

JULY 2011 FLEET & FAMILY SUPPORT CENTER EVENTS

To register for any of the following workshops, please call the FFSC at 601-679-2360.

The class may not be presented if no one registers, so make sure you call if you're interested! Can't make the scheduled time? Call anyway – the workshop facilitator may be able to work with you one-on-one, give you materials, or let you know when the class will be offered again. All classes held at FFSC (Building 405) unless otherwise noted.

Kids Summer Safety Day

6 July 1100-1300

****Held at Balfour Beatty Community Center****

Fleet & Family Support Center and Balfour Beatty Communities are partnering to offer this informational and fun workshop for kids, teaching them a variety of summer safety skills. Topics will include: heat-related illnesses, fire safety, dangerous animals, bicycle safety, and more! Lunch will be provided.

Welcome Aboard & New Spouse Orientation

7 July 0800-1200 (NSO 1200-1300)

FFSC welcomes you to Meridian by providing current information and policies regarding NAS. Topics covered will include: Navy career choices, FFSC services, Medical, Dental, Exceptional Family Member (EFM) Program, TRICARE, vehicle registration, on- & off-base driving regulations, legal services, community services, Chapel & other religious services, MWR, things to do at NAS & in Meridian, and more! The New Spouse Orientation will include a Q&A session with command Ombudsmen and other briefs of interest to military spouses. Whether you're a spouse new to military life or just new to Meridian, you'll be able to pick up important information and meet other spouses.

Car Buying Strategies

12 July 0900-1000 OR 21 July 1500-1600

Are you in the market for a new or used car this summer? Attend this workshop for useful strategies to help you avoid getting swindled or stuck with a "lemon". We'll cover topics such as: the car purchase, financing, trade-ins, fair price & negotiations, "tricks of the trade", your legal rights, and insurance.

Time Management

14 July 1600-1700 OR 20 July 1000-1100

Do you often think that there just aren't enough hours in the day to get everything done? Do you frequently feel harried and stressed as you run from place to place and task to task? If so, you might need to learn some new ways to manage that precious resource – TIME! This workshop will focus on learning to maximize use of your time and how to better schedule all the things going on in your life so you don't feel so crunched. Make sure to schedule time for "Time Management"!

IA Readiness Fair

15 July 0900-1100

FFSC hosts this deployment readiness event to help Individual Augmentee (IA) deployment candidates and their families prepare. We'll have representatives from various departments and agencies on-hand to answer your questions and provide valuable information.

IA Spouse Discussion Group

15 July 0930-1100

FFSC hosts this IA Spouse Discussion Group over coffee! Join other military spouses to talk about the challenges of IA deployment, share survival tips, discuss the impact of deployment on kids, remind one another about the *benefits* of deployment, or just kick back and chat!

Transition Assistance Program (TAP) Seminar

25—28 July 0800-1600

Military personnel who are voluntarily or involuntarily separating or retiring and are within 180 days of separating should attend this seminar, held at the FFSC. It is highly recommended that spouses attend. You may also attend if you're up to 18 months away from your separation or retirement date. The following topics will be covered: résumés, job search skills, job interviewing, employment (state & federal), veterans' benefits, pay & travel, movement of household goods, PSD/ID cards, TRICARE, emotional transition to separation, financial planning, forms & documents, benefits & services, Naval Reserve programs, military obligations, and more!

10 Steps to a Federal Job

26 July 1600-1800

The government is hiring! But if you want to be successful in landing a federal job, you need to understand the government's unique and complex application process. This workshop, based on the writings and training of federal job search guru, Kathryn Troutman, will walk you through the 10 steps to finding and applying for a federal job. We'll cover: finding & analyzing federal job announcements; crafting a federal-style résumé and an electronic résumé; interpreting the cryptic language of federal hiring process ("core competencies", etc.); the incredible importance of including "keywords" in your application; writing "KSAs"; and much more!