

JOINT REGION EDGE

Volume II No. 42

Friday, November 5, 2010



SecState visits service members on Guam

By Joint Region Marianas
Public Affairs

Service members attended a speech given by Secretary of State of the United States Hillary Rodham Clinton at Andersen Air Force Base Oct. 29.

Clinton visited the base as part of her trip to the Asia-Pacific region. She began her speech by thanking local military leaders along with the governor of Guam and other officials.

She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice.

"This (Asia-Pacific) region is the center of much change, and many challenges of the 21st Century," Clinton said. "We are engaging even more actively in the region with our allies, our partners, with emerging powers, and with institutions that are being built in order to keep peace and advance prosperity and stability."

The secretary added that service members continuously prove themselves indispensable. She highlighted the importance of the role our

troops stationed in Guam have in our Asia/Pacific strategy.

"As we step up our engagements, we will depend more than ever on each of you. The men and women of our armed forces are one of the most important assets we have for engaging the world," she said. "Your mission is evolving for the 21st Century and no one understands this better than you. You are called on to perform a wide variety of services, in a wide variety of places. For instance, earlier this year, Sailors from Guam were part of a five-month humanitarian deployment of the USNS Mercy, delivering medical and dental care to Vietnam, Cambodia, Indonesia, Timor-Leste, Papua New

See Clinton, Page 12

Speaking: U.S. Secretary of State Hillary Rodham Clinton speaks to more than 1,000 service members at Andersen Air Force Base. Clinton visited the base during a visit of the Asia-Pacific region. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Reveille, Retreat, Taps: Tradition, service members honored

By Airman 1st Class Anthony Jennings

36th Wing Public Affairs

4:59 p.m., while making the daily commute home from work, a familiar song plays on the radio so naturally you turn up the volume and continue driving. Eager to get home, you hit the gas, not noticing the cars around you have come to a stop and pedestrian service members are saluting.

Now imagine a war veteran, who fought in World War II and the Korean War, standing at attention. A hunch in his back prevents him from perfect posture, but despite the pain he remains still. Remembering the brothers in arms he lost in battle, giving their lives in defense of lib-

erty and justice, as the national anthem plays a tear begins to stream down his cheek, unashamed. It isn't the first time he has heard the national anthem play, he's listened to it and honored it for the past 50 years. It's just that he remembers why we pay tribute to tradition.

At Andersen Air Force Base (AFB), Veterans Day marks the return of a time-honored tradition strongly rooted in military history. Starting Nov. 11, the base will reinstate the playing of Reveille, Retreat and Taps, offering Team Andersen a moment out of the day to reflect on tradition, honor and a legacy of freedom.

Reveille will be played daily at 6 a.m. and Retreat at 5 p.m., Monday through Friday, excluding holidays.

Taps will play at 10 p.m., everyday. All on base during these times are expected to render proper courtesies; however, actions are not required anywhere on the flightline or if the act of stopping a work process will result in a safety hazard.

The morning bugle call, known as Reveille, was originally conducted as "Troop" in 1812 and was designed to muster the unit or for roll call and additionally to signal sentries to leave off night challenging. Though it was not originally intended to, today, Reveille is conducted to honor the U.S. flag.

On Andersen AFB, after the Reveille call over the giant voice system, "To the Colors" will play. At the first sound, those on base and outdoors should stop, face the flag

or direction of the sound and stand at attention. On the first note of "To the Colors," uniformed service members should salute until the last note of the music. Those in physical training gear or not in uniform should stand at attention. All cars on base must come to a complete stop and occupants should turn the radio all the way down until the music ends.

At the end of the duty day, Retreat will sound. Retreat is traditionally a time to secure the flag and pay respect to what it stands for. At the first sound, uniformed service members outdoors should stop, face the direction of the sound and stand at parade rest. The national anthem will follow and on the first note, uniformed service members should

come to attention and salute until the last note of the music. Those in PT gear or in civilian clothing should stand at attention with their hand over their heart. If wearing a hat, remove it and hold it over your heart. All cars on base must come to a complete stop and occupants should turn the radio down until the music ends.

Taps is a signal to turn lights out at the end of the day and no formal protocol procedures are required.

Sure, the sound of the bugle or the playing of the national anthem may stop you momentarily from what you were doing, but the tradition and honor that accompanies the music deserve a moment of your

See Tradition, Page 11

INSIDE

- Marines kick off Toys for Tots drive, page 8
- Silent Hunters keep RQ-4 flying, page 4



Solar Energy NBG opens solar panels.

SEE PAGE 2



736th SFS Trains Airmen learn combative skills.

SEE PAGE 5



Top Performer Chief Master-at-Arms Tim Wilson, Emiko Wilson

SEE PAGE 3

Navy PV panels harness solar energy

By Catherine Cruz Norton
Naval Facilities Engineering Command
Marianas Public Affairs

Naval Facilities Engineering Command (NAVFAC) Marianas culminated National Energy Awareness Month with a ribbon cutting ceremony Oct. 29 that marked the completion of a \$5 million solar photovoltaic project on Naval Base Guam (NBG).

The solar photovoltaic (PV) system provides a clean source of renewable energy by drawing heat from the sun and converting it to electricity.

It will produce sufficient solar power to energize approximately 54 homes on base, according to Kevin Evans, Joint Region Marianas and NAVFAC Marianas energy manager. "It has been designed to generate 250 kilowatts (KW) of power."

Speaking to an intimate crowd of military leaders and industry partners, NBG Commanding Officer Capt. Richard Wood emphasized the value of renewable energy.

"The power from this field will be fed directly into the base's main power lines reducing the Navy's reliance on electricity produced by burning oil," Wood said. "This project, along with other energy conservation projects throughout the base will allow us to do more with less for years to come."

Wood said this solar field will provide an estimated 411,048 kilowatt hours (KWh) of clean renewable electricity to NBG each year. "This is a savings of \$106,050 from our electricity bill each year," he said.

This solar PV array represents the third energy conservation component in a three part program entailed in the base's \$34.1 million Energy Savings Performance Contract (ESPC) awarded April 2009 to Johnson Controls.

The other two components are installation of an energy management system in 42 buildings with a central

control room to monitor and control energy consumption within these buildings, and installation of energy efficient lights in approximately 50 buildings throughout the base while retrofitting about half the sidewalk lights to brighter more efficient light fixtures.

All together, the ESPC is expected to deliver an annual reduction in electrical energy consumption by 6,353 megawatt hours (MWh) and save the base \$1.7 million annually in energy costs.

"The Navy on Guam continues to make significant investments to reduce our dependence on fossil fuels and increase our use of clean energy," said NAVFAC Marianas Commanding Officer Capt. Peter Lynch. "The project that we are celebrating today is a fine example of this; it is an enormous investment in time and resources, and it demonstrates an excellent partnership with industry and technology to do our part towards the overall Department of Navy goal."

Lynch described a variety of other renewable energy technologies being pursued by the Navy including wind turbines, geoexchange, geothermal, building integrated photovoltaic systems and additional systems to maximize solar energy.

It's a significant effort when parlayed with the Secretary of the Navy's global mission to reduce energy consumption and install renewable energy sources for the sake of national security.

Secretary of the Navy Goals
The Department of Navy (DON) established five goals in order to improve our energy security, increase our energy independence, and help lead the nation toward a clean energy economy. DON established the following five ambitious energy goals that will move the Navy and Marine Corps away from a reliance on petroleum and will dramatically increase our use of alternative energy:



Solar Power: Capt. Peter Lynch, commanding officer of Naval Facilities Engineering Command Marianas, speaks to those gathered for the ribbon cutting ceremony for a \$5 million array of solar photovoltaic panels on U.S. Naval Base Guam (NBG) Oct. 29. The array is one of three components of the base's Energy Saving Performance Contract, which includes an energy management system in 42 NBG buildings and the installation of energy efficient lights in 50 NBG buildings and about half of the sidewalk lights on the base. (U.S. Navy photo by Frank Whitman)

Energy Efficient Acquisition: Evaluation of energy factors will be mandatory when awarding contracts for systems and buildings;

Sail the "Great Green Fleet": DON will demonstrate a Green Strike Group in local operations by 2012 and sail it by 2016;

Reduce Non-Tactical Petroleum Use: By 2015, DON will reduce petroleum use in the commercial fleet by 50 percent;

Increase Alternative Energy Ashore: By 2020, DON will produce at least 50% of shore-based energy requirements from alternative sources; 50 percent of DON installations will be net-zero;

Increase Alternative Energy Use

DON-Wide: By 2020, 50 percent of total DON energy consumption will come from alternative sources.

"Meeting SECNAV objectives is a challenge before us today," Lynch said. "But I am confident that we are up to this challenge. It begins with commitment and innovation; it requires that each and every one of us take a vested interest both at work and at home to turn these goals into reality."

"Through this project we are charting our course," Lynch said. "We are committed to doing our part here on Guam to strengthen national security and create a sustainable future for the island."

Johnson Controls Branch Manager

Lee Hooker highlighted the partnership between the Navy and its local business partners, and praised the collective group for their on-time and on-budget completion.

This array has been constructed, and really this entire project executed, by using local Guam companies. Johnson Controls' Guam branch, contracted with local companies DCK Pacific and Zoom Systems to assist in the construction and commissioning of this solar array," said Hooker. "We do this because we realize that the word sustainability applies not only to the type of energy this array is producing, but also to the Guam workforce it has helped to develop."

Veterans Day: Honoring those who gave

By Gen. Gary North
Pacific Air Forces Commander

On Veterans Day we remember the contributions made to our nation by service members – past and present. While Memorial Day honors those who gave their lives in military service, Veterans Day commemorates and recognizes the personal sacrifices made by anyone who wears, or has worn, the uniform. In the decades since the Vietnam War, one phrase about such service resonates: "Some gave all; all gave some." This concisely summarizes what it means to serve.

