

# Panorama

NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."

Visit us on the Web <http://www.cnic.navy.mil/Naples/index.htm> • Like us on Facebook *U.S. Naval Support Activity Naples*

56TH YEAR, NO. 21

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, MAY 27, 2011

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI

## Naples Public Health Evaluation

Meetings for tenants whose homes were sampled as part of Naples PHE, Phase II

Beginning May 28, environmental sampling reports for homes sampled as part of Phase II of the Naples Public Health Evaluation (PHE) will be available to residents who participated in Phase II sampling. The Phase II environmental sampling occurred between November 2008 and October 2009. These individualized reports contain the laboratory testing results and health risk assessment specific to the home sampled. The Navy will distribute these Phase II reports to the participating residents via a new website distribution system. Participating residents should expect an e-mail message containing a link to the Phase II reports website, where they can then view, download and print the sampling report for their home.

For residents who have questions about their report, the PHE team will be hosting small-group meetings for Phase II residents. At these meetings, technical experts will provide an overview of the PHE and sampling report and will be available to speak one-on-one with residents about their report. The meeting dates are listed below.

**Phase II Resident Meetings:**

*Tuesday, June 7 and Wednesday, June 8, 2011*

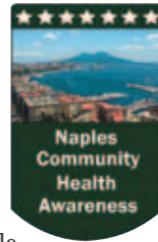
*9 a.m. and 2 p.m. at Chapel Fellowship Hall, Capodichino*

If possible, please bring a printed copy of your tenant letter report with you to your selected EHIC session. You are welcome to stop by the residents' meetings at your convenience or reserve a specific time by contacting 081-811-6299.

Cmdr. Tim Halenkamp and his staff at the Environmental Health Information Center (EHIC), located at the U.S. Naval Hospital at Support Site, are also available to personally review individual reports and speak with residents. EHIC can be contacted for a consultation at 081-811-6299.

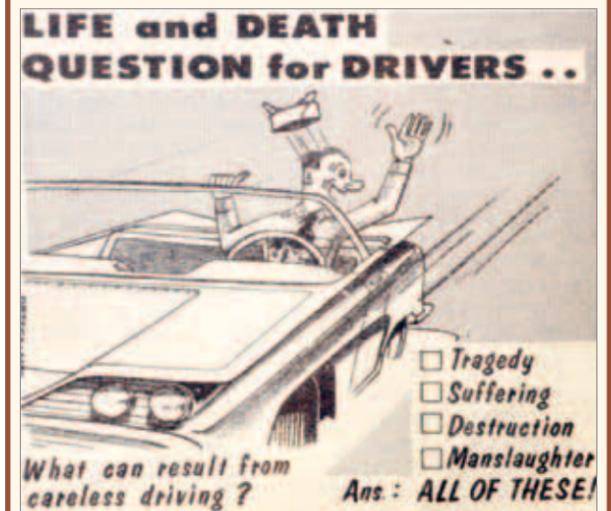
For all other personnel interested in the PHE Phase II results, the complete Phase II report will be publicly available in early June. Open houses, welcoming to all U.S. personnel and their families, will take place June 15 and 16. More details on the location and times for the open house events, as well as the website location of the final Naples PHE Phase II report, will be provided in a "Panorama" article and an All Hands e-mail in early June.

The U.S. Navy is committed to ensuring our families are safe while serving our country at home or overseas. The Naples PHE assessed the potential public health hazards associated with the waste management practices (including wide-spread dumping and burning of trash) in the Campania region. In line with our commitment to transparent communication, we encourage you to watch for All Hands e-mail messages, look for this weekly column in "Panorama" and review the information currently available on our Naples Community Health Awareness website: <http://www.cnic.navy.mil/Naples/About/HealthAwareness>.



## Navy kicks off summer safety campaign

By April Phillips, Naval Safety Center Public Affairs



Memorial Day kicks off "101 Critical Days of Summer." NSA Naples is focused on decreasing the heightened risk of accidents, mishaps and fatalities during this season, which ends Labor Day. (Image from "Panorama" August 14, 1959)

The Naval Safety Center's (NAVSAFECEN) annual summer safety campaign officially begins Memorial Day weekend, and materials are available now to help sailors and marines prepare for their upcoming off-duty and recreational activities.

The last few years have shown that it's possible to have fun while managing risk.

"Last summer, sailors and marines set the bar high and statistically achieved the safest summer on record," said Rear Adm. Arthur J. Johnson, commander, Naval Safety Center. "I firmly believe we have all the components in place to continue that positive trend and do even better this year."

While last summer was a successful one for most, 14 sailors and 14 marines lost their lives in motor vehicle and recreation mishaps. That was a tragedy for their families, for their units and for the fleet as a whole. Sailors and marines do a great job of managing risk on duty, and that's a mindset NAVSAFECEN's command master chief said must carry over outside the gates of the installation.

"Just like in an operational environment, we are faced with obstacles that, unless we plan ahead, could result in negative consequences," said CMDCM (AW/SW) Dominick Torchia. "Off-duty recreation is really no different. It requires planning, from something as seemingly minor as wearing sunblock, to ensuring vehicles are running properly and your trip is well planned out. These details could mean the difference between mitigating risk and suffering the consequences."

To help manage risk, NAVSAFECEN's summer campaign, known as "Live to Play, Play to Live," reinforces positive things sailors, marines and their families can do to have fun this summer. While most activities carry a certain amount of risk, that danger is usually easy to plan for and manage.

"Managing risk not only reduces mishaps, but it allows us to thoroughly enjoy the activities we participate in," Johnson said. "A little advance planning goes a long way."

NAVSAFECEN has presentations, booklets, videos, and other materials to help service members and their families plan for summer fun. These tools can be downloaded at [www.public.navy.mil/navsafecen](http://www.public.navy.mil/navsafecen).

Johnson said he hopes everyone will take advantage of these materials so the fleet can build on the positive trends of the past several years and have a great summer at the same time.

"Don't let a preventable mishap constrain your summer fun and enjoyment," he said.

**Lady Wildcats roar... "VICTORY"**  
By Lt. Cmdr. L. G. Mack, CHC



The Lady Wildcats earned the title of 2011 Division II Soccer Champions after ultimately defeating the Vicenza Cougars. (Photo courtesy of L. G. Mack)

The Naples High School Lady Wildcats led Division II soccer teams with a championship season of 6-1-0. And the win and loss record for the Lady Wildcats at the European tournament, which was held in Kaiserslautern, Germany last weekend, was indeed a "kicker" with four consecutive wins in the playoffs and ultimately clinching the Division II title championship against the Vicenza Cougars. It is undeniable that Coach Melinda "D" Durham and Assistant Coach Enzo

Cianciaruso shaped a good team into a great team—thus obtaining the Div. II European Championship 2011.

Just like a good book, the title does not tell the full story and likewise the title of Division II champions does not convey the commitment and character in which the Lady Wildcats earned the championship. For example, before the start

of the quarter finals, an inspiring letter was read to the team by team captain Ashley Willey from injured co-captain Sofia Cianciaruso. The excitement and energy began on the soccer field with all the teams determined to gain the glory of being number one. Parents looked on proudly as their daughters endured

see VICTORY Page 4

**Memorial Day ceremony at the Sicily-Rome American Cemetery and Memorial in Nettuno at 11 a.m. May 30. All are welcome.**  
To reserve your seat on the ITT bus, call 081-568-4471. For directions, GPS coordinates, etc., visit <http://www.abmc.gov/cemeteries/cemeteries/sr.php>.

**march of dimes**  
March for Babies 5k Run/Walk Awareness Festival  
28 May 2011  
5k starts at 0900 • Trophies for top three in each age group  
Day of registration begins at 0800 • Medals to the first 350 finishers  
Race starts and finishes at the Fitness Forum on Support Site  
Sponsored by: The Civil Trust (Civil Trust Officers Association), US General's go to the March of Dimes Foundation  
Live Music, Food & Games for Kids  
Information booths by Red Cross and Navy & Marine Corps Relief Society  
Fund us on Facebook or Contact Brandon Aube (626-3082) or Tommy Parker (626-3171) for more information

### Events around town this weekend

- **28** – "Clean up the Med" with an Italian environmental organization and hundreds of volunteers. Everyone is invited to the clean up at the Duna and Cuma beaches.
- **28-29** – A food festival featuring Pecorino cheese, bacon and fava beans will delight your tastebuds. Head to Airola, in Benevento province, for food, fireworks and fun!

- **29** – Sip delicious wine and enjoy "la dolce vita." Wineries throughout Italy open their cellars to the public as part of "Cantine Aperte."
  - **Through 31** – There's just a few more days to take advantage of free admission to many of Naples' cultural sites as part of "Maggio dei Monumenti." Check out [www.comune.napoli.it](http://www.comune.napoli.it).
- Check out <http://wikinapoli.com/events> for more information.

### Naples' weekend forecast

<b>FRIDAY</b> High 82 Low 63 SUNNY	<b>SATURDAY</b> High 81 Low 61 PARTLY CLOUDY	<b>SUNDAY</b> High 81 Low 63 PARTLY CLOUDY	<b>MONDAY</b> High 82 Low 61 SUNNY
---	---	---	---

# Captain's Corner

By Capt. Robert Rabuse  
NSA Commanding Officer



Happy Memorial Day Weekend everyone and congratulations to the new Petty Officer selectees on their advancement results!

This weekend is the perfect occasion to reflect on the sacrifices of the veterans who have gone before us and fought for freedom around the world. Since most of us are either veterans ourselves or immediately related to one, the meaning of this day resonates throughout the NSA Naples community. To celebrate and honor veterans' achievements and ultimate sacrifice, members of the Naples military community will participate in a Memorial Day ceremony at the Sicily-Rome American Cemetery and Memorial in Nettuno, near the beaches of the Anzio landings. It's a very moving event, and for those of you who have not yet made the trip to the cemetery, I encourage you to attend. It is an awe inspiring and humbling experience to walk the arched rows of nearly 8,000 markers in a landscaped shrine dedicated to America's fallen heroes. More details on the event and the ITT bus trip are on the front page.

