



The Newport

VOL. 112 NO. 3 JANUARY 20, 2012



# Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



## Bearing torch for Dr. King

R.K. Alexander/U.S. Navy photo

About 80 military participants in the Dr. Martin Luther King Jr. Day Torch Run head south on Route 114 at Raytheon Company last Monday as part of the Newport County Branch NAACP's annual observance of King's birthday. The largest contingent ever of runners included about 30 runners, upper left, from U.S. Marine Corps Detachment, Newport. Story, more pictures, Page 8-9.



### Renovations reveal war cry

Recent renovations at Building 1, which was built in 1942, reveal a piece of wartime history.

—Page 2



### Student pays tribute to King

A St. George's School senior is guest speaker at the Dr. Martin Luther King Jr. birthday observance in Newport.

—Pages 8-9



### Gym 109 Expo draws crowd

Exercise and healthier eating are the focus of MWR's Fitness & Sports Health & Wellness Expo at Gym 109.

—Page 13

## Captain's corner

# Newport's warm welcome lasted our whole first year

As Navy Supply Corps School (NSCS) celebrates its first anniversary in Newport, I want to thank all of our Naval Station Newport shipmates for your warm welcome and priceless assistance.

I tell all our out of town visitors about the tremendous benefits we have derived from moving north from Athens, Ga., and relocating to Newport. Athens is a wonderful city and for 57 years they treated us as favored sons and daughters. However, there is nothing better than to have a Navy training facility located in a Navy town



**Capt. Jim Davis**

Navy Supply Corps School

among other Navy training facilities.

The Base Realignment and Closure (BRAC) process directed our relocation and authorized the construction of our state-of-the art building. We are a 54,000

square foot education center named in honor of Vice Adm. Kenneth Wheeler, a Supply Corps Officer and World War II hero. Wheeler Center includes classroom facilities, office space, a shipboard mock-up of typical supply spaces (galley, mess decks, ship's store) as well as a multi-purpose room that can host events for up to 250 people.

Before you start becoming concerned about our old base back in Athens, let me assure you that the facilities are going to good use. Georgia is expanding its medical

education department into the old Supply School buildings and soon will be producing more doctors to meet our country's growing health care demands.

I was really excited when I first heard about NSCS moving to Newport. The potential synergistic opportunities are countless. The wealth of subject matter expertise ranging in all areas from international studies to military law is now literally at our front door. Not a week goes by

DAVIS, Page 6



Greg Kohlweiss/U.S. Navy photo

A pencil scrawling on an overhead beam in the men's head in Building 1, Naval Station Newport, was uncovered during renovations of the 1942 building. It reads, 'Remember Pearl Harbor.'

## A scrawling in building one recalls moment in history

By **BOB KREKORIAN**

NAVSTA Public Affairs Staff

A little bit of nostalgia was uncovered in Building 1, NAVFAC/Public Works Department Newport, during a structural engineering survey recently.

"Construction people tend to write on everything," said Brian Curt, NAVFAC/Public Works Department financial management analyst.

A three-word message that tells it all, and despite its brevity, brings back distinct memories of a differ-



Curt

ent time in U.S. Navy and American history. Curt was referring to a portion of a wooden beam supporting the second floor that was exposed during the survey. Visible from inside the first floor men's room over the entrance are the scrawled words, "Remember Pearl Harbor."

Also scrawled out on the

beam is the number "9 3/8," which is probably a carpenter's measurement because the cross beam is about 9 feet above the rest-room floor.

"The contractor who built Coddington Cove used this building as a construction office," said Jim Sprague, NAVFAC facilities. The Japanese attack on Pearl Harbor was Dec. 7, 1941. Building 1 was constructed in 1942.

The survey was conducted in preparation for a future renovation project, Sprague said.

## Hey, you! SLOW DOWN!

### Complaints about traffic infractions keep rising

The commanding officer of Naval Station (NAVSTA) Newport convenes a tenant command meeting monthly to discuss issues and events onboard that may have broad implications. Last Thursday morning, two commands brought up the problem of speeding vehicles and inattentive drivers.

The Marine Corps Detachment, Newport, commanding officer said during a rainy morning last week a formation of Marines was splashed by a car speeding through a puddle. Was someone in such a hurry to get to work that they thought it was OK to soak pedestrians or a marching unit?

Speed restrictions for Training Country are listed in *Sec 0311 (d) in 5100.1E - "Training country, 20 mph. Vehicles shall slow to 15 mph when passing marching units."* However, these are the actual signs posted:

- 1) Training Country brick monument/sign - Meyerkord at Whipple.
- 2) 30 mph sign - Whipple approaching Meyerkord from Hacker.
- 3) 30 mph sign - Whipple approaching Meyerkord

from Elliot.

4) 15 mph sign - Elliott toward Kay Hall from Whipple.

5) 15 mph sign - Meyerkord at NGIS 678 from Whipple (plus Yield to Marching Troops sign).

Security receives steady complaints about motorists ignoring regulations against driving on base while talking on cell phones. The bottom line is, it is NOT ALLOWED. Only hands-free devices for speaking on cellular phones are permitted.

If you don't have one then either pull over or place the

call later. Obviously, the rule applies to texting as well.

