

THE SKYLINE



Volume 49, Number 19

On the Web: <https://www.cnic.navy.mil/Meridian> and on facebook

September 15, 2011

On Base...

- ✓ **2011 Chief Petty Officer Pinning Ceremony** will be Sept. 16 at 11 a.m. in the Navy Operational Support Center on board NAS Meridian.
- ✓ **The Sonny Montgomery Fitness Center Grand Opening** will be Sept. 23 at 11 a.m. Come check out the expanded fitness center and NEW all hands pool!
- ✓ **McCain Rec Center hosts "End of Summer" 6-game scratch tournament**, Sept. 17. \$20 entry fee, sign up by 9:30 a.m. day of event.
- ✓ **Commissary** holds a Case Lot sale on Sept. 23-24.
- ✓ **Upcoming Safety Classes**
 Oct. 3: AAA
 Oct. 4-5: Basic Rider Course
 Oct. 6: Experienced Rider Course
 Oct. 7: Sport Bike Rider Course
 These classes are available for registration in ESAMS. For information, call Jerry Snow at (601) 679-3756
- ✓ **Marine Ball set for Nov. 5 at Silver Star Convention Center at the Pearl River Resort in Philadelphia.**
 Tickets are:
 E1-E2: \$20
 E3: \$25
 E4-E5: \$30
 E6-E7: \$35
 E8 & Above: \$40
 Civilians: \$45
 Social hour: 5 p.m.
 Ceremony: 6 p.m.
 For tickets, call Staff Sgt. Darryl Coleman at (601) 679-2913 or Cpl. Steven Emond at (601) 679-2792. (Deadline to purchase tickets is Oct. 30)

A Day in Naval History

- September 16**
1917: Navy Department authorizes establishment of 16 Naval air stations abroad
- 1940:** President Roosevelt signs Selective Training and Service Act, the first peacetime draft.
- September 18**
1947: National Security Act becomes effective
- September 20**
1911: Navigational instruments first requested for naval aircraft.
1951: In Operation Summit, the first combat helicopter landing in history, U.S. Marines were landed in Korea.
1981: USS Mount Hood and Navy helicopters rescue 18 crew members of Philippine Navy frigate, Datu Kalantiaw
- September 21**
1944: Aircraft from 12 carriers commence two-day attack against Japanese ships and airfields on Luzon, Philippine Islands.
1984: Mid East Force begins escort of U.S. flagged vessels in Persian Gulf.

-- www.history.navy.mil

THE SKYLINE IS A CHINFO AWARD-WINNING NEWSPAPER

'We shall never forget'

10th Anniversary of 9/11



Photo by Penny Randall

NAS Meridian's Ceremonial Detail prepares to perform a 21-gun salute at the 9/11 ceremony hosted by the Key Chapter of the American Red Cross in Meridian, Sept. 11.

Ceremonies honor POW/MIA's, remember 9/11 anniversary

By Penny Randall
Editor

Naval Air Station Meridian paused on Sept. 9 to remember POW/MIA's and mark the 10th anniversary of the 9/11 terrorist attacks.

A ceremony held in the chapel on board the base was attended by nearly 250 military personnel and civilians including members of the Patriot Guard and VFW motorcycle rider groups.

Pfc. Eric Gutierrez, now 23 years old and a student at Marine Aviation Training Support Squadron One on board the base, sat quietly in the audience thinking back on the day his hometown of New York City changed forever.

"For us from New York, it's special that people from other

states remember and honor Sept. 11 in such a formal and significant way," said Gutierrez who was sitting in his seventh grade math class in downtown New York at the moment the first plane hit the World Trade Center on Sept. 11, 2001.



Photo by Penny Randall

Capt. Charles C. Moore II, commanding officer of NAS Meridian, addresses the crowd at the Red Cross 9/11 anniversary ceremony.

"We could see it happen from our classroom - that's how close we were," Gutierrez said. "As young kids do, we were making jokes at first, but within five minutes the principal came on the intercom and told us that something serious had happened at the World Trade Center - she didn't say what."

Gutierrez and all the other students were eventually gathered together in the gym and told what had happened, but no one was allowed to leave until their parents came to get them.



Photo by MC2 Flordeliz Valerio

Jim Didlake, of Jackson, Miss., director of the Mississippi Baptist Disaster Relief, speaks at the POW/MIA remembrance and 9/11 commemoration ceremony on board NAS Meridian, Sept. 9, in the chapel. Didlake spoke about his time at the Pentagon where the unit from Mississippi fed thousands of people following the terrorist attacks, and the days following when the unit moved into New York City to feed and minister relief workers.

"It was the weirdest day - I'd never seen it so quiet -- when it is usually loud and crazy in New York City. That day motivated me to join the military," he said.

NAS Meridian Command Chaplain Lt. Cmdr. Allan Ford took time to recognize the POW/MIA's during the program.

● **Ceremony, page 3**



Photo by Sgt. Randall A. Clinton

USS New York joins remembrance

Crew members aboard the amphibious transport dock ship USS New York (LPD 21) man the rails and present honors while passing the World Trade Center and the National September 11 Memorial and Museum as the ship arrives in Manhattan, Sept. 8. The crew of New York participated in numerous events throughout the city honoring the victims and responders from the Sept. 11 terrorist attacks. Aboard are family members of victims and first responders from 9/11, along with the crew and Marines assigned to the 3rd Battalion, 9th Marine Regiment. New York was built with 7.5 tons of steel recovered from Ground Zero. New York was at pier-side in Manhattan Sept. 8-9 and anchored in the Hudson River Sept. 10-12. On Sept. 11, it transited from its anchorage in the Hudson River to a location within sight of the World Trade Center.

MCPON West: Recruits keep the Navy moving

WASHINGTON (NNS) -- In response to Sailors' questions Sept. 8, Master Chief Petty Officer of the Navy (SS/SW) Rick D. West emphasized the importance of maintaining a consistent flow of new recruits, even during a time of unprecedented retention.

"Our most junior Sailors provide the Fleet with some of the most important and demanding work. Without their efforts, our Navy would find it difficult to

start the engines, navigate our ships, or launch and recover aircraft," said West. "High retention has resulted in fewer advancements and an imbalanced force, but stopping the flow of new recruits is not the answer, and would very likely



West

create a talent gap that could cause problems for decades."

High retention has altered the shape of the force, which has led to some rates becoming critically overmanned, while leaving others undermanned. With so many Sailors deciding to stay in uniform, the normal career progression within these rates is slowed and in a few cases halted.

"Navy promotes to vacancy. To give Sailors in these overmanned ratings the opportunity

to advance and grow professionally, leadership has been resolute in providing a focused and transparent method to relieve this pressure in a controlled manner that properly balances seniority and experience," said West. "The ERB (Enlisted Retention Board) was determined to be the best way to accomplish this."

Some concerned Sailors may have been pointing to the ERB as a reason to slow or stop

● **MCPON, page 3**

Look Inside

~ Page 4 ~
SECNAV addresses energy leaders



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Marine aviators fly into their golden years



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ITT Office has Talladega 500 tickets on sale



~ Page 10 ~
Blue Angels soar on biofuel during air show



Photo of the Week



Photo by MC2 Flordeliz Valerio

Master-at-Arms 2nd Class Robert Perdue, left, Logistics Specialist Seaman Lauren West and Religious Specialist 2nd Class Joseph Stroney assemble a set of monkey bar playset as they volunteer at Northeast Lauderdale Elementary in Meridian on Sep. 7. NAS Meridian encourages its personnel to volunteer for community relations projects to promote the Navy and Marine Corps team.



Photo by MC2 Greg Johnson

Rear Adm. John C. "Jack" Scorby Jr. signs a suicide prevention proclamation in front of members of the Navy Region Southeast Fleet and Family Readiness Program on board Naval Air Station Jacksonville.

Southeast Region commander signs proclamations for suicide prevention, ombudsman recognition

By MC2(SW) Greg Johnson
Navy Region Southeast Public Affairs

Rear Adm. John C. "Jack" Scorby Jr., commander, Navy Region Southeast (CNRSE) signed proclamations in support of the Navy Family Ombudsman Program (NFOP) and Suicide Prevention on board Naval Air Station Jacksonville Sept. 1.

The proclamations commemorate the 41st anniversary of the NFOP and signals the beginning of National Suicide Prevention Week, which runs from Sept. 4-10. The NFOP designates Sept. 14 as NRSE Ombudsman Appreciation Day.

"Both proclamations are in support of very important causes," Scorby said. "Suicide prevention is something that is obviously a very serious issue, and we need to do everything we can to raise the awareness and understanding of suicide prevention strategies. Then, of course, the ombudsman program has been integral to supporting our fleet, fighters and families for more than four decades now, and I would like to extend my heartfelt appreciation to ombudsmen throughout the region."

The Suicide Prevention proclamation emphasizes the Navy's "Act, Care, Treat" (ACT) training tool, which is

● Proclamations, page 7

■ Scorby promoted to rear admiral

By MC2(SW) Greg Johnson
Navy Region Southeast Public Affairs

Capt. John C. "Jack" Scorby Jr., commander, Navy Region Southeast assumed the rank of Rear Adm. during a pinning ceremony on board Naval Air Station Jacksonville Sept. 1.

"If you had told me twenty-eight-plus years ago that I'd be standing here today, I would have never believed it," Scorby said. "I'm honored and extremely humbled by it all and it really never would have happened without the help and support of hundreds of people along the way, particularly my parents, wife and the Sailors I've worked with."

Scorby relieved Rear Adm. Townsend G. "Tim" Alexander as NRSE commander Aug. 18. He said his primary focus will be on the region's 17 installations and the Sailors and families that support them.

"My job is to make sure we are doing the best we can to support fleet, fighter and family," he said. "Our commanding officers have a lot of responsibility and I'm there to support them in any way I can."

● Promotion, page 7

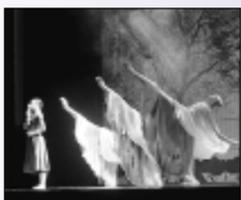
Area Happenings

SEPTEMBER

17: Community Yard Sale in Balfour Beatty Housing on board NAS Meridian, 8 a.m. to noon. Rain or Shine! Call Jamie at Balfour Beatty Communities at (601) 679-7669 or e-mail at jkwilliams@bbcgrp.com to sign up or for more details.

20: Meridian Community College and Mississippi NASA Space Grant Consortium lecture, "Reflections of the Universe," at 6 p.m. in McCain Theater on the college campus. Guest speaker will be Edwin Faughn, managing director of the Rainwater Observatory. His presentation is illustrated with numerous paintings by Faughn that have been featured in and on the covers of leading international space science magazines, books, exhibitions and planetarium productions such as Scientific American magazine and the world premiere of "Titanic: The Exhibition". It also contains some of the latest discoveries in the field of space science. Call Dr. Angie Carraway at (601) 484-8660 for more information.

22: Arts & Letters Series presentation of "Ballet Magnificat! The Arrival and Ruth," at 7 p.m. in the McCain Theater on the campus of Meridian Community College. Tickets are \$10 for adults; and \$5 for students. Call (601) 484-8696.



OCTOBER

1: Jeremy Camp in concert with Francesca Battistelli and Adam Cappa at 7 p.m. at the Evangel Temple, 3611 Highway 145, Meridian. Tickets are: \$25, general admission or \$75 for VIP access. Tickets Available at the Bible Bookstore in Meridian (601-693-5966), online at iTickets.com or order by phone by calling (800) 965-9324.

1: Queen City Race for Life High Heel Dash and 5K run at Dumont Plaza in Downtown Meridian. Time: 8 a.m.-3 p.m. For information, call Cindy Kane at (601) 513-7743 or (601) 483-9362.

2: The Riley Center presents country music group Little Big Town in concert at 6 p.m. at the MSU Riley Center, 2200 5th Street, downtown Meridian. Tickets are \$58 & \$52. For information, call the box office at (601) 696-2200 or visit www.msurileycenter.com.

4: "The Musical Tale of Peter Rabbit" is presented at 7 p.m. as part of Meridian Community College's Arts and Letter Series in McCain Theatre, 910 Hwy 19 North. For information, call (601) 484-8696.

In the Spotlight...

Retirement...

All are invited to a retirement farewell reception for **Willie G. Griffin** who will retire after 38 years of civilian service. A reception will be Tuesday, Sept. 27 from 9-11 a.m. at the Main Supply Building 224.

Happy Birthday...

Birthday wishes go out to VT-9 employees:

Sept. 9: **Jalen Harden**
Sept. 11: **Staci Agee-Harden**
Sept. 29: **Gregory Harden**

And VT-7 employee:
Sept. 25: **Yolonda Foster**

Happy Birthday to the following Navy-Marine Corps Relief Society volunteers:

Sept. 20: **Flo Bradley**
Sept. 21: **Jennifer McGregor**

To include an item in this column, e-mail penny.randall@navy.mil or call (601) 679-2318. Photos may be included.