As the weather and long weekend provide another opportunity for travel and mark the beginning of the summer travel season, tourists from all over the world are flocking to Europe to see the sites, and members of our community will be among them on the roads, rails and air. We historically call these days the "101 Critical Days of Summer" because it's unfortunately when we lose more people to accidents and mishaps, than any other time of year. I'd like to remind everyone again to take it easy and stay alert on the roads, be aware of the affect heat and sun can have on your outdoor and aquatic activities, and have a solid plan for your travel. You've heard it many times before but it's always worth repeating, if you're consuming alcohol as part of your activities, make sure you have a plan that keeps your vehicle from turning into a weapon. Don't drink and drive!

I'll be hosting my last Town Hall meeting Tuesday, June 14th, at which time I will introduce my relief, Capt. Scott Gray, and wrap up as many issues as I can before he takes command of NSA Naples. I'll also take the opportunity to thank some Naples-area volunteers and organizations for their efforts in helping me keep the community smiling, active and a great place to live.

As always at this time of year, there are plenty of events to keep you busy. We're closing in on high school graduation and the last day of school, and we'll celebrate the Navy College graduation June 3 for anyone who has completed an advanced degree this year. We'll be commemorating the Battle of Midway at Capo the morning of June 3rd, and that evening there will be a basketball exhibition with the Hollywood Knights in the NHS gym. The pools open for recreational swim tomorrow at both Carney Park and Support Site (check the schedule), and the air conditioning activation should be complete in all the housing units today!

*Have a safe and happy Memorial Day Weekend!*

## Naples April 2011 births



**April 6**  
**Chase Austin Marshall**  
8 pounds 10 ounces, son of  
Carrie A. Marshall and  
Mr. Matthew W. Marshall

**April 9**  
**Bryan Gabriel Gage**  
9 pounds 4 ounces, son of  
Alessandra Gage and  
PO2 Dohnnie B.G. Gage II

**April 27**  
**Sadie Lynn Byler**  
7 pounds 7.7 ounces,  
daughter of Julia S. Byler  
and Mr. Kenneth L. Byler

## Base Notes

From Panorama staff reports

### 236<sup>th</sup> Army Birthday Ball June 3

The USANATO AFSOUTH Battalion would like to extend an invitation to the Naples community for this year's 236th Army Birthday Ball on June 3 at the Sandeste Park Hotel Ristorante in Varcaturo. Contact Mr. Mark Guillama or Maj. John Owens at 081-721-2855. RSVP no later than June 2 with your choice of a meat, seafood or vegetarian meal. €20 per person. Uniform for military is mess uniform, Army blue or service equivalent; black tie for civilians.

### Battle of Midway remembrance ceremony June 3

NSA Naples will host a ceremony in remembrance of the Battle of Midway at 9 a.m. Friday, June 3 in the Capo piazza. An important marker in the naval heritage of our nation, this World War II battle changed the course of the war in the Pacific and world history within just a few short minutes on June 4, 1942. Uniform is summer whites or service equivalent. All are welcome to attend.

### Reduced postal services for Memorial Day weekend

#### Friday, May 27

Capodichino: Open 7 a.m.-noon for Mail Call, no finance.  
Support Site: Normal hours (8 a.m.-4 p.m.)

JFC: 7:30 a.m.-noon

CNE: 6:30 a.m.-noon

Gaeta: Normal hours

#### Saturday, May 28

Capodichino: Normal Saturday hours (3-9 p.m.)

Support Site: Closed

#### Monday, May 30

All post offices closed.

### CNE-CNA-C6F/CNREURAFSWA IG HOTLINE

Report fraud, waste, abuse and mismanagement in Navy activities to:

**Office of the Inspector General, Naples, Italy**

Leave a recorded message 24/7: 081-568-2983

Speak to the IG Investigator: 081-568-2964

E-mail: ighotline@eu.navy.mil

Website: www.cnic.navy.mil/europe/index.htm

### Pools open tomorrow!

The Support Site pool will be open for summer recreational swim beginning Saturday, May 28. Hours will be Tuesday through Sunday, 12-6:15 p.m.

The Carney Park pool will open May 28. It will be open from 12-6 p.m., weekends (Saturdays and Sundays) only until June 18. Beginning June 18, summer hours will be extended to Friday through Wednesday from 12-6 p.m. Call 081-811-6513/6600 for more info.

### CMVRO and PPSO reduced hours Republic Day

The Capo and JFC CMVRO satellite offices will be closed June 2 and 3 in observance of Republic Day, an Italian holiday. Support Site CMVRO will be open for information services and for emergency issuance of "G" coupon authorizations. The Support Site PPSO will be open June 2 and 3 with limited customer service to include information on incoming shipments.

### Last ADHD Parent Support Group meeting June 1

The last ADHD Parent Support Group meeting will be Wednesday, June 1 at 5 p.m. in the elementary school media center. Guest speaker Sharon McGourty will give insight into how to make your child with ADHD successful in school and at home.

### Student 2 Student update

#### Movin' Up to Life in the Middle event June 1

The Naples High School Student 2 Student program is hosting an informational event Wednesday, June 1, from 3:30 to 5:30 p.m. in the school cafeteria for rising 6th and 7th graders and their parents. Come out to meet the middle school instructional team, chat with guidance counselors, preview student clubs and athletics, and gather information designed to make the transition from elementary school to middle school seamless.

#### Recruiting and half-day training June 4

The S2S program will also hold a recruiting and half-day training for interested youth grades 7-12 Saturday, June 4, at the Support Site Youth Center from 8:30 a.m. until 12 noon. Contact Janine Koffel, S2S coordinator, at janine.koffel@eu.dodea.edu or Pam O'Connor, School Liaison, at pam.oconnor@eu.navy.mil. Stop by the S2S table on June 1st for more information!

## Panorama

Associato all'USPI  
Unione Stampa Periodica Italiana

Naval Support Activity  
Capt. Robert Rabuse  
Cmdr. Robert Barbee  
Lt. Matt Gill  
MC1 (NAO) John Parker  
Teresa Merola

Naples Italy  
Commanding Officer  
Executive Officer  
Public Affairs Officer  
Assistant Public Affairs Officer  
Public Affairs/COMREL Specialist  
Editorial Staff

Jamie Monk  
MC1 (NAO) John Parker

Contributors

MC1 (EXW/AW) Terry Vick  
MC1 Edward Vasquez  
MC2 (SW/AW) Felicito Rustique  
MC2 (SW) Jeff Troutman  
MCSN Caitlin Conroy

NPASE-E Det. Europe  
NPASE-E Det. Europe  
NPASE-E Det. Europe  
NPASE-E Det. Europe  
NPASE-E Det. Europe

Volunteer Contributors

Gary Rice  
J. Freed, Lou Freed  
Editorial Office:  
Free Mercato Ads:  
Paid Advertising:

Tel. 081/568-5335 - Fax 081/568-5112  
Tel. 081/568-5856 - Fax 081/568-5112  
Tel. 081/568-7884 - Fax 081/568-7887

This civilian enterprise (CE) newspaper is an authorized publication for members of the military services overseas. Contents of *Panorama* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U. S. Navy. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, or Stampa Generale S.r.l. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. A confirmed violation or rejection of this equal opportunity policy by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

The *Panorama* editorial office is located at Naval Support Activity, Naples, Italy, PSC 817, Box 40, FPO AE 09622 - Telephone: commercial 081-568-5335/5912; DSN 626-5335/5912. E-mail: naplespanorama@eu.navy.mil.

*Panorama* is published weekly on Friday by Stampa Generale S.r.l. Sig. Bruno Brandi, Publisher, Naval Support Activity, Capodichino (Naples), Italy - Tel. 081-568-7884, Fax 081-568-7887. E-mail: stampagenerale@tin.it - Autorizzazione Tribunale di Napoli No. 3404 del 3.4.1985. Direttore Responsabile: Bruno Brandi. Stampa: Europrint Sud S.r.l., Ferentino (Fr); Fotocomposizione: Stampa Generale S.r.l. - Tel. 081-568-7884. Stampa Generale is a private firm in no way connected with the U. S. Navy under exclusive written contract with the U. S. Navy. The editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Support Activity, Naples, Italy. All news and feature articles and announcements submitted to *Panorama* are subject to editing to conform with contemporary standards of journalistic objectivity, clarity and relevance. We welcome any contributions, suggestions or comments dealing with community issues. Submissions for publication in *Panorama* will be accepted on the basis of newsworthiness, timeliness and space available. All copy must be submitted in Microsoft Word format in an e-mail to the editor at: naplespanorama@eu.navy.mil. Each submission must include the name and telephone number of the author. DEADLINE FOR ALL COPY AND PHOTOS IS AT CLOSE OF BUSINESS FRIDAY PRIOR TO PUBLICATION DATE.

## New language learning study looking for volunteers

From Center for Information Dominance Public Affairs

The Navy's Center for Language, Regional Expertise and Culture (CLREC) and the Academic Consortium for Global Education (ACGE) announced that volunteers are needed for a new language learning study.

Volunteers are being asked to participate in a Navy research project testing an innovative language learning program, ISLET (Integrated System for Language Education & Training).

Conceived as an alternative to traditional computer-based training and classroom instruction, ISLET employs online social net-

working, interactive role-play, competitive gaming and speech recognition to create an immersive environment for collaborative learning.

This study, funded by the Office of Naval Research, is intended to validate the ISLET prototype's capacity to deliver the equivalent of 3-4 semesters of college-level French to at least 200 learners.

There is no cost to participants. Participants gain information, accomplish quests and "level up" by communicating in French with shipmates and an Artificial Intelligence in an immersive 3D virtual environment.

Upon completion, participants may complete a Defense Language

Proficiency Test (DLPT) for French. The American Council on Education recommends college credit in foreign language based on DLPT results.