Just to clarify, ONLY "factory installed" hands-free systems are allowed on base. Earphones, headphones and BlueTooth type devices are prohibited by law (*Ref. RIGL 31-23-51, assimilated in NAVSTANPTINST 5100.1E per DoD Instruction 5525.4*)

NAVSTA Newport Security cannot be everywhere citing the infractions as

TRAFFIC, Page 6

*Navalog*

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Commanding Officer, Naval Station Newport

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NAVALOG Editor

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# Scholar revisits the War of 1812

NWC Public Affairs Office

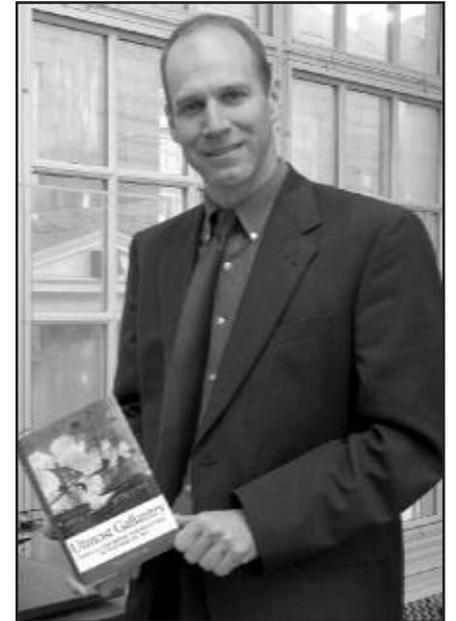
As the U.S. Navy prepares to celebrate the bicentennial of the War of 1812, a book authored by a Naval War College (NWC) professor entitled, *Utmost Gallantry: The U.S. and Royal Navies at Sea in the War of 1812*, hit the bookshelves in time for the holidays.

After Prof. Kevin McCranie's book, "Admiral Lord Keith and the Naval War Against Napoleon," was published five years ago, he began to search for something new to write about. Despite a growing list of topics to consider, McCranie said the War of 1812 was not one of them.

"About four years ago, I thought the War of 1812 might be a good topic for a professional journal article," said McCranie. "But the more I researched, the more I discovered previous authors didn't deal with the important aspects of the naval war or simply espoused biased opinions or a nationalistic perspec-

tive."

McCranie's knowledge of British naval history and



James Brooks/NWC photo

**Naval War College Professor Kevin McCranie holds a copy of his new book, *Utmost Gallantry: The U.S. and Royal Navies at Sea in the War of 1812*.**

the Napoleonic wars led him to conclude much of the published material on the War of 1812 contained bias and served other purposes than providing a historic account.

In writing *Utmost Gallantry*, McCranie said he wanted to make sure readers weren't misguided by incorrect information or

**McCranie, Page 14**



## Gone with the wind

**ABOVE:** The Naval Station Newport ceremonial saluting battery and lawn at Dewey Field, Coasters' Harbor Island, is frosted in salt spray during last week's high winds and high tides.

**RIGHT:** The severe weather also shreds the shrink-wrap around the Senior Enlisted Academy, Building 1269, under renovation contract for \$5.3 million to Cutter Enterprises LLC of Vernon, Conn.

Southwest gale force winds of 25 to 35 knots, with gust up to 45 knots and seas from 4 to 7 feet, were forecast by the National Weather Service.

Paul Watters photo, top  
Greg Kohlweiss/U.S. Navy photo, right



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Greg Kohlweiss/U.S. Navy photo

**NEW EOC-IMT — The Emergency Operations Center-Incident Management Team (EOC-IMT) graduates gather last week outside the new Naval Station Newport EOC in Perry Hall. This training was provided by the CNIC Shore Operations Training Group and successfully trained 25 base personnel in EOC operations.**

# Emergency Ops team graduates

Twenty-five military and civilian personnel from Naval Station (NAVSTA) Newport, Naval War College (NWC), and Naval Health Clinic New England (NHCNE) graduated Jan. 13 from the Emergency Operation Center - Incident Management Team (EOC-IMT) Course at NAVSTA Newport.

Course content included roles and responsibilities of EOC team members; information management; communications; and use of the C4I suite, the Navy's current common operating picture online software application. Class members were required to complete four Federal Emergency Management Agency online

Independent Study courses as a prerequisite to attend the four-day CNIC Shore Training Center course. Three practical application classroom exercises were conducted in the NAVSTA Newport's EOC located in the basement of Perry Hall, Building 440.

Each student learned how to properly serve as a

member of an installation's EOC-IMT during an emergency.

Course graduates had served previously in some capacity in the EOC or will serve in emergency support functions during table top exercises (TTX) and when the EOC is activated by the Commanding Officer, **EMERGENCY, Page 14**

# SWOS recognized for accord with Special Olympics

The Surface Warfare Officers School (SWOS) was one of 12 Navy-wide commands recognized for exceptional community service during 2011 in the Navy Community Service of the Year Awards program, it was announced, Jan. 12 in *NAVADMIN 016/12* by Vice Adm. S.R. Buskirk, Deputy, Chief of Naval Operations for Manpower, Personnel, Training and Education.

SWOS earned an Honorable Mention for the second consecutive year in the Small Shore category for its Health, Safety and Fitness (HSF) Flagship initiative through a command-sponsored community relations (COMREL) project with Special Olympics Rhode Island. A Small Shore category unit has fewer than 200 com-

mand personnel.

The HSF Flagship initiative encourages individuals, especially youth, to lead healthy and active lives, and promote a climate of physical fitness. The award period was from July 1, 2010 to June 30, 2011.

SWOS will receive a certificate from the flagship sponsor, Commander, Naval Education and Training Command, in recognition of its exceptional accomplishment. The Small Shore winner was the Helicopter Maritime Strike Weapons School in Mayport, Fla.

During the award period, SWOS conducted a series of command-sponsored community service projects that demonstrated consistent support of the various

**SWOS, Page 6**

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## Special events

### OCS graduation today

Officer Candidate School Class 0512 at Officer Training Command Newport will graduate today at 9 a.m. in Kay Hall. The guest speaker will be Rear Adm. Sean Filipowski, Deputy Director of Operations U.S. Cyber Command. Navy Band Northeast will provide appropriate music.

### 100 free cookies

The first 100 customers to order lunch at the Officers' Club will receive a free peanut butter cookie for National Peanut Butter Day, on Tuesday, Jan. 24. Call 841-1442 for details.

### Comedy Series to open

Starting Wednesday, Jan. 25, stop by Top-side in the Officers' Club for the opening act of the 2012 Comedy Series. Comedian Jim Dunn performs at 7 p.m. The shows are free and open to everyone with base access. The comics are geared for adult entertainment.