Legal assistance attorney on board

A Legal Assistance Attorney will be on board NAS Meridian Sept.20-22 in the Legal Office (Administration Building 255, Room 222) to assist with the following:

- ✓ Will, medical directive, estate planning, or power of attorney
- ✓ Basic advice and assistance with tax related questions, state tax exemptions, and SSCRA
- ✓ Help with family & domestic relations or consumer law/affairs or landlord-tenant relations, etc...

Make an appointment with NAS

Meridian Staff Judge Advocate (SJA) Office by calling (601) 679-2340. Personnel needing will services please be advised to call or come by soon to schedule an appointment; for planning purposes your will worksheet should be completed and returned NLT than Sept. 13 to the SJA Office.

This FREE service is available to active duty military and their family members, retirees and their family members, and pre-mobilization assistance for reserve personnel.

Prescription costs will change effective Oct. 1

Active duty service members (including activated guard/reserve members) pay nothing for covered prescriptions.

In some cases, service members may have to pay up front and file a claim for a full reimbursement. For all other beneficiaries, prescription costs are based on

where the prescription is filled and how its classified:

Tier 1 - Formulary Generic, Tier 2 - Formulary Brand Name or Tier 3 - Non-formulary.

Prescription costs are changing on October 1, 2011. View the current and new prescription costs below:

Current Prescription Costs:		
Type of Pharmacy	Formulary Drugs	Non-Formulary Drugs
Military Pharmacy (up to a 90-day supply)	\$0	Not Applicable
Home Delivery (up to a 90-day supply)	Generic: \$3 Brand Name: \$9	\$22 (unless you establish medical necessity)
Retail Network (up to a 30-day supply)	Generic: \$3 Brand Name: \$9	\$22 (unless you establish medical necessity)
Non-Network (up to a 30-day supply)	Prime Beneficiaries: 50% cost share after point of service deductible has been met. All Others: \$9 or 20% of the total cost, whichever is greater, after the annual deductible is met	Prime Beneficiaries: 50% cost share after point of service deductible has been met. All Others: \$22 or 20% of the total cost, whichever is greater, after the annual deductible is met
New Prescription Costs Effective October 1, 2011		
Type of Pharmacy	Formulary Drugs	Non-Formulary Drugs
Military Pharmacy (up to a 90-day supply)	\$0	Not Applicable
Home Delivery (up to a 90-day supply)	Generic: \$0 Brand Name: \$9	\$25 (unless you establish medical necessity)
Retail Network (up to a 30-day supply)	Generic: \$5 Brand Name: \$12	\$25 (unless you establish medical necessity)
Non-Network (up to a 30-day supply)	Prime Beneficiaries: 50% cost share after point of service deductible has been met. All Others: \$12 or 20% of the total cost, whichever is greater, after the annual deductible is met	Prime Beneficiaries: 50% cost share after point of service deductible has been met. All Others: \$25 or 20% of the total cost, whichever is greater, after the annual deductible is met

The above and more detailed information is available via Tricare.mil. Another resource is your regional contractor. Your South Region Contractor is Humana Military which you may access via Humana-Military.com, 1-800-444-5445. Humana Military TRICARE Service Center is located inside Naval Branch Health Clinic on board NAS Meridian. The office is open 7 a.m.-2 p.m. Monday through Friday. Closed on federal holidays.

The Skyline ~ Naval Air Station Meridian, Miss.

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Navy seeks applicants for enlisted selection boards

By MC3 Andrea Perez

Navy Personnel Command Public Affairs Office

MILLINGTON, Tenn. (NNS) -- Navy Personnel Command announced Sept. 2 that it is seeking senior enlisted leaders to serve on Fiscal Year 2013 active-duty and reserve E-9, E-8 and E-7 selection boards.

"Participation by senior leaders in selection boards is paramount to the Navy's future," said Navy Personnel Command (NPC) Force Master Chief (AW/SW/NAC) Jon Port. "You should consider it a fundamental duty that when you're promoted to a certain pay grade, it's your responsibility to go back and select those who will relieve you."

A master chief's career is not considered complete until they have participated as a member of an enlisted selection board, according to Port. There are approximately 2,600 master chief petty officers in the Navy and every individual

not otherwise restricted from participating in a selection board is strongly encouraged to volunteer.

"Master chiefs are the senior enlisted advisors to the chief's mess and guide Sailors to make the right career choices, so they continue to develop and promote," said Port. "You can't truly know how to advise your Sailors until you have sat the selection board process yourself and understand what goes into it, how records are reviewed and how the integrity of the board comes together."

Active and reserve component master chiefs are encouraged to apply for any of the above boards. Frocked master chiefs may also participate in the selection board process. There is no restriction on active-duty serving on reserve boards or reserve/full-time support serving on active boards.

Senior chief petty officers may also serve on the active or reserve E-7 boards as either members or recorders. They

may only serve as recorders on the E-9 or E-8 boards. Chief petty officers may serve as recorders on E-9, E-8 and E-7 selection boards.

Preserving the integrity of the selection board process before, during and after a board is vital to the reliability of the board, said Port. It is also important that prospective candidates submit their application on their own behalf. Forwarding via administrative personnel will compromise board membership and could invalidate their application. Only those in an applicant's chain of command or their fleet/force master chief need to know of their participation on a selection board. Participation on a future board should not be discussed with fellow members while serving on an earlier board.

Potential board members are charged with preserving board information the moment they are officially notified by NPC that they have been chosen

to sit on a promotion selection board. Rules of engagement can be found on NPC's Web site at www.npc.navy.mil/boards/selectionboardsupport.

"I've served on selection boards before and it is challenging work, but never did I leave a board without feeling like I accomplished something great. I made a mark on my Navy's future, and I made a mark on myself with that experience," said Port.

Prior to submitting an application, Sailors should also review BUPERSINST 1401.5A, the supplemental guidance for U.S. Navy selection boards.

Complete application procedures, eligibility requirements and links to other resources can be found in NAVADMIN 249/11, available on the NPC website at www.npc.navy.mil or contact the NPC customer service center at CSCmailbox@navy.mil or 1-866-U-ASK-NPC.

● **Ceremony**

and the POW/MIA table ceremony was conducted to honor them.

"This is a day of remembrance, we shall never forget," Ford said. "There are more than 7,800 Americans still unaccounted for from World War II, 8,100 from the Korean War, 1,800 from Vietnam, 120 from the Cold War and two from the Gulf War. These courageous Americans who dedicated their lives to preserving and protecting our freedom will never be forgotten," said the chaplain.

The City of Meridian Police Department Chaplain John Temple was on hand to deliver a prayer for first and second responders who give their lives in dedication to their communities each and every day just as they did 10 years ago.

"On Sept. 11, 2001, everyone went about their daily routines... little did we know that our lives would change forever. Nineteen men from foreign nations had conducted the most horrible attack on the United States. When the dust settled 2,998 lives were lost and 6,291 were injured," he said.

Temple also stated that 411 emergency personnel including fire fighters, policemen and medical personnel were killed.

"In honor of those who paid the ultimate sacrifice, let us pause and pray for their families who carry on," said Temple. "Even after 10 years our hearts struggle to understand how hatred and hostility can yield such an unthinkable act as 9/11. We should all let admiration fill our hearts for all the first responders who

knew the danger and entered anyway."

The ceremony's guest speaker was Jim Didlake, director of the Mississippi Baptist Disaster Relief based in Jackson, Miss.

Didlake shared memories of his mission service at the Pentagon and in New York City where his group provided food, counseling and ministry service to thousands of people following the terrorist attacks.

On Sept. 11, 2001, Didlake was traveling to south Mississippi to a speaking engagement when he got the call on his cell phone from relief organizers asking for the Mississippi unit to help.

Within 24 hours the unit was organized and on its way to Washington, D.C.

"It was one of the most unusual days of my life," Didlake said. "We

drove straight from Jackson to Washington, D.C., without ever seeing a plane in the sky until we got to the Pentagon and saw the military jets circling above. There were very few people on the roads that day."

Didlake's unit remained at the Pentagon for nine days, and he said the bravery of the people who work at the Pentagon was amazing.

"Many of the personnel were in shock, they had lost comrades that they worked with for years," Didlake said. "It was a very somber time, but it was also interesting to watch the different agencies come together -- the military, FBI, ATF and CIA where all in the same area. It was a proud moment for me as an American to see how all these people worked together."



Photo by MC2 Flordeliz Valerio

Patriot Guard and VFW motorcycle riders as well as military and civilian employees of NAS Meridian gathered at the chapel for the POW/MIA & 9/11 Commemoration Ceremony.

Following his time at the Pentagon, Didlake's unit moved into New York City to feed the police, emergency workers and cleanup crews at the World Trade Center. One of the first places Didlake visited was the fire house closest to the World Trade Center which was the first to respond to the World Trade Center on Sept. 11, 2001. This fire house lost every fire fighter who ini-

tially responded.

"As we began to visit with them and with those all across New York, people would ask me the same question, 'Why us?'" said Didlake who admitted sadly that he never had an answer for the question. "We would do our best to pray with them, to talk with them, and just walk with them so they could share their thoughts."

Navy streamlines EFM enrollment on Web site

By MC1 (AW) LaTunya Howard
Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- Navy launched an Exceptional Family Member Program (EFMP) enrollment and tracking application on the Navy Family Accountability and Assessment System (NFAAS) Web site Sept. 1.

The EFMP application adds an electronic enrollment capability for the Navy's Exceptional Family Member Program and allows service members to track the progress of the enrollment process. The initial phase will only allow new enrollees to use the system. The next phase, which is due out by the end of the year, will allow access to all enrollees of the EFMP.

"This new enrollment and tracking system is based on input from the Fleet and replaces the Navy's legacy

paper-based enrollment system," said Cmdr. Carl Chaffin, program management officer for the Exceptional Family Member Program.

According to Chaffin, electronic enrollment will benefit Sailors by expediting the submission, review and final determination of enrollment.

"Case liaisons can track the member's non-medical information and referrals more effectively, and electronically log individualized service plans," said Chaffin.

The exceptional family module is available online at the NFAAS website at [HTTPS://navyfamily.navy.mil](https://navyfamily.navy.mil). The NFAAS Navy Family Member's user guide is available, after login, under the help tab.

Sailors that have additional questions can contact the Navy Personnel Command customer service center at 1-866-U-ASK-NPC, visit the NPC Web site at www.npc.navy.mil, or e-mail CSCMailbox@navy.mil.

● **MCPON**

recruiting. Although this proposed solution could get Navy within its congressionally mandated end-strength numbers, it would not alleviate the current overmanning in the mid and senior enlist-

ed grades, and could further slow career progression by not providing trained Sailors to relieve them.

"Without new recruits, there will be no one to replace you when you get advanced," said West. "It's vital that we keep the 'seedcorn' of new recruits coming into the Navy or we won't have the force we need to meet future challenges."

Navy needs more than 34,000 highly qualified active enlisted applicants each year. These

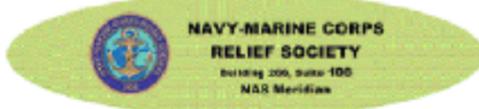
Sailors fill important roles throughout the Fleet, while allowing our current Sailors to progress into positions of greater authority and responsibility. A reduction in new accessions would create hardships for the Fleet, shifting their workload to more senior petty officers, and adding additional pressure to career progression in future years.

Since job opportunities are based on the needs of the Navy, the career fields that are the most challenging to fill

include medical, nuclear power, and special warfare. For more information about joining America's Navy, visit Navy.com. From this website, you can refer potential Sailors to a local Navy recruiter by clicking on "Find a Recruiter."

To read more from the master chief petty officer of the Navy, visit www.navy.mil/mcpon or his Facebook page at www.facebook.com/mcpon

-- From Chief of Naval Personnel Public Affairs



Coming Soon...

BABY BOOT CAMP

- NEW BABY FINANCIAL INFORMATION
- BABY GEAR & WEBSITE INFORMATION
- LAYETTE ISSUED TO EACH FAMILY
- LOCAL BREASTFEEDING COUNSELOR
- DOOR PRIZES FROM LOCAL BUSINESSES
- LIGHT REFRESHMENTS

Baby Boot Camp Workshop Dates
Saturday, October 1, 2011
9:30 - 11:30 A.M.
at your
Navy-Marine Corps Relief Society Office

Reserve your spot by calling 601-478-2504
or email us at mcponmerid@navy.mil

Available to all Active Duty and Retired Service Members and their Spouses







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Family Health Clinic
are pleased to welcome

Rachel Hull, M.D.
Pediatrics



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rushhealthsystems.org

Central Mississippi Family Health Clinic, A Division of The Specialty Hospital of Meridian
905 S South Frontage Road | Meridian, MS 39301

Performance



Photo by MC2 Flordeliz Valerio

Chris Beier and Amber Kelly perform on stage for Naval Technical Training Center Meridian staff and students on Sept. 8. Beier and Kelly are performers for Catharsis production's "Sex Signals" that tours over 400 different colleges and military institutions. Blending a unique combination of improvisational comedy, education and audience participation, 'Sex Signals' provides a provocative look at the issues of dating, sex and ultimately sexual assault. Fleet and Family Support Center hosted the show.