Interested active-duty sailors and reservists may log into Navy Knowledge Online and navigate to the CLREC page. Once there, click on the ISLET banner to be redirected to the ISLET homepage—using the webmail available on the ISLET pages you may direct any questions regarding ISLET and the enrollment process to a member of the research team.

For details, contact CLREC Director Christopher Wise at christopher.j.wise@navy.mil.

## Italian News Briefs

Compiled by Teresa Merola

### Italian holiday June 2

On June 2, Italians celebrate "Festa della Repubblica" (Republic Day), which commemorates the institutional referendum held in 1946, in which the Italian population was called to decide what form of government—monarchy or republic—to give to the country after World War II. After 85 years of monarchy, 54 percent of the population voted in favor of a republic, and the monarchs of the House of Savoy were deposed and exiled. A constitution of the Italian Republic was formed and forbade any male descendants of the House of Savoy from entering the country. This was lifted later in 2002 with the condition that any existing members gave up any claims to power. In 1948, on Rome's via dei Fori Imperiali, there was the first military parade in honor of the new Republic. When Italy entered NATO the following year, there were 10 parades held simultaneously across the country and in 1950, the parade was featured for the first time in the protocol of official celebrations. This provides for the ceremonial laying of a wreath on the Tomb of the Unknown Soldier at the national monument "Il Vittoriano," located in Piazza Venezia. This day represents the beginning of a new nation and marks the day Italian women were invited to the polls to vote.

### Pet cemetery planned for Agropoli

The mayor of Agropoli, near Salerno, announced the implementation of a municipal cemetery for the pets. The cemetery meets the increasing need of the pets' owners at the time of their passing away. A task force is already working on finding the land where to build the dogs and cats cemetery.

### Sofia Coppola to tie the knot in Basilicata

Francis Ford Coppola's daughter Sofia announced her wedding with Thomas Mars, her French pop-singer boyfriend, in her family's ancestral town of Bernalda, which is located in the province of Matera in the Basilicata region. The wedding will take place this August in the 19th century Palazzo Margherita, which Sofia Coppola's father restructured, transforming it into a luxury inn. Hollywood heavyweights Steven Spielberg, Al Pacino, Sylvester Stallone and Nicholas Cage are all expected to attend the wedding. It will be Coppola's second marriage. She won the Golden Lion in Venice for her film "Somewhere" and in 2003, she became famous with her film "Lost in Translation."

### Tuscan town offers free beach umbrella rental to the poor

In the small town of Camaiore, located five miles from the coast in Tuscany, the city council decided to offer two weeks of free rental of umbrellas at nearby beach clubs to low-income residents, those who earn less than €8,500 a year. The town's assessor for social politics said that a day on the beach is a genuine medical benefit for the poor and the jobless. This initiative confirms the belief that children grow sickly if not exposed to the iodine in sea air. On Italian coastline, the beaches are largely taken over by clubs that cover the sand with lines of umbrellas. Renting an umbrella and two deckchairs is becoming more expensive every year.

### Italy's 'mamma's boys' on the rise

According to the annual Institute of Statistics study, the number of Italian "mamma's boys and girls," who neither work nor study, rose tremendously in 2010, exceeding the European average of people between 15 and 29 who don't have an education or a job. In 2010, over half of the so-called mamma's boys were unengaged in employment or study, and the study reported the longer they stayed out of the job market or education system, the harder it was for them to break back in. Most of those who want to move out have no means of paying rent and other bills, and most of those who remain inactive still live with at least one parent.

### Camorra boss arrested in Varcaturò

One of the most wanted and dangerous Italian mafia bosses was arrested by police. He has been a fugitive since 2002 and was found hiding in a bunker in a fortified villa in Varcaturò, along the coast of Naples. The man is accused of racketeering, weapon charges and murders. He is seen as an influential behind-the-scenes player in the Camorra crime syndicate who helped pioneer an alliance between different rival mafia clans.

*If you are the victim of a crime,  
report the incident to Security Dispatch  
at 081-568-5638.*

## THE INSIDE PAGE...

### JUNE FFSC EVENTS

Call FFSC at 081-811-6372 to reserve your spot for events and classes.

- 1 INTRODUCTION TO LOVE AND LOGIC PARENTING (11:30 a.m.-1 p.m.)
- 2 BECOMING A LOVE & LOGIC PARENT (11 a.m.-1 p.m.) Learn parenting techniques with "Love and Logic" principles. (This is the first class in a series of seven.)
- 3, 17 LEGAL ASSISTANCE AT FFSC (9 a.m.-3 p.m.) Legal assistance appointments will be performed by a NLSO attorney two times per month at FFSC. The attorneys are available for the usual legal assistance services—powers of attorney, immigration, consumer law, creditor/debtor issues, divorce, etc. Contact 081-568-4576 for more information or to make an appointment.

### MAY

- 31 NAPLES TOASTMASTERS CLUB presents "Effective Use of PowerPoint in your Presentations," a free workshop at 6:30 p.m. in the S.S. Community Room. Learn how to use PowerPoint slides to enhance a presentation not distract from it by using graphics relevant to your topic; letting content guide the design of PowerPoint slides; and putting simplicity, brevity and clarity at the forefront of your presentation's design plan. FMI, contact Jasandra Brown at 081-811-4549 or jasandra.brown@eu.dodea.edu.

### JUNE

- 1 VEC BEGINS PROCESSING 4<sup>TH</sup> QTR TUITION ASSISTANCE DOCUMENTS Plan ahead! Make sure your application will be processed for a class starting in the fourth quarter. Visit the Navy College Office for more information.
- 1 REHEARSAL FOR COLLEGE GRADUATION CEREMONY at 3 p.m. in the Capo theater. Call the Navy College Office at 081-568-6681/6683/6678.
- 2, 9, 16 WEB TUITION ASSISTANCE BRIEF at Capo, Admin II, Room G-014. Sailors need to attend a WEB TA brief prior to using WEB Tuition Assistance. Briefing starts at 1 p.m. June 2 and 16, and 9 a.m. June 9. Contact the Navy College Office for more information.
- 3 ANNUAL GRADUATION/RECOGNITION CEREMONY AND RECEPTION Everyone is invited to attend the ceremony in the Capo theater at 10:30 a.m. Call the Navy College Office or your college for more information.
- 3, 7, 10, 14, 17, 21, 24 CLEP TESTS are given on Tuesdays and Fridays in the National Test Center at Capo, Admin II at 9 a.m. Make an appointment at the University of Maryland University College office by calling 081-568-6673/6675.
- 8 CONNECT THE TOTS CLUB COFFEE TALK at 10 a.m. at the Support Site Navy Lodge cafe. Prospective members welcome! Find out what Connect the Tots is all about. Bring a ball and/or toys to share, so children can play in the grassy area. For more information on the club and to see more upcoming activities, visit [www.meetup.com/Connect-the-Tots-Club/](http://www.meetup.com/Connect-the-Tots-Club/).
- THROUGH 10 NAPLES TIGER SHARKS SWIM TEAM Evaluations for the Summer Swim program and swim team will be held at the S.S. pool. Swimmers must be able to demonstrate 50-100 meters of at least 2 of the 4 competitive strokes. Open to U.S. and NATO ID card holders between the ages of 6 and 19. Contact Coach Jane Higgins at [Higginsx5@yahoo.com](mailto:Higginsx5@yahoo.com).
- 11 CONNECT THE TOTS CLUB YARD SALE from 9 a.m. to 12:30 p.m. in the Village Forum Courtyard (rain location: Community Center). Lots of baby gear, children's toys and much more! For more info about the club, visit [www.meetup.com/Connect-the-Tots-Club/](http://www.meetup.com/Connect-the-Tots-Club/).
- 14 CONNECT THE TOTS CLUB FATHER'S DAY CRAFT at 10 a.m. at the Support Site Fellowship Hall. Prospective members welcome! For more information, visit [www.meetup.com/Connect-the-Tots-Club/](http://www.meetup.com/Connect-the-Tots-Club/).
- 16 MONTHLY BABY BASICS CLASS (9 a.m.-12 p.m.) offered by the Navy-Marine Corps Relief Society visiting nurses. The course is in the NMCRS office at Capo, Admin II, Room G-016. Topics include newborn care (i.e. bundling, diapering & bathing); feeding, crying & comforting; health & safety; etc. Contact NCMRS at 081-568-3913 for registration and info.
- 17 SAT TEST The Navy College Office will administer the SAT at 7:45 a.m. Make an appointment now by calling 081-568-6681 or visiting the NCO.
- 22 Connect the Tots Club will visit the Support Site fire station at 3:30 p.m. Prospective members welcome! For more information on the club and upcoming activities, visit [www.meetup.com/Connect-the-Tots-Club/](http://www.meetup.com/Connect-the-Tots-Club/).

### VOLUNTEERS NEEDED

**THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS.** For more information on ASC, e-mail [el\\_karniati@hotmail.com](mailto:el_karniati@hotmail.com) or visit <http://www.alliedspousesclub.50webs.com/>.

**DEFY NEEDS ADULT/JUNIOR MENTORS!** Drug Education for Youth (DEFY) is seeking active duty personnel and/or DoD civilians to fill volunteer positions. Participants must be committed for a year (five-day summer leadership camp and a school-year mentoring program). All applicants must be at least 13 years old and complete a volunteer application no later than May 29. For more info., e-mail [yolanda.daniel@eu.navy.mil](mailto:yolanda.daniel@eu.navy.mil) or [sylbert.daniel@eu.navy.mil](mailto:sylbert.daniel@eu.navy.mil).

**THE PTSA (PARENT TEACHER STUDENT ASSOCIATION) BOARD** is seeking new officers for the 2011-12 school year. Positions open include president, vice president, treasurer, teacher representative, membership, publicity and secretary. Monthly meetings determine activity and funding requests, event sponsorships, event planning, fundraising and other important topics vital to our middle and high school! For more info. or to apply, e-mail [nhptsa@gmail.com](mailto:nhptsa@gmail.com).