President Barack Obama recently highlighted an example of "giving all" by presenting the Medal of Honor to the family of an Air Force



Chief Master Sergeant Richard

Chief Master Sergeant Richard

Etchberger was posthumously awarded the Medal of Honor for bravery displayed on March 11, 1968, when North Vietnamese forces attacked a radar site in Laos that supported American bomber aircraft. During the attack, 12 of the 19 radar site members were killed. Etchberger courageously engaged the enemy while tending to the wounded. After loading three wounded comrades onto a rescue helicopter, the chief was mortally wounded by ground fire while being the last to board. Although he was recommended for the Medal of Honor at the time of his death, political sensitivities and secrecy regarding the nature of the mission in Laos prevented its initial approval.

Not every Airman ends up facing

2010 Veterans Day Ceremony

To be held at the
Governor's Ricardo J. Bordallo
Adelup Complex
Nov. 11, 11 a.m.

All are invited to honor
those who served.

such a situation. But by taking the oath of office, all Airmen agree to make sacrifices, large and small, to defend our nation. "All give some." That is why we recognize veterans each year. Our uniformed services, including the Guard and Reserve, make up less than one percent of our

nation's population—yet they make a far-reaching difference every day, in places scattered across the globe.

I am thankful for the more than 43,000 Airmen of Pacific Air Forces who serve every day, 24/7. Thank you for volunteering to serve in a time of prolonged war unlike any our nation has faced. Thank you for serving throughout the Pacific, far from your family and friends. Most of all, thank you for your perseverance in one of the most demanding professions.

Have a safe and blessed Veterans Day, and keep doing the great things you do every day so that we may continue to Aim High and Fly, Fight and Win ... in air, space and cyberspace here in the Pacific, and around the world.

Navy couple works together for NMCRS

By Jesse Leon Guerrero
Joint Region Edge Staff

The Navy trains its Sailors to accomplish tasks through teamwork and determination. Chief Master-at-Arms Tim Wilson, of U.S. Naval Base Guam (NBG) Security, and his wife Emiko prove those lessons and standards can work outside of the workplace, too.

The Wilsons volunteer at the Navy-Marine Corps Relief Society (NMCRS) on NBG twice a week. As a non-profit organization, NMCRS offers support services to personnel and their families at Navy and Marine Corps bases around the world. A big part of that service is the NMCRS Thrift Shop, which sells gently-used uniforms, baby clothes, household goods, toys, books and many other items at low-cost pricing.

Receiving, processing and sorting through these items, which arrive at NMCRS as donations, can be a daunting task; the bags and bags of goods often take up most of the thrift shop floor space and its storage

room. Tim Wilson said he doesn't mind the challenge.

"I know what is sold here, what it goes towards and who it helps out," he said. "I think that's important because I remember when I was a junior Sailor and there were times that I needed help, especially with a growing family."

Income generated from thrift shop sales directly benefits authorized NMCRS patrons because it goes towards scholarships, loans, training classes and other financial assistance. Tim Wilson usually volunteers all of his lunch hour on Monday and Wednesday when the thrift shop is open, but he enjoys working with all of the volunteers and he gets to be with his wife.

"There're other things she can be doing, but she decides to come up here and help out the community," he said. "That makes me really proud of her."

Emiko Wilson started working at NMCRS after Thanksgiving in 2009 to try something new and as a way to keep busy. Since then, she has been a regular staff member of the thrift shop, working alongside her husband and the other volunteers.

"The volunteer hours are perfect

for me while the kids are in school," she said. "It's only two days a week and I'm still able to do what I'm supposed to do at the house."

Her volunteer days start at about 8:30 a.m. and do not end until 1:30 p.m. During that time, she sorts through clothes, stocks inventory, does whatever else is needed, and welcomes those who walk through NMCRS' doors.

"The first day I was here, one of the regular customers came up to me and [said], 'Thank you for doing this,'" Emiko Wilson said. "That's something I can't get with money. I was thinking, 'OK, I think doing this is the right thing.'"

Summer Sweeney, director of NMCRS, thanked the Wilsons for their contributions and said NMCRS relies on them and its team of volunteers.

"It's amazing to see not only active duty members helping, but also a military couple that continues to share their time here at Navy-Marine Corps Relief Society," Sweeney said. "He takes bits of his day and volunteers it here at the office and she is such a hard worker."

For more information about NMCRS and volunteer opportunities, call 564-1879/80/85.



Volunteers: Chief Master-at-Arms Tim Wilson, right, of U.S. Naval Base Guam Security, and his wife Emiko help each other sort through bags of donated toys and electronic items at the Navy-Marine Corps Relief Society Thrift Shop on NBG Oct. 29. Both Wilsons volunteer several hours twice a week to assist with processing, cleaning and repairing donated goods at NMCRS. (U.S. Navy photo by Jesse Leon Guerrero)



Andersen's Best keeps fellow airmen up-to-date



Lucas: Staff Sgt. Christopher Lucas, middle, Det. 3 knowledge operations management, poses for a group photo with members of his unit after being awarded Andersen's Best at Andersen Air Force Base Oct. 22. As a knowledge operations management journeyman, Lucas ensures all Contractor Logistical Support personnel have the most up-to-date information on any last-minute technical order changes allowing on-time take-offs of mission essential flights supporting Pacific Commands and Air Force level taskings. "Sgt. Lucas has really excelled at learning communications taskings at a moment's notice," explained Tech. Sgt. Lakeisha, Det. 3 noncommissioned officer in charge of Plans, Scheduling and Documentation. "He continuously works hours beyond the normal duty and weekends to ensure the unit is poised to meet its real world mission commitments." Lucas is an essential part of the Launch and Recovery Element providing its connection to the world through the 36th Communications Squadrons networks. To nominate your Airman for Andersen's Best, e-mail their accomplishments to ebone.garden@andersen.af.mil. (U.S. Air Force photo by Senior Airman Nichelle Anderson)

Joint Region Edge is an authorized publication for overseas members of the U.S. military and their families. Contents of this publication are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Guam Publications, Inc. The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Commander, Joint Region Marianas of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. Joint Region Edge is published by Guam Publications, Inc., a private firm in no way connected with the Department of Defense, the U.S. Navy or the U.S. Air Force, under exclusive contract with the Commander, Navy Region Marianas, located in Bldg. 3190. Editorial materials due at noon on the Thursday before publication date. All classified advertise-

ments are due no later than 3 p.m. on the Tuesday the week prior to publication. Joint Region Edge reserves the right to edit, rewrite or reject material submitted for publication.

Rear Adm. Paul J. Bushong, USN,
Commander, Joint Region Marianas

Brig. Gen. John W. Doucette, USAF
Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN,
Public Affairs Officer
339-4055
jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez
Deputy Public Affairs Officer
339-3209
coleen.perez@fe.navy.mil

Theresa Merto Cepeda
Public Affairs Director, DZSP 21 LLC
339-6114
theresa.cepeda@fe.navy.mil

Frank Whitman
Editor
339-7113
frank.whitman.ctr@fe.navy.mil

Reporters
Mass Communication Specialist
2nd Class (SW) Peter Lewis
339-4476
peterlewis1@fe.navy.mil

Mass Communication Specialist
2nd Class (SW) Corwin Colbert
339-4376
corwin.colbert@fe.navy.mil

Jesse Leon Guerrero
339-5207
jesse.leonguere.ctr@fe.navy.mil

Photographers
Reynaldo Rabara
339-8423
reynaldo.rabara@fe.navy.mil

Raymond Torres
339-8423
raymond.torres@fe.navy.mil

Write to us at:
Joint Region Marianas
Public Affairs Office
PSC 455 Box 152, FPO AP
96540

36th Wing Public Affairs
Reporters
Tech Sgt. Mike Andriacco
366-2228

Staff Sgt. Jamie Powell
366-4202

Staff Sgt. Beth Del Vecchio
366-2228

Senior Airman Isaac Garden
366-2228

Senior Airman Nichelle Anderson
366-2228

Airman 1st Class Courtney Witt
366-2228

Airman 1st Class Jeffrey Schultze
366-2228

Airman 1st Class Julian North
366-2228

Airman 1st Class Anthony Jennings
366-2228

Airman Whitney Amstutz
366-2228

Sailors visit public school for Red Ribbon Week

By Jesse Leon Guerrero

Joint Region Edge Staff

Sailors from U.S. Naval Hospital Guam (USNH) helped educate students about the dangers of substance abuse at Ordot-Chalan Pago Elementary School on Guam Oct. 29.

The command sent the personnel to assist Department of Education teachers and staff in celebrating Red Ribbon Week, a national campaign that educates and encourages youth to live a drug- and alcohol-free lifestyle.

"You guys have dreams, you want to do something," Lt. Martin Casarez, a physical therapist from the hospital, told fourth-grade students. "If you're getting in trouble because you're on drugs, that's going to affect your ability to reach your dreams. It doesn't matter whether it's alcohol, whether it's marijuana, whether it's cocaine, or any of those drugs. They're going to affect your process in getting to where your dreams are at."

Hospitalman Apprentice Jordan Ramsdell, also of USNH Guam, shared stories about how marijuana negatively affected students at his high school in his hometown of Portland, Ore. Ramsdell said he wanted to help Ordot-Chalan Pago students avoid that experience.