Trinity Dyslexia Center is accepting new students. This is an after-school tutorial program for students with dyslexia or other reading disorders. Students attend three one-hour sessions each week. There are openings for 3:30 p.m. and 4:30 p.m. sessions. The program meets Monday, Tuesday, and Thursday, following the school calendar. The program uses multi-sensory software. Classes meet at Trinity Presbyterian Church, 4223 Poplar Springs Dr., Meridian. For information, call 601-482-6767.

The Petty Officers Association meets on the 2nd and 4th Thursday of each month at 2 p.m. at Air Operations. All petty officers are invited to attend!

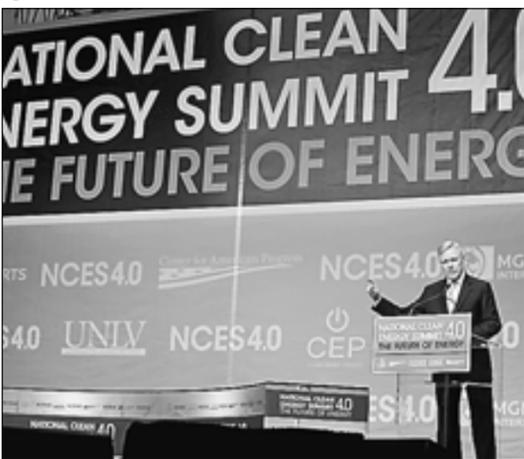


Photo by MCC Sam Shavers

Secretary of the Navy Ray Mabus delivers the keynote address at the National Clean Energy Summit 4.0 in Las Vegas, Aug. 30. The summit brought together leaders of industry, government, and research and development to chart the course for the future of energy in America.

SECNAV addresses energy leaders

By MCC Samuel Shavers
Secretary of the Navy
Public Affairs

LAS VEGAS (NNS) -- Secretary of the Navy (SECNAV) Ray Mabus delivered the keynote address at the National Clean Energy Summit 4.0 in Las Vegas Aug. 30.

The summit brought together leaders of industry, government, and those specializing in research and development to chart the course for the future of energy in America.

Secretary Mabus told attendees that "changing the way the United States uses, produces, and acquires energy is one of the central policy challenges that confront us as a nation."

While there are many reasons why the Navy has prioritized energy independence and energy security, Mabus stressed the most important is because doing so addressees a vulnerability and allows the Navy and Marine Corps to be better war fighters.

Mabus said President Obama has authorized the Departments of Agriculture, Energy and Navy to invest up to \$510 million over the next three years.

"The combined effort of these three departments is a powerful force

that will decrease U.S. dependence on foreign oil, position American companies to be global leaders in the production of advanced drop-in biofuels, and create jobs for American farmers and American companies," said Mabus.

The Department of the Navy has made steady progress in testing and certifying its aircraft, ships and tactical vehicles with drop-in biofuels and alternative energy sources.

At the Clean Energy Summit, Mabus announced the next highly visible milestone the Navy will reach will occur this weekend when all six of the Blue Angels flight demonstration team perform using a 50/50 blend of drop-in biofuel during the Pax River Labor Day Air Show.

"This will be the first time an entire unit has flown on a biofuel mix," Mabus said.

Vice President Biden and Secretary Chu also delivered speeches to the veteran business executives, energy policy innovators, and senior public officials attending the Energy Summit.

SECNAV delivered his speech a day after he announced that the Naval Postgraduate School would begin developing a dedicated energy graduate degree program in the fall.

Money-saving energy saving tips and ideas

Small appliances

- ✓ Cook with small appliances. Cook with your toaster oven, electric skillet and slow cooker for specialized jobs, rather than the range. Small appliances use less energy.
- ✓ Use the microwave. Microwave ovens shorten cooking times, which saves energy.
- ✓ Clean or replace air filters. Replace filters on exhaust hoods, humidifiers, vacuums, etc. Clogged filters impair performance and cause the units to run longer.
- ✓ Run cold water for disposal. Hot water requires energy to warm the water. Cold water saves energy and solidifies grease, moving it more easily through the garbage disposal and pipes.

Refrigerators and freezers

- ✓ Purchase an Energy Star model. When buying a new refrigerator or freezer, look for the Energy Star label. Energy Star refrigerators and freezers can save you hundreds of dollars on your electric bill over the life of the appliance. Remember, older refrigerators and freezers use two to three times more electricity than ones that are 10 years old or less.
- ✓ Select the right size. Determine your household's needs before purchasing a refrigerator or freezer. One that is too large wastes energy.
- ✓ Don't set the temperature colder than necessary. Set the refrigerator temperature between 36° F and 42° F. Set the freezer control so the temperature is between -5° F and +6° F. A small thermometer placed in the refrigerator or freezer will help you set it correctly.

● MCPON

recruiting. Although this proposed solution could get Navy within its congressionally mandated end-strength numbers, it would not alleviate the current overmanning in the mid and senior enlisted grades, and could further slow career progression by not providing trained Sailors to relieve them.

"Without new recruits, there will be no one to replace you when you get advanced," said West. "It's vital that we keep the 'seedcorn' of new recruits coming into the Navy or we won't have the force we need to meet future challenges."

Navy needs more than 34,000 highly qualified active enlisted applicants each year. These Sailors fill important roles throughout the Fleet, while allowing our current Sailors to progress into positions of greater authority and responsibility. A reduction in new accessions would create hardships for the Fleet, shifting their workload to more senior petty officers, and adding additional pressure to career progression in future years.

Since job opportunities are based on the needs of the Navy, the career fields that are the most challenging to fill include

medical, nuclear power, and special warfare. For more information about joining America's Navy, visit Navy.com. From this website, you can refer potential Sailors to a local Navy recruiter by clicking on "Find a Recruiter."

To read more from the master chief petty officer of the Navy, visit www.navy.mil/mcpcon or his Facebook page at www.facebook.com/mcpcon.

From Chief of Naval Personnel
Public Affairs

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Oct. 9-11 Christian Leadership School, 5p.m.

Sundays: 9 a.m. - Discipleship Ministry
10 a.m. - Sunday Church School
11:15 a.m. - Morning Worship Service (Nursery Available)
6 p.m. - Adult & Youth Bible Study
Wednesdays: 6:45 p.m. - Prayer Ministry
7 p.m. - Adult & Youth Mid-Week Bible Study

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Pfc. Zihrije Ajeti

MATSS-1 Student
Hometown: Skopje, Macedonia

Pfc. Zihrije Ajeti hopes her ability to speak a different language, Albanian, will assist her during her military career.

Ajeti, a native of Macedonia located near Greece, joined the Marine Corps on March 21, 2011.

"I joined for a challenge and to prove to everyone wrong back home that said I wouldn't do anything in my life," said the Marine Aviation Training Support Squadron One student. "And also for educational opportunities."

She is the daughter of Remzije and Mustafa Ajeti and is the oldest of three children. She enjoys reading, running, shopping and learning about history.

"I'm looking forward to picking up rank and being the best at my job," she said.

Ajeti selected her parents as the people she most admires.

"They came to this country with nothing and through hard work they now own their own business and are successful."

OOORAH!**Pfc. Hisaka Einhaus**

MATSS-1 Student
Hometown: Fukuoka, Japan

Pfc. Hisaka Einhaus is not your typical Marine.

Einhaus, 29, is a Marine wife and mother. Now she is an enlisted Marine herself.

"I met my husband while he was stationed in Okinawa. We married and now have two children, Luke, 4, and Eli, 2," Einhaus said. "We moved to Texas and I was a stay-at-home mom. I wanted to do something, I want to challenge myself to see if I can do it even if I'm from another country. I want to be an independent woman and do something to support the United States of America."

With her husband's support, Einhaus joined the Marine Corps on March 21, 2011. She is stationed at the Joint Reserve Base in Fort Worth, Texas.

The person Einhaus most admires is her drill instructor from Boot Camp, Staff Sgt. Moore.

"She motivated me and instilled discipline in me. I admire the way she is as a female Marine."

Marine aviators fly into their golden years

By Lance Cpl. David Flynn
Marine Corps Recruiting Command

MARINE CORPS BASE QUANTICO, Va. -- In what may be a record setting flight, former Marine Capt. Bob Lutz and retired Marine Lt. Col. Kingman Lambert teamed up Aug. 27 behind the controls of an L-39 Albatros jet aircraft. Soaring over the skies of southeastern Michigan, the pair of former Marine aviators stand as proof that a Marine is a Marine for life.

"I think we set the record for the highest combined age of a pilot and copilot flying a military aircraft," said Lutz, who split time between active and reserve duty from 1954 to 1965. "I bet you wouldn't find two Air Force guys our age in the same shape as us."

Lutz, 79, and Lambert, 82, brought a combined 161 years of life experience into the cockpit. The pilots have shared a close friendship since being stationed together in Iwakuni, Japan, in the 1950s.

"Flying with Bob Lutz was an unforgettable adventure down my Marine aviation memory lane," said Lambert, who flew eight years on active duty and 15

years in the reserves from 1952 to 1975. "[Lutz] has been a good friend all these years, since we first rode motorcycles together in Japan."

Over the course of his 23 years in the Corps, Lambert flew multiple aircraft such as the F-6F Hellcat, F-4U Corsair, A-D Skyraider, F-7F Tigercat, F-9F Panther, F9F Cougar, F-J Fury and the A-4 Skyhawk. Lutz primarily flew an A-4 Skyhawk during his 11 years of service.

In addition to proving that "once a Marine, always a Marine" is more than a catchphrase, the two former aviators stand as living proof that the Marine Corps has and is still fulfilling its promise to return quality citizens back to the civilian world.

"I followed my natural inclination for sport by working for the Monsanto Company's Astroturf Division, the Dunlop Corporation and the Spalding Corporation," said Lambert.

Lambert, a former world class tennis player, also built two large racquetball facilities in Southern California. In his prime, he played at Wimbledon and was an inter-service tennis champion.

Following his time in the Corps,

Lutz went on to become a high-level executive for numerous automotive companies, most notable serving as a vice chairman for General Motors. During his time in the automobile industry, Lutz was behind the development of vehicles such as the Dodge Viper and Chevrolet Volt and authored two books based on his extensive experience. Lutz attributes his extraordinary success to his time spent in the Corps.

"I would not have had my business career without the discipline and leadership training I received in the Marine Corps," said Lutz. "Marines leaving the Corps and entering the workforce today will be disappointed by the lack of discipline they will find."

For Marines whose time in the Corps is coming to an end, Lambert offers some advice on finding success in the private sector.

"Search the myriad careers available in the marketplace and if additional education is required, do it," said Lambert.

Looking ahead, Lambert hopes that this will not be their last flight.

"We've flown together a few times before, and I certainly hope, God willing, that we can do it once or twice more," Lambert said.



Submitted Photo

"We may be old, but we're still Marines," said former Marine Capt. Bob Lutz (left) following a flight in his L-39 Albatros jet aircraft with retired Marine Lt. Col. Kingman Lambert on Aug. 27. Lutz and Lambert, friends since serving together in the 1950s, took part in what they believe may be a record setting flight over southeastern Michigan in an L-39 Albatros jet aircraft.

Promotion

Photo by Penny Randall

Maj. A.J. Brooks, commanding officer of Marine Aviation Training Support Squadron One, and Master Sgt. Chris Armstrong places staff sergeant pins on Jordan Thomas during her promotion ceremony on Sept. 8. Staff Sgt. Thomas is an instructor in the Individual Asset Manager System Course at MATSS-1. She has served seven years in the Marine Corps.

**Marine Ball set for Nov. 5 at Silver Star Convention Center at the Pearl River Resort in Philadelphia**

Tickets are: E1-E2: \$20; E3: \$25; 4-E5: \$30; E6-E7: \$35;

E8 & Above: \$40; and Civilians: \$45

Social hour: 5 p.m. Ceremony: 6 p.m.

For tickets call, Staff Sgt. Darryl Coleman at (601) 679-2913 or Cpl. Steven Emond at (601) 679-2792.

(Deadline to purchase tickets is Oct. 30)

Bronze Star Marine takes leadership to heart

By Lance Cpl. Timothy J. Lenzo
1st Marine Division

MARINE CORPS BASE CAMP PENDLETON, Calif. -- Role models are typically sports stars, teachers or family members, but for Marines of Kilo Company, 3rd Battalion, 5th Marine Regiment, the qualities of a role model can be found in one of their own.

If you ask Sgt. Ryan M. Krochmolny, machine gun section leader with Kilo Company, he'd tell you that those qualities are a part of his job.

Krochmolny was deployed to Sangin, Afghanistan, when he exemplified great leadership and bravery. On three separate occasions, Krochmolny's leadership and unselfishness helped him save lives.

In one instance, he carried a wounded Marine for more than 500 yards through enemy machine-gun fire to get him to safety. When the combat became too heavy to move, he put the Marine down and laid his body over him to protect him while he fought back against the insurgents.

On two additional occasions, he led his squad into heavy fighting to recover Marines who were pinned down by machine-gun fire.