Upcoming Wednesday shows include: Tony V, Feb. 8; Joe Yannetty, Feb. 22; Paul D'Angelo, March 7; Joe DeVito, March 21; and Jim Lauletta, April 4.

Call 841-1442 for information.

### Blood drive at OTCN

Officer Training Command Newport will host a Rhode Island Blood Center blood drive on Thursday, Jan. 26, from 1:30 to 5:30 p.m. individuals from throughout the installation are encouraged to donate.

All donors will receive a free pound of

Dunkin Donuts coffee. Call Sarah Perez, Rhode Island Blood Center, at (401) 621-0155 for information.

### SNA Join-Up next week

The Newport Chapter of the Surface Navy Association (SNA) will host their quarterly Join-Up event at the Officers' Club, Bay Room, on Thursday, Jan. 26, from 6:30 to 8:30 p.m. All hands are invited to attend. Call 841-4027 for information.

### Upcoming events:

**Jan. 27** — Enjoy an assortment of wines, hors d'oeuvres and appetizers at the Wine Tasting Event at the Officers' Club from 6 to 9 p.m. Tickets are required and cost \$20 per person. Tickets must be purchased in advance at the ITT Office, Building 1255, Wednesday through Friday, 10 a.m. to 6 p.m.

**Jan. 29** — The annual Disney Character Brunch returns to the Officers' Club. Enjoy a scrumptious brunch, get your picture taken with a princess or a pirate for free, and have fun making arts and crafts. Brunch seating times are from 10 a.m. to 1 p.m. and cost \$16.95 for adults, \$7.95 for children (3 to 12) and free for children 2 and under.

Tickets are required and must be purchased in advance at the ITT office, Building 1255, Wednesday through Friday, 10 a.m. to 6 p.m.

Seating is limited so get your tickets early! Patrons must have base access to attend.



Greg Kohlweiss/U.S. Navy photo

**Hospital Corpsman 1st Class Tim Mara attached to Maritime Expeditionary Security Squadron 8, speaks with retired Marine Sgt. Maj. Jerome Goodman, left, representing Jones International University at the monthly Naval Station Newport College Information Session in Building 690 on Jan. 11. These sessions will continue the first Wednesday of every month. For more information on the program, call NC1 Zeporah Dasher, command career counselor, at 841-6198.**

For more information, call ITT office at 841-3116.

**Feb. 1** — The Newport Officers' Spouses' Club will meet at 10 a.m. at the Espresso Yourself at 337 Thames St.

The club meets the first Wednesday of the month for informal coffee gatherings at the Custom House Coffee, Clock Tower

Square, in Portsmouth at 9 a.m.; and the third Wednesday at Espresso Yourself at 10 a.m. Visit [www.newportosc.org](http://www.newportosc.org) for information.

**Feb. 2** — Groundhog Day 2012

**Feb. 3** — Direct Commission Officer Class 12030 graduation, King Hall. Call 841-1171 for information.

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## Davis

Continued from Page 2

that we don't discover another training opportunity for our students. As I like to tell them all, they are naval officers first and Supply Corps officers second.

We must take every opportunity we have to make them better division officers and department heads.

Simply being on base with such a wide range of military rates, ranks and services is, in itself, a training opportunity. This richness of diversity was something we lacked down in Georgia.

As we head into our second year in our new home in Newport, I want to wish all of our NAVSTA military

and civilian shipmates best wishes for 2012. My wife and I will be departing Newport at the end of this month and heading down to Maryland. We've enjoyed the past 30 years living the Navy life and now will transition over to a civilian career.

I doubt it will be able to match our Navy days, but we were smart enough to stay close to the sea.

There is something special about living near the ocean as all of you here in Newport already know.

—Capt. Jim Davis, Supply Corps, Commanding Officer, Navy Supply Corps School

## SWOS

Continued from Page 4

year-round Special Olympics Rhode Island sporting events. The events included sailing, snowboarding, skiing and bowling.

Fifty SWOS Sailors volunteered 992 hours to Special Olympics during the reporting period July 10 - June 11. In addition to supporting the sporting events, SWOS was the main contributor of volunteers to the Special Olympics summer games which include track and field, aquatics, softball,

soccer, gymnastics and power lifting.

Each year the Navy recognizes various Sea, Shore, and Overseas commands for outstanding community service by presenting awards in five flagship sponsor categories: Personnel Excellence Partnership; Health, Safety, and Fitness; Project Good Neighbor; Campaign Drug Free; and Environmental Stewardship.

## Traffic

Continued from Page 2

they take place. If you see someone texting, or if you see someone speeding by a formation, or not stopping for an individual in a crosswalk, then take down the license plate number and either call or email the NAVSTA Operations Officer at 841-2646 or [michael.bodell@navy.mil](mailto:michael.bodell@navy.mil).

Operating a motor vehi-

cle onboard NAVSTA is a privilege. All traffic offenses initiated by security go into a data base and are kept on file so if a pattern begins to develop they can take appropriate action.

Penalties for motor vehicle infractions can result in the loss of base driving privileges for up to one year. Think about it.

## Announcements

### Menu review board to meet

The Ney Hall Menu Review Board will meet at the galley Tuesday, Jan. 31, at 10 a.m. Commands are encouraged to send a representative to the meeting to assist in developing future menus.

If your representative cannot attend, please e-mail your comments and concerns to at [catherine.lim1@navy.mil](mailto:catherine.lim1@navy.mil) or [Janie.english@navy.mil](mailto:Janie.english@navy.mil)

### Auditions for musicians

The Military Child Education Coalition is accepting audition entries from young classical musicians, who are also military dependents, ages 8 to 18. Children of military parents who are active duty, National Guard, reserves, or post 9/11 veterans are encouraged to apply to participate in a live show recording on June 27 in Grapevine, Texas, at the Military Child Education Coalition's National Conference.

Go to [www.fromthetop.org](http://www.fromthetop.org) or call (617) 437-0707 for more info.

