Operations, at 081-568-5227 or jeremiah.franz@eu.navy.mil.

Right: MA3 Melissa Martinez, a D.A.R.E. representative, talks to kids from Naples Elementary School about the dangers of drugs during Red Ribbon Week. (Photo by MC1 (NAO) John Parker, NSA Naples Deputy PAO)

Red Ribbon Week

Project Armor hosts NMHS' Red Ribbon Week

By Project Armor students
Photos by Kristin Himmler

Students involved in Project Armor at Naples Middle High School (NMHS) developed and directed the activities of this year's Red Ribbon Week, which was from Oct. 25 through 29. Throughout Red Ribbon Week, Project Armor members wore red and encouraged fellow students to pledge their commitment to not using drugs, alcohol or violence. Students distributed red ribbons to athletes as a symbol of athletes against drugs.

Project Armor students managed a booth during lunchtime at both the middle and high schools and initiated a locker decoration contest for the entire week. The locker decoration contest was based on the national theme of this year's Red Ribbon Week, "Lock your meds." Project Armor members also initiated a slogan contest in which other students were asked to create a slogan representative of Naples Middle High School's stand against drugs and alcohol, and that could also be used in a future Red Ribbon Week.

The goal of Project Armor is to



D.A.R.E. mascot Daren the Lion visits students at Naples Elementary School during Red Ribbon Week. D.A.R.E. is a police officer-led series of classroom lessons that teaches children from kindergarten through 12th grade how to resist peer pressure and live productive drug- and violence-free lives. (Photo by MC1 (NAO) John Parker, NSA Naples Deputy PAO)



increase drug and alcohol awareness and provide prevention substance abuse education to students. Project Armor students are expected to develop and participate in at least two school or community activities each year to meet this goal. Red Ribbon Week was Project Armor's first event of the year.

Project Armor students who participated in Red Ribbon Week include Sharon Gonzalez, Aliath Chavez, Alexis Cordova, Katie Paris, Ashley Armstrong, Anna Marie Thompson, James McFeely, Matthew Heinselman, Andrew Heinselman, John Fain, Elizabeth Fain, Vana Bigava, Shanice Alexander, Tiffany Dilbeck, Sabrina Dilbeck and Aiden Judkins.



Above: During lunchtime, Project Armor member Aliath Chavez adds to the list of "101 things to do instead of drugs" in support of Red Ribbon Week.

Right: Students at Naples Middle High School participate in a Red Ribbon Week locker decoration contest sponsored by Project Armor. They were challenged to decorate their lockers in the spirit of this year's theme "Lock your meds." (Photos by Kristin Himmler)



Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Job/index.htm>.

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are **Monday through Friday from 8 a.m. to 3:30 p.m.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, OR at HRO, located in Admin 1, Capodichino, OR by mailing to HRO, PSC 817 Box 29, FPO, AE 09622, OR at Fleet and Family Support Center (FFSC) located on the TLA first floor at Support Site. HRO must receive mailed applications by the closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process info., visit <https://www.cnic.navy.mil/Naples/Departments/HumanResourcesOffice/Job/index.htm>.

CLOSING 02 NOV 10

Fire Protection Specialist, GS-0081-13 KPP 14, ANN#EUR11-853207-SC, Full-time permanent

CLOSING 04 NOV 10

Program Assistant (OA), GS-0344-07, ANN#EUR10-856630-EG, Full-time permanent

CLOSING 11 NOV 10

Supv Security Specialist, GS-0080-13, ANN#EUR11-860451-SC, Full-time permanent

Civil Engineer (Structural), GS-0810-13, ANN#EUR11-860452-AV, Full-time permanent

Civil Engineer, GS-0810-13, ANN#EUR11-860453-AV, Full-time permanent

OPEN CONTINUOUS ANNOUNCEMENT

Education and Training Tech (CDC/CYP), GS-1702-02 KPP 03 KPP 04, ANN#EUR10-709145-AG, (Multiple positions), Full-time permanent. Next cut-off date is Nov. 12.

COURTESY US VACANCY ANNOUNCEMENT

Community Bank, Banking Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online,

please use the "Careers" link at www.dodcommunitybank.com, or submit your resume at HR Europe: pia.krucker@dodcommunitybank.com.

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information, <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Job/index.htm>.

NO VACANCIES

If you have any questions/comments with regard to HRO Naples' services, please contact the director's office at 081-568-5770. You can also submit your questions/comments to the HRO website at www.CNIC.navy.mil/Naples/index.htm; click on "CNREURAFSWA Human Resources Office." Under the HRO page, click "Contact Us" and a form will appear. Please complete the short form and submit. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input—whether negative or positive—so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO representative is available for the bi-weekly "Meet & Greet" at the NSA Support Site, Navy Exchange food court from 8 to 9 a.m. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to HRO, and you will be provided an answer or a call back the same day. The next "Meet & Greet" is Nov. 8.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280.