Presentation: Lt. Martin Casarez, a physical therapist from U.S. Naval Hospital Guam, asks students what they want to be when they grow up during a Red Ribbon Week presentation at Ordot-Chalan Pago Elementary School Oct. 29. Casarez used the exercise to explain to the students about how substance abuse can negatively affect their career paths and other choices in life. (U.S. Navy Photo by Jesse Leon Guerrero)

"We had people making wrong decisions and a couple people paid the ultimate price for it," Ramsdell said. "It's important that [the students] are educated, and I'm just glad we had the opportunity to come out because I feel very strongly about it."

School officials appreciated the Sailors taking time to educate students.

"With the Navy coming in, the military coming in, it's a different aspect," said Rebecca Perez, the school's principal. "We're hoping the kids get different views, but we're all here for the same reason, which is to say 'no' to drugs."

Perez added that hospital personnel and other Sailors have partnered with the school for years through cleanup projects, tutoring sessions and other volunteer activities. She thanked the Navy for offering students healthy insight into healthy lifestyle choices and for encouraging them to stay in school.

Red Ribbon Week takes its name from the red campaign ribbons that honor Enrique "Kiki" Camarena, a U.S. Drug Enforcement Administration agent who was kidnapped and killed in Mexico City, while investigating drug traffickers in 1985.

Game changers: People who put remotely piloted aircraft in the air

By Airman 1st Class Anthony Jennings

36th Wing Public Affairs

The Pacific Ocean encompasses approximately one-third of the Earth's surface. Patrolling the skies above such a vast area from Guam is an enormous undertaking only one airframe is capable of.

Though the RQ-4 Global Hawk is one of the world's most sophisticated aircraft, it's the people working to get it off the ground and keep it in the air who make it possible to operate in the largest theater on the planet.

"With 30 hours of flight time, we can touch the outer reaches of this entire theater," said Lt. Col. Brandon, Det. 3 commander. "That's really the combined efforts of Air Combat Command and Pacific Air Forces to bring this weapons system here; its game changing. It's really going to change what the combatant commander can do in his area of responsibility."

Just one year ago, Det. 3, the "Silent Hunters," were given the keys to the 64,000-square-foot building currently housing the RQ-4. Since then, they have gone from just four walls to running the programs and processes expected of a much larger unit.

"Det. 3 consists of 50 people; 10 active duty Airmen and 40 contractors," Brandon said. "We are completely integrated and we have to be. The 50 people here accomplish what normal operations and maintenance squadrons are tasked to do with 120. There is a lot of work going on here every day to make the Global Hawk mission happen."

In order to "make the mission happen" with only 10 active duty Airmen, personnel within the detachment have to be multifaceted and adaptable to complete a task that may not be within their primary Air Force Specialty Code.

"We don't have a lot of people so each of us wears several different hats," said Staff Sgt. Kristen, Det. 3 Communications technician. "On any given day, depending on what's going on, I could be doing anything from quality assurance, to security manager, to being the commander's executive officer. Every day I'm learning and doing something new. If you would have told me when I enlisted six years ago I would be part of such a historic unit and helping set this up in Guam, I would have never believed it."

Though playing a part in several positions could be difficult, Det. 3 personnel take those challenges

in stride.

"It's very challenging, but those challenges are motivating at the same time," said Staff Sgt. Sophia, Det. 3 Maintenance Productions scheduler. "Those little pats on the back for something you had to figure out really make a difference. We're a small, tight-knit unit with really great leadership that cares about us and makes sure that we're taken care of, and vice versa."

The Airmen ensure operations and programs are running smoothly, but the bulk of the maintenance on the aircraft is performed by the 40 contractors. Tim, Northrop Grumman Contracted Logistics Support manager, said the transition here has run so smoothly because of the support from Team Andersen as a whole.

"We really have to thank the 36th Wing for hosting us and treating us so well," Tim said. "For everything from communications support, civil engineering projects, working with the local air traffic control or just making sure we're invited to functions. The community as a whole has also been very accommodating. Our personnel live off base and have received nothing but acts of kindness and friendship with getting into housing and getting their families settled from everyone."



Global Hawk: A RQ-4 Global Hawk landed at Andersen AFB, Guam, Sept. 1. The new Intelligence, Surveillance and Reconnaissance (ISR) capability within the Pacific theater meets the needs of U.S. Air Force operations and will help the U.S. and its partners and allies address common regional challenges such as humanitarian assistance, disaster relief, terrorism, and piracy. (U.S. Air Force photo by Airman1st Class Jeffrey Schultze)

The past year has seen tremendous progress with getting the Global Hawk presence in the Pacific theater. Yet, it is the up-coming year that really gets people excited.

"It has been a very rewarding year, as proven with the Global

Hawk's successful first flight in September," Tim said. "But I really look forward to what's going to be happening over the next year. We're truly at the launching point of doing some really amazing things in the Pacific. We've only just begun."

News Notes

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the

Human Resources Office (HRO) or call 366-6141.

Top O' the Mar Renovation
The Top O' the Mar main dining room will be closed for renovations through Dec. 2. The Conference Room and Catering Office will stay open for normal business hours during the renovation. For more information, call 472-4606/7.

Thanksgiving to Go

Top of the Rock and Top o' the Mar are taking orders for Thanksgiving dinners to go - a complete, fully cooked meal that you pick up the day before Thanksgiving. Just pop it in the oven to warm it up Thanksgiving Day. You can order turkey, ham, mashed potatoes and gravy and all the other fixings. At Top of

the Rock, orders can be placed now through Nov. 19, and can be picked up Nov. 24 between 1:30 and 5 p.m. To place your order, call 366-6166. At Top O' the Mar, orders and payments can be placed now through Nov. 17, and can be picked up Nov. 24 between 11 a.m. and 4 p.m. To place your order, call 472-4606/7.

736th SFS Airmen train to hone combat skills

By Airman Whitney Amstutz
36th Wing Public Affairs

Ten Members of the 736th Security Forces Squadron (SFS) recently participated in an Army Modern Combatives (MAC) class hosted by the Guam Army National Guard at Fort Juan Muna in order to increase mission readiness and improve hand-to-hand combat tactics.

The MAC program is derived from Brazilian Jiu-Jitsu and affords students the opportunity to progress through four different levels of instruction.

Staff Sgt. Josh St. Louis, 36th SFS noncommissioned officer in charge of police services, believes the MAC program enhances the ability of security forces Airmen to perform in their profession.

"In our line of work, there is always a possibility that we will need to use physical force," St. Louis said. "It helps to gain as much knowledge about self defense as you can before you find yourself in a situation you aren't prepared to handle."

Army Master Sgt. Allen Blend, MAC senior instructor for Guam, has been training Air Force, Army and Navy members for more than six years. Blend praises the MAC program for its ability to familiarize service members with elements

of combat.

"During the level one course," Blend said, "the Airmen were taught ground fighting and close-quarter tactics. We focus mainly on how to submit an aggressor when they have the upper hand. It is important to prepare service members for every situation they may encounter. The things these Airmen are learning have relevancy in today and tomorrow's fight."

One of the drills students are shown is an exercise called "achieving the clinch." Many participants find this portion of training to be the most grueling. They are challenged with gaining a dominant position over their instructors who throw continual punches with padded gloves. The aim of the lesson is to desensitize MAC participants to the sensation of being hit by an aggressor and to learn how to close the distance in a stand-up fight.

"The training definitely taught me what to do in case an enemy were to separate me from my weapon," said Senior Airman Isaac Ulloa, 736th SFS. "If that happened, I would know how to fight them. Most people would just default to the universal fight method which is just to struggle with the person until one guy gives up. What they taught us here was how to actually end the fight."



Submission Techniques: Airmen from the 736th Security Forces Squadron practice submission techniques during an Army Modern Combatives class hosted by the Guam Army National Guard at Fort Juan Muna, Oct. 20. The Airmen learned various styles of combative techniques including jujitsu and grappling. (U.S. Air Force photo by Airman Jeffrey Schultze)

Hearts Apart: An important resource for Air Force families

By Bernie McFarling
Andersen Community Readiness
Technician

More than 60 family members and support personnel attended the recent Hearts Apart Mini-Harvest Fest sponsored by the Andersen Airman & Family Readiness Center (A&FRC).

The event included activities such as coconut decorating, a popcorn race, ring toss, and various arts and craft projects.

In addition to spouses and family members, there were several com-

manders, key spouses and other senior leadership in attendance to show their support for the families.

"The event was fun and the A&FRC did a spectacular job. The Hearts Apart program is helpful as a means for spouses to get together with the kids," said Janette Doucette, wife of 36th Wing Commander Brig. Gen. John Doucette. "When the military member is gone, there is that feeling that a piece of the family puzzle is missing, but when spouses attend Hearts Apart events, it can help to keep the merriment

up in the home."

The Andersen Hearts Apart Program offers spouses and loved ones several services to help ease the burden of deployments and remote tours. Families are enrolled in Hearts Apart when the military member out-processes at the A&FRC. Eligible families are able to make morale calls from home and are encouraged to use the Air Force Aid Society's (AFAS) Give Parents A Break Program supported by the Child Development Center. Additionally, spouses of Air Force

members may receive a certificate for a free oil change and safety check for their primary vehicle. The A&FRC also sponsors a free, monthly event for the deployed spouses and families.

"These events are also helpful because it gives spouses a chance to be with other spouses who are in the same situation," Janette Doucette said. "It's important for spouses to have a good connection with each other during times of separation and I encourage spouses to get involved in these types of events."

A Thanksgiving luncheon will be hosted by the Protestant Women of the Chapel on Nov. 13, from 11 a.m.-1 p.m. at the Chapel 2 Annex. The next Hearts Apart event will be a holiday luncheon sponsored by the Catholic Women of the Chapel on Saturday, Dec. 11, from 11 a.m.-1 p.m. at the Chapel 1 Annex.

To register for either event, call Angela LeMay at 366-8136.

What do you do to protect your personal information while using the Internet?