### NFAAS YouTube Training

NFAAS plays a critical role in assisting personnel managers in performing accountability during times of emergencies and security incidents. There are four Navy Family Accountability & Assessment System YouTube training videos online. NFAAS is a mandated Navy wide program for all active duty and civilians. Make sure you are accounted for. Go to: <https://www.navyfamily.navy.mil> or <http://www.youtube.com/user/CNICN91> for the training.

### IRS tax filing help

The 2012 Volunteer Income Tax Assistance (VITA)/Electronic Tax Filing (ELF) programs help service-members and dependents, and select retirees earning less than \$58,000 annually, with federal and state income tax preparation and filing.

The VITA/ELF programs will start taking appointments later this month. For information contact Lt. j.g. Dennis Westman at 841-3766, ext. 201.

H&R Block has also staffed a satellite office on the second floor of the Navy Exchange Main Store. Office hours are Monday through Friday, 9 a.m. to 6 p.m.; Saturday from 10 a.m. to 5 p.m., and on Sunday by appointment only. Call (401) 845-6933 to make an appointment.

### Get your free sand

Commands on base may fill buckets at the sand pile at Chandler Road and Peary Street near Building 47 logistics.

All hands are reminded to make for winter weather preparations, both at home and in their vehicles.



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## Support network helps in sexual assault cases

**EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.**

Sexual Assault Prevention and Response (SAPR) Victim Advocate Training is scheduled for Jan. 23-26 from 8 a.m. to 3 p.m.

Victim advocates provide information, support, guidance and reporting options for victims of sexual assault.

The training covers the roles and responsibilities of victim advocates. Trained victim advocates are placed on the installation-wide watch bill on a rotating basis. Victim advocates are designated by command and screened by the Naval Station Newport sexual assault response coordinator.

**IRS tax advice:** A new informative class on tax preparation, Tips on Taxes, will be hosted by the Fleet and Family Support Center (FFSC), and presented by Kaitlin Krozel, on Friday, Feb. 24, 9 to 10 a.m.

The class is specifically tailored for military service members and their families and will focus on providing an overview of the 2011 filing season, including discussion of tax deductions and credits that may help you save money.

Ms. Krozel is a military spouse and certified public accountant with a bachelor's in accounting and finance and a master's in financial and tax planning.

Topics include:

- Options for requesting extensions

- Making Work Pay/Child Tax/Earned Income tax credits

- \$8,000 First-Time Homebuyer Credit, extended for overseas military

- Child and Dependent Care tax credit

- Education Credits/Deductions

- State tax filings and overview of the Military Spouses Residency Relief Act (MSRRA)

Information on how to contact the IRS, the chances of an IRS audit, and how long you should keep tax documents will be addressed.

Call and register prior to Wednesday, Feb. 22.

### Upcoming workshops

**Jan. 25:** Homebuyers' Workshop, 6 to 8 p.m. Purchasing a home is a complex task. Registration is required.

**Jan. 30:** Communication: For Better or for Worse, 1 to 3 p.m.

**Jan. 31:** Develop Your Spending Plan, 2 to 4 p.m.

**Feb. 1:** Exceptional Family Member Program Point of Contact Training, 1-3 p.m. For additional information or to register call Lee Hardgrove, EFMP Liaison, NAVSTA, at 841-2148.

**Feb. 6-10:** Transition Assistance Management Program (TAMP). This seminar is designed to assist service-members leaving the military to prepare for transition to civilian life and is scheduled daily 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, Building 656.

# Winter can disrupt property moves

By Joint Personal Property Shipping Office (JPPSO-NORTHEAST)

## JPPSO

With the winter moving season upon us, JPPSO would like to pass on some key moving tips to our military community.

All personnel moving during the winter months should be aware that major snow and sleet storms may delay pickup and delivery of your household goods.

To minimize inconven-

ience should a storm occur, plan an extra day or two between your scheduled pickup and departure date. Leave phone and other utilities connected until all property has been picked up. Remember that it's your responsibility to clear walkways of snow and ice, this includes outdoor storage

sheds. Failure to do so will delay your move.

Although we can control the commercial mover, we cannot control the weather. Please prepare yourself for that unexpected happening by giving yourself some flexibility. It's your move and we at JPPSO-NORTHEAST will do whatever is necessary to make it as smooth as possible, but we need your help and under-

standing if the weather is uncooperative.

Other things to remember when your moving date arrives are:

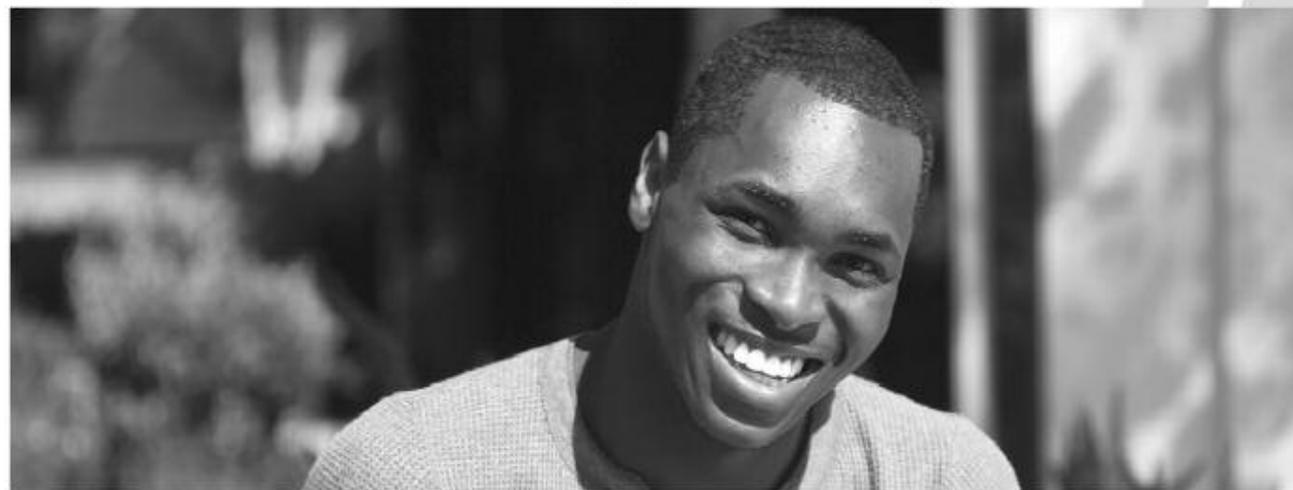
—Get up early and be ready for the movers

—Get pets under control before movers arrive; perhaps see if they can stay with a neighbor.