Krochmolny was awarded the Bronze Star with Combat "V" during a ceremony Sept. 1. The "V" distinguishes the valor of his actions in Afghanistan.

"Sergeant Krochmolny has not

only met my expectations, but has exceeded them on numerous occasions," said 1st Lt. Victor M. Garcia, Kilo Company executive officer.

Krochmolny stepped into action when an improvised explosive device detonated and severely wounded Marines in his platoon. He took charge of the platoon and oversaw the medical evacuation of the casualties.

He also led his Marines through an IED-laced field to support a squad under enemy fire. He brought his men through multiple small arms fire engagements, demonstrating an ability to act quickly and decisively under pressure.

"I was very happy to see that a deserving Marine is being recognized for actions in combat, not only for him, but for the junior Marines that help make the award possible," said Garcia.

Krochmolny said backing up his fellow Marines was all part of a days work in Afghanistan.

"Every Marine did absolutely tremendous and amazing things out there," said Krochmolny, quick to defer the attention to his friends. "I think everyone is a hero, quite honestly. If it was up to me, I think every Marine should receive a valor award. Everyone performed heroic acts over the deployment."

Sgt. Joel Baily, machine gun section leader with the company, is a friend and peer of Krochmolny, and he



Photo by Lance Cpl. Timothy J. Lenzo

Sgt. Ryan M. Krochmolny, machine gun section leader, Kilo Company, 3rd Battalion, 5th Marine Regiment, 1st Marine Division, salutes 1st Lt. Victor M. Garcia, Kilo Company's executive officer, during his award ceremony, Sept. 1, 2011, for the Bronze Star with Combat V he earned while serving under Garcia in Sangin, Afghanistan.

agrees with Krochmolny that this is expected of leaders.

Baily said the job of a squad leader is to lead their Marines through combat, get the mission accomplished, all while taking care of the Marines.

"I love serving my country, I love leading Marines," said Krochmolny. "It's a responsibility beyond words -- you can't explain it. I'm honored to do that, every deployment I go on."

Safety Is Our Duty**Attention NAS Meridian hunters**

One requirement to hunt on board NAS Meridian during the upcoming 2011-12 season is to show proof of having passed a state-approved Hunter Education Class. It can be from any state, and is a requirement for every hunter 12 years old and older on the installation.

If you don't have proof of having taken a class in the past, enclosed is a schedule of classes being offered by the Mississippi Department of Wildlife, Fisheries, and Parks for Lauderdale and surrounding counties. Call now and pre-register for the classes to ensure availability.

It is now also possible to obtain partial Hunter Education certification via the internet, followed by only three (3) hours of classroom study. Details for internet certification are found at <http://home.mdwfp.com/Education/info.aspx?id=49>. If you have any other questions, please call NAS Meridian Wildlife Biologist Chris Bucciantini at (601) 679-3539.

MDWFP Hunters Education Class Schedules**Clarke County**

Date: Sept. 24, 8 a.m.-6:30 p.m.
MeKenna Ranch, Pachuta

For information: (601) 776-3951

Lauderdale County

Date: Sept. 17, 8 a.m.-6:30 p.m.
Location: Mitchell Distributing (MDWF&P Central Region)
For information: (601) 859-3421

Date: Oct. 8, 8 a.m.-6:30 p.m.

Location: G.V. Montgomery Air National Guard Complex
For information: Rhonda Cason (601) 484-9827

Is spike in aviation mishaps significant?

The Navy and Marine Corps have had a small spike in mishaps over the past six to eight weeks of May 2011, particularly in aviation.

This data may cause some to conclude that our mishap-reduction efforts have gone off track and that this fiscal year will see a reversal in the declining trends we have experienced in most mishap categories over the past few years. While the recent, short-term trends in a few areas are negative, it is important to view these trends in the light of our overall progress in reducing mishaps, both during this fiscal year and in comparison to previous fiscal years.

For the first two months of FY11, Naval aviation experienced zero Class A mishaps followed by three in December 2010. Then there were an attention-getting total of eight Class A mishaps in March and April. The frequency of Naval aviation mishaps during these two months caught the attention of many. It is important to note that while even a single mishap is a cause for concern, this many mishaps in such a short period of

time are typically not experienced. Naval Aviation is still having a good year overall. The FY11 Naval Aviation Class A Mishap rate through May 1, 2011 is 1.24; for the same period of time last year, the FY10 rate was 1.35, slightly higher than this year's rate. Based on initial information, there does not appear to be a common thread among the FY11 mishaps, so we have no single issue to alert the fleet about.

Here are some additional details. Thus far in FY11 Naval aviation has sustained 11 Class A mishaps. There were seven USN Class A mishaps which include six flight mishaps and one flight-related mishap. The USMC sustained four Class A mishaps which include two flight mishaps and two aviation ground mishaps.

FY11 rates are better than FY10 when only flight mishaps (FM) are compared. However, three of the 10 FY11 Class A mishaps are not included in the FM rate (one flight-related Navy mishap and two Marine Corps aviation ground mishaps).

Is there a trend that we should be concerned about? Historically 70-85 percent of aviation mishaps have human factor causal factors (some what less for exclusively aircrew error) that contributed to the mishap. However, only three of the 11 Class A mishaps this year are likely to be the result of exclusively aircrew error (these mishaps are still under investigation so this conclusion isn't definitive). Six of the 11 have a maintenance error and/or a material failure and two mishaps have a precursor maintenance error and/or a material failure followed by aircrew error.

Halfway through this year we see a slight percentage shift away from aircrew error towards maintenance/material failure. Halfway through this year we see a slight percentage shift away from aircrew error towards maintenance/material failure. If aircrew-error percentages decrease, something else must increase. There is insufficient data to call this a trend.

However, we will watch this in the longer term.

--from http://www.public.navy.mil/navsafecen/Documents/Safety_Update_May11.pdf

Navy celebrates renovation of San Diego barracks

By Lee H. Saunders
Naval Facilities Engineering
Command Southwest Public Affairs

SAN DIEGO (NNS) -- Naval Base San Diego (NBSD) celebrated the completion of a \$10.06 million Recovery Act funded renovation of Angelley Hall barracks to LEED Silver standards with a ribbon cutting ceremony Aug. 30.

"I think this project will add to the Sailors quality of life," said Kenneth Daplas, NAVFAC Southwest construction manager for the project. "I think we have built an exceptional landmark - a fine facility that will service the Sailors in this area for decades to come."

Naval Facilities Engineering Command

(NAVFAC) Southwest managed the LEED Silver renovation project. Stronghold Engineering Inc. of Riverside, Calif. was the project contractor.

The project renovated Angelley Hall's three wings and core building totaling 77,934 square feet. The three wings have forty-two housing groups. Each group has a common living space and four bedrooms with adjoining bathrooms. The central core building is structured around a main lobby and reception area with manager's office, support spaces, male and female restrooms, and a central mechanical room. A commercial laundry space was added during the renovation.

"This contract has been

submitted as a LEED Silver project and is anticipated to receive over 50 LEED points," said Daplas. "Specific LEED accomplishments worth noting include utilizing a grey water collection and filtration system that will eliminate the use of potable water for landscape irrigation and installing an air conditioning system using no CFCs. Water efficient fixtures will reduce interior potable water use by over 20 percent. The contractor diverted over 70 percent of construction waste from local dumps."

LEED (Leadership in Energy and Environmental Design) is a program developed by the U.S. Green Building Council. It is a nationally recognized per-

formance oriented system designed for rating new and existing buildings or groups of buildings based on a variety of Green Building Principles.

NBSD Commanding Officer Capt. F.W. Smith Jr. cut the ribbon with the assistance of Stronghold Engineer Executive Vice President Charles Gossage and NAVFAC Southwest Public Works Officer for NBSD Cmdr. Jeff Lengkeek. Members of the official party also included NBSD Housing Manager Mike Dalvano, Stronghold Engineer Project Manager Patrick Walls, NBSD Housing Director Benito Zales, and NAVFAC Southwest Contract Specialist Carina Hernandez.

LDO/CWO package deadline approaches

By MC3 Andrea Perez
Navy Personnel Command
Public Affairs Office

MILLINGTON, Tenn. (NNS) -- The application deadline for E6-E9 Sailors for the Fiscal Year 2013 Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs is fast approaching, officials said Sept. 12.

LDO/CWO applications must be postmarked no later than Oct. 1 for active-duty Sailors and Nov. 1 for reservists.

Both programs provide the Navy with officers who are technical-based leaders and technical experts in key positions throughout the service, said Chief Warrant Officer Mitchell Allen, CWO community manager, Bureau of Naval Personnel (BUPERS).

"Limited duty officers and chief warrant officers are technical experts selected from the enlisted ranks," said Allen. "LDO's become technical leaders, like commanding officers of schoolhouses or shipyard repair facilities, while chief warrant officers stay technical

experts in their field often in repetitive assignments."

The LDO and CWO programs provide outstanding senior enlisted personnel the opportunity to compete for a commission without the requirement of a college degree. Combined, these two communities make up 11 percent of the officer corps.

"Over the next several years, we will be revising the application windows in which senior enlisted Sailors can apply for the LDO/CWO programs," said Allen. "Our hope is to create an even more technically-focused community, with a more predictable career path, more detailed opportunities and better career progression."

Applicants must meet basic eligibility requirements, outlined in NAVADMN 224/11 for active-duty or NAVADMIN 226/11 for Reserve, before applying for the LDO/CWO programs.

"For the LDO/CWO community, there's only one way to get in and that's sustained superior performance," said Capt. John Jones, LDO/CWO communi-

ty manager, BUPERS. "The application process is tough and many Sailors won't pick up until at least their third try. We don't want Sailors to give up, we're looking for consistency and we want to see them continue to apply."

Eligible Sailors are encouraged to apply for the designator for which they are most qualified, regardless of their current rating. Upon commissioning, Sailors selected for LDO/CWO will attend the four-week Officer Development School in Newport, R.I.

"Right now the LDO/CWO community is not undergoing any sort of reduction in force because of their technical necessity," said Jones.

Specific requirements and additional information about the programs can be found in OPNAVINST 1420.1B, Enlisted to Officer Commissioning Programs Application Administrative Manual, chapter 7.

More responsibilities as a limited duty officer or chief warrant officer mean more benefits, too, said Jones.

"If you are selected for our program as a petty officer first class, your paycheck will double within four years. The long-term benefit is a substantial retirement check that is double what our great master chiefs receive," said Jones. "Couple that with our promotion rates and that makes for a very attractive program."

"But it's not just about the financial benefits," said Jones. "It's about understanding the minds of Sailors and using that knowledge to shape your decisions and implement change which best serves our Navy. That's what I really love about the program."

Complete application procedures, eligibility requirements and links to other resources can be found in NAVADMN 224/11 and NAVADMIN 226/11. Sailors may also learn more about the LDO/CWO communities in the 2011 LDO/CWO Guidebook available on the Navy Personnel Command Web site at www.npc.navy.mil.

Reenlistments



Photo by MC2 Flordeliz Valerio
Chief Air Traffic Controller Brentson Waller, left, presents a certificate of reenlistment to Air Traffic Controller 2nd Class Wesley Moore during a ceremony on board NAS Meridian on Sep. 8. Moore reenlisted for two years.



Photo by MC2 Flordeliz Valerio
NAS Meridian Air Traffic Control Facilities Officer Lt. Dennis Smith pose for a group photo with Chief Aviation Boatswain's mate Equipment Demetrius Jenkins, Dagabrielle Jenkins, O'Myrion Jenkins and Cathie Jenkins during a ceremony on board NAS Meridian on Sept. 9. Jenkins reenlisted for six years. Jenkins family were presented letters of appreciation.



Photo by MC2 Flordeliz Valerio
Chief Aviation Boatswain's mate Handling Chris Mills presents a certificate of reenlistment to Aviation Boatswain's mate Handling 2nd Class Brian Clark during a ceremony on board NAS Meridian on Sep. 3. Clark reenlisted for six years and is transferring to the USS Eisenhower (CVN-69).

September FFSC Events,
page 9

DON hiring system shifting to USAJOBS

WASHINGTON (NNS) -- The Department of the Navy (DON) urges its employees and applicants to shift from Civilian Hiring and Recruitment Tool (CHART) to USAJOBS prior to Sept. 30.

The transition to USAJOBS, a one-stop source for posting and receiving applications for all DON job announcements, is a key component to ongoing efforts across the DON to reform and streamline the hiring process.

In the next phase of the transition, operation of the DON's online application system, CHART, will cease. CHART will no longer be available to external applicants beginning Oct. 12.

"We encourage employees and applicants for Department of Navy jobs to create new accounts and move their resume details to USAJOBS by Sept. 30, since USAJOBS will be unavailable Oct. 6-12 for updates and maintenance," said Jean Mercer, director of Human Resources Systems and Business Transformation for DON.

"All information must be manually copied from CHART and transferred to a resume built in USAJOBS or saved as a Word document," she said.

Mercer and the DON hiring reform team have put together a fact sheet outlining how to transfer information from CHART to USAJOBS in five easy steps.

