

# JOINT REGION EDGE

Volume III No. 18

Friday, May 6, 2011



## Upgraded NBG fitness center open

By JoAnna Delfin  
Joint Region Edge Staff

U.S. Naval Base Guam (NBG) patrons celebrated the grand opening of the Charles King Fitness Center (CKFC) with a ribbon-cutting ceremony, guided tours of the facility, and demonstrations of fitness classes April 30.

"This beautiful state-of-the-art facility fosters the culture of fitness that we want here at Naval Base Guam and helps our Sailors and commands meet one of their missions, which is to keep Sailors fit and ready at all times," said NBG Executive Officer Cmdr. Kevin Gillam.

According to Morale, Welfare and Recreation (MWR) Director Eric Nikkel, the total cost of the completed renovation phases and future renovation projects will add up to more than \$38 million. Renovations began in April 2009.

Nikkel added that this investment ensures that CKFC offers service members and their families unmatched

access to any type of physical readiness training they need – from therapeutic recreation for wounded warriors to specific training regiments including combative training.

"The new Charles King gym is wonderful," said Machinist's Mate 2nd Class (SS/SW) Patrick Kohr, of USS Frank Cable (AS 40). "I can't believe what they've done with

See CKFC, Page 11

A Cut Above the Rest: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, right, and Naval Facilities Engineering Command Marianas Commanding Officer Capt. Peter Lynch, second from right, join personnel from Morale, Welfare and Recreation and the Guam Chamber of Commerce Armed Forces Committee as they prepare to cut the ribbon during the Charles King Fitness Center's Grand Opening on NBG April 30. The upgraded facility provides a state-of-the-art fitness center for service members and their families. (U.S. Navy photo by JoAnna Delfin)



## Andersen officials work to put a stop to Spice

By Airman 1st Class Whitney Tucker  
36th Wing Public Affairs

The Air Force now has the capability to drug test for a range of designer synthetic-cannabinoid products known as "Spice" using urinalysis. With the implementation of testing, officials intend to send a very clear message – use Spice and you may lose your career, end up in jail or both.

The Air Force is concerned with deterrence of all illegal drug use and inappropriate use of other intoxicating substances to maintain the highest level of mission readiness. The Air Force has a zero-tolerance policy on drug abuse.

"The Air Force considers drug use to be incompatible with military

service," said Capt. Bryant Bair, 36th Wing Judge Advocate (JA) Office chief of adverse actions.

Master Sgt. Ralph Oliver, 36 JA Law Office superintendent, echoed Bair's remarks.

"Drug use puts other Airmen in danger, especially when members come to work under the influence of drugs," he said. "Drug use also takes away from a unit's good order and discipline."

One of the most important reasons Airmen are restricted from using Spice is because of the potentially dangerous side effects it can cause. The manufacturing of Spice is not closely controlled and there can be unknown dangerous ingredients.

"With Spice the user doesn't know what he or she is getting," Oliver said. "The different chemicals that make up Spice can be mixed in

### SPICE:

Officials warn drug harmful to health, career



a variety of ways that make it very dangerous and unpredictable. The user could buy from the same source and still get a different mix or blend without knowing. Spice can also become very addictive like other Schedule One substances."

To put it simply, military members are not allowed to use Spice at any time. Individuals who violate the new policy are liable for having disobeyed a lawful general order or regulation, which is a violation of Article 92, Uniform Code of Military Justice.

Commanders have a plethora of options for addressing a violation that range from administrative action and nonjudicial punishment to referral to a court martial.

"Use of Spice by a military member is potentially career-ending," Bair said. "The offense is punishable by court martial under Article 112 and Article 92. Anytime a member is found to be using drugs a discharge recommendation must be made and, in most cases, results in a general discharge from the Air Force."

In 2010, 177 Airmen received nonjudicial punishment for using Spice and another 83 Airmen faced Spice charges at courts martial.

Air Force Drug Testing Lab technicians will utilize the expertise of the Armed Forces Medical Examiners Systems to conduct the specialized testing.

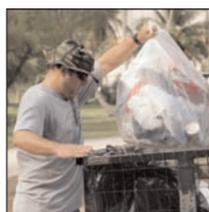
### INSIDE

- High school students tour NBG sites, page 4
- Bin Laden buried at sea, page 9



**Change of Command**  
Naval Airborne Weapons Maintenance Unit 1 changes hands

SEE PAGE 2



**Earth Week**  
Guam's military supports Earth Week activities

SEE PAGE 5



**Top Performer**  
Utilities Constructionman Andrew Verbis

SEE PAGE 3

# NAWMU 1 holds change of command

By Mass Communication Specialist 2nd Class (SW) Peter Lewis  
Joint Region Edge Staff

Naval Airborne Weapons Maintenance Unit (NAWMU) 1 held a change of command ceremony at Top o' the Mar in Asan April 28.

Cmdr. Dion J. Edon relieved Cmdr. Heriberto Gonzalez as NAWMU 1's commanding officer.

The ceremony's guest speaker Capt. Patrick M. Walsh, Commander Fleet Air Forward chief of staff, praised Gonzalez for his outstanding leadership at the helm of NAWMU 1.

"During your command tour you've certainly had your fair share of challenges but you've handled each one of them extremely well," he said. "Not only am I proud of you for that but NAWMU 1 is a better organization because of your leadership and your efforts."

Walsh went on to say that the Navy had definitely made the right choice when assigning Gonzales to command.

"Cmdr. Gonzalez, you have accomplished a great deal and your command has exceeded every expectation in every area," he said. "You did a tremendous job of taking care of your people, developing them as Sailors, and the Navy has had the right man at exactly the right time to take care of NAWMU 1."

Walsh then presented Gonzalez with the Meritorious Service Medal for his exceptional conduct in the performance of duties as commanding officer.

After receiving the medal, Gonzalez credited his award and the accomplishments of his command to the men and women of NAWMU 1.

"You guys have definitely met all challenges that have been given to you and have done exceptionally well," he said.

After the reading of official orders, Edon said that he was humbled by the opportunity and challenges ahead.

"It's my goal to leverage my almost 30 years of Navy service to



Changing Hands: Cmdr. Heriberto Gonzalez, left, and Cmdr. Dion J. Edon shake hands after the official reading of orders during the Naval Airborne Weapons Maintenance Unit (NAWMU) 1 change of command ceremony at Top o' the Mar in Asan April 28. During the event Edon relieved Gonzalez as NAWMU 1's commanding officer. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

continue to meet the mission of this unique command and to lead and support to the best of my abilities our most important and valuable asset – the professional Sailors and civilians attached to NAWMU 1," he said. "I look forward to serving as

your commanding officer as we meet our mission and continue our partnership with our local community."

After the ceremony, members of the command presented Gonzalez with a shadow box and plaque to

commemorate his retirement after more than 32 years of military service.

NAWMU 1 is a munitions maintenance activity and combat support unit manned and operated to conduct intermediate and selected depot level maintenance. The command

tests and repairs air and select surface-launched missiles and guided weapons and components in support of the U.S. Navy worldwide.

For more news from U.S. Naval Forces Marianas, visit [www.navy.mil/local/guam/](http://www.navy.mil/local/guam/).

## Off Limits Establishments

The Guam Armed Forces Disciplinary Control Board has placed the following establishment off limits to all military personnel:

Gallop USA Indian Art and Jewelry at the Micronesia Mall

*All military personnel are prohibited from entering the establishment. Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishment may be subject to disciplinary action under the Uniform Code of Military Justice.*

## Report Fraud, Waste and Mismanagement

The Joint Region Marianas Hotline provides an opportunity to report significant cases of fraud, waste and mismanagement. Anyone can file a hotline complaint and you may remain anonymous.

To contact the Joint Region Marianas Inspector General:

E-mail: [M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil](mailto:M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil)

Phone: 339-0001

Mailing address:  
JRM Inspector General Office  
PSC 455 Box 211  
FPO AP 96540

*Remember, the more detailed information you provide the better we can assist you.*

# Seabee sets great example for all

By Mass Communication Specialist  
2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Utilitiesman Constructionman (SCW) Andrew A. Verbis said that landing in his rate one and one-half years ago was a happy accident.

"After a year waiting to join the Navy as a mass communication specialist I was finally told that I would have to join as a cryptologic technician (collection)," he said. "But after boot camp, the Navy said that my paperwork had been lost and that I would be rated as a utilitiesman. But it seems like, though I didn't know it at the time, destiny was guiding me to my dream job."