**FORGOTTEN TREASURES THRIFT STORE** needs the right person(s) to fill the important role of manager/co-manager. This is a fulfilling and rewarding role that makes such a difference in our community. The store's profits are what make NOSC's charitable donations possible. The volunteer should be organized, able to motivate others and must possess a strong work ethic. For information contact [noscspresident4@gmail.com](mailto:noscspresident4@gmail.com) or [tstoreschedule@gmail.com](mailto:tstoreschedule@gmail.com).

More "Inside Page" on Page 11

# Armed Forces Olympics ends in tiebreaker

By MCI (NAO) John Parker  
NSA Naples Deputy PAO  
Photos by "Panorama" staff

The 17th annual Armed Forces Olympics, hosted by Morale, Welfare and Recreation, took place May 20 at Carney Park.

With seven different teams competing for one trophy, the competition was fierce. It was a year of firsts: a team from the USS Mount Whitney (LCC/JCC 200) came down from Gaeta to compete, and the Naval Computer and Telecommunications Station (NCTS) team was finally beaten after three straight years of being crowned champions.

This year's event was the closest in many years as the last event of the day determined the winner. The Mt. Whitney, in their first appearance at the Armed Forces Olympics, took second place after a tough tug of war tiebreaker against Naval Support Activity (NSA) Security. In the end, it was NSA Security who was crowned this year's champion, with NCTS coming in third.



With a trophy on their minds, runners give it their all in the 100-meter dash—everyone's favorite event.



The Seabee team from NSA Naples gives it all they've got during the tug of war contest.



With time running out, competitors throw layup after layup during the Basketball Hot Shots competition.



The Seabee team from NSA Naples gives it all they've got during the tug of war contest.

## VICTORY

continued from Page 1

bumps, blisters, bruises and twisted ankles; pushing themselves physically, mentally and emotionally as part of the course to be Division II champions.

Listed below are "excerpts" from a victorious story:

**Game #1** – Naples vs. Bamberg: score 4 to 1

"Kicking" Katy Waller (right midfielder) and sister Abby Waller scored; and Alexandra ("A") Mack scored twice delivering a defeating blow to Bamberg.

**Game #2** – Naples vs. Bahrain: score 3 to 0

Defender Ashley Willey scored and A. Waller, who alternated as left midfielder and forward, scored twice, which benched Bahrain in the playoffs. Melody Fenton's, Alexia Maschmeier's, Kyleigh Doyle's, and Cassidy Williams' defensive and offensive talent shut down Bahrain's offense.

**Game #3 (quarter final)** – Naples vs. Aviano: score 3 to 2

Awesome A. Waller dropped one in the net off a corner kick from Mack. And Isabella "Bella" Lucy scored as well as Mack with an assist from Ashley Willey.

**Game #4 (semifinal)** – Naples vs. Bitburg: score 4 to 2

Lucy booted one into the net and Mack executed with magic scoring two goals in overtime completing a "hat trick."

Intense pressure was brought on by Alex Foley, Grace Hebert and Montana Lynch-Bieder, who were quick and responsive to defend throughout the four-day tournament.

Goalies Emily Cannon and Sydnye Harris had innumerable saves, which also contributed to the Wildcats phenomenal season and tournament.

Last but not least, in recognition of the team's seniors: Sofia Cianciaruso, Chantal White, Lindsay Bonnema and Emily Cannon, it was an excellent season.

The closing story lines of the

championship game had a great ending, but it was not a fairytale. The enthusiasm and expectation of becoming title champions between the Lady Wildcats and the Cougars possessed a magnetism of its own. Parents and patrons were drawn to pause and applaud the can-do spirit of these teenage soccer titans. After the dust settled from a Cougar two-point lead over the Wildcats during the first half, the Wildcats rose victorious with a 3-2 win in great part due to Kelsey Ortwein's 40-yard shot. This win was won with skill, finesse in many respects by ordinary "ladies" who decided they could do the extraordinary: undefeated season, regional champs and Division II Champions of 2011.

Lady Wildcats, Mack, Lucy and Willey, were recognized as three of the top 10 Division II players of the tournament. Mack was selected by the tournament coaches for her talent, tenacity and phenomenal tournament stats of eight goals and three assists. She earned Division II Most Valuable Player of the European Tournament 2011.

A job well done, Lady Wildcats!

## A message from the chaplain Moving...again

By Capt. Ivan Arreguin, CH, U.S. Army Allied Forces Southern Europe (AFSOUTH) Battalion, USANATO, Joint Force Command, Naples, Italy

Do we have orders? Mom, can I have my own room? What are the schools like? Will I find any friends? Where are we going to now? Did you make an appointment with the packers? What did the detailer or branch say?

Question after question floods our brains each time the prospect of moving to a new assignment arises. Another PCS can create an enormous amount of stress and frustration coupled with excitement and anticipation.

Stress is a part of everyday life. For us in the military, however, stress comes knocking at our door more often than we would like. So how do we manage our stress? How do we safely transition not only ourselves but our loved ones also? There are numerous coping skills for stress, but allow me to identify two with the hope of encouraging your mind and heart.

*We need a sense of purpose.* It is that internal shifter that allows us to change from one gear to another and adapt to the road map of life. Read the words from the Bible: "You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you, Lord, know it completely. You hem me in behind and before, and you lay your hand upon me," (Psalm 136:1-5).

Yikes? Is God that familiar with us? Yes. To some it would be frightening to know that God is intimately involved, while to others, that is a source of comfort and strength. Knowing that God offers control for your life (sense of purpose) provides you with confidence to engage positive and negative circumstances. You can trust God because He knows the best routes for your life.

*We need companionship.* The internet has exploded with opportunities to maintain our friendships. The basic human need for companionship is powerful. Scripture states, "Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn [deployment], if I settle on the far side of the sea [Naples, Italy], even there your hand will guide me, your right hand will hold me fast," (Psalm 136:7-10).

Wow! God promises to be by our side always. God has a proven track record of being a faithful companion (anchor) in the storms of life, providing stability and security. One can depend upon His 24-hour accessibility anytime. So run to Him and let Him know how you are feeling inside. There is nothing that will take God by surprise, even though many things can easily take us by surprise.

Be it another PCS, news about health issues, finances, relationships, employment, etc., God desires to walk among us in life. God offers a sense of purpose with a guarantee—He knows what is best for us.

Chaplain Arreguin is an ordained minister under Conservative Baptist of America.



Another PCS can create an enormous amount of stress and frustration. Since stress is a part of everyday life, especially for us in the military, we must learn how to cope with it. Turn to God for companionship; He's accessible 24/7. Be it another PCS, news about health issues, finances, relationships or employment, God desires to walk among us in life. (Photo by Brian Miller)

## Girl Scout Camporee

Story by Staci Gelb  
Girl Scouts Overseas Committee Chair  
Photos by Stuart Gelb

The Naples Girl Scouts packed a lot of activities and learning into one busy weekend. Girl Scouts from Rome and British Girl Guides joined Naples Girl Scouts in the Back to Basics Camporee at Carney Park. The girls, their leaders and volunteers from the community took part in outdoor fun and scouting traditions.

One hundred ten girls were divided up into six groups, who rotated through six activity stations. During the rotations, the girls learned how to build a shelter, administer basic first aid, tie knots and build a fire. Using a compass, the girls had to find their way to each activity.

But the best part of the weekend was Girl Scouts' and Girl Guides' trading traditions. The Girl Guides taught scouts how to make camp blankets to wear at camp fires. In return, the Girl Scouts taught the guides how to make a sit-upon.

Camporee ended with a Girl Scout bridging ceremony for those girls who have completed one program level and were ready to cross into the next. After it all was over, tired, but happy girls left the campground asking what will be planned for next year.

(Right) Staci Gelb, overseas committee chair, lines up the girls for the bridging ceremony.



Brenna Janssen, a volunteer, shows the girls how to make a sit-upon as just one of many of the Camporee activities.



A lot of the girls show off their handmade camp blankets.

## AFN Europe moving to new satellite

From AFN Europe Public Affairs

AFN's satellite delivery platform is changing, requiring viewers who have an AFN decoder and satellite dish in their home to make some changes by July 31 to continue to get AFN TV.

"We know this change will inconvenience folks," says AFN Europe Commander Bill Bigelow. "But we're doing all we can to help viewers make the necessary adjustments. We've set up a toll-free help desk, online manuals and how-to videos to try and facilitate a

smooth transition to the new satellite."

The AFN Help Desk will be manned Tuesday through Friday from 1 to 9 p.m. and Saturday from 10 a.m. to 8 p.m. PM (Central European Time). Viewers from Germany, Italy, Belgium, the U.K. and most other European countries will be able to call in via a toll-free number, 00800-2362683662 (00800-afnantenna).

Since the process of setting up a dish and re-adjusting a decoder varies according to

decoder model, location and other variables, the help desk and online materials are especially critical. AFN Europe has posted manuals and how-to videos in English, German and Italian at [www.afneurope.net](http://www.afneurope.net). Click on the Eurobird 9A icon for the manuals and videos.

Direct-to-home viewers will need to reconfigure their home decoder and realign their satellite dish from the current satellite Hotbird 6/9 at 13° East, to the new satellite, Eurobird 9A (EB9A) at 9° East.

## Support Site residents: Cable and AFN update

From Housing

The existing mode of receiving your AFN signal to your home will be discontinued by the end of this fall.

On-base residents must sign up for the Basic AFN package in order to receive the AFN signal, which includes the 10 AFN channels plus one Italian channel. (The Basic AFN package with one decoder is free). Once your unit is cabled in, you will no longer have the existing AFN connection. Therefore, you must visit the Residential Services Center at the NEX. The new Expanded TV service, which includes 30 Sky Channels in English, 6 Italian channels plus "Pay per View," is provided under a service agreement through the NEX with a standard fee.