Joint Region Edge asked its readers what they do to protect their personal information while they are using the Internet.



"I take my [Common Access Card] out all the time, so it locks my system out and nobody can get into it. Another thing I do if I leave the office is I shut my door and it's locked. It's another deterrent for people to get in."

— Karl Nichols
Joint Region Marianas Inspector General



"I make sure the website is secure before giving out any information. When purchasing things, you have to be sure it is a secure site. I can tell because usually there is a message that lets you know the site has been secured."

— Staff Sgt. Jeanine Funez
noncommissioned officer in charge of reenlistment section 36th Force Support Squadron



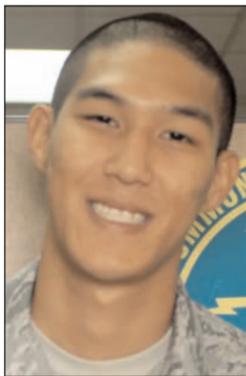
"What I do everyday is go into whatever Internet browser I'm using and I clear all my temporary Internet files. I clear the cookies. I also clear any forms, password or user names at the end of the day. If there was a virus or spyware or something to extract data out of the memory of the computer, there's nothing to extract because I cleared them out."

— Personnel Specialist 3rd Class Alvin Balahadia
Personnel Support Detachment Guam



"Change your password on a regular basis. Usually 30 days is the best time to actually change it. I treat my computer at home the same way I treat my computer at work."

— Information Systems Technician Seaman Jessica Whitten
U.S. Naval Base Guam



"Personally, I protect my information by using long and complicated passwords and changing them monthly. Also, I don't post my birthday or personal address to sites that can be viewed by the public."

— Airman 1st Class Justin Araki
Wing Information Awareness, 36th Communications Squadron



"I digitally sign and encrypt all messages that contain my personal information, or a customer's personal information before sending it out. Being finance, I deal with a lot of information that needs to be handled carefully, so it is important to secure all private information."

— Tech. Sgt. Brandon Franklin
noncommissioned officer in charge of customer service, 36th Comptroller Squadron/Financial Management Flight (customer service side)

NIOC San Diego offers tips, information on social media

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Navy Information Operations Command San Diego (NIOCSD) held seminars to teach Sailors, dependents and civilians about safeguarding their information on social networking sites (SNS) at Big Screen Theater on U.S. Naval Base Guam Oct. 28.

SNS allow people to network, interact and collaborate to share information, data and ideas without geographic boundaries.

Cryptologic Technician Technical 1st Class (SW) Joshua Mathison of NIOCSD explained the pros and cons of SNS.

"Social networking itself is a great tool for people to stay connected," he said. "However, many people do not read the privacy statements, update their computer security and leave themselves vulnerable to many [operations security (OPSEC)] violations."

Mathison said it is important to read privacy information and use the security protective measures for sites such as Facebook to reduce the chance of harmful personal information violations. However, these measures are of minimal effect. To be fully effective, individuals should

criticize everything that they post.

"Anything that goes on the web remains on the web for a very long time, maybe forever," he said. "There are archive servers that actually take snap shots of information across the web and store them in their database. So if you posted something years ago, there is a good chance it is still out there somewhere now."

Heather Horvath, a Navy spouse, said she was shocked by some of the things she learned.

"I was surprised to learn that when someone tags you in a photo on Facebook, that your profile info and photos are now available to anyone that is friends with that person unless their settings are to friends only also," she said.

Chief Cryptologic Technician Technical (SW) Christian Pike, NIOCSD training leading chief petty officer, said SNS is a double-edged sword. It can be a great tool for networking but if settings aren't correct or upload potential harmful information the consequences may be severe.

He also shared a tip for users of SNS that they may not know because they have not read their privacy act information.

"A lot of people don't know once they upload to Facebook, Facebook can sell it," Pike said. "There are



Pros and Cons: Cryptologic Technician Technical 1st Class (SW) Joshua Mathison of Navy Information Operations Command San Diego (NIOCSD) explained the pros and cons of Social Networking Oct. 28 at the Big Screen Theater on U.S. Naval Base Guam. Leadership from NIOCSD held seminars to teach Sailors, dependents and civilians about safeguarding their information on social networking sites. (U. S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

known incidents of people finding their photos in Europe in advertisements. So choose what you share wisely."

Horvath said the information was useful and she plans to share it with the community.

"I found the entire brief very

helpful," she said. "I thought I had control of what information I chose to share via social networking sites but quickly realized that even with privacy settings, some of that information is still available to others. In today's world, we can never be too sure of our safety and OPSEC

and sometimes it takes something like this brief to enlighten us on what's really going on in our world."

For more information about SNS and NAVAL OPSEC, NIOCSD encourages all to visit www.facebook.com/NavalOPSEC.

Army Reserve bids farewell to 30-year veteran



30 Years of Service: Col. Anatheia Wallace, commander, 3rd Mobilization Support Group, right, and Lt. Col. Carl Cruz, commander, 3303rd Mobilization Support Battalion, present Command Sgt. Maj. Roberto Laanan with a plaque to honor Laanan's 30 years of service to the U.S. Army Reserve during a retirement ceremony recently held at the Dydasco U.S. Army Reserve Center in Barrigada. (Photo courtesy of U.S. Army Reserve)

By Capt. Richard Barcinas
3303rd Mobilization Support Battalion

Hundreds of soldiers, family members and friends united to graciously bid a fond farewell to Guam's most senior-enlisted, 9th Mission Support Command U.S. Army Reservist in a retirement ceremony recently held at the Dydasco U.S. Army Reserve Center in Barrigada.

Command Sgt. Maj. Roberto Laanan was honored for the 30 years of faithful service he unselfishly sacrificed to support his comrades and serve the country. During the past three decades, Laanan spent much of his years serving with the 368th Military Police Company. He served in positions to include team leader, squad leader, platoon sergeant, operations

sergeant and first sergeant. He culminated his service with two command positions in the 4960th Multi-Functional Training Brigade (MFTB) and 3303rd Mobilization Support Battalion (MSB).

Laanan's years of hard work and his soldier-first mentality were evident in the amount of people who showed up at the ceremony to honor him as he moved on to a new stage in his life.

Numerous Army Reserve units attended the event to show their support to include the 3303rd MSB, 368th Military Police (MP) Company, 302nd Quartermaster Company, 797th Engineer Company, Theater Support Group, 3rd Mobilization Support Group, 4960th MFTB and the 1984th U.S. Army Reserve Hospital Detachment.

The retirement ceremony included

the playing of the National Anthem, an invocation, an award presentation, a flag-folding ceremony and a speech by Laanan.

In the ceremonial flag folding, soldiers from the 368th MP Co. folded a U.S. flag in sequence with a script illustrating the meaning of each fold.

The audience stood proud as each fold struck meaning into their hearts as to why they are really serving and why Laanan devoted his life to the Army.

With many new soldiers in attendance, Laanan's presence gave them an unprecedented remembrance of why so few choose to wear the uniform and serve our great nation.

In the end, an auditorium filled with proud, young soldiers stood patiently in line giving their thanks to the longtime hero.

Toys for Tots collection underway

By Lt. Col. Aisha Bakkar

Marine Forces Pacific (Forward)
Guam & CNMI Public Affairs

As the holiday season begins to draw near, the few and proud Marines assigned to Marine Forces Pacific (MARFORPAC) (Forward) Guam & Commonwealth of the Northern Mariana Islands (CNMI) are gearing up for this year's Toys for Tots campaign.

Since 1947, Toys for Tots has been making a difference in the lives of the less fortunate children in approximately 500 communities covering all 50 states, the District of Columbia and Puerto Rico. This is the first year Guam has been accepted as an official Toys for Tots coordination center. This is a tremendous opportunity for us to help the children of Guam and CNMI and we are asking you to help.

Lt. Col. Aisha Bakkar has been designated the Toys for Tots coordinator for Guam and is responsible for planning, organizing and conducting the campaign, but the ultimate success depends on the support of the local community and the generosity of the people who donate toys.

Local business leaders play key roles. They allow Marines and volunteers to locate drop-off/collection boxes in their stores, provide free warehouse space for storing and sorting toys during November and December, provide vehicles to collect toys from drop-off sites, spon-



Collection: Lt. Col. Aisha Bakkar, Marine Forces Pacific (Forward), Toys for Tots coordinator for Guam, with Catherine Castro and David Leddy of the Guam Chamber of Commerce, collected 35 toys for the U.S. Marine Corps Reserve Toys for Tots campaign during a membership meeting of the chamber at the Guam Marriott Resort & Spa in Tumon Oct. 27. The meeting marked the beginning of this year's Toys for Tots campaign which will continue through Dec. 22. (Photo courtesy of Marine Forces Pacific (Forward) Guam & CNMI)

sor toy raising events, and help arrange media exposure for Toys for Tots in the local community.

The toy collection campaign kicked off at the Guam Chamber of Commerce

general membership meeting Oct. 27 and will last until Dec. 22. Mem-

bers of the community drop new, unwrapped toys in collection boxes positioned in local businesses. Coordinators pick up these toys and store them in central warehouses where the toys are sorted by age and gender.

At Christmas, the Marines, with

the assistance of local social welfare agencies, church groups and other local community agencies, distribute the toys to the less fortunate children of the community.

MarForPac (Forward) has established close working relationships with Catholic Social Services, Alee

Shelter, the Sugar Plum Tree, the Salvation Army and the Air Force's Operation Christmas Drop, which are well qualified to identify the needy children in the community and play important roles in the distribution of the toys.