As a member of Naval Mobile Construction Battalion 133, Verbis said that he feels a great deal of pride in his job and his service.

"I've always wanted to answer a higher calling and serve my fellow citizens and my country," he said. "Being a Sailor in the world's finest Navy allows me to do that."

Verbis also remarked that his rate offers him a unique enjoyment that he does not believe he could find in any other job.

"We're a very small community so we're very tight with each other," he said. "It's like a special brotherhood. Plus the job is challenging enough that I am always learning and improving. There are also lots of opportunities for training, which I love."

As an utilitiesman, Verbis works with plumbing, heating, steam, compressed air, fuel storage and distribution systems. His job also includes water treatment and distribution systems, air conditioning and refrigeration equipment, and sewage collecting and disposal facilities.

"I'm also an expeditor for our material controls division," he said. "That means I work with local vendors to make purchases for the command. I really enjoy being able to interact with people in the local community



Seabee Certified: Utilitiesman Constructionman (SCW) Andrew Verbis, second from left, of Naval Mobile Construction Battalion (NMCB) 133 receives his Seabee combat warfare (SCW) pin certificate from Cmdr. Christopher Kurgan, NMCB 133 commanding officer, during an award ceremony at Camp Covington March 29. The SCW pin recognizes the training and qualifications of members who serve in construction battalions. (U.S. Navy photo by Chief Builder (SCW) Marvin Burrage)

and build their relationship with the military."

According to Verbis' supervisor, Master Chief Equipment Operator (SCW) Michael Neumann, all of the young constructionman's fellow Sailors can look to and be proud of the example he sets.

"He is a very hard worker, very motivated," Neumann said. "On a recent Pacific Command deployment, Verbis was the first one to receive his [Seabee combat warfare] device. That is a testament to his work ethic

and pride in service."

Verbis, who has received the Afghanistan Campaign Medal and NATO International Security Assistance Force Medal at his current command, said that he learned to work hard and get the most out of his career from the example set by his father.

"My dad was a retired Army sergeant," Verbis said. "He served his country for 20 faithful years and he taught me everything he learned. He was a good man who would give

the shirt off his back to anyone in need. That is what he taught me and that is the ideal I'm determined to live up to."

For those looking to imitate the success of this fighting Seabee, he had a few words of advice.

"The key to success is motivation," he said. "Figure out what you want to do and why you want to do it. Then stay focused on your goal and you'll be able to accomplish anything."

## Andersen's Best: Burch is 'focal point' for detachment



Around-the-Clock Excellence: Staff Sgt. Kristen Burch, Det. 3 Cyber Transport Systems journeyman, poses with her team after receiving Andersen's Best April 28. "Sgt. Burch's 'can do' attitude is a force multiplier for the detachment," said Master Sgt. John Vasquez, of Det. 3 Cyber Transport Systems. "She's the focal point for all of the unit's communication needs and just recently completed a 36-day stint of rolling 12-hour shifts in support of Operation Tomodachi." During this time, Burch ensured all computer systems were mission-ready. Her expertise was instrumental in the successful completion of 23 sorties and over 525 flight hours that provided surveillance images in the aftermath of the earthquake, tsunami and damage to the Fukushima Daiichi nuclear plant in Japan - information key to determining the severity of damage to the area.

Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman with an award.

To nominate your Airman for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments. (U.S. Air Force photo by Senior Airman Carlin Leslie)

Joint Region Edge is an authorized publication for overseas members of the U.S. military and their families. Contents of this publication are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Guam Publications, Inc. The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Commander, Joint Region Marianas of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser user or patron. Joint Region Edge is published by Guam Publications, Inc., a private firm in no way connected with the Department of Defense, the U.S. Navy, or the U.S. Air Force, under exclusive contract with the Commander, Navy Region Marianas, located in Bldg. 200. Editorial material is due at noon on the Thursday before publication date. All classified advertise-

ments are due no later than 3 p.m. on the Tuesday the week prior to publication. Joint Region Edge reserves the right to edit, rewrite or reject material submitted for publication.

Rear Adm. Paul J. Bushong, USN,  
Commander, Joint Region Marianas

Brig. Gen. John Doucette, USAF  
Deputy Commander, Joint Region  
Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN,  
Public Affairs Officer  
349-4055  
jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez  
Deputy Public Affairs Officer  
349-3209  
coleen.perez@fe.navy.mil

Theresa Merto Cepeda  
Public Affairs Director, DZSP 21 LLC  
349-6114  
theresa.cepeda@fe.navy.mil

Anna-Victoria Crisostomo  
Editor  
349-2113  
anna.crisostomo@fe.navy.mil

Reporters

Mass Communication Specialist  
2nd Class (SW) Peter Lewis  
349-4476  
petedew1@fe.navy.mil

Mass Communication Specialist  
2nd Class (SW) Corwin Colbert  
349-4376  
corwin.colbert@fe.navy.mil

JoAnna Delfin  
349-2115

Photographers

Reynaldo Rabara  
349-5435  
reynaldo.rabara@fe.navy.mil

Raymond Torres  
349-5435  
raymond.torres@fe.navy.mil

Write to us at:  
Joint Region Marianas  
Public Affairs Office  
PSC 455 Box 211,  
FPO AP 96540

36th Wing Public Affairs

Staff Sgt. Beth Del Vecchio

Chief of Public Affairs

366-2228

Reporters

Tech Sgt. Mike Andriacco

366-2228

Staff Sgt. Jamie Powell

366-4202

Senior Airman Carlin Leslie

366-2228

Airman 1st Class Jeffrey Schultze

366-2228

Airman Basic Anthony Jennings

366-2228

Airman 1st Class Whitney Tucker

366-2228

# Geckos tour cultural sites on NBG

By Annette Donner

U.S. Naval Base Guam Public Affairs

Students from George Washington High School (GWHS) visited the many cultural and historic sites located on U.S. Naval Base Guam (NBG) April 26.

GWHS history teacher Dave Nelson said that while many of his students had heard about the various sites, few had actually seen them.

"This is an opportunity for them to put face to place," Nelson said.

Prior to the tour, Nelson coordinated with the base public affairs office to obtain information about each site for his students to study in class in an effort to allow students to become familiar with what they would see once they arrived.

"This exercise allowed them to formulate questions prior to arrival," Nelson said. "Of particular interest was the former Sumay Village area and existing cemetery."

GWHS student Peter Meno said learning how Sumay and the Sumay church were destroyed and about the fierce battles that took place where he was standing gave him a better understanding of his island's history.

"I always wondered why Sumay didn't exist any longer," he said.

He added that hearing about what the American and Japanese forces experienced as they fought over control of the Orote Peninsula gave him new insight.

"To imagine what went on right here at Sumay on Orote Peninsula makes me appreciate the price so many of the Marines and Japanese paid in 1944," Peter said.

Angenina Blas, another GWHS student, said she is now able to put the Navy's presence on Guam into better perspective. Blas said the War Dog Memorial and the 1737 San Luis Spanish Fort remains were the



Taking in the Sites: George Washington High School Guam history students take notes at the U.S. Navy World War II Memorial Park on U.S. Naval Base Guam during a tour of the historic and cultural sites located on the base April 26. Students took photographs and made sketches at various sites to later incorporate into their classroom reports. (U.S. Navy photo by Annette Donner)

most memorable to her.

"Seeing pictures and reading about the locations is one thing but actually visiting them is another – and this tour was great," Angenina said. "I learned so much."

At each site, the students took

notes and pictures, made sketches and, in some cases, copied text off a plaque or monument. Nelson extended the time at some specific locations to discuss details.

"I think this makes the stops at these sites more meaningful," Nelson said.

While people without base access are not authorized to drive directly on to the Navy base to visit these sites, requests for educational tours or hikes to the historic and cultural sites located on Navy installations can be organized

through the public affairs office.

Not all requests can be honored due to military operations and limited staff.

Tour and hike requests can be made via e-mail at least one month in advance to [annette.donner@fe.navy.mil](mailto:annette.donner@fe.navy.mil).