—Make sure cash, jewelry, important documents

**WINTER, Page 14**

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Participants in the Dr. Martin Luther King Jr. Torch Run from Portsmouth to Newport pose at the R.I. First Regiment Monument at Patriots Park before the start of their 8.2 mile run to Thompson Middle School last Monday.



## Record number deliver torch for MLK observance

By **R. ALEXANDER**  
Navalog editor

The largest ever contingent of military members braved the 12 degree weather to participate in the Dr. Martin Luther King Jr. Torch Run last Monday from Portsmouth's Patriots Park to Thompson Middle School in Newport.

Dr. April Childs, public health educator at Naval Health Clinic New England, who organized many of the

runners, said 97 initially signed up to run, drive vans or supervise.

"I think we lost a few with the cold weather, but about 80-plus will actually make the run," she said in Portsmouth.

The 8.2-mile journey south on Route 114 (West Main Road) was part of a day-long series of events sponsored by the MLK Celebration Committee, Newport County Branch

**TORCH, Page 9**

**ABOVE:** About 30 Marines from Marine Corps Detachment Newport head south with their guidons on Route 114 near Raytheon Company, Portsmouth.



**LEFT:** David Shavers of Newport County Branch NAACP leads the runners in prayer at Patriots Park before the start.

## Torch

Continued from Page 8

NAACP. The observance celebrated the birthday of the slain civil rights leader who would have been 83.

The theme of the holiday was "A Day of Service: Remember! Celebrate! Act! A Day On, Not A Day Off"

The runners represented the Naval Academy Prep School (NAPS), Naval Health Clinic New England (NHCNE), Naval Justice School (NJS), Surface Warfare Officers School Command (SWOSCOLCOM) and Officer Training Command Newport (OTCN). About 30 runners from Marine Corps Detachment Newport ran with their company guidon.

David Shavers, Newport County Branch NAACP, led a prayer at Patriots Park. It is the site of First R.I. Regiment Monument or "Black Regiment" which was composed of former slaves, freemen and Native Americans who fought in the historic Battle of Rhode Island in 1778 during the Revolu-



**Middletown School student Jonathan Stamper sings, *You Raise Me Up*.**

tionary War.

The runners then formed two columns and took turns carrying the 4-pound torch. Escorted by State Police, the men and women ran south on West Main Road through Portsmouth and Middletown, down Broadway in Newport, and finished at Thompson. The 27th annual King Day holiday observance had just concluded when the runners filed into the cafeteria.

Capt. Kenneth Gray, Commanding Officer, OTCN, spoke for the group assembled on stage.

"We want to thank the City of Newport, and especially the police, for letting us help celebrate this day," he said. "What a great way to recognized Martin Luther King in some brisk New England weather."

For Midshipman Candidate Brian Wistner of NAPS, it was his first 8.2 mile run.

"I think the longest I've run before is about 6 miles," he said. His shipmates said the lack of wind helped, but the steep hills through Portsmouth were tough.

"It was good to see so many turn out," said Capt. Neil Parrott, Commanding Officer, SWOSCOLCOM. "Two years ago it rained all the way. This year it was clear and no wind."

The program included remarks from Newport

Mayor Stephen Waluk, Middletown Town Councilman Richard Cambra and Newport School Committee chairman Patrick Kelly.

Guest speaker Annetta Oleru, a senior attending St. George's School, said she believes she is living Dr. King's dream of opportunity and equality for all Americans. She said her home life in Oklahoma was shattered at age 5 when her Nigerian-born father was deported and her African American mother soon became addicted to drugs and alcohol, and eventually lost her job. Oleru and her sister went to live with their grandmother.

But a school guidance teacher realized her potential and got her enrolled in a charter school with 10-hour days and classes on Saturday. She said she longed to be back with her friends in the public school. But now at St. George's she discovered she can make a life for herself.

Jonathan Stamper of Middletown, a Gaudet Middle School student, received a standing ovation for his solo of Josh Groban's *You Raise Me Up*.

Navy Band Northeast's Brass Quintet also played appropriate music for the ceremony.

The rest of the day's observance included a luncheon at the Atlantic Beach Club in Middletown with guest speaker retired Air Force Lt. Col. John Churchwell and presentation of a scholarship by Newport NAACP; the 17th annual Black History Bowl between teenage teams from Thompson and Portsmouth Middle School (won by Thompson); an afternoon program at the Dr. Martin Luther King Jr. Center in Newport; and an evening worship service at the Community Baptist Church in Newport.



**St. George's School senior Annetta Oleru, guest speaker at the 27th annual Newport County Branch NAACP Martin Luther King Day celebration at Thompson Middle School, talks about growing up in a broken home, but now realizing Dr. King's dream of equality and opportunity through education.**



**Navy Band Northeast's Brass Quintet at the King Day observance at Thompson Middle School.**

## Information, Tickets & Travel

### See current flicks at discounted price

Are you planning on seeing a movie this weekend? Stop by the Information, Tickets and Travel (ITT) office, Building 1255, and pick up some discount movie tickets first.



Tickets cost just \$7.25 each (\$1.75 savings) and may be used at the Island Cinemas in Middletown. Tickets to the Jane Pickens Theater in Newport are \$6.75 (\$1.25 savings).

