

News Release



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FOR IMMEDIATE RELEASE

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Naval Support Activity Hampton Roads, Northwest Annex will host Fleet Week Grunt Run

Chesapeake, VA – Hundreds of runners will push their bodies to the limits during the Naval Support Activity Hampton Roads, Northwest Annex Fleet Week Grunt Run on Oct. 15 at 8: 30 a.m.

More than 350 people have pre-registered for the Grunt Run which will have participants experience nearly five miles of obstacles, rough terrain, climbs, swamps, and other challenges under the watchful eye of their personal drill instructor.

“We have received terrific command support for this event and so far the interest from the runners has been exciting,” said John Lucas, director at MWR Portsmouth. “We have many people wanting to know what they will be encountering during the run.”

The run is open to the general public. Active duty, retirees, reservists, eligible family members and DOD civilians are free. There is an additional charge for race t-shirts and general public entry. Registration is available at www.raceit.com or on race day at the site. Teams can compete and can be comprised of three to five people.

Note to Media: Outlets interested in covering this event should contact the Naval Support Activity Hampton Roads Public Affairs Officer at 836-1484 or 770-5045 by 4 p.m. on Thursday, Oct. 13. Media will meet in the parking lot of the base chapel at 3405 Relay Road, Chesapeake, VA by 8:15 a.m.

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