## News Notes

### Marine Corps Drive Lane Closure Near Polaris Point

Beginning May 6, sections of the south and north bound interior lanes of Marine Corps Drive beginning at Polaris Point will be closed to traffic Monday through Saturday from 7:30 a.m.-3:30 p.m. until mid-November due to upgrades of the Navy's wastewater collection system. The project will progress north from the Polaris Point intersection to the Sasa Valley Fuel Farm. Lane closures will be executed in an effort to minimize impact to traffic. Motorists are advised to use caution and observe the posted speed limits around the construction site

### Ritidian Point Closed May 17

Andersen Air Force Base Explosive Ordnance Disposal Flight will be destroying World War II munitions on Northwest Field from approximately 8-10 a.m. May 17. As a safety precaution, Ritidian Point will be closed during this time.

### USPS Naval Station New Business Hours

Effective April 30, the United States Postal Service location in Barracks 4 on U.S. Naval Base Guam will be open Monday through Friday from 8 a.m.-12 p.m. and 1-3 p.m. and closed on Saturdays, Sundays and federal holidays.

### Human Resources Hotline

Call the new Joint Region Marianas Human Resources hotline to be connected with human resources specialists and services. Check the latest vacancy announcements, view available training or be put in contact with personnel to answer questions regarding equal employment opportunity and employee labor relations at 1-855-HRO-GUAM (1-855-476-4826).

### Orote Point Commissary Worldwide Case Lot Sale

All authorized patrons are invited to come down to the Orote Point Commissary on U.S. Naval Base Guam May 12-15 from 9 a.m.-5 p.m. for great bargains and extra savings at the Worldwide Case Lot Sale. For more information, call 339-5177.

### Information, Tickets and Travel (ITT) Office Open Saturdays

The Andersen Air Force Base ITT office will also be open Saturdays. Their hours of operation will be Monday through Friday from 10 a.m.-5 p.m., Saturday from 9 a.m.-noon and closed Sundays and holidays. ITT is located inside Outdoor Recreation Building 25018. For inquiries regarding local tours, airline tickets, travel packages and more, visit the office or contact a Leisure Travel Specialist via phone at 366-1476/2586 or via e-mail at [andersenitt@teleguam.net](mailto:andersenitt@teleguam.net) or [andersenitt2@teleguam.net](mailto:andersenitt2@teleguam.net).

### U.S. Naval Base Guam Information Line, Twitter Updates and Facebook Page

Naval Base Guam has a new Information Line that will be updated periodically during emergencies affecting NBG and personnel. For more information on incidents such as these, call 339-4636. NBG also uses Twitter for periodic updates including information on power outages, road closures, base activities and more. Follow NBG on Twitter at [www.twitter.com/nbg Guam](http://www.twitter.com/nbg Guam) or become a fan of "US Naval Base Guam" on Facebook.

### Safety Hotline

Naval Base Guam and Andersen Air Force Base service members, dependents and personnel are encouraged to report any unsafe or unhealthful incidents and situations to their respective installation safety hotlines. The base safety office will promptly investigate all reports. On NBG, call 339-SAFE (7233) or 777-1809 during non-duty hours. On Andersen AFB, call 366-SAFE (7233) or 366-2981 during non-duty hours.

### Andersen AFB Auto Hobby Shop Alignment Machine

The Andersen Air Force Base Auto Hobby Shop's alignment machine is currently inoperable. Wheel alignment service has been suspended until further notice. To assist you with any questions, contact Ike Evangelista at 366-2745 or Syomi Dodd at 366-2220/7443.

### Key Spouse Training

The Airman and Family Readiness Center on Andersen Air Force Base offers both initial and quarterly Key Spouse Training. Key spouses are appointed by unit commanders to provide assistance to families of members currently deployed. For more information, call 366-8136.

# Military supports Earth Week events

By Anna-Victoria Crisostomo  
Joint Region Edge Staff

Military representatives came out in full force to support events in recognition of Earth Week on Guam April 30.

Volunteers from Naval Facilities Engineering Command (NAVFAC) Marianas and Explosive Ordnance Disposal Mobile Unit (EODMU) 5 kicked off the day by cleaning up Tanguisson Beach and Park in Dededo. The volunteers collected 60 bags of trash that had once scattered the shoreline and Tanguisson park facility and were able to separate bags of glass and plastic for recycling.

According to Paul Wenninger, NAVFAC Marianas natural resources specialist and coordinator of the event, volunteers removed more than 400 bags of trash from the Tanguisson area in the past three years.

"The Navy's very involved with helping the public and doing volunteer work, and this is an opportunity for us to clean a beach that has public access," Wenninger said. "We like to come out and go to a public beach and do a cleanup that can benefit the whole island."

Gunner's Mate 1st Class (EXW) Ronald Sherman, of EODMU 5, said that everyone should have a hand in preserving Guam's natural treasures.

"It's very important that we're out here at the beaches or where people hang out," Sherman said. "If you don't take care of the beaches then it's going to be overran by trash."

Wenninger agreed wholeheartedly with Sherman.

"We should take pride in our island," Wenninger said. "This is the Navy's way of giving back to the community."

Military representatives also participated in the Guahan (GWAH-hawn), or Guam, Earth Festival at the Governor Joseph Flores Beach Park in Tumon



All About the Aluminum: Electronics Technician 2nd Class (EXW/SW/AW) Caryl Tracy-Metz, of Explosive Ordnance Disposal Mobile Unit (EODMU) 5, separates trash from recyclables during the Tanguisson Beach and Park cleanup in Dededo April 30. Volunteers from EODMU 5 and Naval Facilities Engineering Command Marianas collected 60 bags of trash at the event, which was held in recognition of Earth Week. (U.S. Navy photo by Anna-Victoria Crisostomo)

on the same day.

Alongside government of Guam entities including the Guam Energy Office and Guam Environmental Protection Agency, Joint Region Marianas (JRM), NBG, and Andersen Air Force Base (AFB) energy managers promoted conservation, energy efficiency, and wildlife preservation and protection. They also passed out environmentally-friendly, reusable shoulder bags; pens; pencils; and other items

with conservation messages.

"Joint Region Marianas wants to support our sister villages and Guam in showing our support for an island sustainability concept – a 'one Guam concept' – and saving energy," said Kevin Evans, JRM energy manager. "We're all one community here. So, pardon the cliché, no one's an island. We have to work together and we're all in this together."

Personnel from the Andersen

AFB environmental team promoted the base's recycling program and Natural Resources Conservation Office.

Barbara Torres, Andersen Environmental Team Pollution Prevention Program environmental protection specialist, said her team was there to give Guam residents a look at environmental measures being taken on Andersen AFB.

"For the recycling side, we just

wanted to share with people what we do at Andersen – how we recycle in the offices and at the homes and how, from that recycling, how it goes to the facility and it gets recycled either on island or off island," she said.

To learn more about conservation measures, contact your installation energy manager or visit the Guam Energy Office's Web site at [www.guamenergy.com](http://www.guamenergy.com).



Above: Derek Briggs, U.S. Naval Base Guam (NBG) energy manager, speaks with attendees about energy conservation at the Guahan (GWAH-hawn), or Guam, Earth Festival at Governor Joseph Flores Beach Park in Tumon April 30. (U.S. Navy photo by Anna-Victoria Crisostomo)

Left: Personnel from the Andersen Air Force Base (AFB) environmental team prepare educational handouts at the Guahan (GWAH-hawn), or Guam, Earth Festival at Governor Joseph Flores Beach Park in Tumon April 30. (U.S. Navy photo by Anna-Victoria Crisostomo)

# AFP Reserve Command officers visit Guam

## From Guam National Guard Public Affairs Office

Key leaders of the Armed Forces of the Philippines (AFP) Reserve Command and Retiree Affairs learned strategies on disaster preparedness and training during their visit to Guam as part of the Guam National Guard's (GUANG) State Partnership Program (SPP).

The AFP officers toured the Guam Army and Air Guard facilities, received a brief from Chuck Ada of Guam Homeland Security and visited the National Weather Service in Tiyan during their three-day stay.

The visiting AFP officers were Maj. Gen. Jovencio Magalaso, AFP Reserve Command deputy chief of staff for retiree and reserve affairs; Brig. Gen. Lito Tabangcura, AFP Reserve Command commanding officer; Col. Carol Dreo, AFP Reserve Command SPP coordinator; and Capt. Jacqui Manoroc, AFP Reserve Command aide-de-camp.

Magalaso said the visit served to enhance his team's knowledge of how this partnership between GUANG and the AFP Reserve Command can continue to grow.