We highly recommend that you sign the agreement before your scheduled installation; this will avoid interruption of service. Housing and NEX, along with Telecom Italia, have provided a schedule for the roll out. The cabling that brings in the Expanded TV channels will be installed one building at a time. Two weeks prior to your building being wired, you can go to the NEX Residential Services office to sign the service agreement either for the Basic AFN package or the Expanded TV service. This document is required before Telecom starts the installation.

For additional information, visit the Residential Services office Monday through Saturday from 9 a.m. to 6 p.m. or call 081-813-5321.

# Phoenix Express 2011 begins in Souda Bay, Crete

By MC2 (SW) Jeff Troutman  
Navy Public Affairs Support Element-East Detachment Europe

Phoenix Express 2011 (PE-11), a multi-national maritime exercise between U.S., North African and European naval forces, commenced training in Souda Bay, May 23. PE-11, a three-week evolution divided into two phases, is designed to enhance regional maritime partnerships.

Maritime and land forces from 14 countries will participate in the international military partnering exercise in the Mediterranean Sea through June 15, and will serve as a unique training opportunity to enhance each country's ability to work together and to deter illicit trafficking at sea.

Exercise events will consist of training in Maritime Domain Awareness (MDA) and Interdiction Operations (MIO), Command and Control from an ashore Combined Maritime Operations Center (CMOC), Search and Rescue operations (SAR), communications, division tactics, and medical response.

"Phoenix Express has evolved over the past six years, growing from six nations in 2005 to 13 participants this year. It is an

essential training exercise in the Mediterranean that fosters trust among Allies and Partners, leverages our combined maritime strength, and promotes unity of effort to overcome common threats against our maritime security," said Capt. Martin Beck, commander Task Force Phoenix Express 2011. "The classroom training combined with live at-sea events provides a robust opportunity to share a wealth of expertise and experience among the 13 countries participating in this year's exercise."

The in-port phase of the training will focus on medical and MIO training at the NATO MIO Training Center in Souda Bay. Additionally, combined maritime forces pierside will coordinate workshops in helicopter operations and safety, damage control and firefighting, deck seamanship, navigation, SAR, small boat operations and a leadership roundtable. Once the in-port phase is complete, ships and personnel will depart Souda Bay and sail into the central Mediterranean Sea to begin the underway training phase.



Moroccan navy frigate Hassan II (F 612) and U.S. Navy Oliver Hazard Perry-class frigate USS Robert G. Bradley (FFG 49) are pierside in Souda Bay as Phoenix Express 2011 begins. (Photo by MC1 Edward Vasquez)

While underway, ships and their personnel will focus on MDA and the automatic identification system, to include interaction between forces afloat and the CMOC ashore. Combined maritime forces will also execute a series of scenarios exercising force protection measures, MIO—to include visit, board, search and seizure (VBSS) and helicopter VBSS (HVBSS)—SAR, replenishment at sea, towing and helicopter operations.

U.S. units participating in Phoenix Express include USS

Robert G. Bradley (FFG 49), USS Stephen W. Groves (FFG 29) and Military Sealift Command's maritime prepositioning ship USNS LCPL Roy M. Wheat (T-AK 3016) and fleet

replenishment oiler USNS Big Horn (T-AO 198). Additional U.S. Naval Forces Europe-Africa staff personnel will also participate alongside other international naval forces in this exercise.

## Energy conservation

*It's too hot. It's too cold.*

From Energy Manager Tool Kit



Anybody who has performed energy surveys in work spaces has heard these cries for help. Due to differences in human metabolism, sometimes people who sit right next to each other have the opposite complaint. Another interesting human variable: some people want to turn the heat up to 22°C in the winter and turn the air conditioning down to 20°C in the summer. That just doesn't make sense!

The Navy has energy efficiency standards that apply to space temperatures: Cool to no lower than 26°C, and heat to no higher than 21°C. Since these are average temperature targets, different rooms might have different temperatures, especially in older buildings with large areas and few thermostats. Navy standards also exist for after hours, to adjust temperature set points to provide less heat in the winter and less cooling in the summer when the building is unoccupied.

It seems like opening windows should help if you're too warm, but it wastes energy when the heat or air conditioning is running. Your open window can confuse a thermostat that controls the heat supply to spaces that aren't benefiting from your outside air, and make it difficult to pinpoint the source of their temperature complaints (you).

The best things you can do if you are too warm or too cold are dress in layers and let your supervisor and facility energy monitor know about your issues. Your building's climate control system may be in need of some attention, especially when everyone has the same complaint. If you tend to be cold and sit in a colder area of the building, you might ask your supervisor if you can move to a location that's a better fit for your metabolism.

For questions, comments, suggestions or concerns, call 081-568-5568 or e-mail [EURAFSWAEnergyConservation@eu.navy.mil](mailto:EURAFSWAEnergyConservation@eu.navy.mil).

## Approach parenting with 'Love and Logic'

By Larry Nelson, FFSC

Larry Nelson, a clinical social worker at Fleet and Family Support Center FFSC, has been teaching the Becoming a Love and Logic Parent course since July 2010. He will begin the eighth course Thursday, June 2. Each course consists of seven modules; each module lasts about two hours.

The founders of Love and Logic Parenting say that parents can benefit sometimes from one to three modules if they cannot attend all seven. Parents are able to attend as many courses and as many modules as they find beneficial. Repetition is the hallmark of learning, and parents are encouraged to attend as often as they like to review the lessons.

Love and Logic is not the only way to work with children, and it will not work for everyone or on every child. The course helps parents in understanding and using techniques so that they can raise the odds in favor of successful parenting. Love and Logic parenting is not a course about what is wrong with parents. It is a course on things that parents can do to make their lives with their children easier.

Love and Logic parenting is an approach to raising kids that provides loving support from parents while at the same time expecting kids to be respectful and responsible. The Parenting with Love and Logic philosophy was founded by educator Jim Fay and child psychiatrist, Foster W. Cline, M.D. Fay teaches us that we should "lock in our empathy, love and understanding" prior to telling kids what the consequences of their actions will be.

The parenting course teaches parents how to hold their kids accountable in this special way. This Love and Logic method causes the child to see their parent as the "good guy" and the child's poor decision as the "bad

guy." When done on a regular basis, kids develop an internal voice that says, "I wonder how much pain I'm going to cause for myself with my next decision?" Kids who develop this internal voice become more capable of standing up to peer pressure. What more could a parent want? Isn't that a great gift to give your child? Parent child relationships are enhanced, family life becomes less strained, and we have time to enjoy our kids instead of either feeling used by them or being transformed from parent to policeman.

The Love and Logic technique in action sounds like this:

Dad: "Oh, no. You left your bike unlocked and it was stolen. What a bummer. I bet you feel awful. Well, I understand how easy it is to make a mistake like that." (Notice that the parent is not leading with anger, intimidation, or threats.) Dad then adds, "And you'll have another bike as soon as you can earn enough money to pay for it. I paid for the first one. You can pay for the additional ones."

Love and Logic parents know that no child is going to accept this without an argument, but Love and Logic parents can handle arguments. Fay advises "just go brain dead." This means that parents don't try to argue or match wits with the child.

They simply repeat, as many times as necessary, "I love you too much to argue." No matter what argument the child uses, the parent responds "I love you too much to argue." Parents who learn how to use these techniques completely change, for the better, their relationships with kids and take control of the home in loving ways.

To attend the course, contact FFSC at 081-811-6372 to sign up for the modules you would like to attend.

### Upcoming Love and Logic course schedule

Introduction to Love and Logic Parenting: Wednesday, June 1, 11:30 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #1: Thursday, June 2, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #2: Friday, June 10, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #3: Wednesday, June 15, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #4: Thursday, June 23, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #5: Thursday, June 30, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #6: Thursday, July 7, 11 a.m.-1 p.m.

Becoming a Love and Logic Parent, Module #7: Thursday, July 14, 11 a.m.-1 p.m.

## MORE INSIDE PAGE...

### VOLUNTEERS NEEDED *continued*

**GIRL SCOUTS NEED YOUR HELP!** PCS season is coming and the new Girl Scout fiscal year is approaching. Two vital roles must be filled in the Overseas Committee Member Team in order to keep Girl Scouts in the Naples area. If you would be interested in becoming the Overseas Committee Chairperson or Secretary, e-mail [naplesgs@yahoo.com](mailto:naplesgs@yahoo.com) with a brief description of yourself. Come help build girls of "courage, character, and confidence!"

**NAPLES HIGH SCHOOL MUSIC BOOSTERS** is looking for volunteers to fill board member positions. If you're looking for a way to make a positive impact in our community, then this is your opportunity. You don't need any special musical talent; just the desire to help! Contact Mike Maschmeier at [crash-masch@gmail.com](mailto:crash-masch@gmail.com).

**NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS.** The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.

**NAVY LEAGUE OF THE U.S./NAPLES COUNCIL** is seeking board members. Those interested, contact Betty Reese at 081-526-8051 or [breese@cybernet.it](mailto:breese@cybernet.it).

**NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE (coupons):** 081-568-3913.

**NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES.** Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to [nalexander@afsouth.nato.int](mailto:nalexander@afsouth.nato.int).

**NAPLES OVERSEAS SPOUSES CLUB (NOSC).** Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store. FMI, e-mail [nosctshop@gmail.com](mailto:nosctshop@gmail.com) or call 081-811-4200.

### ONGOING/ON THE HORIZON

**NAPLES TOASTMASTERS CLUB** meets every first and third Tuesday of the month in the Community Room on the Support Site at 6:30 p.m. If you want to gain or improve your public speaking, grow more confident in your presentation skills, increase leadership potential or take on leadership roles, the Naples Toastmasters Club is the place to come in pursuit of your goals. FMI, contact Jasandra Brown at 081-811-4549 or [jasandra.brown@eu.dodea.edu](mailto:jasandra.brown@eu.dodea.edu).