For the many volunteers who make Toys for Tots possible year after year, Toys for Tots embodies the true spirit of Christmas. The gift of a shiny new toy - something that most children take for granted - means to a needy child that someone cares, that he/she hasn't been forgotten, that Christmas hasn't passed him or her by. The Marine Corps Reserve believes that "Every Child deserves a Little Christmas," and we are asking you to help us send the needy children of our community a message of hope this Christmas through the gift of a new toy. We will be happy to meet with you to discuss the Toys for Tots program in greater detail, and how you can help.

We will begin distributing collection boxes generously donated to us by Pacific Island Movers and will rely heavily on the volunteered assistance of G4S Security to collect toys through Dec. 22. A list of locations where you can drop off toys will be sent in a separate correspondence and posted to our Marine Corps Forces Pacific (Forward), Guam & CNMI Facebook site by Nov. 5.

For more information about Toys for Tots, visit online at <http://www.toysfortots.org>.

Phase I of Charles King Fitness Center opens



Ribbon Cutting: Capt. Richard Wood, right, commanding officer of U.S. Naval Base Guam (NBG), cuts the ribbon with Sheila Litty, Morale, Welfare and Recreation fitness director, at the soft opening of the Charles King Fitness Center on NBG Oct. 29. The gymnasium and the exercise room which has 72 physical readiness test (PRT) compliant pieces of equipment is open for patrons. After completion in April 2011, the facility will include both sauna and steam rooms in the locker rooms, child care facilities, an Olympic size swimming pool, a soccer/flag football field with Olympic running track, a fitness trail around the complex and other amenities. (U.S. Navy photo by Annette Donner)

Perform-to-serve responds to fleet feedback

By Mass Communication Specialist 1st Class (AW) LaTanya Howard

Navy Personnel Command Public Affairs

The Navy announced Oct. 27 the merger of Perform-to-Serve (PTS) with the Fleet Rating Identification Engine (RIDE) program was a direct result of the fleet's request for changes to the current PTS system. "We asked the fleet Navy counselor, What can we do here to make the Navy counselors' job easier?" said Lt. Mark Reid, deputy enlisted community manager, Bureau of Naval Personnel. "This merger offers the features they need to effectively take care of their Sailors."

The new program is a career counselor's single system for identifying eligibility requirements, managing reenlistment applications and reporting results.

NAVADMIN 352/10 describes the initial implementation of the system, specific policy changes, PTS algorithm changes, procedures for application submission and point of contact information for addressing questions or concerns.

The new system allows commands to view in-rate and conversion quotas on a monthly basis. Additionally, the enhanced, performance-driven algorithms include additional screening criteria such as:

- Performance evaluation average for the last five evaluations
- Physical fitness assessment failures within a four-year period
- RIDE score
- Enlisted community manager's critical Navy enlisted classification codes list by rating and pay grade.

Improvements to the application process include pre-populated application data, which helps reduce the counselor's workload.

"This feature is designed to reduce the number of Sailors who are falling through the cracks at many commands, and it creates accountability at the command level for each of their Sailors," Reid said. "Navy counselors also have batch submission capability, another time management tool."

The enhanced reporting features include monthly PTS report visibility for fleet commands, improved inventory control and forecasting ability and an automated notification of application results.

Commands must ensure PTS applications are submitted for all E3-E6 Sailors with less than 14 years of service as early as 15 months, but no later than 12 months, prior to their end of active obligated service (EAOS) as extended. In addition, a PTS application may be submitted when Sailors are negotiating orders to new commands, for selective

reenlistment bonus (SRB) purposes or any other reason requiring additional obligated service. PTS applications are not necessary if additional obligated service is not required, or if the Sailor intends to execute an authorized short-term extension. For Sailors who do not intend to reenlist, commands are required to submit a PTS application so they can be issued a separation quota.

Commands should re-verify the Sailor's decision to separate prior to submitting his or her application. Once an application is finalized, the member will not be allowed to re-submit for active duty, in-rate or conversion options, even if the Sailor changes his mind prior to the six-month end-of-service period.

Before submitting an application in Fleet RIDE, "Commands are required to validate all applications as correct and state the com-

manding officer recommendation supports the submission," Reid said. "This is just one more level of accountability."

A user guide is available on the PTS website at www.npc.navy.mil/CareerInfo/PerfromtoServe. The former standalone PTS website will no longer be accepting applications. PTS applications are now accepted only through the Fleet RIDE program. Detailed submission procedures are provided via the Navy Personnel Command website.

For more information on the PTS/Fleet RIDE merger, read NAVADMIN 352/10 or call Navy Personnel Command's customer service center at 1-866-U-ASK-NPC.

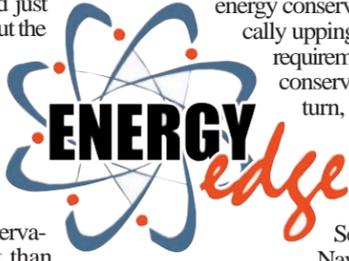
For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

Energy conservation is a year round effort

By Kevin D. Evans

Joint Region Marianas Energy Manager

Although the October Energy Awareness Month is over, it doesn't mean we should just take down the banners, put the compact fluorescents in the cabinet, and forget everything we ever knew about energy conservation. In fact, I don't believe this will happen much, anyway, nowadays. Energy conservation is more important than ever and we see it reflected in the attitudes of most folks even after October passes. There are some simple reasons for this — a post Halloween (or



All Hallows Eve), set of tricks and treats, if you will.

The first and most profound reason is the recent signing of the new Presidential Executive Order on energy conservation dramatically upping the goals and requirements for energy conservation. This, in turn, reflects down through Department of Defense, resulting in the Secretary of the Navy releasing his "Five Energy Goals" which affects us regionally on Guam. These are:

First: Change the way the Navy and Marine Corps awards contracts.

The lifetime energy cost of a building or a system, and the fully burdened cost of fuel in powering those, will be a mandatory evaluation factor used when awarding contracts.

Second: The Navy will demonstrate in local operations by 2012 a Green Strike Group composed of nuclear vessels and ships powered by biofuel.

Third: The Department of the Navy will by 2015 reduce petroleum use in our 50,000 strong commercial fleet by 50 percent.

Fourth: The Department of the Navy (DoN) will by 2020 produce at least half of our shore-based energy requirements on our installations from alternative sources.

Fifth: By 2020, half of DoN's total

energy consumption for ships, aircraft, tanks, vehicles, and shore installations will come from alternative sources.

More esoterically, ever since the Arab oil embargo back in the 1970s, most folks have concluded that we as a country are too dependent on foreign energy sources. We're competing globally for ever scarcer energy resources with such industrial powerhouses as India and China. The current war against terror brings it home as much, if not more, than even the high prices of a barrel of oil set by the Organization of the Petroleum Exporting Countries (OPEC). It also reintroduces the concept of energy security, yet again.

I see on television or hear on the radio how organizations as diverse as

environmental groups, the federal government and big oil companies are coming together in agreement to move towards more sustainable energy practices and use of more sustainable and renewable energy sources. This is, of course, the treat part.

We as a society are more fiscally, energy and environmentally conscious than ever before. Energy conservation isn't just a once-a-year issue; it is a year-round issue, and is important.

Most folks are putting into practice energy conservation as a part of their daily routine and I actually think I can see a day when I will be able to put away my soap box and just share the grandkids' Halloween candy.

Tradition: Sign of respect for those who serve

Continued from Page 1

time. When you hear the music while on your way to work, try to remember the war veteran and his fallen comrades. "During this time I ask you all to take the opportunity

to pause and reflect on the freedoms we have today; a freedom guaranteed by the continued efforts at home and abroad by our veterans, past and present," said Brig. Gen. John Doucette, 36th Wing commander.

Honoring these military tradi-

tions serves to not only recognize military customs and courtesies, but the heritage the U.S. flag represents.

Chief Master Sgt. Allen Mullinex, 36th Wing command chief, reflected on the importance of Andersen's

returned daily observances.

"Reveille and Retreat are each less than two minutes. However, during that time I gain a renewed sense of pride about our country and those who serve to defend it," he said. "My Son is currently serv-

ing in Afghanistan and when I pay honor to our flag I know I am also honoring his service, I am very proud of him."

For more information about Reveille, Retreat and Taps, see Air Force Instruction 34-1201, Protocol.

Library's Halloween story time a treat for all

By Raeann Spicer

Joint Region Marianas Warfighter and Family Readiness Programs

Kids and adults of all ages, dressed in their Halloween costumes, were treated to a special Halloween story time at the U.S. Naval Base Guam Library Oct. 27.

The event was hosted by Morale, Welfare and Recreation (MWR) and featured a presentation by Marilyn Jackson, an instructor from the University of Guam, and her students.

Everyone in attendance enjoyed stories such as "The Wise Old Owl," "Tab the Bat," "Three Brave Hunters," "The Farmer's Wife" and more. Various stations of arts and

crafts activities were set up throughout the library, which challenged the children's creative minds.

At the end of the event, the children were able to bring home their special pieces of art and each was given a Halloween treat. There was definitely no shortage of smiles and laughter.

There are many more activities planned by MWR throughout the year. For more information, visit www.mwrguam.com.