"The Guam National Guard has really contributed a lot, especially in the activities such as medical and

dental programs in the Philippines," he said. "The governor of Guam, during our visit with him, told us to continue this state partnership program. He also told us about Guam and the Philippines sharing similar cultures."

"I think there is really a need to further develop the program," Magalaso continued. "For the last three days we were here we learned a lot of things. We learned a lot about [GUANG's] disaster response and about the land and air components of the Guam National Guard. I was impressed by Guam as a whole – the warmness of the people here and the hospitality. It's not difficult to adjust to the environment here."

During the 2010 Thanksgiving weekend, a team of doctors, nurses and other medical professionals from the GUANG's medical detachment conducted a mission to support the AFP Reserve Command through Subject Matter Expert Exchanges (SMEE) during a medical/dental outreach in two communities in Puerto Princesa, the capital city of Palawan, Philippines.

Missions such as these under the National Guard Bureau's State Partnership Program help strengthen relations between the Philippines and the U.S.



In the Event of a Disaster: Chuck Ada, Civil Defense administrator, briefs members of the Armed Forces of the Philippines Reserve Command and Reserve Affairs during a visit to the Guam Homeland Security headquarters in Agana Heights April 20. (U.S. Army photo by Capt. Ken Ola)

# Andersen spouses learn about base, AF mission



Andersen Spouses Get the Inside Scoop: Team Andersen spouses smile for the camera after the 36th Wing Spouse Tour on Andersen Air Force Base April 21. During the tour, attendees learned about the Andersen mission. (Photo courtesy of the U.S. Air Force)

# PACAF honors Medal of Honor recipient

By Capt. Alysia Harvey

Pacific Air Forces Headquarters Public Affairs

Pacific Air Forces (PACAF) Airmen gathered in the Courtyard of Heroes at Joint Base Pearl Harbor-Hickam (JBPHH) in Hawaii April 29 to honor the most recent Medal of Honor recipient.

Chief Master Sgt. Richard Etchberger, who saved three of his fellow Airmen's lives before finally succumbing to enemy fire during a classified mission in Laos March 11, 1968, was posthumously awarded the nation's highest military decoration Sept. 21, 2010.

In a ceremony led by Gen. Gary North, PACAF commander, PACAF leaders recognized Etchberger with a plaque hung next to the command's 29 other Medal of Honor recipients on the Wall of Valor at PACAF Headquarters at JBPHH.

After speaking on the heroic actions Etchberger performed in Laos, North said the chief was the epitome of a noncommissioned officer and one who embodied the Airman's Creed.

"He was a true wingman, leader and warrior – ensuring he did not leave an Airman behind and that he never faltered or failed," he said.

The commander highlighted the similarity between Etchberger's situation and what many Airmen face today.

"Since 9/11, countless Airmen have



A Symbol of Remembrance: Gen. Gary North, left, Pacific Air Forces (PACAF) commander, and Chief Master Sgt. Brooke McLean, PACAF command chief, watch an honor guard member present a wreath dedicated to Chief Master Sgt. Richard Etchberger, the Air Force's most recent Medal of Honor recipient at Joint Base Pearl Harbor-Hickam in Hawaii April 29. (U.S. Air Force photo by Tech. Sgt. Matthew McGovern)

stepped up to carry out dangerous and vitally important missions," North said. "Whether it's disarming [improvised explosive devices] along the roads of Iraq and

Afghanistan, driving supply trucks through dangerous territory, acting as part of provincial reconstruction teams and all the other things Airmen do on the ground and in the air, Airmen

today are making contributions that were once unimaginable. As the first combat support Airman to receive the Medal of Honor, Chief Etchberger's story will continue to inspire our entire

service for many years to come." Etchberger's commitment to the core value of service before self is encouraging, said Chief Master Sgt. Brooke McLean, PACAF command chief.

"Chief Etchberger volunteered for a mission that he knew could put him in harm's way but that didn't deter him," McLean said. "When he and his fellow Airmen were attacked, although he had little to no combat training and was armed only with his M-16 and a survival radio to call in airstrikes, Chief Etchberger courageously protected his fellow Airmen and exposed himself to enemy fire multiple times. He remained focused on the mission. He didn't complain. He served his country, his fellow man and he made the ultimate sacrifice for which we honor him today."

After a rendition of "Lest We Forget," performed by Tech. Sgt. Richard Vasquez and Airman 1st Class Aaron Kusterer, both from PACAF Headquarters Band, the ceremony concluded with North and McLean laying a wreath at the base of the courtyard's eternal flame monument in memory of Etchberger.

"We are extremely proud of Chief Etchberger's actions in combat," North said. "And we are extremely happy that our nation, after 42 years, has given Chief Etchberger the recognition he deserved and that today he can take his rightful place among Pacific Air Forces' greatest heroes."

## USS Ohio prepares for western Pacific deployment



Preparing to Depart: The guided-missile submarine USS Ohio (SSGN 726) prepares for an upcoming deployment to the western Pacific Ocean. Ohio is one of two nuclear-powered guided-missile submarines forward-deployed to the U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Lt. j.g. Matthew Wadden)



# Osama bin Laden buried at sea

By Jim Garamone

American Forces Press Service

Osama bin Laden received a Muslim ceremony as he was buried at sea, a senior defense official said in Washington, D.C., May 2.

The religious rites were performed aboard the aircraft carrier USS Carl Vinson (CVN 70) in the North Arabian Sea and occurred within

24 hours of the terrorist leader's death, the official said.

"Preparations for at-sea [burial] began at 1:10 a.m. Eastern Standard Time and were completed at 2 a.m.," the official said.

The burial followed traditional Muslim burial customs and bin Laden's body was washed and placed in a white sheet, the official said.

"The body was placed in a

weighted bag," the official added. "A military officer read prepared religious remarks, which were translated into Arabic by a native speaker."

Afterward, bin Laden's body was placed onto a flat board, which was then elevated upward on one side and the body slid off into the sea.

The deceased terrorist was buried at sea because no country would accept bin Laden's remains, a senior

defense official said.

Central Intelligence Agency (CIA) and Defense Department officials are sure it was the body of bin Laden. CIA specialists compared photos of the body with known photos of bin Laden and said with 95 percent certainty it was the terrorist leader, a senior intelligence official said.

In addition, bin Laden's wife identified the al-Qaida leader by name

while the strike team was still in the compound, the intelligence official said.

CIA and other specialists in the intelligence community "performed the initial DNA analysis matching a virtually 100 percent DNA match of the body against the DNA of several of bin Laden's family members," the official added.

For more news, visit [www.navy.mil](http://www.navy.mil).

## Enlisted retention board provides some benefits

From Chief of Naval Personnel Public Affairs

The recently announced enlisted retention board (ERB) will help the Navy achieve mandated end strength, the chief of naval personnel (CNP) said in an April 25 interview.

The ERB will eliminate over-manning in 31 ratings and will benefit high-performing Sailors in the long run by improving advancement opportunities. The Navy has witnessed improved retention over the past decade which can be attributed to factors such as work-life balance initiatives and improved recruiting. Additionally, the slow economic recovery has influenced many Sailors to re-enlist.

"We are attracting and retaining the highest quality force we've ever had and these Sailors are increasingly looking at the Navy as a great long-term career choice," said Chief of Naval Personnel Vice Adm. Mark

Ferguson. "With this sustained high retention, systems designed to help maintain the balance in our Force, particularly Perform to Serve (PTS), have become over-burdened. As a result, re-enlistment and advancement opportunities for our high-performing Sailors are being negatively impacted fleet-wide."

The ERB will review Sailors in 31 of the most overmanned ratings and will look at performance to fill a specific number of retention quotas within competitive groups broken down by rating, pay grade and years of service.

The board will value Sailors with proven performance in challenging billets, while Sailors with negative performance indicators such as convictions for drunk driving, declining performance evaluations, lost security clearances and non-judicial punishments will be less competitive for retention quotas.

By focusing on performance in addition to quotas, the Navy reinforces

its strategy to retain the best and brightest Sailors.

"In designing this board we were determined to separate only those Sailors in ratings needed to rebalance the force and stay within our congressionally-mandated manpower limits," Ferguson said.

Although the number directly affected by the ERB represents a small percentage of Sailors, the impacts will be felt across the force.

While Navy-wide advancement opportunities to E 5 declined modestly over the past several advancement cycles and E 6 opportunities remained relatively stable over the same period, opportunities to both E 5 and E 6 in the 31 ratings being considered have dropped steadily. Reducing over-manning in these ratings will result in career stability and will likely result in increased advancements in these rates.