Tickets are \$8.50 each (\$1.75 savings) for Showcase Cinemas, Warwick, for retirees and Department of Defense employees. Active duty must show their ID at the theaters and receive a ticket for \$7.

### Timeshare resorts at military discount

All active duty and retired military personnel, reservists and Department of Defense personnel are eligible to participate in the Armed Forces Vacation Club.

The club provides one-week vacations on a space available basis starting at \$349 at locations throughout the world.

For complete information, visit the Armed Forces Vacation Club website at [www.afvclub.com](http://www.afvclub.com) (when booking a reservation use installation No. 163) or stop by the Information, Tickets and Travel Office in Building 1255.

### Enjoy two dinners for price of one

More than 75 Newport County restaurants belong to Dine Out Dinner Club. A book of coupons costs just \$18.50 each, and entitles the user to two dinner entrees from the price of one. Some restrictions are imposed.

For more information, call 841-3116.

### See the P-Bruins play in Providence

Catch all the action of the Providence Bruins at the Dunkin Donuts Center. Vouchers are \$14.50 each and can be redeemed for the best available seats at the box office. Regular admission is \$28.

### Passport photos available at ITT

Are you in a hurry and need a passport photo fast? Then visit the Information, Tickets and Travel (ITT) office in Building 1255. No appointment is necessary. Photos cost \$8 and can be done Wednesday through Friday, 10 a.m. to 6 p.m.

For more information, call ITT at 841-3116.

## Scholarship offered for Space Camp

Military service-members who have a son or daughter interested in becoming an astronaut or just love the science of outer space may be interested in this unique Space Camp.

Space Camp is offered in Huntsville, Ala., and takes a unique, fun and hands-on approach to learning outside the classroom - and students leave with a greater appreciation for school and their studies.

Space Camp is a six-day program that shows young men and women firsthand what it takes to be an astronaut. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments, and lectures of the past, present, and future of space exploration.

For more detailed information about Space Camp, visit their web site at [www.spacecamp.com](http://www.spacecamp.com).

### Scholarship Information

The Bernard Curtis Brown II Memorial Space Camp scholarship is funded by the Military Child Education Coalition (MCEC). The scholarship covers full tuition to include:

- Round trip transportation (from student's home base to Space Camp)
- Meals
- Lodging
- Program materials

### Eligibility requirements:

Student applicant must be the child of a military member on active duty or mobilized guard or reserves; and enrolled in Grades 6 through 9

To apply, visit: <http://www.militarychild.org/child-student/space-camp-scholarship/>



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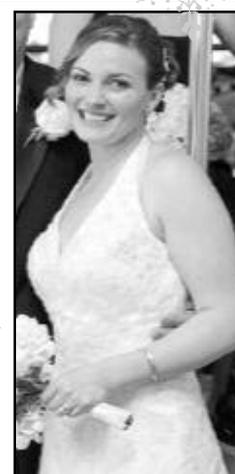
## “Newport Resident loses 25 pounds and 18 inches off her body!”



BEFORE

Over the years I have joined many different gyms and tried different diets. Get In Shape For Women is the first exercise and nutrition program that has actually worked (and continues to work) for me. I have lost 25 lbs, 18 inches and 6% body-fat and went down two pant sizes! When I went to other gyms I would skip the weights and head straight for a cardio machine because that is where I was most comfortable. I always felt embarrassed or felt I didn't belong around any of the weights. I didn't push myself to my full potential. When I first started Get In Shape For Women I couldn't do most of the weight exercises and could barely run a mile, but most importantly I didn't feel out of place trying to do these things. The trainers are very supportive and so are the other members. Everyone is there for the same goals; to feel better about themselves and to get healthy. To me the atmosphere and the structure of workout routines are most important to my weight loss and strength conditioning success. Since I have become a member of Get In Shape For Women I am a lot stronger, more confident and enjoy running 5K road races. The accountability and structure of Get In Shape For Women has helped push me out of my comfort zone and has taught me a lot about nutrition, exercise and, ultimately, myself.

Megan Reed, 29, Senior Pricing Analyst



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# Leisure

## Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

### Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays noon to 6 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

### January events

**Monday:** Active duty military bowl for \$1 per game, 11 a.m. to 5 p.m.

**Tuesday:** Bowl for \$1 per game, 11 a.m. to 2 p.m. League starts at 6 p.m.

**Wednesday:** Bowl one game, get one game free, 11 a.m. to 5 p.m. League starts at 6 p.m.

**Thursday:** First game is \$3, second game is \$2, third game is \$1. All three games must be bowled at one time for special pricing 11 a.m. to 8 p.m.

**Friday:** Bowl for \$2 per game, 11 a.m. to 5 p.m. League starts at 6 p.m.

**Sunday:** Wear your favorite team's football jersey and bowl for half price. Anyone 55 years old or older bowls for just \$1 per game, valid ID required.

All rates are per person

Looking for a casual place to get together with friends? Book a bowling

package which includes bowling, shoes and food and drinks for \$10 per person. For more information, call 841-2194.

**Free movies** — Call Seaview Lanes at 841-4293 to see what's playing.

Children movie, Saturday, Jan. 21 at 3 p.m. — Disney's *UP* (PG)

Adult movie, Friday, Jan. 27 at 6:30 p.m. — *30 Minutes or Less* (R)

Popcorn and candy are available for \$1 each. Children's meals will be available an hour before and after the movie for \$3 to \$4.25. Regular menu is also available.

## Special fitness activities

(Gym 109, 841-3154)

• **Make Your Way Across America fitness event until April 22.**

This journey is 3,000 sim-

ulated miles from Naval Station Newport to Naval Station San Diego, using fitness equipment, taking a fitness class, swimming laps or running. Patrons will be awarded one mile for every 10 calories burned, approximately 30,000 calories will be burned during this 16-week challenge.

For more information, call Gym 109 at 841-3154.