"When applicants and employees move or create new resumes on USAJOBS, it's a great time to review and update their information. Since USAJOBS will store up to five resumes, it is an opportunity to create resumes to support multiple job announcements," says Mercer.

The fact sheet outlining the key steps to transfer information is available at www.public.navy.mil/DONHR/employment/hiringreform -- the CHART system will not be available for external applicants after Oct. 12. Tips for creating a powerful resume also are available on the DONHR portal at www.public.navy.mil/DONHR/employment/CivJobOpps/pages/AllAboutYou.aspx.

The DON remains committed to improving the applicant's experience, reducing the time to fill vacancies and securing quality candidates for DON positions. Civilian careers in the Department of the Navy offer real world challenges with real life rewards -- careers where purpose and patriotism unite. Questions on the transition to USAJOBS or on DON hiring reform efforts can be sent to DONhrfaq@navy.mil.

-- From Department of the Navy Office of Civilian Human Resources

Navy reaches closure agreement, transfer of property at former naval air station

WASHINGTON (NNS) -- The Department of Navy announced Aug. 31 that it signed an agreement with the South Shore Tri-Town Development Corporation (SSTTDC) in connection with an economic development conveyance at the former Naval Air Station South Weymouth, Mass.

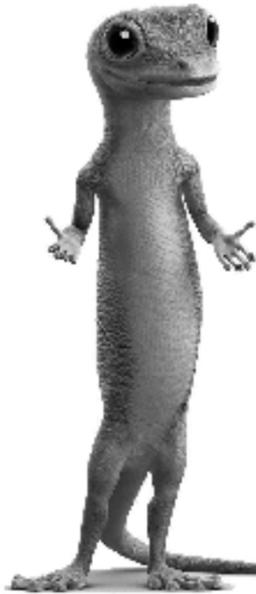
This agreement is the next step to enable the Navy to convey approximately 681 acres of land and improvements to SSTTDC in exchange for expected consideration of 25 million dollars.

The parties will now begin finalizing a purchase agreement that should be completed by Nov. 15. Closing and transfer of property are expected to occur later this year. The parties anticipate that this EDC transfer will bring jobs and economic support to the region.

Naval Air Station South Weymouth was closed under the 1993 round of Base Realignment and Closure.

-- From Base Realignment and Closure Program Management Office Public Affairs

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Navy Federal Credit Union is federally insured by NCUA.



Naval Academy expands cyber security curriculum

By MC2 Alexia Riveracorrea
U.S. Naval Academy Public Affairs

ANNAPOLIS, Md. (NNS) -- The new academic year marks the beginning of the Naval Academy's new cyber security curriculum, in which midshipmen are required to take classes that will enhance their knowledge of cyber warfare and the threat it poses to national security.

Discussion of building a cyber curriculum at the academy began several years ago, when the Chief of Naval Operations (CNO) explained the importance of cyber security to the fleet, said Capt. Steven Simon, director of the academy's Center for Cyber Security Studies.

"The Department of Defense and the CNO identified cyber as an area that is critically important to all naval officers," said Simon. "When midshipmen get commissioned and go out into the fleet, whether they are standing on watch on a submarine, on the bridge of a surface ship, attached to an squadron or in the field, the decisions they have to make will be partly influenced by how the cyber domain impacts their ability to conduct their mission. These courses are meant to give them a foundation in cyber education."

Once the CNO put out the message, the academy initiated an examination of cyber security, and how it should become a part of the curriculum at the naval academy,

explained Associate Professor Christopher Brown of the computer science department.

"The academic dean assigned a committee to help create a report which out-

lined that cyber security was relevant to an academic setting like the Naval Academy, and how it might be incorporated into the midshipman experience," said Brown.

As one of the contributors to the plan, Brown helped the coordination and development of the plebe year core course SI 110, also known as "Cyber 1," which is part of the cyber security curriculum initiative.

"The Cyber 1 course is basic general knowledge about how computers work, how networks are put together, and the vulnerability of those networks," said Simon.

The focus of this course is to increase the baseline and knowledge of cyber security for all plebes. When they get to the fleet, they will be prepared, explained Deputy Director of the Center for Cyber Security Studies Cmdr. John Myers. From the begin-

ning, he said the intention was for the course to be technical and hands-on.

"Ultimately, the students will do some network attacks as well as network defense," said Brown. "Along the way, they also will be able to modify some programs, produce some web pages, build a wired or wireless network and try to attack some websites."

The course consists of two hours of lecture and two hours of lab per week and is divided into three portions.

"Cyber Battlefield" emphasizes the understanding of digital data, Internet protocols, the physical computer, operating systems, programs, Internet, wired networks and more. The second part is called "Models and Tools," where the plebes will learn about protecting and attacking in the cyberspace through the use of theoretical models, said Brown.

"We look at some kind of theoretical model for what it is that you are actually trying to protect or attack in cyberspace, what are you defending, as well as general-purpose tools, including firewalls and cryptography," said Brown.

In the final part of the course, called "Cyber Operations," the students will put what they've learned up to that point to

practical use.

"Here, they really take that knowledge to build, defend and attack other networks," said Myers. "We hope to create that baseline of cyber security for each of the plebes. Then in their junior year, they will take Cyber 2, which will allow them to have a much better understanding of cyber security."

"Cyber 2 goes into more depth, and provides some background on policy and economics," said Simon. "From here on, there will be some elective type courses offered by different departments around the yard, so students who are interested can go deeper. But the baseline is to provide every midshipman that graduates this understanding of the cyber domain and how it impacts their commands and ability to conduct their missions."

The Center for Cyber Security Studies is designed to work interactively with academic departments around the yard to help develop cyber security courses and provide necessary expertise as the academy builds on its cyber program, said Simon.

"The idea is to work with the government and industry to broaden this, and bring more expertise into the yard so students gain more appreciation for it," he said.

It's becoming increasingly clear that cyber security is a real issue, particularly for military organizations but for individuals as well, Brown said.

"Learning these concepts and being able to make principle decisions in regards to security and your personal and professional life is really going to be important for these students when they graduate," Brown said.

"Cyber Battlefield emphasizes the understanding of digital data, Internet protocols, the physical computer, operating systems, programs, Internet, wired networks and more."

Christopher Brown
Associate Professor Naval Academy

● Promotion

Scorby, a 1981 graduate of the State University of New York at Cortland, was commissioned an ensign after completing Aviation Officer Candidate School in March 1983.

He holds a Master of Science in financial management from the Naval Postgraduate School, a Master of Arts in national security and strategic stud-

ies from the College of Command and Staff, U.S. Naval War College, and a Master of Arts in national resource strategy from the Industrial College of the Armed Forces. His most recent position was executive assistant to the Assistant Secretary of the Navy for Energy, Installations and Environment, a position he held since May 2010.

● Proclamations

designed to raise awareness of suicide warning signs and encourages people to intervene with those at risk.

"Suicide is a major issue right now throughout the Department of Defense," said Dianne Parker, NRSE deployment support program manager and ombudsman program coordinator. "I believe this proclamation is very important because it can help us raise aware-

ness of National Suicide Prevention Week among the military community."

According to Parker, those who suspect serious emotional issues with an individual should take the issue seriously and work with their chain of command or their installation's Fleet and Family Support Center to get them help.

Parker also commented on the significance of the NFOP proclamation.

"It's important to re-

cognize the anniversary of the ombudsman program because our ombudsmen are a part of the command support team and they make sure that families know what resources are available to them and help them adjust to the military way of life."

The NFOP was launched Sept. 14, 1970 by Chief of Naval Operations Adm. Elmo Zumwalt to assist commands in maintaining the morale, health and welfare of Navy families.

"The program has proven itself to be essential to family support and mission readiness," Scorby said. "Ombudsmen support has helped to relieve the stress on deployed Sailors, allowing them to focus on the details of preparing and executing the mission."



Marion Primary Care Center

A Division of The Specialty Hospital of Meridian

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- Sinus Infections
- Ear Aches and Infections
- Cough, Cold or Flu Symptoms

- Bronchitis
- Sore Throat or Fever
- Minor Sprains and Strains
- Cholesterol Screening
- Diabetes Screening
- Pneumonia and Flu Shots

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Friday: 7 a.m. - Noon

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Sale ... or

ELECTRONICS MUSICAL/COMPUTERS

Like new 4/4 Cello (played twice), new strings, 2 cases (hard/soft), bow, rosin, tuning pipe, instrument stand, music stand, digital metronome, 2 new music books. All included \$500. Call (601) 480-2230. Serious inquiries only, please.

12 inch KLH speaker black wood finish 120volt with controls, \$50. JVC sound system TV/cable/DVD/CD/PHONO/FM/AM/TP APEMD Receiver model 7000 analog and digital with five speakers, \$125. Call (601) 604-6838, days.

Two 12" powerbass subwoofers. Asking \$100. Call (601) 678-9177.

Klipsch Proedia 2.1 Speaker System in used, working condition. Call Bill at (601) 934-8718.

EXERCISE EQUIPMENT

Bowflex Extreme 2 includes leg attachments. Max weight 310 pounds. Asking \$500. Call (601) 481-4893.

BOATS/CAMPERS

NEW! 32-foot Mountainer Travel Trailer, tag-alone, 2 slides, excellent condition. Asking \$13,300. Call (251) 607-9536.

2008 SKEETER ZX190, Bass Boat -- Blue/White/Black Galaxy Hull with protective Keel Guard and Light Grey Interior. Powered by Yamaha 175 HPDI motor. Package includes: EZ Loader Trailer, Line Spooler, Hot foot/Pro Trim, tilt Steering, Hummingbird 767 w/GPS, Hummingbird 727 Bow Mount, Auto Bilge Switch, Safety Ladder, Bow Mounted 80 LB. thrust Minn Kota trolling motor and much more. Price \$29,500. Call: Day (601) 604-2256, evening: (601) 483-5311.

25 Foot Prowler 5th Wheel camper. Call Darin at (601) 480-4132 or Ann at (601) 480-4134.

16 Foot aluminum fishing boat with 75 hp Mercury. Call Darin at (601) 480-4132 or Ann at (601) 480-4134.

2007 Fleetwood Revolution LE 40ft. Very low miles and very low hours. 400 Cat engine w/ Allison push button transmission w/ fuel economy mode. 3 wall slide outs; 1 and 1/2 baths and a shower, washer dryer

combo, bedroom includes a sleep numbers bed and wall mount 23" TV. With 26" LCD TV Digital Satellite System Home Theater System in the main coach, 4-door refrigerator/freezer w/ice maker and water on the door. GE microwave/convection oven over regular 3 burner gas range w/oven. NON SMOKER RV is in really good condition. Must see to appreciate. Asking \$149,000. Call Gail Brennhof at (601) 679-2408 or (601) 678-9504.

HOUSEHOLD ITEMS

Black iron futon with mattress, excellent condition, opens to full size bed. Like new. \$75. Serious inquiries only, please. (601) 480-2230.

34" widescreen Trinitron Sony HDTV. Remote & Memory Card slot, works great. Asking \$150. Call (601) 621-4417.

8-inch deep Stainless Steel kitchen sink, 33" x 22". New, still in box. Asking \$95. Call (601) 693-5578.

Butterfly couch and chair with the pillows. Asking \$500 set. Color is forest green. Call (417) 664-5420.

GE Chill Water Dispenser, great condition, includes two (5 gallon) jugs. Call Bill at (601) 934-8718.

Brand new in box, International Silver 70 piece service for 12 (San Marcos pattern) 24K goldplated flatware set with bonus flatware chest. \$25. Call between 10 a.m. & 10 p.m. only please, (601) 917-6935.

Solid Cherry Wood Entertainment Center, 7 1/2 foot tall, Holds up to a 40" TV. Beautiful piece of furniture -- Like New. Asking \$600. Call (601) 679-8052.

Queen Size Airbed with electric air-pump built inside, used one time excellent condition. Asking \$60. Call Lisa at (601) 679-8052.

Two nice, light brown couches, less than 2 years old, no stains, no sagging and from a smoke free home. Asking \$150 each OBO. Call (904) 803-8776.

Two 36-inch TV'S (not flat screen). Asking \$200 each. Oak Entertainment Center, \$250. Pine Book Shelves, ready to stain for \$100 each. Call Clinton at (601) 323-1003.

2000 GMC Sierra 1500 white, AUTOMOBILES, ETC.

with 116k miles on a 4.3 V6 engine and new tires. Asking \$5,000 Call (601) 604-2170.

2008 Chrysler PT Cruiser, 48,000 miles. New compressor-cold A/C. Asking for Kelly Blue Book value: \$9,500 OBO. Call Rhett at (251) 300-0198 or (251) 422-0983.

2007 Toyota Avalon Limited Edition. Gloss black, good condition, 51,906 miles. Asking \$22,000 or best offer. Call (601) 678-5152.

2002 Ford Explorer XLT. Great condition, only one owner. 131,000 miles (highway). Pioneer GPS navigation system, touch screen, Bluetooth capability for hands free calling. Also plays CD, DVD, MP3, iPod. 22" chrome rims and tires, and stock rims and tires also included in price. Asking \$6,000 OBO. Call (619) 512-6630.