Not only will the ERB help stabilize advancement opportunity in the 31 ratings, undermanned ratings will

benefit from expanded conversion opportunity Navy leaders approved in advance of the board. Several factors that are normally mandatory for rating conversion, including maximum years of service, maximum paygrade and minimum activity tour requirements, are being waived.

This will allow the greatest opportunity for Sailors who would otherwise be board-eligible to ensure their continued service, while increasing manning in ratings that the Navy has been challenged to fill.

"Our Sailors are dedicated to serving their country and this is why we are providing additional opportunities for them to convert into undermanned ratings ahead of the board," Ferguson said. "Sailors will see the benefits of increased manpower support in some critical areas."

Sailors chosen for conversion into the undermanned ratings listed in NAVADMIN 129/11 will be exempt from the board and will be given an

opportunity to continue serving in areas of need for the Navy.

The procedures for requesting conversion will be released by the beginning of May and applications will need to be received by June 15 to be considered.

A more balanced force - the goal of the ERB - will benefit the entire Fleet, Ferguson said.

"Improved advancement opportunities, expanded PTS re-enlistment quotas and increased manpower support in needed ratings over the long term - these are the positive results," he said.

For more information on the ERB as well as overmanned and undermanned ratings, read NAVADMIN 129/11 at <http://www.public.navy.mil/bu-pers-npc/reference/messages/Documents/NAVADMINS/NAV2011/NAV11129.txt>.

For more news from Chief of Naval Personnel, visit [www.navy.mil/local/cnp/](http://www.navy.mil/local/cnp/).

## Department of Navy Sexual Assault Summit stresses prevention

By Mass Communication Specialist 1st Class Christine Hannon

Navy Public Affairs Southeast - East

The Department of the Navy (DoN) launched its second annual Sexual Assault Prevention Summit at the Florida Hotel and Conference Center May 2.

The summit provides a forum for Navy and Marine Corps senior leaders to interact with experts, collaborate and strategize the most effective sexual assault prevention strategies for their specific location.

Assistant Commandant of the Marine Corps (ACMC) Gen. Joseph F. Dunford Jr. and Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West were keynote speakers, focusing on the need for continued leadership at all levels to establish better command climates, sexual assault prevention and the impact of alcohol on sexual assaults.

"This is not last year's problem," Dunford said. "This is something going on out there each and every day about individual people."

The ACMC believes the command climate should encourage and teach prevention.

"Positive command climate ensures we know what's going on," Dunford said. "Intrusive is not a bad word. Being an intrusive leader is not a bad thing."

More than 300 Navy and Marine Corps commanders along with their respective senior enlisted leadership and sexual assault response coordinators were encouraged to consistently communicate awareness of sexual assault and prevention to their commands.

"Leadership and tone at the command really set the stage," West said. "They really set the stage for everything we do."

The Navy has zero tolerance for sexual assault and leadership from

the top down should reinforce that eliminating sexual assault from the ranks is an all-hands effort.

"Every Sailor and every Marine should be saying, 'sexual assault - not in my Navy, not in my Marine Corps,'" West said.

MCPON encouraged the room of Navy and Marine Corps uniformed and civilian leaders to take what they learn from the summit back to their commands.

"Now we have to take what we learn and hear in this room and take that energy out there and get it going," West said. "Take that energy out there and run with it. Sexual assault

- not in my Navy!"

The Navy averages 1.5 reported sexual assaults per day with aggravated sexual assault accounting for the largest category of offenses reported. Female Sailors have a 20 percent chance of being sexually assaulted during their careers and the younger they are, the greater the risk there is for sexual assault.

In addition, 65 percent of reported sexual assaults are "blue-on-blue" and the fastest growing report category is male-on-male.

For more news on sexual assault prevention and response, visit [www.sapr.mil](http://www.sapr.mil).

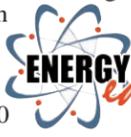
# How much water do you really use?

By David Motroni  
U.S. Marine Corps Energy Program  
Manager

Did you ever wonder how much water you use in a day?

Sometimes we don't realize how much water is used in daily activities. Here are some average consumptions:

• Washing clothes in a washing machine – 10



gallons per load

• Washing dishes by hand – five gallons per load

• Washing dishes in a dishwasher – 20 gallons per load

• Showering – two gallons per minute

• Bathing – 50 gallons

• Washing your hands and face – one gallon

• Shaving – one gallon

• Brushing your teeth – one gallon

• Flushing your toilet – three gallons

Hopefully, reading the numbers will help you lower your water usage. For more information, contact your installation's energy manager.

# NMCB133 Seabees build and fight

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

The fighting Seabees of Naval Mobile Construction Battalion (NMCB) 133 stand ready to construct advance base facilities in support of the Navy, Marine Corps and other armed services engaged in military operations, and deploy at a moment's notice to support the Navy mission.

"Our additional functional capabilities include repair, maintenance and capital improvement of shore facilities and lines of communication during contingency, emergency or disaster recovery operations," said Lt. Cmdr. Michael McCain, NMCB 133 officer in charge. "We're a unit of choice for both humanitarian relief efforts as well as fostering positive relationships with allies and potential allies."

The command has approximately 560 personnel with approximately 130 of those currently deployed to Guam.

"Right now we are supporting the Navy mission by maintaining a forward-deployed presence on Guam," McCain said. "We're able to respond to any contingency – be it a conflict, natural disaster or other – that may come up."

Members of NMCB 133 are currently building schools in the cities of Zamboanga and Jolo in the Philippines. NMCB 133 also sent



Moving Mountains: A Seabee from Naval Mobile Construction Battalion (NMCB) 133 operates a bulldozer at the quarry on U.S. Naval Base Guam May 2. NMCB 133 performs construction, conducts defensive operations and provides additional functional capabilities including repair, maintenance and capital improvement of shore facilities and lines of communication during contingency, emergency or disaster recovery operations. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

11 Seabees to Sendai, Japan, to survey the damage caused by the 9.0-magnitude earthquake and subsequent tsunami that hit March 11.

The command has Sailors in a variety of construction rates as well as non-construction rates. The Seabees operate an array of construction equipment to repair, maintain and improve the military infrastructure on Guam.

"Our guys operate bulldozers, front end loaders, graders, cranes, large trucks, as well as augment

equipment like pickup trucks and camp maintenance vehicles to get the job done," McCain said. "We also maintain line-haul ability using tractor-trailers as well as tactical gear such as Humvees."

According to McCain, the Seabees of NMCB 133 don't just look to improve Guam's military infrastructure but also to promote healthy relationships between the military and local populace.

"The local community here in Guam have historically been very

supportive of NMCB 133 and the Seabees, and having a positive impact on the community is one way to show gratitude," he said. "Likewise, helping others in need is a trait every good Seabee possesses and knowing that you help someone in need is very gratifying. It also shows the community what their tax dollars are paying and allows us to feel proud of what we do and show others what we are capable of."

McCain said that Sailors who take orders to NMCB can look forward to

a command committed to excellence in safety, quality, and outstanding overall construction and military tactics.

"The leadership is committed to the personal and professional welfare of every Seabee, ensuring order and discipline are followed, and maintaining the positive history and tradition of the U.S. Navy and the Naval Construction Force," he said. "We work very hard and we play hard. Camaraderie is essential."

Yeoman Seaman (SCW) William Stokes said that getting orders to NMCB 133 provided him with an exciting job and great opportunities.

"This is a great command because we get the chance to go places you typically wouldn't be able to go in the fleet," he said. "There are a lot of opportunities to excel in your rate and the opportunity to see a different side of the Navy."

NMCB 133's mission is to provide responsive military construction support to Navy, Marine Corps and other forces in military operations; to construct base facilities; and to conduct defensive operations as required by the circumstances of the deployment situation. In times of emergency or disaster, the battalion is able to conduct disaster control and recovery operations including emergency public works functions as directed.

For more information on NMCB 133, visit their Web site at <http://www.public.navy.mil/usff/1NCD/Pages/NMCB133/default.aspx>.

## City of Corpus Christi at new homeport

By Mass Communication Specialist 2nd Class Ronald Gutridge

Commander, Submarine Force, U.S. Pacific Fleet Public Affairs

USS City of Corpus Christi (SSN 705) arrived at the boat's new homeport of Joint Base Pearl Harbor-Hickam

May 1 after completing a homeport shift from Commander, Submarine Squadron 15 in Guam.