• **Body-Wise Therapeutic Massage offers a variety of services at Gym 109.** Choose from Swedish relaxation massage, sports massage, trigger-tender point therapy, or deep tissue massage. Techniques may be combined to best suit your needs. A one-hour massage costs \$65, and a 30-minute session is \$35. All appointments are held at Gym 109.

For more information on

how massage therapy can help you or to make appointment, call Body-Wise at 862-9043.

• **All-Navy Sports Program** is available for service members. Do you have what it takes to play for the best the armed forces have to offer? Interested in participating on an All-Navy team? Contact the MWR Sports Coordinator at Gym 109 at 841-7355.

## Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the bil-

liards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown.

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

### January events

Tonight — Billiards Tournament, prizes, 6 p.m.

Jan. 21 — Free Cookie Day, While supplies last.

Jan. 22 — Texas Hold'em Tournament, prizes, 6 p.m.

Jan. 23 — Ping-Pong Tournament with prizes, 6 p.m.

Jan. 24 — Wii Sports Tournament, prizes, 6 p.m.

Jan. 25 — Madden Tournament, prizes, 6 p.m.



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## Naval Station Newport Dining

### Officers' Club, Building 95, 841-1442

Monday through Thursday, 11 a.m. to 9 p.m.  
 Friday, 11 a.m. to 10 p.m.  
 Saturday, 4 to 10 p.m.  
 Sunday, Noon to 8 p.m.

### Enlisted Club, Building 656, 841-2575

Monday through Thursday, 11 a.m. to 9 p.m.  
 Friday, 11 a.m. to 10 p.m.  
 Saturday, 4 to 11 p.m.  
 Sunday, 1 to 8 p.m.  
 and Holidays, Noon to 6 p.m.

### Seaview Lanes Bowling Center Building 656, 841-4293

Monday through Thursday, 11 a.m. to 8 p.m.  
 Friday, 11 a.m. to 10 p.m.  
 Saturday, 1 to 11 p.m.  
 Sunday, 1 to 8 p.m.  
 and Holidays, noon to 6 p.m.

### America's Cup Café, Building 684, 841-3420

Monday through Friday, 6:30 a.m. to 2 p.m.  
 Closed on weekends and federal holidays.

### Leisure Bay, Building 1255, 841-2088

Monday through Friday, 9 a.m. to 8 p.m.  
 (drive thru window is open 6:30 a.m. to 8 p.m.)  
 Weekends and holidays, 8 a.m. to 6 p.m.

### Hewitt Hall Café, 841-4655 (NWC personnel only)

Monday through Thursday, 6:30 a.m. to 3 p.m.  
 Friday 6:30 a.m. to 2 p.m.  
 Closed on federal holidays.

## COMEDY SERIES

At Topside in the O'Club starting at 7 p.m.

### Wednesday, January 25

### JIM DUNN



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## NEXCOM selects new CEO

Retired Rear Adm. Robert J. Bianchi, Supply Corps, has been named the first Chief Executive Officer of the Navy Exchange Service Command (NEXCOM) and the worldwide Navy Exchange System. In this position, Bianchi is responsible for the oversight of 104 Navy Exchange facilities with nearly 300 stores worldwide, 40 Navy Lodges, 158 Ship's Stores, Navy Clothing Textile and Research Facility and the Uniform Program Management Office.

"I am very pleased to have Rear Adm. (ret.) Bianchi on our team," said Rear Adm. Mark Heinrich, Commander, Naval Supply Systems Command. "He brings a wealth of experience to the table, and I have great confidence that he can lead NEXCOM into the future."

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# Fitness & Sports Health & Wellness Expo



Kelly Conner/MWR photo

**NEVER TOO YOUNG FOR FITNESS** — Hanna Gyoker, 16 months, daughter of Chief Engineman Joseph Gyoker, Command Chief at Navy Operational Support Center in Quincy, Mass., and wife Emily, does her own moves while instructor Johanna Lovendale, left, teaches some Naval Academy Prep School midshipman candidates the zumba routine at the Morale, Welfare and Recreation Department's Fitness & Sports Health & Wellness Expo last week at Gym 109.



Kelly Conner/MWR photo

**SOUP'S ON** — Paul Kemmet, manager of the Officers' Club, makes curried apple squash soup, as midshipman candidates from the Naval Academy Prep School watch.



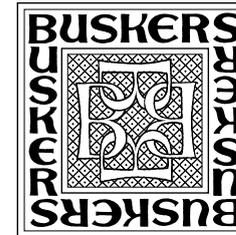
Greg Kohlweiss/U.S. Navy photo

**GO WITH THE VEGGIES** — Mrs. Grace Christenson, left, wife of the Naval War College president, stops by for veggie burgers prepared by Linda Vars, right, and Sue Perry, food service manager, at the Hewitt Hall Café, NWC.

## NEX specials on Star Card

The Navy Exchange and Military Star Card program have teamed up to provide customers with a special offer on furniture, major appliances and mattresses priced at \$499 or more.

Until Jan. 22, customers will have no down payment, no interest and no payments for 360 days when using their Military Star Card to purchase furniture from Ashley, Franklin, Corinthian and Progressive or mattresses made by Simmons, Serta, Sealy, Paramount and Tempur Pedic. Customers can also purchase major appliances from Kenmore, Whirlpool, GE, Maytag, LG, Samsung and Frigidaire.



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**F** LIVE BAND  
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## The Aft Lookout



NWC Museum Archives photo

As the Navy expanded onto Coddington Point, rifle ranges were constructed to accommodate firearms training as shown in this photo of West Cove in 1918. By 1940, the area would support 200, 300, 500 and 600 yard firing points. In addition, there was a small arms range of 25 and 50 yard firing points. The elevation of the two range berms constructed to provide backdrops for the targets were 47 and 60 feet high.

## Winter

Continued from Page 7

(passports, birth certificates, airline tickets) and valuable items are secure.

—Verify the mover's inventory is detailed, complete and accurate. Don't accept any "miscellaneous" labels or entries, especially for valuable items.

