



Labor Day Weekend **BRIEFINGPOINTS**



- Labor Day Weekend marks the unofficial end of summer, and many Sailors and Marines are planning one last big weekend before the weather cools off. Most of you do a great job planning your activities and managing associated risks. However, last year one Sailor and one Marine lost their lives. Another **52 Sailors and Marines** were injured, some seriously, in motor vehicle mishaps, sporting activities, or other off-duty pursuits. A vast majority of the mishaps that occurred last year were completely preventable with solid risk management practices. This is good news! A little advance planning makes all the difference.
- Just because summer is drawing to a close, don't feel like you have to pack an entire season's worth of activities into one weekend. It's better to do less and have a great time than to try to do it all and end up in the hospital.
- If you plan to travel outside of the local area, use the Travel Risk Planning System (TRiPS) to enhance your chances for success on the road. To date, no naval personnel have died while traveling on a TRiPS-assessed journey.
- If you have friends over for Labor Day parties and choose to drink and serve alcohol, remember that moderation and responsibility are keys to success. The vast majority of Sailors and Marines "get it" when it comes to responsible use of alcohol. DUIs and other alcohol-related incidents are going down across the Fleet; however, overconsumption remains a concern. Be alert for ways you can make a positive difference by offering a ride or taking the keys from someone who shouldn't be driving.
- Every Labor Day weekend there is a nationwide DUI crackdown known as "Over the Limit, Under Arrest." Law enforcement officers will conduct sobriety checkpoints. Visit www.statehighwaysafety.org for more information.
- Statistics show that alcohol is often a contributing factor in sexual assaults. Alcohol is no excuse for criminal behavior and everyone is expected to manage the risk to avoid being a victim or a perpetrator. Equally important, if you witness inappropriate conduct toward another person, take action, get assistance, get involved to prevent an assault!

What are **YOUR** plans for a fun, fabulous, and MISHAP FREE Labor Day Weekend?