City of Corpus Christi—known by the crew for the ship's motto, "For God and Country"—departed Guam April 14.

Upon arrival to Pearl Harbor, City of Corpus Christi will be assigned to Commander, Submarine Squadron 7.

While transiting to Hawaii, the

crew completed a theater security cooperation port visit in Brisbane, Australia. In transit, the crew also conducted a time-honored Navy tradition of "crossing the line," a unique ceremony where the submarine crossed the equator and the International Date Line at the same time allowing the crew to qualify as "Golden Shellbacks."

The crew of about 130 personnel is looking forward to enjoying the sights, sounds and culture of Hawaii.

"The crew is very excited to get to Hawaii," said Cmdr. Robert Gaucher, City of Corpus Christi's commanding officer. "But, at the same time, I am sure they will miss the excitement and challenges of operations on the frontline in Guam."

City Of Corpus Christi is the second ship to be named after the Texas city and is capable of conducting anti-surface and anti-submarine operations along with guided-missile strike operations using conventional Tomahawk Land Attack Missiles.

For more news from Commander, Submarine Force, U.S. Pacific Fleet, visit [www.navy.mil/local/subpac/](http://www.navy.mil/local/subpac/).

## CKFC: Facility supports mission readiness, quality of life

Continued from Page 1

this place. It's absolutely perfect and it fits all our needs ... This is the best gym I've seen in the military."

While physical fitness and conditioning are important to mission readiness, MWR Fitness Director Sheila Litty stressed that non-uniform patrons who are looking to maintain or improve their health will also benefit from and enjoy the programs and services offered at CKFC.

"The idea was for any person to walk in the front door and everybody – no matter what age, gender or what fitness level they are – there was something here for them and I hope that we've accomplished that," Litty said.

In addition, the fitness center caters to families with an expanded family fitness room, which offers a separate space for children to play.

With three cameras set up in the playroom, parents can monitor their children while exercising. Parents whose children are registered at the NBG Child Development Center can also utilize the drop-in childcare service located at the facility for a fee.

"For our families, the center is extremely family friendly," Gillam said. "[It] encourages consistent use, offers extensive family programs and will set personal lifelong good fitness habits and goals."

Some of the other features added to the fitness center include more than 18,000 square feet of space for three basketball courts, a dance studio, brand new equipment for cardio and strength exercises, an Olympic-size swimming pool, a six-lane track with synthetic turf field, and a fitness trail that traverses all around the facility.

According to Nikkel, the pool is

special because it does not utilize heavy chemicals to treat the water. Instead the pool is salt-sanitized, which makes it easier to operate and safer for customers.

Navy spouse Jenell Daniels shared her excitement about the facility upgrades and the additional features to come including a juice bar, which is slated to open by Fall 2011.

"I came to see the new additions added," she said. "I wanted to see what they had done with the old gym. I like the dance studio. I love the pool, which actually opened up last fall; and the juice bar that's coming."

Future improvements include artificial turf projects at the Community and Ebbett Fields, which provide a site for many sporting and community events on NBG, and the addition of outdoor volleyball pits by the end of the year.

### Hours of Operation

#### Gym

The Charles King Fitness Center (CKFC) on U.S. Naval Base Guam (NBG) is open Monday through Friday from 4:30 a.m.-11 p.m., Saturday from 6 a.m.-11 p.m., and Sunday from 10 a.m.-6 p.m.

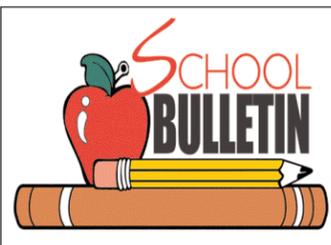
#### Pool and Lap Swimming

The CKFC pool is open Monday through Friday from 4:30 a.m.-9 p.m., Saturday from 6 a.m.-9 p.m., and Sunday from 10 a.m.-6 p.m. with lap swimming hours available Monday through Friday from 4:30-8 a.m. and Saturday from 6-8 a.m.

#### Drop-in Childcare

Drop-in childcare is available for parents whose children are registered at the NBG Child Development Center Monday through Friday from 5:30-10:30 a.m. and 5-8 p.m. Fee for drop-in childcare is \$5 per child, per hour.

For more information about classes or the facility, call 333-2049 or visit [www.mwrguam.com](http://www.mwrguam.com).



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2113.

### Department of Defense Education Activity (DoDEA)

School board meetings are scheduled for the second Thursday of every month at 6 p.m.

Upcoming meetings:

May 12 at Guam High School

### Guam High School

May 7 SAT and subject tests at St. John's School in upper Tumon from 7:30 a.m.-12 p.m.

May 7 Prom 2011: An Evening in Paris at Holiday Resort and Spa Guam in Tumon from 7-11 p.m.

May 26 Academic Awards Program at the Panther Den from 5:30-7 p.m.

May 27 Drama Gala Dinner from 6-8 p.m. at the Panther Den

May 30 No school - Memorial Day

Guam High School's Navy JROTC cadets will be weeding the Panther football field May 21 from 7:30-11:30 a.m. The cadets are looking for interested individuals to provide extra help during the event. Free hot dogs and water will be provided for participating volunteers. For more information or to volunteer, call 344-7410.

### McCool Elementary/Middle School

May 16-19 Sixth-grade Scholastic Reading Inventory (SRI) Assessment

May 18 Accelerated withdrawal date for Spring semester

May 18 Spring Band Concert at the gym from 6:30-8 p.m.

May 23-27 Sixth-grade SRI Assessment makeup days

May 30 No school - Memorial Day

Substitute teachers wanted. U.S. citizens with a minimum of 60 college semester hours may apply. For more information, call Mellie Guerrero at 339-5347.

Parent portal for Gradespeed is now available for all parents/sponsors. Through the parent portal, parents/sponsors are able to view their child's academic progress. For more information, contact your child's advisory teacher at 339-8678.

#### Phone Numbers

Andersen Elementary School: 366-1511

Andersen Middle School: 366-3880/5793

Commander William C. McCool Elementary/Middle School: 339-8678

Guam High School: 344-7410

# Parents, students come together

By Alicia Nabors

Cmdr. William C. McCool  
Elementary/Middle School

Cmdr. William C. McCool Elementary/Middle School (MEMS) held its third annual Academic Fair in the school cafeteria April 27.

The Academic Fair celebrated students' work and achievements throughout the academic year. Many parents attended the fair and witnessed the creativity and writing improvement of many of their children. Students showed off their creations, talking excitedly and gesturing towards the tables that proudly displayed their work.

Members of the MEMS Parent Teacher Organization (PTO) kept parents and students full with lots of free popcorn. The guests that were present enjoyed the Academic Fair and showed joy when examining the student work.

According to Frances McDonald, Academic Fair coordinator, the fair served as a great way to showcase student work in writing and math - two content areas with "smart goals" for the school's Continuous School Improvement Plan.

"It's a way for students to show off their work and families to come together," McDonald explained.

Missy Gingrich, MEMS assistant principal, said the Academic Fair was important because it "emphasized school goals and improvements."

Don Christensen, MEMS principal, said he enjoyed the event and stressed its importance.

"Parents get to see the children's progress and be able to compare their kid's advancement from one grade level to the next," he said.

Many of the students had something positive to say about the experience. "I'm honored to have some of my work out here [at the Academic Fair]," said MEMS seventh-grader Briana Lawny.

Fellow Seahawk and fifth-grader Alyssa Lawry shared Briana's excitement.

"I feel so happy that, after all my hard work, I get to share it with the school," she said.

Parents were also pleased with the event and the chance to share in their children's academic achievements.

"[I liked] having all the parents supporting their kids," said MEMS parent Chief Master-at-Arms (SW) Tony Guist, of Maritime Expeditionary Security Squadron 7.

Proud Moment: Lt. j.g. Matthew Pine, U.S. Naval Base Guam (NBG) assistant public works officer, and his wife Tracy look over a number book made by their daughter during the Cmdr. William C. McCool Elementary/Middle School (MEMS) Academic Fair at the school campus on NBG April 27. (Photo by Cynthia Barcinas courtesy of MEMS)



# Panthers host first Spring Fever Reliever

By Sydney Short

Guam High School

Guam High School (GHS) students and staff took part in their first-ever Spring Fever Reliever event April 4-7.