2003 Gold Chrysler, 300M loaded, heated leather, CD, XM satellite, sun roof, nice interior. High mileage but well maintained. One owner, new transmission and battery, fairly new tires, needs motor work. Asking \$1350 OBO. Call (601) 679-2636 or (662) 803-9007.

2005 Ford Explorer, sunroof, leather interior, low mileage. Asking \$75,000 OBO. Call (601) 490-3905.

20in Chrome rims and tires (Toyo Proxy-295/45R/20), 6 lug. Only 10k miles. Asking \$750. Call (757) 814-9739 or (601) 479-3446.

NEW ITEM! 1981 Kawasaki

MOTORCYCLES/GEAR/ATV

KZ440LTD motorcycle, 22k miles. Asking \$1500. Call (601) 480-4132 or Ann at (601) 480-4134.

NEW ITEM! Mechanic's dream or great parts bike - needs work 1986 Honda Rebel. Asking \$300. Call Teresa at (601) 679-3474.

2008 Yamaha Majesty Scooter, 400CC and rides very good, 1008 miles, and it will go 90 MPH easily. Gets about 57 MPG. Contact Darin at (601) 480-4132 or Ann at (601) 480-4134.

4-wheeler for sale. Asking \$800. Call (601) 483-3801 for details.

2005 350 Rancher 2 wheel drive 4 wheeler. Call Darin at (601) 480-4132 or Ann at (601) 480-4134.

2008 Kawasaki Ninja 250R, blue with jacket and helmet included, 3800 miles. Asking \$2,000. Call (601) 562-6508.

2004 Honda VT1300C, burnt

orange, very clean, runs great, many accessories. Can email pics and more details. Call Frank at (601) 513-1738.

2005 Yamaha Scooter. In storage for 2 1/2 years, 3500 miles, like new, 75 MPG, perfect for commuting around the base. Asking \$1,650. Call Murvis at (601) 632-1167 or (601) 679-2361.

2006 Honda VLX, 3,500 miles with new windshield. Great bike in very good condition. Asking \$3,200. Call (601) 632-1167.

Honda CRF 100. Great dirt bike for a youngster to start on. Garage kept. Includes boots, pants, chest protector and gloves. Asking \$1000. Call Jerry at (601) 513-2624.

2005 Yamaha FJR 1300. 145 hp., 8020 miles, electric blue, power adjustable windshield, ABS front & rear brakes, front & rear adjustable ride. 2 hardshell (removable) side bags with inserts. 2 helmets & 2 "Joe Rocket" jackets included. Just serviced and is in perfect condition. Garage kept. Call (601) 934-6615.

2006 Triumph Speed Triple 1050, white, 3k miles. Asking \$6,500. Call (210) 313-5874.

NEW! For Rent: Home at HOMES/APARTMENTS

Dining room, 2 BD/1BA with living room, den/wood and large kitchen, fenced in back yard. Newly painted inside. Within 2 blocks of boat launch and beach. Asking \$650 month/\$650 deposit. Call (601) 604-2929.

NEW! For Sale: 3BR/2BA 2169 sq/ft home located in West Lauderdale School District and only minutes away from the conveniences of the city of Meridian. Exterior features include a double lot with large fenced backyard, storage building, saltwater pool, and a 12x16 gazebo with electricity. Interior features include a spacious family living area, open dining room, spacious kitchen, a large laundry room, nice game-room/sunroom leading to backyard. Updates include fresh neutral paint colors throughout the house, ceramic tile flooring in kitchen and dining room, and an updated hallway bathroom. Located less than 20 miles for NAS Meridian. Asking \$167,000. Call (601) 934-1799.

For Sale: 5 year old home, 3 BR/2 BA in West Lauderdale School

District. Custom cabinets, large master suit, whirlpool with separate shower and walk-in closet, fenced in back yard, 1.87 acres. Asking \$186,000 negotiable. Call (601) 604-9737.

For Sale: Look no further than this great move in ready home off of HWY 39 and North Hills only 12 miles from NAS. 3 BR/1.5 bath home features 1354 sq ft, new laminate wood flooring throughout, ceramic tile, and new appliances with a great backyard and patio. Asking: 97,900! Call Laurie Martin at (601) 938-8434 for more details

For Sale: Home at 10469 Mt. Carmel Road, Bailey, 12 miles from NAS. Built in 1910 and completely remodeled on about 2 acres of land. 3 BR/2 BA/office/sun porch and great room. 2,700 sq feet. Asking \$180,000. Call (601) 737-2260.

For Sale: 2007 Deer Valley single wide home 16 X 80 feet. Three BR/2 full BA, walk-in closet in master bedroom with walk-in shower & garden tub. Call (601) 986-8841 for more information.

NEW PRICE! For Sale: Home in Meridian city limits at 4408 King Road, red brick, 3 BR/1.5 BA and oak floors. NEW PRICE \$90,000. Call (601) 604-6838 or (601) 679-3775 before 8 p.m.

For Rent: 2,400 sq. ft. 4 BR/2 BA home with bonus room upstairs, Southeast School District (level 5 school). Quiet country location 15 miles from Meridian and Naval Air Station. Asking \$1,800 a month with deposit of \$1,800. Lawn care is included. Call (601) 604-4000.

NEW PRICE! For Sale: Doublewide, 3 BR/2 full BA. Master has shower and garden tub with 2 vanities. All bedrooms have walk-in closets. Central air & heat. Gas fire place. Large kitchen with all updated appliances with dishwasher. 10x20 covered front deck with 10x20 side deck. 12x15 Storage building included. Large yard with circle drive on 2 acres. Located Collinsville/Martin area on Mayatt Road. West Lauderdale school level 5A. 18 miles from NAS. Asking \$69,000. Call (601) 938-1903.

For Sale: Home in Poplar Springs School Dist. 3 BR/2 BA with split floor plan; upgraded kitchen with granite counter tops, stainless steel appliances, new flooring and breakfast nook, formal dining room; master bath

has jetted tub with separate shower. Indoor laundry; large garage with storage room. Nice yard with privacy fence and covered patio. Outside trim painted with new gutter in 2010. Asking \$185,000. Call (601) 604-2015.

Motorcycles any size any condition. WANTED TO BUY

tion, will pay above salvage price. Also have a large selection of good used parts for sale. Call (601) 938-4295 anytime.

NEW ITEM! Craftsman TOOLS

Contractor Series Radial Arm Saw with stand, asking \$200. Call (601) 679-9972.

Set of 3/4" drive alloy chromed steel sockets with handles, one set metric and one set inch in cases almost new, price negotiable. Call (601) 604-6838 (days).

NEW PRICES! Golf Taylormade Driver R9 \$175; Bobby Jones Workshop Edition Driver \$75 -- all in like new condition. Call or text George at (361) 442-4489.

Craftsman 10" compound miter saw. Works great. \$40. Call (757) 412-9411. Leave message.

10hp generator for sale used very little. Asking \$450. Call (601) 323-1003.

Golf Clubs. Small vice, \$12. Call

MISCELLANEOUS

(601) 604-6838 (days)

5x5x4 fenced kennel. Asking \$150. Call Tamra at (601) 479-7902.

Chickens and pigs for sale. Call (601) 483-3801.

U 12 Ga. shot, asking \$1,200; 40 round bales of hay, fescue and clover mix cut this year, \$25 each; Pure local honey for sale, quart size bottles, \$10 each (other sizes available). Call Clinton at (601) 323-1003.

If you wish to add or remove an item from "Sale...or" please send your request to penny.randall@navy.mil or call (601) 679-2809. Deadline for submissions is 4:30 p.m. the Thursday before publication.

MWR Mission First... Sailors Always



September Specials

SEPT. 17: "END OF SUMMER" 6-GAME SCRATCH TOURNAMENT WITH A TV STYLE ROLL OFF AT THE END TO DETERMINE WINNER. \$20 ENTRY FEE, SIGN UP BY 9:30 A.M. DAY OF EVENT.

Mondays: NTTC/MATSS-1 STUDENT SPECIAL ~ 6 p.m.-close

Tuesdays: Captain Cup Bowling

Thursdays: Toofer Night!
2 games for the price of 1 ~ 6 p.m.-close.

Fridays: Cosmic Bowling Night
7 p.m.-close. Regular rates apply

Sundays: Family Bowling Special ~ 11 a.m.-4 p.m.
\$2 a game, \$1 for shoes.

Captain's Cup Bowling Standings

Week 1

- 1st: Air Ops
 - 2nd: Dilligaf
 - 3rd: NTTC Silencers
 - 4th: Turkey Hunters
 - 5th: PW Kegler's
 - 6th: Devil Dogs
 - 7th: "Spare Me" NBHC
 - 8th: NEX Gutterfingers
- High Rollers**
Men: Jimmy Ridgers (204)
Ladies: Tess Bristow (180)

AT THE MOVIES

There are three scheduled movies per week at McCain Lanes Theater. The movies are shown at 6 p.m. on Tuesdays and Wednesdays; and at 1 p.m. on Saturdays. On Fridays you can select from the 780 movies on file. Movies on this schedule will not be available for open viewing until after their scheduled showing date. Call (601) 679-2651.

Admission is Free!

- September...
- 15th: "Perfect Storm" (PG-13)
 - 17th: "Cars" (G)
 - 20th: "Navy Seals" (R)
 - 21st: "Fast Five" (PG-13)
 - 22nd: "Bridesmaids" (R)
 - 24th: "Kung Fu Panda 2" (PG)
 - 27th: "Kill Bill Vol. 2" (R)
 - 28th: "X-Men: 1st Class" (PG-13)
 - 29th: "Thor" (PG-13)

- October ...
- 1st: "Toy Story 2" (G)
 - 4th: "Lean on Me" (PG-13)
 - 5th: "The Conspirator" (PG-13)
 - 6th: "Something Borrowed" (PG-13)
 - 8th: "Prom" (PG)



The following are activities scheduled for single and unaccompanied active duty military on board NAS Meridian. For information or if you have an idea for a trip or event, call (601) 679-3760. The Liberty Program is housed on the second floor of NTTC Admin Building 220. Hours of operation: Monday-Thursday: 11 a.m.-1 p.m. and 3-9 p.m.; Friday: 11 a.m.-1 p.m. and 3-11 p.m.; Saturday: 11 a.m.-11 p.m.; Sunday: 11 a.m.-9 p.m.

September

- 15th:** FREE bowling to all Liberty patronage at the McCain Rec Center from 6-8:30 p.m.
- 18th:** Atlanta Braves vs. New York Mets Baseball Game. Cost is \$30 per person. Must register & pay for trip by Sept. 15. Ask Liberty staff for further trip details. Minimum of 20 people needed for trip to run - NO REFUNDS (unless trip is cancelled).
- 19th:** Double Elimination Pool Tournament at 7 p.m. in Liberty Center. No entry fee - prize awarded to winner. Register day of event at Liberty Center.
- 21st:** Video Game Tournament at 7 p.m. Prize awarded to winner. Register day of event at Liberty Center.
- 28th:** Birthday Bash
A celebration of September birthdays! FREE cookies and soda will be provided at 7 p.m. in the Liberty Center.

NAS Meridian School Age Care receives accreditation

The employees of the NAS Meridian Child and Youth Program (CYP) are proud to announce the accreditation of the School Age Care program (SAC) through the Council on Accreditation (COA).

The Council on Accreditation is the premier accrediting body for After School Age Care programs.

"The entire CYP team is proud of their accomplishment and commitment to high quality care," said Deridre Odom, NAS Meridian's CYP Director.

"We really appreciated the assistance of families and other community members who supported our efforts on behalf of children."

School Age Care programs are required to be successful in the three competency areas of accreditation. These competency areas include: Essential Life, Safety, and Health and Welfare.

The accreditation process involves a detailed review and analysis of both the program's administrative operations and

its service delivery practice. All areas are measured against national standards.

The process is a challenging and lengthy one that includes: program assessments, parental involvement, community involvement, establishment of program evidence portfolios, and a final COA validator observation visit. The validator visit for NAS Meridian School Age Care was July 25-26, 2011.

For more information about SAC call (601) 679-2652.

Queen City Fair set for Oct. 3-9, special military tickets available

The Queen City Fair is coming to the Lauderdale County Agri-Center Oct. 3-9 for its 11th year of a "family fun tradition."

In addition to talent showcases, concerts, performances, exhibits, and food from around the world, the focus of the fair is its midway carnival rides. "Super Spectaculars" in this years line up include The Zipper, The Himalaya, Giant Wheel, Pharaoh's Fury, Bumper Cars, The Sizzler, and many more.

The Midway also features the newest line up of rides for younger thrill seekers as well.

This year the Queen City Fair will feature "Bixby & Friends"



-- a unique entertaining show that features exotic and amazing animals and reptiles from around the world in a fun and educational performance. In addition, other popular events will include the Petting Zoo, Rock Band Contest, Meridian's Most Talented, Little Miss Queen City Fair Pageant, and Youth Nite Concerts. Area organizations and groups will perform throughout the week. Local businesses, non-profit organizations and

4-H are all participants in the week long event.