The necessary application forms are also available online. For any questions, call 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Child Program Assistant, CY-1702-I/II, ANN#10-007, (Multiple positions) flexible, Child Development Centers, School

Age Care, Capodichino and Support Site. Job Summary: Performs routine, day-to-day care of infants and children ranging from 6 weeks to 5 years old.

Youth Program Assistant, CY-1702-I/II, ANN#10-069, (Multiple positions) flexible/regular, Youth Programs, Support Site and Carney Park. Job Summary: Assembles materials and equipment necessary to execute School Age Care for children ranging from 6 to 9 years old; School Age Care Pre-Teen for children ranging from 10 to 12 years old; Teen Center Program for children ranging from 13 to 18 years old. Receives and releases children to/from authorized parents and guardians.

Recreation Aid, NF-0189-01, ANN#10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintains recreation and athletic equipment issue.

Recreation Aid, NF-0189-01 ANN#10-064, flexible part-time, Bowling Center, Support Site. Job Summary: Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01 ANN #10-065, flexible part-time, Liberty Division, Capodichino. Job Summary: Helps customers in the recreation center with recreational events.

Motion Picture Projectorist, NA-3910-07, ANN #10-084, flexible part-time, Reel Time Theater II, Support Site. Job Summary: Operates permanently installed 35 mm motion picture projectors, ensuring a standard quality of sound and picture projection.

Recreation Aid, NF-0189-01, ANN#10-091, flexible, Auto/Wood Skills Center, Support Site. Job Summary: Provides information concerning facility, operations and regulations. Ensures adherence to regulations and safety procedures.

Food Service Worker, NA-7408-04, ANN#10-101, flexible, Bowling Center, Support Site. Job Summary: Performs a variety of tasks, such as grilling or frying pancakes, hamburgers, hot dogs, bacon, eggs, sausage, by watching while the items cook, turning as required, regu-

lating temperature and removing when done.

Recreation Aid, NF-0189-01, ANN#10-113, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility, operations and regulations.

Recreation Assistant, NF-0189-02, ANN#10-114, Temporary flexible, Gaeta. Job Summary: Conveys information pertaining to the overall Fleet and Family Readiness Program to all authorized patrons. Serves as a primary front-line customer service representative of the overall program.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
Monday through Friday
8 a.m. to 3:30 p.m.

NEX job opportunities are now posted on the Web at <http://www.navy-nex.com>.

Submit completed applications to NEX Human Resources Office located above the main Exchange. If you have questions, please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE Ann#065-10 Sales Clerk/CL/Toys, Seasonal, Sporting Goods/NF-01/FLEX - Closes: 11/05/10.
Ann#060-10 Sales Clerk/SL-Ladies/NF-01/FLEX - Closes: 11/05/10.

GRICIGNANO MINI MART Ann#051-10 Sales Clerk/NF-01/RFT - Closes: 11/05/10.

DIST. CTR, GRICIGNANO
No Vacancies

CAPODICHINO NEX MART Ann#051-10 Sales Clerk/MM/NF-01/FLEX - Closes: 11/05/10.

EUROPE DISTRICT OFFICE (Gricignano Main Store)
No Vacancies

GRICIGNANO NAVY LODGE
No Vacancies

JFC-NATO MINI MART Ann#018-10 Sales Clerk/NF-01/Flex - Closes: 11/05/10.

LOCAL POSITION

No Vacancies

Wildcats Sports



Senior Ryheam Trahan intercepts a Buccaneer pass. (Photo by Joy Bork)

Wildcats football beats Baumholder

By Cynthia Fuerst

The Naples Wildcats easily took the first playoff game, confirming for many that this year's team is championship material.

The Wildcats won with a decisive lead (25-8), thanks to the sure arm of sophomore quarterback Joseph Pitts, whose air game left the Baumholder defense in shambles. Seniors ruled with Rhyeam Trahan and Adrian Devezin snagging Pitt's passes and turning them into touchdowns. Senior Kyle Smigelski ran 30 yards for a touchdown finishing with 12 rushes for 68 yards and a 10-yard pass. The Wildcats were able to capitalize off the Baumholder Buccaneers' mistakes. Sophomore David Arregain scored after a 45-yard fumble return. The Buccaneers had a strong ground game, but the Wildcat defense was stronger: Trahan intercepted two Buccaneer passes and senior Ivo Sabotinov landed 15 tackles.

The Wildcats will meet Bitburg in the semifinal playoffs this weekend to determine who will go the Division II Championships the first week in November.