Library: Kids and adults of all ages are treated to a special Halloween story time at the U.S. Naval Base Guam Library Oct. 27. (U.S. Navy photo by Raeann Spicer)



FFSC hosts SBA outreach for hopeful entrepreneurs



SBA: Frank Crisostomo-Kaaihue, director for the U.S. Small Business Administration's Guam Veterans Business Outreach, makes a presentation on U.S. Naval Base Guam (NBG) Oct. 28. The topic of the eight-hour presentation was Starting Your Own Business and it was hosted by the NBG Fleet and Family Support Center. (U.S. Navy photo by Richard Taitague)



Doucette: Secretary of State of the United States Hillary Rodham Clinton greets Brig. Gen. John Doucette, 36th Wing commander, after arrival to Andersen Air Force Base Oct. 29. Clinton visited the base as part of her trip to the Asia-Pacific region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Bushong: Secretary of State of the United States Hillary Rodham Clinton greets Joint Region Marianas Commander, Rear Adm. Paul J. Bushong and wife Dona Bushong after arrival to Andersen Air Force Base Oct. 29.. Clinton visited the base as part of her trip to the Asia-Pacific region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Service Members: Secretary of State of the United States Hillary Rodham Clinton shakes hands of service members at Andersen Air Force Base Oct. 29. Clinton visited the base as part of her trip to the Asia-Pacific region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)

Clinton: Highlights impo

Continued from Page 1
Guinea and Palau. And after the devastating earthquake in Haiti last January, the Global Hawk unmanned aerial vehicle, like the one now based here, was used to survey the damage and identify safe landing places for aircraft carrying relief supplies."

Clinton stated that more and more, service members are also called on to cooperate with forces from other countries. She recognized these efforts that strengthen our joint security and show our allies that we remain deeply committed to them.
"I know that today, the Explosive Ordnance Disposal Mobile Unit 5 is

hosting members rean military for identifying and evised Explosive D kind of collaborati and leaves both co she said.
Brig. Gen. Joh Wing command tive of the positiv



Greeting: U.S. Secretary of State Hillary Rodham Clinton greets service members at Andersen Air Force Base Oct. 29. Clinton visited the base as part of her trip to the Asia-Pacific Region. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Shaking Hands: Secretary of State of the United States Hillary Rodham Clinton shakes hands with service members at Andersen Air Force Base Oct. 29. Clinton visited the base as part of her trip to the Asia-Pacific Region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)

Importance of troops on Guam

of the South Korea joint training on eliminating Improvised Explosive Devices. This is the mission that saves lives and makes our countries better off,"

in Doucette, 36th year was appreciative message Clinton relayed.

ton relayed.

"I would like to thank Secretary Clinton for taking time out of her schedule to address the service members here," Doucette said. "It is through the efforts of all the service members that our nation's mission is accomplished. The visit has served as a reminder of what we are fighting for: the safety of not only those

we love, but the country we took an oath to protect."

At the conclusion of the event, Clinton came off the stage and entered the crowd to take photos and shake hands with service members in attendance.

For more news from U.S. Naval Forces, Marianas, visit www.navy.mil/local/guam/.



Clinton shakes hands with service members at Andersen Air Force Base. Clinton visited the base during a visit of the Asia-



Clinton shakes hands of service members at Andersen Air Force Base Oct. 29, 2010. Clinton visited the base as part of her trip to the Asia-Pacific Region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Departure: U.S. Secretary of State Hillary Rodham Clinton departs Andersen Air Force Base. Clinton visited the base during a visit of the Asia-Pacific region. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Thanking: U.S. Secretary of State Hillary Rodham Clinton greets service members at Andersen Air Force Base. Clinton visited the base during a visit of the Asia-Pacific region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Corwin Colbert)



Waving: U.S. Secretary of State Hillary Rodham Clinton departs Andersen Air Force Base. Clinton toured the base during a visit of the Asia-Pacific region. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Global Hawk: Secretary of State of the United States Hillary Rodham Clinton views the RQ-4 Global Hawk static display at Andersen Air Force Base Oct. 29. Clinton visited the base as part of her trip to the Asia-Pacific Region. She reaffirmed Guam's importance to the nation, and her gratitude to the service members for their dedication and sacrifice. (U.S. Air Force photo by Senior Airman Nichelle Anderson)

Everyone should get vaccinated this flu season

From U.S. Naval Hospital Guam Public Health Directorate

Once again, it is the influenza season. U.S. Naval Hospital Guam (USNH) and the 36th Medical Group at Andersen Air Force Base (AFB) have received their influenza vaccine and will open up influenza vaccinations for all beneficiaries effective Nov. 3.

Influenza vaccinations are required for all active duty military personnel and the Centers for Disease Control and Prevention (CDC) now recommends that all beneficiaries age 6 months and older receive the influenza vaccine each year.

Seasonal influenza is a contagious respiratory illness caused by the influenza virus. It can occur as early as October, and peaks in January and can go into early spring.

Symptoms from seasonal flu cause mild to severe illness and can in some cases, death. Annually

in the United States, an average of 36,000 people die from flu-related complications and more than 200,000 are hospitalized.

The 2010-2011 flu vaccine is being made in the same way as seasonal vaccines have been made for decades. This year's seasonal influenza vaccinations will protect against the 2009 H1N1 virus that caused so much illness last season, and two other influenza virus strains.

Seasonal flu vaccine is recommended annually for everyone to reduce the risk of becoming ill. The following are groups that have been found to be the highest risk for complications from influenza:

Children younger than 5, but especially children younger than 2 years old.

Persons 6 months and older with chronic medical conditions and/or other immune systems disorders.

Healthcare workers and emergency medical personnel.

Where to Get Your Influenza Vaccination

Any active duty personnel still needing to receive their required vaccination can report to any of the listed immunization clinics.

In order to provide expedited services to all patients desiring influenza vaccinations U.S. Naval Hospital Guam (USNH) will have several satellite influenza clinics offering influenza immunizations only:

USNH Chapel (Across from the USNH Emergency Room)
 Nov. 8, 7 a.m.-3 p.m.
 Nov. 9, noon-5:30 p.m.
 Nov. 10, 7 a.m.-3 p.m.
 Nov. 12, noon-5:30 p.m.

Branch Medical Clinic, U.S. Naval Base Guam (NBG)
 Nov. 8, 7 a.m.-3 p.m.
 Nov. 9, noon-5:30 p.m.
 Nov. 10, 7 a.m.-3 p.m.
 Nov. 12, noon-5:30 p.m.

Navy Exchange, NBG
 Nov. 13, 10 a.m.-3 p.m.
 Nov. 20, 10 a.m.-3 p.m.

Navy Exchange, Naval Computer and Telecommunications Station Guam
 Nov. 13, 11 a.m.-1 p.m.

Normal Immunization Clinics (All types of immunizations)

USNH (4th Floor Pediatrics Clinic) and the Branch Medical Clinic, NBG will offer influenza immunizations in addition to normal immunizations during normal working hours from Nov. 3 until all

influenza immunizations supplies are expended:

Monday-Friday, 8-11:30 a.m. and 1-3 p.m.

For more information, call USNH Preventive Medicine at 344-9787.

Andersen Air Force Base Clinic Immunization Clinic, (Bldg 29000)
 Monday-Thursday, 8 a.m.-4 p.m.
 Friday, 8 a.m.-1 p.m.

Every second Friday of the month, 9 a.m.-1 p.m.

Every second Wednesday of the month, 8 a.m.-noon

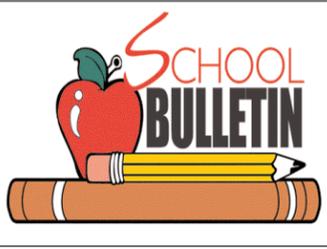
Closed all holidays and down days
 For more information, call 366-8219.

Steps to Protect Yourself and Others From Influenza

Wash your hands with soap and water before eating and after touching your face.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Avoid contact with flu patients.
- Do not go to school or work if you are ill.
- Wash surfaces that someone may have coughed or sneezed on.
- Disinfect door knobs, light switches and toilet handles with store bought disinfectant or with a solution made with 1/4 cup of household bleach and a gallon of cold water.

For more information, call USNH Preventive Medicine at 344-9787 or Andersen AFB Public Health Element at 366-4147 or visit the CDC website at www.cdc.gov.



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

DoDEA

School board meetings are scheduled for the second Tuesday of every month at 6 p.m. Upcoming meetings are:

Nov. 9 at Guam High School (GHS)

Dec. 14 at Cmdr. William C. McCool Elementary/Middle School

No school on Veterans Day, Nov. 11.

Andersen Elementary School

The Parent Teacher Organization (PTO) is soliciting donations of bags of popcorn kernels for Popcorn Fridays. If you would like to donate, drop them off in the PTO office.

The PTO office is located in Room C-1 in the pre-K building and is open Monday-Friday from 8 a.m.-12 p.m. Parents are encouraged to visit and see how they can help. For more information, e-mail andersen_aespto@yahoo.com.

Andersen Middle School

Parent-teacher conferences are Nov. 17-19, dismissal at 10:45 a.m. No lunch will be served.

Guam High School

Senior pictures Nov. 7-10, from 8 a.m.-5 p.m.

McCool Elementary/Middle School

Academic Challenge Bowl, McCool vs. Agueda I. Johnston Middle School Nov. 10 at 4 p.m.

Student Council Fall Dance Nov. 12 from 3-6 p.m. in the school cafeteria.

Parent-teacher conferences Nov. 17-19, dismissal at 11:20 a.m. No lunch will be served. No school for pre-kindergarten students on those days.

Parent portal for Gradespeed is now available for all parents/sponsors. Through the parent portal, parents/sponsors are able to view their child's academic progress. For more information, contact your child's advisory teacher at 339-8678.

Therapy canine gives lessons at McCool

By Anna-Victoria Crisostomo

Joint Region Edge Staff

First-grade students at Cmdr. William C. McCool Elementary/Middle School had the chance to see man's best friend in a new light when a therapy dog named Lacie visited the school Oct. 27.

Excited Seahawks gathered under the school's bus canopy and sat in a circle around Lacie to get a better view as she performed tricks such as roll over, sit, stay, jump and high-five with the help of her owner, Danielle Westfall.

Students were given the opportunity to pet Lacie, give commands for tricks and even give the canine a treat of cheese and dog snacks for a job well done.