For schedule details, contest applications, and more information, please visit the Web site at: www.queencityfair.net. Special military tickets will be offered.

CATCH ALL THE EXCITEMENT... TALLADEGA 500 ON OCT. 23!

The ITT office is now taking orders for Talladega 500 tickets at a discounted military rate. Orders taken prior to Oct. 13 will be available for pickup at the ITT office the week prior to the race. Orders placed after Oct. 13 will be held for pickup at Talladega's Will Call office. The last days to order tickets from ITT is Oct. 19 (or while supplies last).

ITT Talladega 500 Pricing

- Gadsden Grandstand: \$40
 - Lincoln Grandstand: \$45
 - Talladega Grandstand: \$45
 - Anniston Grandstand: \$56
 - Anniston Tower: \$94
 - Pre-Race Pit Pass: \$18
- (Pit Pass must be purchased with Sunday ticket)

Want to make it a Talladega weekend? Tickets are also available for the Coca-Cola 250 NASCAR World Truck Series on

Oct. 22. Last day to order tickets from ITT will also be Oct. 19.

ITT Coca-Cola 250 Pricing

General Admission: \$35
(children 12 and under are free with a paying adult)

For more information, call the NAS Meridian ITT Office at (601) 679-3773.



PONTA CREEK UPCOMING TOURNAMENTS

2011 Club Championship Oct. 13-15 ~ 36 Holes

\$35 per person
Includes green & cart fee, and dinner a

Open to active duty, retired military, DoD and monthly/ann membership holders
(The player plays 36 holes for the tournament they can play all 36 in one day, or split it up play two 18 hole rounds on different days. T player must come into the shop and declare what they are doing before they play. There must be at least two players in each group in the tournament.)

Divisions Include:

- Active Duty Division
- Open Division
- Senior Division
- Women Division

Ponta Creek Golf Course Senior Two Person Scraml ~ 27 Holes

Shotgun Start at 9 a.m.
\$45 per player ~ Includes cart fee, lunch & beverages
Divisions Include:
Ages 50-59 White Tees
Ages 60-69 Gold Tees
Ages 70 + Red Tees



For more information and to register for these events,

Check out what's new at the

Andrew Triplett Library:
2011 Peterson Education Guides,
2011 Job and Information Guides and
Free Wi-Fi! Also new books for children and young adults have arrived!!
Hours of Operation: Monday-Friday 10 a.m.-6 p.m.,
Saturday 10 a.m.-4 p.m. For more information, call (601) 679-2326.



Play Ping Pong at Rudders

Games are Free!
Hours of Operation

Monday-Thursday: 4:30-10 p.m.
Friday and Saturday: 5 p.m.-Midnight
For more information, call (601) 679-2636.



Group Exercise Schedule:

- Mondays ~ 11:30 a.m.:** Belly Dancing with Stacey
6 p.m.: Self Defense with Dawg Kerwood
- Tuesdays ~ 11:15 a.m.:** Cardio Mix with Shannon
- Wednesdays ~ 11:30 a.m.:** Belly Dancing with Stacey
6 p.m.: Self Defense with Dawg Kerwood
- Thursdays ~ 11:15 a.m.:** Cardio Mix with Shannon
- Fridays ~ 11:30 a.m.:** Belly Dancing with Stacey
P90X and Insanity available any time!

Fitness Center Policy:

- 1.) The Sonny Montgomery Fitness Center will conduct a 100 percent ID check of all patrons. ID check will be administered to ALL unless wearing military issued PT gear or in uniform.
- 2.) If NO issued PT gear is worn, then you must show ID to enter the workout zones.
- 3.) If any civilian is sponsored by authorized personnel, they must pay the daily fee of \$2.
- 4.) All contractors must pay the daily fees or monthly dues and show ID to enter workout zones.

The NAS Meridian Fitness Center is in its temporary location in Building 266 (Behind Starbase Atlantis). Call (601) 679-2367.

Hours of Operation: Monday-Friday (April-September) 5:30 a.m.-8 p.m.; Monday-Friday (October-March) 5:30 a.m.-9 p.m.; Saturday, Sundays and Holidays (year-round) 11 a.m.-6 p.m.

Meridian/NAS Bus Schedule

Have exact cash change ready when boarding the bus. Fare: \$4.

Union Station	MATSS-1	NTTC	McCain Lanes	Bonita Lakes Mall	Wal-Mart
FRIDAY					
4:35 p.m.	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	6:40 p.m.
	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
7 p.m.	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Drop off if any.....	
SATURDAY					
9:30 a.m.	10 a.m.	10:05 a.m.	10:10 a.m.	10:50 a.m.	11 a.m.
11:10 a.m.	12 p.m.	12:05 p.m.	12:10 p.m.	12:50 p.m.	1 p.m.
1:10 a.m.	2 p.m.	2:05 p.m.	2:10 p.m.	2:50 p.m.	3 p.m.
3:10 p.m.	4 p.m.	4:05 p.m.	4:10 p.m.	4:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	
	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
7:40 p.m.	7 p.m.	7:05 p.m.	7:10 p.m.	7:30 p.m.	
	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Pass. Drop off if any.....	
SUNDAY					
12:30 p.m.	1 p.m.	1:05 p.m.	1:10 p.m.	1:30 p.m.	
	2 p.m.	2:05 p.m.	2:10 p.m.	2:30 p.m.	
3:40 p.m.	3 p.m.	3:05 p.m.	3:10 p.m.	3:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	6 p.m.	6:05 p.m.
6:10 p.m.	6:40 p.m.	6:45 p.m.	6:50 p.m.	Pass. Drop off any	7:20 p.m.

Applebee's Restaurant (upon request only)

It's Your Turn...

This week we salute all Navy chief selectees! We asked veteran chiefs and senior chiefs to give the new chiefs a piece of advice.

Photos by MC2 Flordeliz Valerio



CSC Jessica Nettles
NAS Meridian Galley LCPO
"Remember to continue to take care of your Sailors. They will be the leaders of tomorrow. Making chief will be the greatest milestone in your Navy career. Go Navy, Go Chief!"



LSC Anna Boyce
NTTC Fleet LCPO
"Be the chief that you need not necessarily what you thought you wanted. Your actions show more than your words. You are a chief 24/7. Go Navy, Go Chief!"



PSC Lafayette Bonner
PS 'A' School Course supervisor
"Always devote your time to your junior Sailors. What you pass on to them will be inherited for generations."



ABECS Kent Malone
NAS Meridian Air Field Assistant Manager
"A true leader is measured by what they leave behind for others. A chain is strong as its weakest link. Go Navy!"



YNCS Troy Reed
NTTC Training Dept. LCPO
"Now you are a chief, take care of your Sailors. It is now about them. Taking care of these Sailors will in turn take care of you. Navy Chief! Navy pride!"

Fleet & Family Support Center

How you can help your child succeed at school

By Allyson Cagle

NAS Meridian FFSC Counseling Supervisor

School success takes work on everyone's part -- parents, teachers and children. No matter what your job or educational background might be, there are things every parent can do. Here are four ways you can help your children be successful in school:

1. Be actively involved in your children's education. Find out about the school and become familiar with their schedules. Know the names of teachers and ask about what is going on in the classroom. Then you can ask specific questions, such as about field trips, going to the library or music, etc. Talk about school every day. Try to ask questions that require more than one-word responses, like yes/no/okay, etc. Instead of asking what grades they got on a certain test, ask "what did you think of the test today?" Instead of asking how school was today, you might try asking them to tell you about the class, what is being studied, what is fun in school, what is interesting, the favorite class, etc.

2. Support your children's curiosity, intelligence and hard work. Praise their efforts and accomplishments. Display artwork and papers and report cards. Read often to your children and encourage them to read. They are never too young to listen while you read aloud. The better a child reads, the better prepared he is to take on harder schoolwork as he moves up in grades. Be interested in the questions your children ask you. Help them find answers by looking in books or by figuring it out. Go to the public library. Plan family outings to zoos, museums, historical places and parks. A lot of those places don't take a lot of money. Get help in finding some of those local places if you're not sure yourself about what is available in the nearby commu-

nity. Don't assume there is nothing to do. Limit the amount of television being watched. The American Academy of Pediatrics

recommends that parents limit their children's TV watching to one to two hours of good shows a day. Also, they recommend taking advantage of programs offered on video; you can often borrow these from the base library or public library at no charge. Show an interest in learning yourself; remember that children role model and learn from watching their parents. Talk to them about what they are studying in school. Research has shown that children who participate in mealtime or family conversations with parents are more likely to be successful in talking with teachers and other adults. Have high expectations for your children. Everyone can be successful in school; give that message to your children again and again.

3. Help your children get organized. Write down important school dates on a calendar in the kitchen/on the refrigerator; include exam weeks, conference dates, holidays, and other school-related events. Make sure there is a quiet space with good lighting at home for your children to study without distractions. Help your children make lists that will serve as reminders of what has to be done. Have a specific place for your children's books, papers and school assignments. That way, they won't get lost or misplaced. Be sure your children have necessary school supplies all year long, not just at the beginning of school. These include a



dictionary, paper, pens, pencils, a pencil sharpener, markers, a ruler, tape, scissors, glue, paper clips and a calculator. Make sure your children get a good night's

sleep and eat well. A healthy breakfast will help them do better in school. Offer your help when it looks like they're overwhelmed with a task. You can help them think through the steps needed to do the tasks. You don't have to take over and do it for them, just help them think through what needs to be done and help them find answers if they are having difficulty.

4. Be a partner with the school. This means working together with teachers, the counselor and principal to do what is best for your children. Volunteer to help. You can chaperone a field trip, donate supplies or send snacks on special occasions. Participate in school events with your children. This can be hard to do, but it's important to do it when you can. Try not to criticize a teacher or policy or assignment in front of your children. If you disagree, see if you can't work to resolve the problem by talking to the teacher. It does not help your children to be stuck in the middle with parent and teacher on either side.

Helping our children do well in school is one of our most important responsibilities as parents. According to one school-success expert, "We must support our children's academic success and help them get on a path that opens up opportunities for the rest of their lives. It is one of the greatest gifts we can ever give them."

NEPLOs on the move during Hurricane Irene

By MC1 Monique K. Hilley

Commander, Navy Installations Command

WASHINGTON -- Navy Emergency Preparedness Liaison Officers (NEPLO) were rapidly deployed to eleven states in support of Hurricane Irene, Aug 27.

"Our NEPLOs provide a much needed liaison with civilian stakeholders so we can act as a team during time of natural disaster," said Rear Adm. Mark S. Boensel, Commander, Navy Region Mid-Atlantic. "They were fully engaged in the hurricane preparations well in advance of Hurricane Irene. The training we do on a regular basis with NEPLOs throughout the Mid-Atlantic Region allows us to quickly respond at the right time, at the right place."

The NEPLO program, managed by Commander, Navy Installations Command (CNIC), was established to coordinate mutual service and Department of Defense (DoD) support for national security emergency preparedness, response to natural or man-made disasters, and other domestic emergencies. They provide DoD support inside the United States, acting as a direct liaison to civil and federal authorities to plan, prepare for, coordinate and execute DoD civil disaster assistance programs.

"NEPLOs operate at a critical nexus where local civilian authorities' potential requirements for DoD support are evaluated and validated," said Capt. Mark Patterson, Commander, Navy Region Mid-Atlantic Lead NEPLO.

Due to the size of Hurricane Irene and its track along the east coast, which affected states from North Carolina to Maine, NEPLOs were pulled from all over the nation for Defense Support of Civil Authorities (DSCA). For the first time, 19 of 21 Navy Region Mid-Atlantic NEPLOs, as well as NEPLOs from Naval District Washington, Navy Region Southeast and Navy Region Southwest were deployed.

"In just two days we were able to process everyone's orders and get them on station in state Emergency Operations Centers (EOC), Joint Force Headquarters and Federal Emergency Management Agency (FEMA) Regional offices," said Patterson. "This is not only a credit to the officers who were ready to respond on short-notice, but also to support staff at Navy Operational Support Center (NOSC) Norfolk and the Operational Support Officer at CNIC Headquarters who were standing by to process the orders on short notice, while also preparing for the brunt of the storm."

Once on station, NEPLOs provide on-scene, real time situational awareness to Navy Commanders about

potential requirements and the environment in which forces may have to operate.

Working with the Defense Coordinating Officer (DCO) and their staff, they make sure that when DSCA is necessary during disasters, the right people are in place to facilitate a quick response with the right capabilities.

The Navy specifically assigns a NEPLO to every state in the country, the ten FEMA regional offices, and several higher headquarters commands, including the Assistant Secretary of Defense for Homeland Defense (ASD/HD).

The NEPLO program is staffed entirely by the reserve and is an example of the One Navy concept at work. There are no active component counterparts to the NEPLO program.

"Reserve officers bring a unique perspective to this interagency and intergovernmental challenge because of civilian careers that often lend experience and expertise to the NEPLO's roles and responsibilities and because of a passion of service to be able to directly help our own fellow citizens," said Capt. Peter Finney, NEPLO, state of Massachusetts.