Boys' volleyball team undefeated

By Cynthia Fuerst

The Wildcats volleyball team took home another victory over Sigonella last week-

end. Sigonella took an early lead in the game and maintained it until the score was 20-14. Senior captain Regan Campbell started a series of powerful serves tying up the game. The teams battled point-for-point until the Wildcats pulled ahead and scored the two points they needed to win the game (26-24). The Wildcats then controlled the courts for the rest of the sets. The second game was a solid win for the Wildcats (25-14) with 14 Wildcat points coming from the unstoppable serves of junior Jake Coutino. The Wildcats maintained their fighting edge in the third game and were clear victors (25-16). Campbell and Coutino continued with solid serves. The defense remained strong with junior Jono Higgins providing steady setups for his team.

Coach Nagafuchi commented on the leadership skills of Campbell as well as the solid working relationship among the team members. Nagafuchi also commented on the developing confidence in the entire team. On Friday night, the teams played friendly scrimmage games and Nagafuchi was able to play the athletes who do not typically start. This "B" team demonstrated strong skills on the court, which suggested Naples will continue to be a strong force in the American Schools in Italy League.

This weekend, the team travels to Rome to play the American Overseas School in Rome (AOSR) before leaving Wednesday, Nov. 3 to travel to Aviano to play in the DoDDS championships. The Wildcats want to take home another conference win this year and clearly this team can do it.



Senior Zach Zimmermann (3) and junior Sam Arregain (2) provide defense at the net as junior Jake Coutino (4) is ready to assist. (Photo by Tish Campbell)



Shannon Walsh (16) jumps for the spike as Katie Waller (12) and captain Caitlin Eckert (4) are ready to assist. (Photo by Tara O'Brien)

Lady Wildcats volleyball

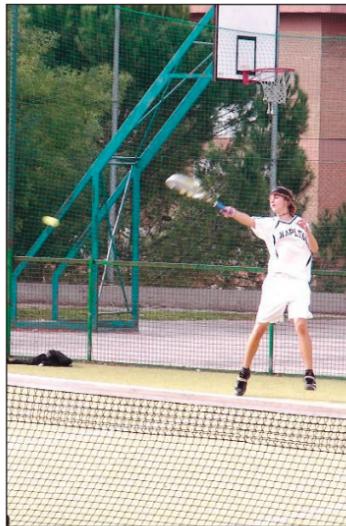
By Lindsey Bonnema
Naples High School senior

The Naples High School girls' volleyball team lost a thrilling match against Sigonella (3-2). The Lady Wildcats took the first out of five sets (25-13). Captain Caitlin Eckert made an outstanding 10-streak serve to start off the set. Sigonella won the second set (22-25). Naples regained the lead in the third set with a score of 25-22. On the fourth set, Sigonella won (25-23). The match was tied 2-2 with one more set left to finish the game. It was close, but Sigonella won (12-15). Although the Lady Wildcats lost the match, it was one of the best competitions of the season.

Tennis

By Cynthia Fuerst

The tennis teams traveled to Rome to take on the American Overseas School in Rome (AOSR). Though AOSR won (4-3), the Wildcats showed some strong performances. Freshman Randy Biery remains undefeated in singles after handily defeating the only other undefeated player in Italy (6-2, 6-2). Sophomore Conor Skelton put in a strong performance (8-0) against his opponent. Biery teamed up with sophomore Matt Gardner to defeat



Sophomore Conor Skelton skillfully returns a volley against his ASOR opponent. (Photo by Elena Skelton)

Cross-country finishes regular season strong

By Kate Ryan

The varsity cross-country team finished the regular season this past Saturday with a win for both the boys' and girls' teams. The meet was held at the Villa Pamphili in Rome. It was an intense and exciting race against teams from Marymount, the American Overseas School of Rome and Milan. Wildcat Ian Eversman was first for the boys with a time of 17:05, John Fain was third overall and the second Naples boy with a time of 17:51. Molly Ryan finished third overall and first for the Naples girls and Amber Sheline was fourth overall (second Naples girl). The entire team has shown significant growth. They have worked hard all season with an excellent coaching staff. Way to go and good luck at Europeans, Wildcats!



Right: Naples' cross-country team takes time out for a team photo. (Front row) Freshman Ehsan Malakooti, sophomore Troy Reeves, freshman Haley Caton. (Back row from left to right) Sophomore Kelsey Lynch, freshman Isabella Lucy, freshman Molly Ryan, sophomore Joshua Masters, freshman Ryan Knapp, junior John Fain, sophomore Brad Bonnema, sophomore Abby Waller, junior Jordan Kim, senior Ian Eversmann, freshman Nicolett Freeberg, freshman Toloria Gray, freshman Amber Sheline.