GHS Student Council officers hosted the four-day event, which promoted fun and school spirit. Classes competed each day to win prizes including movies and food.

Points were determined by the amount of students in each level who dressed up based on the specific theme of the day. Adhering to the theme gained points for each class while GHS dress code violations resulted in lost points.

Games were also held during lunch break throughout the week. Volunteers from each class competed against each other. Winners of each

game received points for their class.

The week's culminating event was the Reliever Rally. Spirits were soaring and the crowds were wild because scores were neck-and-neck by the end of the week. It all came down to the various exciting games and the traditional "class yell." By the end of the pep rally, the results were in. The GHS junior class secured the No. 1 spot with 400 points. The

seniors came in second with 328 points. The sophomore class trailed a close third with 306 points and the freshman class came in fourth with 258 points.

Everyone had fun during Spring Fever Reliever. Hopes are running high that the Spring Fever Reliever will become a tradition that will keep the spirit of GHS alive and teach the world about Panther pride.

# Panthers lend a paw to GYP group



Panthers, Young Professionals Unite for Japan: Members of the Guam High School (GHS) National Junior Honor Society (NJHS) pose for a photo with members of the Guam Young Professionals (GYP) group and Guam Chamber of Commerce staff at the Tumon Sands Plaza after the Rummage for Recovery event April 16. The Rummage for Recovery event was held to raise funds for victims of the 9.0-magnitude earthquake and subsequent tsunami that affected Japan March 11. GHS NJHS students assisted with sorting, boxing and pricing items for the rummage sale which filled a 40-foot container. GYP is a group of the Guam Chamber of Commerce. (Photo courtesy of the Guam Chamber of Commerce)

# Potato salad adds flair to local feasts

By JoAnna Delfin  
Joint Region Edge Staff

A favored cultural dish that can be found on any island party table is potato salad.

It's almost impossible to attend a local celebration without seeing one or more variations of this dish – one with carrots, another with green onions and maybe even one with sweet relish. Whichever you choose, you're sure to be in for a treat.

It is this variation of ingredients that makes the potato salads found on Guam different from traditional potato salads. While traditional potato salads don't usually include ingredients like olives, pimentos, pickles or carrots, these ingredients are what set the Guam potato salad apart from the traditional potato salad crowd.

"I usually prefer the traditional eggs and potatoes with salt and black pepper," said Darlene Taimanglo from Yigo. "Sometimes I'll throw in extra ingredients, but if I'm just looking for a quick [potato] salad, I'll just mix the typical ingredients."

The usual lineup of the ingredients for this recipe is eggs, potatoes, mayonnaise, salt and black pepper. If you're looking to put a local twist on the recipe, your shopping list may get a bit longer.

Additional ingredients include



Things That Make You Go "Mmm": Potato salad is sure to be a crowd pleaser at any party. It also makes for a great snack any time of the day. (U.S. Navy photo by JoAnna Delfin)

minced black olives, a jar of red pimentos, and whole dill pickles. Separately, these ingredients don't seem like the most delicious things you could eat, but when mixed

together the taste is an explosion of great flavors!

## Recipe

Six eggs

Five large potatoes  
Two dill pickles  
One small can of minced olives  
One small jar of red pimentos  
Six tablespoons of mayonnaise

Salt, to taste  
Black pepper, to taste

Boil your potatoes and eggs in separate pots. Potatoes should be removed when tender. Eggs should be hard-boiled.

While your potatoes and eggs cook, thoroughly drain the liquid from the pickles, olives and pimentos. Set aside pimentos and olives and dice your pickles.

Once your potatoes and eggs have finished boiling, allow them to cool for about 10 minutes. Carefully remove the skin from the potatoes and the shell from the eggs. Be sure to rinse the cleaned eggs and potatoes thoroughly.

Dice the cooled potatoes and eggs and toss them into a mixing bowl along with the pickles, olives and pimentos. Mix all the ingredients together and add salt and pepper to taste.

Once all of your ingredients are combined, add six tablespoons of mayonnaise and stir until everything is well fused. Add more seasoning as needed.

Garnish as you please with creatively cut eggs, olives or even green onions.

If you don't finish your potato salad for dinner you enjoy it as midnight snack or pack it for lunch the next day. Be sure to refrigerate your potato salad.

## FREE

**Karaoke Night**  
Every Friday at the Silver Dolphin on Naval Base Guam (NBG) Ordnance Annex, 7 p.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

**Golf Clinic**  
Every Saturday and Sunday from 9-10 a.m. at Admiral Nimitz Golf Course. No need to register! Just stop by to learn the basic fundamentals of the game of golf. For more information, call 344-5838/9.



## Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym on Andersen Air Force Base (AFB) just down the walkway from the bowling center. Hours of operation are Monday through Friday from 9 a.m.-noon. For more information, call the Hotspot at 366-2339.

## Sunrise Yoga

Every Friday morning at 6 a.m. at Tarague Beach. End your week with a relaxing yoga session on the beach. Listen to the sounds of the ocean while your body is rejuvenated with the sun's rays. For more information, call 366-6100

## UNDER \$10

**Xtreme Midday Madness**  
At NBG's Orote Point Lanes every Monday to Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

**Willie's Beachside Jazz**  
At Bamboo Willie's every Sunday from 5-8 p.m., enjoy a relaxing evening at the beach while you listen to great jazz music. For more information, call 653-9814.

**Tuesday Fajita Night**  
At Andersen AFB's Café Latte every Tuesday from 5:30-7:30 p.m. Base price starts at \$2.95 and you can build your own fajitas! For more information, call 366-6166.

## \$10 AND UP

**Breakfast at Café Latte**  
Café Latte at the Top of the Rock (Andersen AFB) offers breakfast from 6:30-9:30 a.m. Monday through Friday and 7:30 a.m.-12:30 p.m. on Saturday. Enjoy your morning coffee and traditional breakfast favorites, plus a variety of breakfast burritos and sandwiches. For more information, call 366-6166.

**Ladies' Golf**  
Ladies, do you love the game of golf as much as the men do? If so, every Wednesday it's your day at Palm Tree Golf Course. Ladies receive free green fees. Just pay the cart fee, \$12 for 18-holes or \$8 for 9-holes. For more information, call 366-4653.



### FRIDAY, MAY 6

7 p.m.: Sucker Punch • PG-13

### SATURDAY, MAY 7

2 p.m.: Sucker Punch • PG-13  
7 p.m.: The Lincoln Lawyer • R

### SUNDAY, MAY 8

7 p.m.: The Lincoln Lawyer • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



### FRIDAY, MAY 6

7 p.m.: Diary of a Wimpy Kid: Rodrick Rules • PG  
9:30 p.m.: Battle: Los Angeles • PG-13

### SATURDAY, MAY 7

1 p.m.: Diary of a Wimpy Kid: Rodrick Rules • PG  
3:30 p.m.: Sucker Punch • PG-13  
7 p.m.: Limitless • PG-13

### SUNDAY, MAY 8

1 p.m.: Mars Needs Moms • PG  
3:30 p.m.: Rango • PG  
7 p.m.: The Lincoln Lawyer • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit [mwr Guam.com](http://mwr Guam.com).**

*(Source: Navy Morale, Welfare and Recreation Office)*

## Chapel Schedule

### Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

#### Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.  
 Sunday Mass: 9:30 a.m.  
 Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

#### Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.  
 Contemporary Service: 11 a.m.  
 Women's Bible Study: Monday, 9 a.m.  
 Men's Bible Study: Wednesday, 6 p.m.  
 Prayer Time: Thursday, 11:30 a.m.  
 Choir Practice: Traditional: Wednesday, 6 p.m.  
 Choir Practice: Contemporary: Tuesday, 6 p.m.

#### Jewish Shabbat

Friday, 6:30 p.m.

### Naval Hospital Guam

#### Roman Catholic Mass

Monday-Friday, 11:30 a.m.

Chapel of Hope: Sunday, 9 a.m.

#### Protestant Services

Full Gospel Service: Sunday, 6:30 p.m.

Men's Bible Study: Every other Tuesday starting April 5

Women's Bible Study: Second and fourth Saturday of each month

### Andersen Air Force Base

#### Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

#### Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 6 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

*Schedules subject to change. To confirm times or for information about other programs, call the chapels at:*

Andersen Air Force Base: 366-6139  
 U.S. Naval Base Guam: 339-2126  
 U.S. Naval Hospital Guam: 344-9127

# The cool comfort of shade

By Lt. Alan Fleming

USS Frank Cable (AS 40) Chaplain

Having grown up in the southern United States, I have a healthy appreciation of shade.