First-grade parent Shannon Hardin attended the presentation. "I thought it was really nice," she said. "She made it really fun for the kids."

A former groomer and dog trainer herself, Hardin said that Lacie's visit also served an educational purpose in addition to the good time.

"[Westfall] also taught them how to approach a dog properly," Hardin said. "She also taught them safety and how to care for an animal instead of 'this is just a fun dog.'"

First-grade teacher Jean Tuquero said she believes that students learned a great deal from Lacie's visit.

"Students gained a better understanding of what dogs can do in our community," Tuquero said.

According to the educator, students were engaged, attentive, and excited at the opportunity to interact with Lacie.



Animal Safety and Care: Danielle Westfall and her dog, Lacie, visit first-graders at Cmdr. William C. McCool Elementary/Middle School Oct. 27. During the visit, Lacie performed tricks and Westfall spoke to the students about animal safety and care. (Photo by Jean M. Tuquero)

"Students were very eager to pet Lacie and [she] was just as pleasant at showing students affection," Tuquero said.

According to Tuquero, Westfall's presentation gave students the chance to come up with their own ideas about the kind of love and care animals need from their families.

"[Westfall] discussed the importance of sterilizing pets to decrease the numbers of unwanted pets roam-

ing the streets without a family or those who end up in shelters because they are too expensive to care for," Tuquero said.

Westfall, the parent of a first-grade student at McCool, adopted the award-winning Labrador from an animal shelter about seven years ago.

"I was very careful to select a dog with a good temperament to start with, and I joined a local obedience

training club and started training basic obedience immediately," Westfall said.

Aside from school presentations, Lacie's work involves visits to individuals with mental, physical and emotional disabilities.

"During these visits, we just spend time with people, show off some of Lacie's tricks and try to bring some comfort and brighten their day a little," Westfall said.

AES, AMS students pledge to be drug free



By Airman Whitney Amstutz
36th Wing Public Affairs

Red Ribbon Week is the nation's oldest and largest drug prevention program, reaching millions of Americans during the last week of October every year. By wearing red ribbons and participating in community anti-drug events, young people pledge to live a drug-free life and pay tribute to Drug Enforcement Administration Special Agent Enrique "Kiki" Camarena, who was killed in February of 1985 while investigating a major drug cartel in Mexico.

In honor of Agent Camarena and Red Ribbon Week, teachers and

Dangers of Drugs: Jennifer Andree, Andersen drug program administrative manager, speaks to Andersen Elementary students about the dangers of drugs and alcohol abuse at AES Oct. 26. During Red Ribbon Week, the last week in October, children and adolescents are taught effective ways to sustain from drugs and say no in peer pressure situations. (U.S. Air Force photo by Airman Whitney Amstutz)

students from Andersen Elementary and Middle Schools (AES, AMS) attended an assembly Oct. 26 here to educate students on the dangers of drugs, and the backlash abuse has on individuals, families and the nation.

"Any person can watch the TV now-a-days and see what an impact drugs are having on our society," said Jennifer Andree, Andersen drug program administrative manager. "I am definitely passionate about educating kids about being drug free. The things we instill in our children when they're young are what they'll carry through life."

Throughout the year, individuals from the drug prevention program on base host a variety of events empowering children and adolescents to "just say no" to drugs. Students had the opportunity to compete in a drug awareness poster contest and participate in a demonstration that simulates what it is like to drive while impaired.

"We do different outreach prevention activities all year," Andree said. "At drug demand, we like to be active in all the different things that happen on base. With the middle school this year we had the

drunken buster peddle cart. It simulates what it's like to be under the influence as they try to perform day to day activities."

Educating and informing children is essential to ensuring a healthy and drug-free environment for generations to come. Exposing the youth of today to the effects their choices will have on their future is vital in the fight against drugs and alcohol abuse.

"Red Ribbon Week teaches children to be more aware of their surroundings and what can happen when they make poor choices," said Rebecca Leavy, AES teacher. "Our goal is to prevent these scenarios from ever becoming realities."

Echoing Leavy's sentiments, Andree encourages students to consider the outcome of their actions before making decisions based on peer pressure or impulse.

"What I want them to take away from the activities and assemblies we have during Red Ribbon Week is that the choices they make starting now have repercussions," Andree said. "The things they choose to do will have an impact and consequences, whether those consequences are good or bad."

Opening weekend a big success for Molly McGee's

By Sarah Marshall

Joint Region Marianas Warfighter and Family Readiness Programs

U.S. Naval Base Guam's (NBG) Morale, Welfare, and Recreation (MWR) marked the grand opening of its much-anticipated Molly McGee's Irish Pub with a two-day celebration that attracted a crowd of more than 2,000 people Oct. 29 and 30.

Festivities kicked off Oct. 29 with the ribbon-cutting ceremony conducted by NBG Commanding Officer Capt. Richard Wood and MWR Director Eric Nikkel.

Surrounded by real wood paneling and stained glass windows imported from Dublin, MWR patrons dined on mouthwatering menu items such as Irish cheddar and bacon potato skins, Guinness beef stew, beer crisped fish and chips, half-pound "build your own burgers," and New York style Reuben sandwiches.

"A whole family of four can eat and drink for under \$75," Nikkel said.

Pub-themed door prizes were given away every 30 minutes throughout the night, including beer mirrors, pint glasses, posters, cue sticks, ball sets, cue bags, and tin signs. The party wrapped up around 2 a.m.

Then, thanks to the tireless efforts of MWR staff, Molly McGee's was



Opening: Patrons of Molly McGee's Irish Pub enjoy themselves during the establishment's grand opening party on U.S. Naval Base Guam Oct. 29. More than 2,000 people attended the grand opening and the pub's Halloween party the following night. (U.S. Navy photo by Sarah Marshall)

completely transformed in less than 24 hours for its Halloween Party Oct. 30. Costumed patrons danced the night away surrounded by a fake graveyard, hanging skeletons and cobwebbed chandeliers. Costume contest winners were chosen by the guests, who got to cast a vote for their favorite costume in each category: scariest, funniest, most creative and best overall.

Both Friday and Saturday night included a live concert, sponsored by Armed Forces Entertainment (AFE), featuring Synthetic Elements, a well-known punk/ska band.

Molly McGee's offers entertainment, too. Meet your family and friends on your lunch break or after work for a rousing game of darts, pool or shuffleboard, or just hang out and watch sports on one of the several flat-screen TVs mounted around the bar. And MWR has future plans that include frequent live music and karaoke nights.

"Everyone's going to want to come here," said Lt. j.g. Casey McHenry, an MWR patron. "It's going to be the place to party."

Don't worry if you didn't get a chance to check it out last weekend - Molly McGee's is now open seven days a week for lunch and dinner.

For more information, visit the MWR website at www.mwrguam.com.

FREE

8-Ball Tournament

At the Hotspot on Andersen Air Force Base (AFB), Nov. 10, 7 p.m. For more information, call 366-2339.

Free movies at the Big Screen Theater

Stop by the Big Screen Theater on NBG this weekend, where free movies are shown every Friday, Saturday, and Sunday.

Library Games

Children ages 5-17 can visit Andersen AFB Library Tuesdays-Thursdays, 5-8 p.m. to enjoy playing video games from a collection of Xbox, Wii or Playstation 3 games. Children under 10 must be accompanied by an adult. Sponsors must provide written permission to allow minor dependents in-house use of games and gaming equipment and accessories. For more information, call 366-4291.

Adult Swim Clinic

Held on the last Saturday of every month from 8-10 a.m. at the NBG pool. This course is designed to help proficient swimmers improve their stroke. Each clinic is a 2-hour session with a certified instructor, including individualized drill sets and a videotaping session to improve stroke. Registration deadline is the Thursday before each clinic. For more information, call 564-1856.

Image Makers

NBG Teen Center and Youth Center offers photography classes every Monday, 3-4 p.m. For more information, call 339-6130.

Tuesday Texas Hold'em Nights

Texas Hold'em tournaments are held every Tuesday starting at 6 p.m. in Hightides at Top of the Rock on Andersen AFB. Play is

free for club members and \$5 for non-members. Weekly prizes are awarded. For more information, call 366-6166.

Chamorro Village

Take a free trip to Chamorro Village every Wednesday. Single Sailors and geographical bachelors can catch a shuttle at 6 p.m. from Single Sailor Sanctuary. Sailors at the Ordnance Annex can catch the shuttle 6:30 p.m. at Silver Dolphin. For more information, call 564-2280.

Story Time

Bring the children for story time at the NBG Library every Wednesday at 3:30 p.m. In addition to great stories, there will be crafts and other fun activities. For more information, call 564-1836.

The Andersen AFB Library has story time every Wednesday at 10:30 a.m. and 3 p.m. There are also crafts and other fun activities. For more information, call 366-4291.

Free Golf Clinic

Learn the fundamentals of golf every Saturday and Sunday, 9-10 a.m. at Admiral Nimitz Golf Course in Radio Barrigada. No need to register. For more information, call 344-5838.

UNDER \$10

Tuesday Fajita Night

At Andersen AFB's Café Latte, every Tuesday from 5:30-7:30 p.m. Base price starts at only \$2.95, and you can build your own fajitas! For more information, call 366-6166.

Game Night

At Top of the Rock on Andersen AFB, every Friday from 6-9 p.m. Enjoy card games, pool, and darts. Cost: Free for members, \$5

for non-members. For more information, call 366-6166.

Mongolian BBQ

At Andersen AFB's Café Latte every Wednesday night from 5:30-7:30 p.m. Base price starts at only \$2.95/adult and \$1.50 per child! For more information, call 366-6166.

Xtreme Midday Madness

At NBG's Orote Point Lanes, Every Monday-Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

Bowling Mondays

Bowl all you want at Gecko Lanes every Monday, starting at 6 p.m. for just \$5 plus shoe rental. For more information, call 366-5117.