**SURE START APPLICATIONS** for the 2011-12 school year can be picked up at the Naples Elementary School front office. Sure Start is a unique program committed to providing the highest quality of education for command-sponsored children of enlisted personnel (priority E1-E4) who are 4-years-old by Sept. 1. FMI, call Karen Rodriguez at 081-811-4682 or the school at 081-811-4037.

**PROSPECTIVE MEMBERS WELCOME AT ALL CONNECT THE TOTS CLUB ACTIVITIES!** The CTT Club hosts events, crafts and outings designed for you and your child (infancy through preschool). For more information on the club, visit [www.meetup.com/Connect-the-Tots-Club/](http://www.meetup.com/Connect-the-Tots-Club/).

**RELIGIOUS SERVICES AT U.S. NAVAL HOSPITAL NAPLES** Tuesday Meditation & Prayer (7:15-7:45 a.m.) in the hospital chapel. Traditional hymn and praise and worship music will be provided during this time. Wednesday Roman Catholic Mass (11:30 a.m.-12 p.m.) in the hospital chapel. Call 081-811-6451 to confirm that Mass is being held. Thursday Men's Fellowship and Bible Study (6-7 a.m.) in the hospital galley.

**FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY** meets every 1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact Catherine Katimbang at [catherine.katimbang@eu.dodea.edu](mailto:catherine.katimbang@eu.dodea.edu) or visit their Facebook page: Fil-Am Naples.

**CATHOLIC WOMEN OF THE CHAPEL** meets monthly in the Support Site Fellowship Hall for prayer and fellowship. Child care provided. For information, contact Eileen Mayette at [cwcnaples@gmail.com](mailto:cwcnaples@gmail.com).

**AMERICAN RED CROSS IS LOOKING FOR INTERNS** to fill leadership positions. Opportunities include publicity, volunteer administration, youth volunteer administration, marketing/fundraising, and they will also work with people looking for experience in a specific field. Interns must be at least 18 years old. Apply at their office at Capo, Admin II, Room G028.1 or contact them at 081-568-4788 or [lambertg@usa.redcross.org](mailto:lambertg@usa.redcross.org).

**CUB SCOUT PACK 007** Want to camp in Nettuno, hike in Cuma, go bowling or participate in swimming and archery? Then Cub Scouts is the place for you! Boys in first through fifth grade meet three times per month to learn skills that they apply on hiking, camping and service outings. FMI, contact [naples-cubmaster@gmail.com](mailto:naples-cubmaster@gmail.com) or visit [www.cubscoutingnaples.org](http://www.cubscoutingnaples.org).

**THE FFSC CAPO OFFICE**, located on the first floor of Admin II, is open Thursdays and Fridays from 7:30 a.m.-4 p.m. A licensed clinician and an Information & Referral/Intercultural & Relations Specialist are available to service the needs of the Capo community. Please call for further details, questions or to schedule an appointment at 081-568-3761.

**NAPLES COMMUNITY GIRL SCOUTS:** To join Girl Scouts or to get more information, e-mail [naplesgs@yahoo.com](mailto:naplesgs@yahoo.com).

**THE KNIGHTS OF COLUMBUS**, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at [kofcnaples@gmail.com](mailto:kofcnaples@gmail.com) or visit <http://sites.google.com/site/kofcnaples/home>.

**NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION** meets regularly to support families on their homeschooling journey. FMI, contact Susan Van Cleave at [sdwvanleave@msn.com](mailto:sdwvanleave@msn.com).

**GAETA GIRLS** Interested in Girl Scouts? A multi-age troop meets in Gaeta for the 2010-2011 year. If you are interested in joining or have any questions, e-mail [naplesgs@yahoo.com](mailto:naplesgs@yahoo.com).

**BOY SCOUT TROOP 007** holds troop meetings every Monday from 6:30-8 p.m. in the Support Site Community Center. FMI, contact Scoutmaster Dennis Smith at 081-811-5585 or [dennis@sulfurcreek.com](mailto:dennis@sulfurcreek.com).

**HARRY S. TRUMAN LODGE No. 649** meets every Friday at 7:30 p.m. FMI, contact Kevin Baker at 338-479-7023 or [hst649sec@yahoo.com](mailto:hst649sec@yahoo.com). Visit <http://www.hst649.org>.

**WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM** is offered at NSA Naples. Women who are pregnant, breastfeeding, postpartum or have an infant or child under the age of five may qualify for the program. WIC Overseas is a nutrition education program that provides nutritious supplemental foods. For more information, contact the WIC Overseas Office at 081-811-4962.

**EDIS SCREENINGS NOW AVAILABLE** Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

**MONTHLY CHILD FIND SCREENINGS AT NES.** Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4037 for an appointment.

**NAPLES AMERICAN RED CROSS** holds orientation from 8:30-10 a.m. the first Wednesday of every month. For more info., call 081-568-4788.

**THE WELFARE & RECREATION ASSOCIATION** is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit <http://www.wraitalia.it/>.

**ATTN MILITARY RETIREES AND SURVIVORS:** Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info. and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

**PROTESTANT WOMEN OF THE CHAPEL (PWOC)** holds Bible Study every Tuesday at 9 a.m. (child care provided) at the Support Site Fellowship Hall. FMI, contact Tammy Owens at 081-811-5056.

## Reel 2 Times cinema

- |  |  |
|--|--|
| <p>5 p.m. Pirates of the Caribbean: Stranger Tides, PG-13, <i>Premiere Showing</i></p> <p>6 p.m. Thor, PG-13</p> <p>8:30 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>9 p.m. Source Code, PG-13, <i>21 Plus Movie &amp; Premiere Showing</i></p> <p><b>Saturday, May 28</b></p> <p>12 p.m. Hop, PG</p> <p>2:45 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>5 p.m. Source Code, PG-13</p> <p>5:30 p.m. Hanna, PG-13, <i>Premiere Showing</i></p> <p>8:30 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>9 p.m. The Lincoln Lawyer, R</p> <p><b>Sunday, May 29</b></p> <p>12 p.m. Hop, PG</p> <p>2:45 p.m. Hanna, PG-13</p> <p>5 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>6:30 p.m. Thor, PG-13</p> <p>8:30 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>9 p.m. Source Code, PG-13</p> <p><b>Monday, May 30</b><br/><i>Holiday Movie Hours</i></p> <p>12 p.m. Hop, PG</p> <p>2:45 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>5:30 p.m. Hanna, PG-13</p> | <p>6 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>8:30 p.m. Sucker Punch, PG-13</p> <p>9 p.m. Paul, R</p> <p><b>Tuesday, May 31</b></p> <p>4:30 p.m. Battle of Los Angeles, PG-13, <i>Last Showing</i></p> <p>6 p.m. Red Riding Hood, PG-13</p> <p>8:30 p.m. Hanna, PG-13</p> <p>9 p.m. Source Code, PG-13</p> <p><b>Wednesday, June 1</b></p> <p>12 p.m. Hanna, PG-13</p> <p>2:45 p.m. Thor, PG-13</p> <p>5 p.m. Fast Five, PG-13</p> <p>6 p.m. Pirates of the Caribbean: Stranger Tides, PG-13</p> <p>8:30 p.m. Red Riding Hood, PG-13, <i>Last Showing</i></p> <p>9 p.m. The Lincoln Lawyer, R</p> <p><b>Thursday, June 2</b></p> <p>12 p.m. Sucker Punch, PG-13</p> <p>2:45 p.m. Limitless, PG-13</p> <p>4:30 p.m. Hanna, PG-13</p> <p>6 p.m. Thor, PG-13</p> <p>8:30 p.m. Fast Five, PG-13, <i>Last Showing</i></p> <p>9 p.m. Paul, R</p> <p><b>Friday, June 3</b></p> <p>4:30 p.m. Kung Fu Panda 2, PG, <i>Premiere Showing</i></p> <p>6:30 p.m. Kung Fu Panda 2, PG</p> <p>8:30 p.m. Source Code, PG-13</p> <p>9 p.m. The Hangover 2, R, <i>21 Plus Movie &amp; Premiere Showing</i></p> |
|--|--|

**Reel Time**  
CAPODICHINO

**Friday, May 27**

7 p.m.: Paul, R

**Sunday, May 29**

2:30 p.m.: Source Code, PG-13

**USO**

*Until Every One Comes Home.*

<http://www.uso.it>  
Capodichino 081-568-5713  
Support Site 081-811-4903

**USO DAILY TOURS**

**May 28**

Shopping in Deruta . . . . . €65

**May 29**

Legends of wine in Avellino . . . . . €65

**May 30**

Island of Capri with lunch . . . . . €65

**WEEKEND TOURS**

**June 4-5** Florence & Pisa Weekend . . . . . €165

**Jun 18-19** Father's Day weekend in Maranello . . . . . €230

**June 30-July 4** 4th of July in Switzerland. €543

**Sept. 1-5** Labor Day at Cinque Terre. . . . . €429

**Sept. 21-26** Oktoberfest 2011 . . . . . €385

**Oct. 15-16** Perugia Euro Chocolate Festival . . . . . €187

## New York firefighters bond and compete with Italians in Naples' 10K race

Story by Lou Freed

A first for Naples, five New York Fire Department firefighters, Salvatore Belmonte, Michael Kennedy, Steven Lubrino, Glenn Raynor and John Signorile, took part in the Napoli Road Runners' second "Italian-American Joint Forces 10K Trophy Race" May 22. Their presence forged a friendship between Italy's National Firemen Corps and the New York Fire Department.

U.S. Consul-General Donald Moore also participated in the competition. The Consul, who enjoys jogging, said he was happy to take part since "it is important to find opportunities to strengthen the friendship and partnership between Italy, Naples, New York and the United States."

The Italian-American Joint Forces Trophy Race is within the umbrella of the annual Naples-New York Park to Park 10K Race, and is organized by Emilio Gramanzini, Naples' sports councilor, and the Napoli Road Runners Sports Association.