Our yard had many pine trees – the long tall slender variety which provided no shade. We also had a cluster of small white oaks which together formed a nice “patch” of shade. Without a doubt, the best shade tree we had was a water oak that grew up with the Fleming kids.

I remember, as a young boy, this tree was about eight feet tall and had a pronounced bend. My dad

straightened the tree and, as a result of his correction, the tree grew straight and tall. Because the tree was in the open, it got all the sunlight and water it needed and grew very quickly becoming quite large and strong.

By the time I was a young adult, our family would hold entire Fourth of July picnics in the shade of that tree.

Three generations of Flemings have enjoyed the comfort of shade provided by that now-huge tree.

Similar to that great shade tree, you and I can grow to be a source

of strength, blessing and cool comfort for others as we walk in the way directed by God.

Psalm 1 develops this thought by comparing a person that lives from a biblical foundation and a person who lives according to the world's standards. Just like the shade tree, whose roots reach down deep for nourishment, the person whose life is regularly nourished by God's word will have an abundance to share with others and will be a source of strength and refreshment in the heat of life.

What is this abundance? I'm not talking about material things. I'm talking about the things in life that really matter. Things like purpose, direction, strength, peace, hope and joy. These are the things of life.

These are the things upon which homes and families are built. It is upon such gifts that societies and cultures are built. Just like a great tree cannot grow without the foundation and nourishment provided by its roots, people cannot grow to be the giants of strength and comfort God designed them to be if they lack a strong foundation.

As we live lives founded on and rooted in the truths of scripture, we grow to be like a tree planted along a river with great strength, bearing fruit that reaches far beyond ourselves, and having leaves that do not wither in the heat. This is a life that provides a cool and refreshing place in which others can find strength and hope – a life in which we grow to reach our full potential.



# What is your favorite Captain's Cup or intramural sport?

*Joint Region Edge asked it's readers to name their favorite Captain's Cup or intramural sport.*



**"I love beach volleyball. It's a good outdoor activity. The command will usually throw a barbecue and it's a great way to work on teamwork and build camaraderie."**

— Electronics Technician 1st Class (SS) Joe McIntyre  
USS San Francisco (SSN 711)



**"I think I would have to say my favorite intramural sport is flag football. It is one of the most competitive sports we have here. All of the units get really into it."**

— Staff Sgt. Rodney Bati  
36th Communications Squadron



**"Baseball will always be my favorite. It's an American pastime. I always look forward to a game with my shipmates."**

— Hull Maintenance Technician Fireman Kerry Supplee  
Navy Operational Support Center Portland



**"I really like volleyball. It's a great workout but you're having so much fun that you don't even notice. It also brings out the competitive spirit in the players and that can make the games even more fun."**

— Jessica De La Torre  
Air Force Spouse



**"I like participating in [Morale, Welfare and Recreation's] soccer and ultimate Frisbee events. They are fun and a great way to stay active."**

— Interior Communications Electrician 3rd Class Jason Osterhaus  
USS Frank Cable (AS 40)

# 'Bombers' decimate competition

By Mass Communication Specialist 2nd Class (SW)

Peter Lewis

Joint Region Edge Staff

After crushing two rounds of opponents, the Andersen Air Force Base "Bombers" pulled off an explosive 27-12 win over the U.S. Naval Hospital Guam "Bullets" to cinch the 2011 Captain's Cup Flag Football Tournament championship on U.S. Naval Base Guam April 30.

Even though the game saw several turnovers, incomplete passes and interceptions from both teams, Staff Sgt. David Sharpe, the Bombers' captain, said that he was happy with how his team came together on the field.

"Despite the few mistakes we made we played well together," he said. "The tournament was definitely fun and it felt great to come down to Big Navy and take home the championship!"

Staff Sgt. Brian Sanders, another Bomber, said he also enjoyed the tournament and looks forward to participating in similar events in the future.

"It was a good day and great fun," he said. "I'm looking forward to the next tournament so we can win again. What can I say? We dominate everywhere we go!"

Though the Bullets were bested in the championship game, members said they felt good about the game and look forward to future competition.

"We had several practices and played really well throughout the tournament," said Hospital Corpsman



Dodging Bullets: A member of the Andersen Air Force Base "Bombers" runs through the defense during the 2011 Captain's Cup Flag Football Tournament on U.S. Naval Base Guam April 30. The "Bombers" decimated all comers and won the final game of the tournament 27-12 over the U.S. Naval Hospital Guam "Bullets" to cinch the championship. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

2nd Class (FMF) Michael Rubin. "We may not have been up to the challenge today but I'm confident that we'll take the championship next time."

The flag football tournament is over but the flag football league is scheduled to begin in the fall according to Navy Morale, Welfare and Recreation's (MWR) Sports

Coordinator Ken Bae.

"If you're interested in team sports, the softball league is going on right now," Bae said. "Ultimate Frisbee is set to kick off in June and flag

football should start in early fall."

For more information on MWR sports, call Bae at 685-5243 or visit <http://www.mwrguam.com/content.php?keyword=sports>.

## Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil).

### Summer Stroller Circuit

The Stroller Circuit summer session is in need of an instructor. If no instructor is identified, the summer circuit will be cancelled. For more information, contact the Morale, Welfare and Recreation fitness coordinator at 685-5267 or [mwrguamfitness6@gmail.com](mailto:mwrguamfitness6@gmail.com).

### Group Fitness Age Compliance

Beginning May 2, all group fitness classes in the basketball court must comply with the basketball court's age policy. According to the policy, "youth 9 years old and younger must be under interactive supervision of an adult." The Family Fitness Room and drop-in child care will be available beginning May 2.

### Charles King Fitness Center

The Charles King Fitness Center (CKFC) on U.S. Naval Base Guam (NBC) is open Monday through Friday from 4:30 a.m.-11 p.m., Saturday from 6 a.m.-11 p.m., and Sunday from 10 a.m.-6 p.m. For more information, call 333-2049.

### NCTS Sports Center

The Naval Computer and Telecommunications Station Guam Sports Center has reopened. Hours of operation are Monday, Wednesday and Friday from 9 a.m.-8 p.m., Tuesday and Thursday from 11 a.m.-8 p.m., and Saturday-Sunday from 8 a.m.-12:30 p.m.

### Run Registration

Runners can now submit run registrations for Morale, Welfare and Recreation (MWR)-sponsored runs via e-mail. On the Fitness Program page of the MWR Web site, [www.mwrguam.com](http://www.mwrguam.com), click on the "NEW Run Registration Form" PDF under Additional Links and follow the instructions on the form. Pre-registration for all fitness events will end at 5 p.m. on Friday of the week prior to the event.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

### Bench Press Competition

The Coral Reef Fitness Center will host a Bench Press Competition May 12 with a 5 p.m. show time and 5:30 start time. The amount of weight lifted will be divided by your body weight to determine a percentage. Awards will be presented to the top two male and females with highest percentages. Sign up by May 10. For more information or to sign up, call 366-6100.

### Free Throw Competition

How many free throws can you sink in 60 seconds? Find out by entering the Coral Reef Fitness Center's Free Throw Competition May 19 in the gymnasium. Show time is 5:30 p.m. Start time is 6 p.m. For more information, call 366-6100.

### Summer Smash Volleyball Tournament

The Coral Reef Fitness Center will host the islandwide Summer Smash Volleyball Tournament May 27-29. Deadline for your team to sign up is May 19. For more information or to sign up, call 366-6100.

### Monthly Green Fee Card

Palm Tree Golf Course can now save avid golfers big bucks! Golfers can now purchase a money-saving monthly green fee card for just \$40-\$60 per month depending on rank. What a deal! Purchase yours soon at the Palm Tree Golf Course or call 366-4653 for more information.

### Lap Swimming

The Andersen pool offers lap swimming outside the recreational swim hours. Lap swimming hours are 6-8 a.m. and 11 a.m.-noon Friday through Wednesday, 6-7 p.m. Monday, Tuesday and Wednesday. No lap swimming will be available Thursdays, weekends, holidays and down days. Also, the pool is looking for certified swimming instructors and lifeguards. For more information, call Outdoor Recreation at 366-5197 or Human Resources at 366-1189.