Thirsty Thursdays

Thirsty Thursdays at Gecko Lanes every Thursday, starting at 5 p.m. Enjoy \$1 games, shoe rentals, fountain sodas and more! For more information, call 366-5117.

Karaoke Fun Night

Karaoke Fun Night (weather permitting) at Bamboo Willies every Saturday, 7-10 p.m. For more information, call 366-6166.

Under 21 Night

Every Wednesday High Tides Enlisted Lounge hosts Under 21 Night from 7 p.m.-midnight. Patrons can enjoy Mongolian Barbecue, music and a fun environment to hang out and unwind. Patrons 18 years and older can participate. For more information, call 366-6166.

Game Time Sports Grill

Begin or end your day with a delightful meal at Game Time Sports Grill. The overlook of the golf course offers a relaxing atmosphere for breakfast, lunch or dinner.

Breakfast specials are served daily ranging from \$4.50-\$5.50. Breakfast hours are 6-10:30 a.m. Lunch specials are also served daily and are only \$6.95 with fountain soda. Lunch hours are 10:30 a.m.-3 p.m. Also enjoy 18 holes of golf and a lunch package available at the Pro Shop for \$46 per person. For more information, call 344-5838 or 734-2155.

Breakfast at Top of the Rock

Starts below \$10. Breakfast hours are Monday-Friday, 6:30-9:30 a.m.; Saturday-Sunday, 7:30-9:30 a.m. For more information, call 366-6166.

2 for 1 at Gecko Lanes

Get two games for the price of one and have twice the fun, 6-10 p.m. every Tuesday. For more information, call 366-5085.

Member Special at Palm Tree Golf Course Every Tuesday, 7 a.m.-6 p.m., ride 18 holes for the 9-hole cart rate of \$8. For more information, call 366-4653.

\$10 AND UP

Piano Lesson Openings

The Andersen Air Force Base Youth Center currently has openings for piano lessons on weekdays after school and on Saturdays. Cost is \$60 per month for four 30-minute lessons. Contact Dale Garcia at 366-3490/91 or email: youth1music@yahoo.com for more information.

Jazzy Sundays

Sundays from 5-8 p.m. at Willie's Beachside Jazz on Andersen Air Force Base. Enjoy a relaxing evening at the beach while you listen to great jazz music. If you get hungry, you can order one of the delicious offerings from our Bamboo Willie's menu. For more information, call 366-6100.



FRIDAY, NOV. 5

7 p.m.: You Again • PG

SATURDAY, NOV. 6

2 p.m.: You Again • PG

7 p.m.: The Town • R

SUNDAY, NOV. 7

7 p.m.: The Town • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, NOV. 5

7 p.m.: Devil • PG-13

9:30 p.m.: The Last Exorcism • PG-13

SATURDAY, NOV. 6

1 p.m.: Alpha and Omega • PG

3:30 p.m.: Takers • PG-13

7 p.m.: Resident Evil: Afterlife • R

SUNDAY, NOV. 7

1 p.m.: Alpha and Omega • PG

3:30 p.m.: Easy A • PG-13

7 p.m.: The Expendables • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwr Guam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 8:30 a.m.

Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.

Contemporary Service: 11 a.m.

Women's Bible Study: Monday, 9:30 a.m.

Men's Bible Study: Wednesday, 6 p.m.

Prayer Time: Thursday, 11:30 a.m.

Choir Practice: Traditional: Wednesday, 6 p.m.

Choir Practice: Contemporary: Thursday, 6 p.m.

Jewish Shabbat

Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass Monday-Friday, 11:30 a.m.

Chapel of Hope: Sunday, 9 a.m.

Protestant Service

Monday-Friday, 12:15 p.m.

Interfaith Chapel

Andersen Air Force Base

Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday,

Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 7 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

Schedules subject to change. To confirm times or for information about other programs, call the chapels at:

Andersen Air Force Base: 366-6139

U.S. Naval Base Guam 339-2126

U.S. Naval Hospital Guam: 344-9127

Celebrate your military heritage

By Lt. Gale White

Naval Base Guam Chaplain

Veterans Day is a holiday that has a great deal of significance to soldiers, Sailors, Airmen and Marines. When many are throwing hot dogs and hamburgers on the grill to celebrate a day away from their labors, most veterans are feeling something much deeper. Feelings of pride, pain and maybe even nostalgia wash over most of us who have served.

For me it is a day to remember my family's long and proud heritage of military service. Mostly, I remember my grandparents. Both

served in World War II. My grandfather was a Marine Raider who served on the bloody battlefields of the Pacific. In fact, it was a bout of malaria contracted in the harshness of that environment that brought him together with my grandmother, who was serving as a Navy nurse. Though neither talked about the war very much, I understood that their

wartime experience had affected them deeply. As a naval officer myself, I now understand the full measure and strength of the bonds that they shared not only as husband and wife, but also as veterans.

I am grateful for the few stories that they shared and mementos that they kept of this time in their lives. One of my most prized possessions is my grandfather's Eagle, Globe and Anchor. Each time I look

at it I am transported back to times that we shared together. Their experience has become as much a part of me as it was of them, and I am serving today, in part, because of the example that they set.

Encourage each veteran and family member reading this to treasure your own heritage of service. Take time this Veterans Day to share your stories. If you have been fortunate to retire from your service to our nation, pull out and dust off that old sea chest or shadowbox for your grandchildren to appreciate. If you have lost cherished comrades, commemorate their memory in some special way.



Kids get a kick from Youth Soccer League



The Barracudas: Members of the Morale, Welfare and Recreation Youth Soccer League team, the Barracudas, stand proudly with their coach, after a game in the Guam Soccer League in Harmon April 10. The league has both spring and fall sessions, keeping kids active in the sport nearly year round. (U.S. Navy photo by Culinary Specialist 1st Class Christy Gay)

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Is your child a soccer enthusiast? Are they looking to learn the fundamentals of the sport, polish their skills, or just have some fun? If so, sign them up for the Morale, Welfare, and Recreation Youth Soccer League on U.S. Naval Base Guam (NBG), and help them kick it into high gear.

Jenee Barnett, NBG Child and Youth Programming director, said that thanks to Guam's tropical climate, the league maintains two sessions annually, which keep kids playing nearly year round.

"Our fall session runs from August to mid-November, with the spring session following soon after from mid-January through April," Barnett said. "If your child is enrolled for both sessions, they pretty much stay active for the entire year."

The league is broken into four age brackets; children under 6, 6 to 8, 8 to 10, and 10 to 12. According to Barnett, during any given season, the league will have anywhere from 100 to 140 participants.

"The kids really seem to like getting outdoors and playing, and playing in a competitive and organized league," she said. "It's a good, healthy alternative to staying indoors and playing video games, and a great opportunity for social interaction."

Senior Chief Electronics Technician (SS) Bennett Spence, of Submarine Squadron 15, said he agrees with Barnett, and enrolled his son in the league because of the potential benefits.

"Being in the youth soccer league is a good opportunity for my son to work on his athletic skills, as well as his team-building skills," he said. "It has also been a great way for him to make new friends that share

interest in the same thing."

Spence, who also volunteers as a league coach, said that being able to watch his son play, learn new techniques and improve his skills brings him a great deal of pride.

"The soccer league is a great way to keep the kids focused on something positive; get them out of the house and away from the video games," he said. "And watching the effort and time they put into learning new moves and getting better as a team, always brings a smile to my face."

League practices are held on board NBG twice a week on the Harbor View field within base housing. The teams play weekly in the local Guam Soccer Federation games in Harmon each Saturday.

Culinary Specialist 1st Class Christy Gay, of Joint Region Marianas, said that she found the practice and game schedule to be work well with her work schedule.

"The practices are all on base after working hours, with one game per week out in town," she said. "Even as a single mom, I find it very easy to keep up with the league's schedule."

Gay said that having her son in the soccer league has also benefited her.

"Being a soccer mom has also allowed me to get to know a lot of Sailors and dependents that I may not have met otherwise," she said. "It's really a great opportunity for parents to socialize as well. It's a win-win for everyone involved."

If you are interested in enrolling your child in the Youth Soccer League, go online to mwr-guam.com to fill out a registration form, send an e-mail to mwr-guamyouthsports@gmail.com, or call the Child Development Center at 564-1844/5.

If you'd like to volunteer as a sports coach, send an e-mail to mwr-guamyouthsports@gmail.com, or call 564-1844/5.

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Run Registration

Runners can now submit run registrations for Morale, Welfare and Recreation (MWR)-sponsored runs via e-mail. On the Fitness Program page of the MWR website, mwr-guam.com, click on the "NEW Run Registration Form" PDF under Additional Links, and follow the instructions on the form. Effective November 2010, pre-registration for all fitness events will end at 5 p.m. on the Friday of the week prior to the event.

Turkey Trot 5K

Run off some turkey and mashed potatoes with your friends and family at Ebbett Field Nov. 25, 5:30 p.m. show and 6 p.m. go. No fee. Register at Charles King Gym by Nov. 19, 5 p.m. For more information, call 339-1301 or 564-1862.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is now available at the Hotspot Gym just down the walkway from the bowling center. Hours of operation are Monday-Friday from 9 a.m.-noon and closed holidays and down days (schedule subject to change due to base exercises, official unit functions, etc). This is a self-directed activity. A Family Advocacy staff member will be available Tuesdays and Thursdays to talk with parents. Some simple rules for this program: Children will not be left unattended. Parents must clean-up after their children. No shoes are allowed in the play area and children must abide by rules that will be posted on the bouncy castle in the play area. For more information, call the Hotspot at 366-2339.