Besides welcoming the firemen May 20, the organizers and Naples tourism officials praised the visitors for their job and thanked them as American "pioneers" in the running program. The officials also expressed the hope that the New Yorkers would inspire future fellow state participants.

In an interview, four firefighters said they had previously raced stateside, but it was the first time for John Signorile. Lubrino was motivated to join for the "opportunity to meet new people from Naples and start a relationship with Park to Park." For Belmonte, it was a "chance to meet other firefighters," and for Raynor "the ability to



Naples' U.S. Consul-General Donald Moore (center) and the New York Fire Department firefighters (left to right), Steven Lubrino, Michael Kennedy, Salvatore Belmonte, John Signorile and Glenn Raynor, pose before the Park to Park 10K Race May 22 at the Caracciolo waterfront. The firefighters competed in the "Joint Forces Trophy" category against Italian military and other government agencies' personnel. (Photo by Gianluca Agata, courtesy of the Napoli Road Runners)

run and compete with personnel from other armed forces and agencies around the world." To "compete internationally" inspired Kennedy.

While in Naples, the group experienced "incredible food and views," "amazing history" and "extremely friendly people, who treat you as if you were family."

A blessing from Naples' Cardinal Crescenzo Sepe as well as the entertainment provided by the U.S. Naval Forces Europe Band, Cava di Tirreni flag twirlers and musketeers preceded the race. Then, under cloudy skies and high humidity, a total of 600 runners competed for an hour along the panoramic Caracciolo seafont. Among the 2011 Joint Forces Trophy competitors were 100 Italian and American military and government agency personnel. Finally, emerging as winners were Moroccan Abderrafii Roqti and Neapolitan Martina Rocco in the men's and women's categories. The Guardia di Finanza team, winner of the 2010 joint trophy, again garnered the award this year.



The Italian-American Joint Forces Trophy (left) won by the Guardia di Finanza team and the Naples Park to Park 10K Race medals (right) that Moroccan Abderrafii Roqti and Neapolitan Martina Rocco won respectively in the men's and women's general category. (Photo by J. Freed)

If you have been sexually assaulted or need to speak with a S.A.P.R. victim advocate, call 335-640-6621 24/7 for information and support.

## Dr. Akins presents recent research about ADHD

By Cynthia Gracianette, Ph.D.  
Child Psychologist

The ADHD (Attention Deficit Hyperactivity Disorder) Parent Support Group was given the latest information about ADHD from Cmdr.(Dr.) R. Scott Akins, Navy developmental pediatrician from Portsmouth, Va., during a presentation at Naples Elementary School (NES), May 4. Akins was in Naples to provide itinerant services for U.S. Naval Hospital Naples and he offered his knowledge to help parents who have children with ADHD.

Akins reviewed the core symptoms of ADHD, which are comprised of various inattentive and impulsive-hyperactive behaviors. If a child demonstrates a pattern of inattentive behaviors, he is considered ADHD, primarily inattentive type. Akins noted that ADD, or Attention Deficit Disorder, is often used but is not the proper medical term for this disorder. If a child demonstrates a pattern of hyperactive-impulsive behaviors, he is considered ADHD, primarily impulsive type. The child who demonstrates both types is considered ADHD, combined type.

Akins also noted that these symptoms must impact a child's daily functioning. If a child has these symptoms and functions fine in school, then he or she would not meet the criteria for ADHD. Sometimes parents become so adapted to a child's symptoms that they do not see the impairment the teacher observes. However, parents should be attuned to teacher concerns about their child's functioning as classroom functioning is the first indication of potential difficulties in the "real world."

Akins reviewed the medical research involving ADHD, stressing that ADHD is not the result of "bad parenting." These children have a unique biological "wiring" which makes the tasks of school and daily life very difficult for them. Children with this diagnosis have distinct brain features that set them apart from their peers who do not have this disorder. Akins reported research which indicated that the prefrontal cortex (the part of the brain behind the forehead) is less developed in these children than in their peers without ADHD. Akins likened the functions of the prefrontal cortex to a "conductor" of an orchestra. This portion monitors, regulates and directs the brain to attend to the important aspects of the environment (teacher's voice in the classroom) and to tune out the unimportant aspects of the environment (fly in the room, classmate



Cmdr.(Dr.) R. Scott Akins talks to the ADHD Parent Support Group at Naples Elementary School. (Photo by Coleen Byrnes)

tapping on the desk).

Though the brain size of a child with ADHD and a child without ADHD eventually reach the same size, the way the brain functions is different. ADHD children may use motor portions of the brain during problem solving. How this impacts an adult's functioning is not clear, but it does suggest that the brains of individuals with ADHD are different from the brains of individuals without ADHD. Finally, the neurotransmitter substances in the brain of a child with ADHD are thought to be different. These neurotransmitter substances are the chemicals that help the brain cells, or neurons, talk with each other. It is thought that children with ADHD have differences in the amounts of these substances, which affect these children in their daily functioning.

Very recent research has pointed to the importance of behavioral programs in treating ADHD. While medication can have an impact, the biggest changes will come from the consistent use of behavioral programs that parents use to address their child's behavior. Parents who have a child with the diagnosis of ADHD may be prone to developing a pattern of parenting in response to their child's symptoms and behaviors that can be classified as "negative parenting." Parenting is a difficult job with children who do not struggle with ADHD. However, "negative parenting," or the use of threats of punishment, nagging, spanking as ways of making the child respond to the demands of home and school, can flow from the interactions with ADHD children. Getting ahead of these behaviors is tricky, but "positive parenting" techniques can address the difficulties associated with ADHD, so that self-esteem is protected and better functional behaviors result.

The use of behavioral program-

ming is one of the most important therapeutic interventions that parents and teachers can use to effectively address the symptoms of ADHD. Mediation may be useful to help the child benefit from programming, but the effectiveness of behavioral programming appears to outweigh medication as a treatment. There are a group of parents who have developed these skills on their own, but usually psychologists are consulted to help parents develop and support behavioral programs. Akins provided websites, like [http://ccf.buffalo.edu/resources\\_downloads.php](http://ccf.buffalo.edu/resources_downloads.php), to help parents in their efforts to support their child with ADHD.

None of the treatments "cure" ADHD, but the use of the various treatment approaches will help the student address the tasks needed to become a successful adult.

NES Nurse Coleen Byrnes, the organizer of the ADHD Parent Support Group and the front line at NES for children and families with ADHD, had invited Akins for the meeting. She started this group to provide education and parent support so that parents are able to help their children develop the skills needed to be functional adults. Byrnes noted, "Children with ADHD struggle every day, and because they struggle, so do their parents. Having Dr. Akins take the time to speak to concerned parents was a real treat. The ADHD Parent Support Group is a great opportunity for parents to not only find support, but share information and resources. Hopefully parents walked away with a better understanding of ADHD, its causes, signs and symptoms and treatments."

The last ADHD Parent Support Group meeting will be held Wednesday, June 1 at 5 p.m. in the elementary school media center. Sharon McGourty will be the guest speaker and give insight into how to make your child with ADHD successful in school and at home.

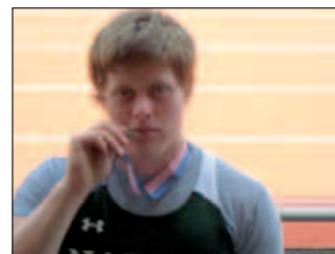
## Wildcats wrap-up

By Cynthia Fuerst - Photos by Evelyn Locatelli



### Track and field

Naples' boys took second place in Division II play this past weekend at the DoDDS Track and Field Championships. Senior Brennan Goodnature took first place with a launch of 135 feet 11 inches in the discus (outdistancing his next rival by over 7 feet). He also took second place in the shot put. Goodnature landed Field MVP honors for his division. Senior Ryheam Trahan brought home fourth place in the 300-meter hurdles and sixth place in the 110-meter hurdles. Junior John Fain took fifth in the 3000-meter run with a personal best of 9:26.42.



Senior Brennan Goodnature takes a bite of his gold medal from the discus throw. Goodnature was selected Division II Field MVP.



Senior Jessica Edmondson received silver medals for her performance in the 100- and 200-meter races.

Senior Jessica Edmondson took silver medals home for her performance in the 100 and 200, and the girls placed fourth in the 1600 sprint medley (comprised of sophomore Kelly McKee, Edmondson, freshman Delaisha Daniels and senior Katie Chartier). Sophomore Maria Beard took fourth with a personal best of 87-07 in shot put and sophomore Kelly McKee tied for sixth place in the high jump. Overall, the Lady Wildcats placed third in Division II DoDDS Track and Field Championships

### Boys' soccer

Though Naples handed the AOSR (American Overseas School of Rome) Royals—the eventual Division II champs—a solid defeat in league play two weeks ago, Naples was ejected from the double elimination tournament after three games. The Wildcats trounced the Aviano Saints (6-0), but were beaten by the Hohenfels Tigers (5-0) in their second game of play. The chance to stay in the tournament was to beat 12<sup>th</sup> seeded Bitburg. But the Bitburg Barons were able to hold the Wildcat in check by neutralizing junior striker, Nigel Alexander, and cramping his moves both on the ground and in the air. Despite this heavy cover, Alexander earned a spot on the all-tournament team along with sophomore Troy Reeves.

### Ball games

The Wildcat softball and baseball teams have been forces in the region since they entered league play three years ago. The Lady Wildcats have dominated play in Italy and have swept up DoDDS titles for the last two years. This powerhouse team still retains its dominance in the region. The Lady Wildcats have racked up commanding wins the entire season against the DoDDS teams in Italy (Vicenza, Aviano and Sigonella). They remain the Southern Region champs as they head into the larger pool of teams north of the Alps. This weekend, they are vying for division champs in the Ramstein-Kaiserslautern area against teams with little idea of their competition.