Every branch of service has an EPLO program. The mission of the EPLO program has become increasingly important over the past decade due to significant events during which they were called upon, including 9/11 and Hurricane Katrina.

Unlike U.S. military operations and experiences in far off places, military support within the United States and its territories require special considerations because of laws that limit our military authority and use of power.

The EPLO program was designed to operate within the limits of the law, while using its special strengths and skills to serve DSCA.

There are many examples of EPLOs supporting DSCA. These include using air assets to aid in fighting wildfires and medical teams to help hurricane or flood victims. During the Minnesota bridge collapse in 2006, highly trained Navy divers aided in the search and rescue efforts. In 2010, seven NEPLOs assisted in the cleanup efforts off the Louisiana coast, following the oil rig explosion in the Gulf of Mexico.

All states have an ability and infrastructure in place to assist their citizens. However, when a disaster is beyond that state's capacity to respond, the federal government, including the DoD, has resources to assist.

In the case of Hurricane Irene, Patterson believes that everyone truly epitomized the Navy Reserve motto: "Ready Now. Anytime. Anywhere."

FFSC Briefs

To register for any of the following workshops, please call (601) 679-2360. The class will not be presented if no one registers, so please make sure you sign up if you're interested. If you can't attend at the scheduled time, call anyway -- the workshop facilitator may be able to meet with you one-on-one, give you materials, or let you know when the class will be scheduled again. All active duty, reserve, retired military and their families are eligible for programs and services provided by the FFSC. Civil service employees can utilize the services on a space available basis.

Help for Parents of Children with ADHD: Sept. 20 from 5-6 p.m. Research over the last 25 years has shown that medication and behavior management are the most effective treatments for Attention Deficit Hyperactivity Disorder (ADHD). Of course, a physician must determine the need for and appropriateness of medication, but you can do a great deal to help your child by creating the best possible environment for learning. This workshop will highlight specific techniques that can help children with ADHD get along better with others, learn to follow directions and complete activities more consistently, and build self-esteem.

Suicide Prevention: Sept. 21 from 2-3:30 p.m. Did you know that more people die from suicide than homicide? How about that suicide has been the second or third leading cause of death among active duty Sailors and Marines for the past 10 years? September is National Suicide Prevention Month, and awareness about suicide can help prevent the number of men and women our military family loses to suicide each year. Topics of discussion will include: why people kill themselves, warning signs, what YOU can do, and places to get help. Don't miss this opportunity to gain information that might save a life!

Stress Management: Sept. 6 from 10-11 a.m. or Sept. 22 from 3-4 p.m. Everyone experiences stress in normal day-to-day life, and your reactions to stress can be difficult to control. Some stress can be helpful because it spurs you to meet life's challenges, but too much stress (or poor stress management skills) can affect your mental and physical health and damage your relationships. If you feel that you're just not handling stress well, come to this workshop to learn about your stress triggers and what you can do to manage your stress better.

IA Spouse Discussion Group: Sept. 23 from 9:30-11 a.m. FFSC hosts this IA Spouse Discussion Group over coffee! Join other military spouses to talk about the challenges of IA deployment, share survival tips, discuss the impact of deployment on kids, remind one another about the benefits of deployment, or just kick back and chat!

Transition Assistance Program (TAP) Seminar: Sept. 26-29 from 8 a.m.-4 p.m. Military personnel who are voluntarily or involuntarily separating or retiring and are within 180 days of separating should attend this seminar, held at the FFSC. It is highly recommended that spouses attend. You may also attend if you're up to 18 months away from your separation or retirement date. The following topics will be covered: résumés, job search skills, job interviewing, employment (state and federal), veterans' benefits, pay and travel, movement of household goods, TRICARE, emotional transition to separation, financial planning, forms and documents, benefits and services, Naval Reserve programs, military obligations, and more!

10 Steps to a Federal Job: Sept. 27 from 4-6 p.m. The government is hiring! But if you want to be successful in landing a federal job, you need to understand the government's unique and complex application process. This workshop, based on the writings and training of federal job search guru, Kathryn Troutman, will walk you through the 10 steps to finding and applying for a federal job. We'll cover: finding and analyzing federal job announcements; crafting a federal-style résumé and an electronic résumé; interpreting the cryptic language of federal hiring process ("core competencies", etc.); the incredible importance of including "keywords" in your application; writing "KSAs"; and much more!

NGIS honors employees



Photo by MC2 Flordeliz Valerio

Lakira Graham, left, and Priscilla Coleman are presented Certified Housekeeper Certificates during a ceremony at the Navy Gateway Inns and Suites Meridian on Sep. 6.

Aviators earn 'Wings of Gold' in September ceremonies

There were two naval aviator designation ceremonies in September.

One U.S. Navy and two Marine Corps aviators received their coveted "Wings of Gold" during the ceremony in the chapel on board NAS Meridian on Sept. 2.

Four student aviators, who were trained on board NAS Meridian, received their "Wings of Gold" during an aviator designation ceremony on Sept. 9, during the 55th Annual Tailhook Convention in Reno, Nev.

The naval aviator designation ceremony is not prescribed specifically by U.S. Navy regulations, but has emerged as an honored product of the rich heritage of naval tradition.

It marks the culmination of nearly two years of specialized training, which has prepared these officers for the rigorous demands of aerial combat and carrier operations -- earning each the title of "Naval Aviator" and the right to wear the coveted "Wings of Gold."

Those who received Wings of Gold on Sept. 2 were:

Lt. j.g. Jeffrey

Bolstad, USN, who earned the "Top Gun" and "Best Bomber" awards for his class. He was named to the Commodore's List during Primary Flight Training and earned three Navy "E's" for bombing accuracy during Advanced Jet Flight Training. He carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1. Bolstad completed Advanced Jet Flight Training with Training Squadron Nine;

First Lt. Tyler Johnson, USMC, who was named to the Commodore's List during Primary Flight Training and earned one Navy "E" for bombing accuracy during Advanced Jet Flight Training. He carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on July 31. Johnson completed Advanced Jet Flight Training with Training Squadron Nine; and

First Lt. Michael Wehner, USMC, who was named to the Commodore's List during Primary Flight Training and earned one Navy "E" for bombing accuracy during Advanced Jet Flight



Bolstad

Training. He carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1 and was VT-9's "Top Hook" for that carrier qualification evolution. Wehner completed Advanced Jet Flight Training with Training Squadron Nine.

Those who received "Wings of Gold" on Sept. 9 were:

Lt. j.g. Gregory Mayers, USN, who was named to the Commodore's List during Primary Flight Training. He carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1. Mayers completed Advanced Jet Flight Training with Training Squadron Seven;

First Lt. Jeffrey Monroe, USMC, who was



Johnson



Mayers



Monroe



Savid

named to the Commodore's List during Primary Flight Training. He earned three Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1. Monroe completed Advanced Jet Flight Training with Training Squadron Nine;

First Lt. Reid



Sink

Savid, USMC, who was named to the Commodore's List during Primary Flight Training. He earned one Navy "E" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1. Sink completed Advanced Jet Flight Training with Training Squadron Nine; and



Wehner

Lt. j.g. Erik Sink, USN, who was named to the Commodore's List during Primary Flight Training. He earned one Navy "E" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Dwight D. Eisenhower (CVN-69) on Aug. 1. Sink completed Advanced Jet Flight Training with Training Squadron Seven.

Blue Angels soar on biofuel during air show

By MC3 Andrew Johnson

Navy Flight Demonstration Squadron Public Affairs

PENSACOLA, Fla. (NNS) -- The U.S. Navy Flight Demonstration Squadron, the Blue Angels, is slated to perform their flight demonstration with every aircraft powered by a biofuel blend at the Naval Air Station (NAS) Patuxent River Air Expo Sept. 2-4.

The Blue Angels Labor Day weekend performance will be yet another visible demonstration of the Department of the Navy's commitment to reducing fossil fuel use without compromising capability. All six F/A-18 legacy Hornets will be powered by a 50/50 blend of conventional JP-5 jet fuel and a camelina-based biofuel.

Secretary of the Navy, Ray Mabus, said the Navy and Marine Corps' use of alternative energy sources addresses critical vulnerabilities and ultimately serves to improve our warfighting capability, while also increasing our energy efficiency and helping lead the nation toward a clean energy economy.

"Changing the kinds of fuels we use

and the way we use them is critical to assuring the Navy and Marine Corps remain the most formidable expeditionary fighting force the world has ever known," said Mabus. "The Department of the Navy will be taking another visible step toward

testing biofuel in our aircraft when all six of the Blue Angels perform using the same 50/50 blend of drop-in biofuel we've used in so many of our other aircraft. This will be the first time an entire unit has flown on a biofuel mix."

The Blue Angels travel the country demonstrating the capabilities of the Navy and Marine Corps using aerial combat maneuvers.

"As public representatives of the U.S. Navy and

Marine Corps, the Blue Angels take pride in leading the country's efforts to reduce fossil fuel consumption and increase our energy security," said Capt. Greg McWherter, Blue Angels commanding officer/flight leader.

One objective in successfully testing alternative energy sources is to ensure there is no difference in performance between the biofuel blend and standard petroleum-based JP-5. McWherter, who

"Changing the kinds of fuels we use and the way we use them is critical to assuring the Navy and Marine Corps remain the most formidable expeditionary fighting force the world has ever known."

Ray Mabus
Secretary of the Navy



Photo by MC1 Rachel McMarr

Aviation Structural Mechanic 1st Class Chris Connolly, from Medford, N.Y., assigned to the U.S. Navy flight demonstration squadron, the Blue Angels, applies a Navy "Energy Security" logo to a squadron F/A-18. The Blue Angels are scheduled to fly using a 50/50 blend of biofuel petroleum during the Naval Air Station Patuxent River Air Expo Sept. 3-4.

flew a legacy F/A-18 test flight Aug. 17, said there were no noticeable differences from the cockpit.

The Labor Day performance is the ultimate demonstration to date of the Department of the Navy's commitment to reducing dependence on foreign oil, as well as safeguarding our environment through the incorporation cleaner, more sustainable and renewable energy sources..

This initiative is one of many

throughout the Navy and Marine Corps which will enable the Department of the Navy to achieve Secretary Mabus' energy goals to improve our energy security and efficiency afloat and ashore, increase our energy independence, and help lead the nation toward a clean energy economy.

For additional information about the Navy's energy, environmental and climate change initiatives, visit www.greenfleet.dodlive.mil.

Navy divers swim with sharks

By MC1 (SW/AW) Davis Anderson

Navy Office of Community Outreach Public Affairs

CINCINNATI (NNS) -- Divers from the Trident Refit Facility traveled from their home in Kings Bay Ga., to Newport, Ky. to give area residents on Sept. 1 a small taste of what Navy divers do - swim with sharks.

The divers were in town for Cincinnati Navy Week 2011 and dove for six shows a day in the tank with the sharks at the Newport Aquarium, just across the river from Cincinnati.

"It was extremely fun," said Desiree Matthews, show presenter supervisor at the Newport Aquarium. She used a microphone to talk with the diver in the tank and ask questions posed by the crowd. "I got to interact with (Master Chief Navy Diver) Joe Howard (from Millington, Tenn.), (who was in the tank for three of the shows). We were able to give them information about what he does in the Navy as well as some of the interesting things he's done in his 23 years of diving. I think the guests really, really enjoyed it."

There has been a mutual sense of enjoyment and excitement from both the divers and the city of Cincinnati.

"Cincinnati's been great," said Navy Diver 1st Class (DSW/SW) Noah Gottesman, from Trident Refit Facility, Kings Bay, Ga. "The people have been very friendly. (We're) always getting the, 'Thank you for your service, enjoying our time here, hope you get to see this part of the city, that part of the city.' It's just been really, really warm all over. Everybody at the aquarium has been fantastic."

The divers are scheduled to conduct several days worth of shows at the Newport Aquarium during Cincinnati Navy Week 2011.

"We are very appreciative of your



Photo by MC1 Davis Anderson

Master Chief Navy Diver Joe Howard, right, answers questions while swimming with the sharks at the Newport Aquarium in Newport, Ky., during a Cincinnati Navy Week 2011 event. Cincinnati is one of 21 cities hosting a Navy Week this year. Navy Weeks are intended to bring awareness of the Navy to areas that don't have a strong Navy presence.

presence here this week," said Matthews. "It gives us some variety, it adds something else for our guests to be educated with and it's a great difference in the usual routine."

For more information about Navy Weeks go to www.navyweek.org.

Rush

Rush Run For Heart 2011

5K Run, 2 Mile Walk, Kids Fun Run and Red Dress Relay

Saturday, September 24

8 a.m. at Bonita Lakes

Registration begins at 7 a.m.

5K Run/Walk: \$20 for pre-registration
\$25 day of race

Kids Fun Run: \$5

All proceeds go to the American Heart Association.

Register online at rushhealthsystems.org.

Rush

rushhealthsystems.org

Rush Foundation Hospital: 1314 19th Avenue, Meridian, MS 39301

NAS Meridian, Fleet and Family Support Center and MWR are all on Facebook. Become a fan!