The brother Wildcats' baseball team is also a force in the Southern Region. They retained the region champs with two losses posted both to Sigonella and both by a margin of one run. Naples entered the final league game with one loss to Sig and then split a doubleheader with Sigonella May 21. The Jaguars were trailing by two runs (4-2) when a hard hit homer over center field with runners on two bases led to a 5-4 victory over the Wildcats. Three-year-veteran senior Zach Zimmermann and returning sophomore Matt Gardner are mainstays of the team though Coach Marlow has a deep bench.



Lady Wildcats' sprint medley team took fourth place: (left to right) senior Katie Chartier, sophomore Kelly McKee, freshman DeLaisha Daniels and senior Jessica Edmondson.

## Spain wins first NNYC Regatta of 2011

By Franco Veltri, NNYC  
Photos by Augusto Pulimanti

The Naples NATO Yacht Club (NNYC) opened its sailing season May 22. The event, which awoke interest and love for sport and sea, was conducted as an Open Day in the spirit of friendship among nations.

The nations represented at NATO Headquarters in Naples were invited to participate in the first international bosun regatta of the year. At the end of three rounds, Spain—followed by Italy and a Balkan team, comprised of representatives from Croatia and the former Yugoslav Republic of Macedonia—prevailed over seven other nations. The other participating nations were France, Germany, Greece, the U.K. and U.S.A.

The Spanish team won two of the three races and was maybe inspired by the words of Vice Adm. Carlos Luis Tortosa Saavedra (Spain), deputy commander Allied Maritime Command Naples, who formally opened the event.

The first optimist children's regatta of the year was also conducted during the Open Day with Italian Alessio Capuozzo prevailing over Charley

Carty (U.S.A.) and Pablo Pomares (Spain).

This NNYC event will be followed by an intense program of races, training and fun throughout the sailing season. NATO military and civilian personnel residing in the Naples area are eligible for NNYC membership; the annual family fee is currently €80. More information about the group and its calendar of activities are online at [www.nnyc.it](http://www.nnyc.it).



An enthusiastic Spanish team receives from Brig. Gen. Alfonso Candia, commodore of the NNYC, the winners' cup of the bosun regatta, which opened the NNYC sailing season, May 22.



The winner of the optimist class regatta, Alessio Capuozzo (Italy, center), shares his joy with Charley Carty (U.S.A., right) and Pablo Pomares (Spain, left). An optimist class regatta was conducted at Nisida as part of the NNYC Open Day to provide junior club members with an opportunity to demonstrate their skills.

## Le Piume Nere: Villa Literno and Ischia

Story and photo by Nat Pacchiarotti

Nineteen members of Le Piume Nere running and leisure club participated in a 10K competitive race in Villa Literno May 21.

The race began at 6 p.m. and traced a route through Villa Literno. People lined the streets to cheer on the runners and supply them with water. Two Le Piume Nere families, the Sullivans and the Ames, were even motivated to push their babies in strollers throughout the entire race. Upon crossing the finish line, participants received more water and goody bags. Le Piume participants were also given a special gift of Mozzarella di Bufala.

Not only did Le Piume Nere participate in the race Saturday, the following morning many members woke up early for a daytrip to Ischia. Fourteen members met at the Pozzuoli port to take the ferry to Ischia. For many, this was their first time to the island, and it was the perfect way to go—with the Le Piume Nere family. The international group, with trekkers from Hungary, Germany, the U.S., Great Britain, and of course, Italy, arrived at the Casamicciola Harbor and then took the scenic bus to Fontana d'Ischi and hiked the rest of the way up Monte Epomeo—the island's highest point, which offers an amazing panoramic view. After many pictures were taken, the group trekked down to Serrara Fontana, where they were treated to a traditional Ischia lunch at the cellar of club leader Gianni Interbartolo's long-time friends. The group stoked their metabolism and walked off lunch with another trek down to S. Angelo d'Ischia to make their way back to Pozzuoli. The trip to Ischia was a great success. Trekking is just one other way this club combines sport and culture.

This weekend, seven Le Piume Nere members will be gearing up for a challenging 100K in Tuscany. Some have the goal of running the entire race, while others have the goal to just finish. Competitors will meet at the starting line in Florence Saturday at 3 p.m. They have 20 hours to cross the finish line in Faenza.

Other members will stay in the Naples area for a competition Saturday at Castellammare (Salerno) for a competitive 10K beginning at 8:15 p.m. Additionally, Interbartolo encourages everyone to participate in the 5K Walk/Run for Babies at the Support Site tomorrow morning.

Other noncompetitive races are on the schedule and interested individuals and groups can contact Interbartolo at [g.interbartolo@ncnp.nato.int](mailto:g.interbartolo@ncnp.nato.int) for more information.



Members of Le Piume Nere trek up Ischia's Mount Epomeo.



# Gaining by giving back: Troop 007 Eagle projects make a difference

By Scoutmaster Dennis Smith  
with Leroy Mack

To earn the rank of Eagle Scout, one of the final requirements for a Boy Scout is to demonstrate his leadership skills by planning, developing and carrying out an Eagle Scout service project helpful to a religious institution, school or the



John Koffel and the principals from the Naples Elementary and Naples High Schools officially open the Wildcat Walkway. (Photo by Dennis Smith)

local community. These projects often take months to plan, weeks to gain the needed funds and resources, and several days, or in some cases weeks, to complete. In a whirlwind of activity over the past month, four Troop 007 Eagle Scout candidates have completed their projects in an amazing display of selfless service that spans the breadth of possibilities, depth of leadership challenges and distance of outreach to benefit others.

Taking a global approach, Eagle Scout candidate Zack Rady planned his Eagle Scout service project to provide much needed school supplies to far less fortunate students at a school in Port Gentil, Gabon, Africa. For several weekends in March, he and several of his peers stood in the vestibule at the NEX collecting donations of school supplies and funds to pack and ship them to Africa. In a display of overwhelming generosity, the Naples community donated almost 1,000 pounds of backpacks, pens, pencils, paper and other school supplies. Coordinating with the Navy in Rota, Spain and Naples, Zack will now consign the materials to Project Handclasp for delivery to Gabon. For Zack, the



Zack Rady packs over 100 backpacks full of school supplies to send them to needy students in Port Gentil, Gabon. (Photo by Steve Rady)

greatest challenge was coordinating the ever-changing logistical hurdles to finally deliver the large amount of supplies. His greatest rewards were the strong support from the Naples community and the benefits he knows the students in Port Gentil will gain from the delivery of these much-needed materials.

If you have ever waited for the bus or stood by while your child played at the toddler playground at Carney Park, you probably noticed that there were no benches nearby on which to sit

one comfortably sitting on one of the benches.

As featured in the May 6 issue of "Panorama," John Koffel's Eagle Scout service project replaced the stepping stone path in front of the Naples High School with a cobblestone Wildcat Walkway. Receiving a healthy donation of funds from the Naples Overseas Spouses Club and goods from many others to sell at the Carney Park flea market, John raised over \$4,000 to make the path last in the years to come. With the help of the Naples Chief Petty Officer Association, which charters the troop, other scouts and high school friends, the path was installed under the supervision of Mirabella Maintenance Company in one long and demanding day. According to John, the greatest challenges were the seemingly never-ending digging that was required and the attention to detail in leveling and laying the stones. He describes his greatest rewards as the amazing generosity of the community and the compliments from the many who could not wait to use the walkway. The ribbon cutting of the walkway, attended by the elementary and high school principals Mrs. Daniels and Mrs. Morgan, took place May 13.

Taking his Eagle Scout service project to the local Italian com-



Zach Sharpe paints a portion of the wall surrounding the Centro Laila School and Orphanage. (Photo by Dennis Smith)

and relax. Not anymore. As an avid outdoorsman, Eagle Scout candidate Ethan Barger chose to focus his Eagle Scout service project to assist MWR and the Naples Outdoor Recreation Center by building and installing benches at these sites. The Leopold Bench, named for its designer Aldo Leopold, is a very simple, yet classic bench design requiring a small amount of material while providing tough and enduring utility, making it a favorite for conservationists. Soliciting donations from friends and family throughout our community and in the States, Ethan was able to afford the materials for four benches with plaques to honor their donors. In a three-phase process completed over three weeks, Ethan and several volunteer scouts cut and sealed the wood, assembled the benches, resealed and then installed them over Easter weekend. Ethan explains his greatest challenge was the unexpected amount of work hours his project really required. His greatest rewards were the high scout spirit shown by the other boys in the troop in helping with his project and the pride he felt when he saw some-

munity, Eagle Scout candidate Zachary Sharpe linked up with the base chapel to provide for the needs of the Centro Laila School, a local orphanage in Castel Volturno. Raising almost \$1,000 from donations and bagging at the NEX, Zach, along with several scouts and cadets from the high school NJROTC program, set out to conquer the much-needed work on the orphanage grounds. This included clearing two large fields of knee-high grass, shrubs and dead trees, and scraping the moss from and then painting a wall surrounding the large facility. At the end of the project, where previously stood a mess of unkempt flora, are now a soccer field, volleyball court and playground, all which were all uncovered in the cleanup. As part of the project, Zach donated all remaining funds and the equipment he purchased for the work, including a new lawn mower, ax and saw, painting equipment and several liters of additional paint to help the orphanage maintain the work completed during the project. Zach's greatest challenge was determining what work to provide from a long list of so many needs. The greatest reward was



Ethan Barger proudly shows off one of four benches he and scouts from Troop 007 installed at Carney Park. (Photo by Lauren Barger)

the joy in the voices and on the faces of the children who could finally play on their playground after a long period of disuse.

By planning, sourcing and leading a group of volunteers in the delivery of their service projects, these four young men have proven beyond a doubt they possess the motivation, adaptability and leadership skills required

for the rank of Eagle. More importantly, by sharing their time and talents with those who need and appreciate it, they more clearly understand the pride and satisfaction that comes with truly living the Scout Oath, "...to do [their] best to do their duty to God and country and to help other people at all times..."