—If your inventory is inaccurate, tell the carrier's representative and write down why you disagree at the bottom of the inventory in the space marked for exceptions.

Disconnect electrical appliances (washer, dryer, stereo components).

—Ensure any outdoor items, i.e. play equipment or lawn furniture has been disassembled and is free of snow and or ice.

—Ensure all overseas shipments have seals applied to the container and are recorded on the descriptive inventory prior to removal from the residence.

—Do a final walkthrough prior to the carrier departing to ensure all inventoried items have been removed from the residence and loaded on the truck.

—Keep the JPPSO's phone number on hand. If any problems or questions arise call. In case of problems on the day of your pack or pickup (0730-1630), call 781-377-7666. After hour's emergencies only call 978-987-6546. Our standby person will answer

the phone, or you will be asked to leave a voice mail. For voice mail, leave your complete phone number including area code and your call will be returned as soon as possible.

Additionally, you can locate numerous resources that can assist with your move via the [www.move.mil](http://www.move.mil) website. We encourage you to take a minute and review this valuable resource.

JPPSO's goal is to exceed our customer's expectations by providing timely and efficient quality movement of DOD and Coast Guard personal property, through highly motivated and professional employees dedicated to obtaining the best valued service to meet our customer needs.

## Emergency

Continued from Page 4

NAVSTA Newport.

"This training improved our skills so dramatically," said Gary Ferreira, NAVFAC/Public Works manager. "Naval Station Newport has moved to a new level of preparedness to support our employees, our mission and our surrounding communities in the event of any type of emergency situation," he said.

"This course gave me a broader perspective and understanding of how the EOC operates," said Susan Logan, Security Manager, NAVSTA Newport.

The training covered the Incident Command System which is a NIMS based system of emergency response at the installation level. It allows for increased coordination with partners inside and outside the fence line. The EOC is organized into four functional areas: finance and administration; logistics; operations; and planning (FLOP).

Class members were given two practical exercises of an on-base emergency in which they were tasked to realistically lead, brief, coordinate, and plan a response to an earthquake effecting the installation during a visit by the Secretary of Defense. A third exercise tasked class mem-

bers to relieve SUBASE New London EOC personnel who were responding to a mass flooding situation.

"This course has helped us to significantly increase the number of IMT members who are now available to support our EOC," said Stephen Moore, NAVSTA Newport emergency management officer.

John Bozeman, Installation Training Officer, coordinated the class.

EOC-IMT course graduates from various NAVSTA Newport departments and select tenant commands follow:

Cmdr. Henry Pierce IV, executive officer, NAVSTA Newport

Command Master Chief Donald Ouellette, NAVSTA Newport

Cmdr. Brian Mai, NAVSUP/supply officer, NAVSTA Newport

Lt.Cmdr. Jeffrey Richer, Naval Facilities Engineering Command/Facilities, NAVSTA Newport

Lt.j.g. Jason Kiel, NAVFAC, Naval Health Clinic New England

ENS Matthew Lundin, NAVFAC, Naval War College

Chief Interior Communications Electrician Ryan Ratts, Port Operations, NAVSTA Newport

Navy Career Counselor 1st Class Zeporah Dasher,

NAVSTA Newport

Denise Matherne, Command Support Specialist, NAVSTA Newport

Susan Logan, Security Manager, NAVSTA Newport

Robert Krekorian, Public Affairs Staff, NAVSTA Newport

Rachael Coston, Manager, Navy Gateway Inn and Suites, NAVSTA Newport

Gary Ferreira, Manager, NAVFAC/Public Works, NAVSTA Newport

Jim Hull, Security, Naval War College

Gary Ormiston, NAVFAC/Public Works

Mark Reilly, Environmental, NAVSTA Newport

William Monaco, NAVFAC/Facilities, NAVSTA Newport

Travis Germano, Facilities, NAVSTA Newport

Dodd Schock, Deputy Fire Chief, NAVSTA Newport

Kevin Hook, Fire and Emergency Services, NAVSTA Newport

David Stimson, Fire and Emergency Services, NAVSTA Newport

Maj. Michael Bodell, Security, NAVSTA Newport

Capt. William McGovern, Security, NAVSTA Newport

Alexander Espinoza, Emergency Management, NHCNE

Tom Robert, NAVOSH/Safety, NAVSTA Newport

## McCranie

Continued from Page 3

interpretations.

"The War of 1812 is significant because it paved the way for future development of the U.S. Navy," said McCranie. "Challenging the most dominant naval power of the time, the less powerful U.S. Navy found ways to protract the war and incurred significant costs for Great Britain. That's why the War of 1812 is important for national leaders to study."

The publication of McCranie's book comes at a great time when people may have a renewed interest in this period of American history. Starting in April 2012 through 2014 the United States Navy, Marine Corps, and Coast Guard will celebrate the Bicentennial of the War of 1812 with events around the country. Large Navy celebration events are being planned for Baltimore, New York,

Norfolk, Cleveland, Chicago, Boston and New Orleans.

"This book really started out as an article until I started to dig," said McCranie. "As I began to write, it did occur to me the bicentennial of the war was approaching. I hope this book provides a fresh perspective at a time where people might be interested in learning more."

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## Navywide news

### Seabees aid rescue in Calif. car wreck

BUELLTON, Calif. — Seabees from Naval Mobile Construction Battalion (NMCB) 3 and the 31st Seabee Readiness Group (SRG) helped to rescue a family involved in a car wreck on Highway 101 here on Jan. 12.

Construction Mechanic 2nd Class (SCW) Michael McCracken, said the 31stSRG helped to rescue a woman and her two children — one an infant — in the mangled vehicle dangling off a highway bridge over a 100 foot ravine.

The Seabees maneuvered an extendable-boom forklift under the wreck from a parallel bridge to keep the car from sliding off the guardrail, while fire department rescue crews extracted the family. The car had been rear-ended by a tractor trailer, which plummeted over the side. The driver was killed.

“As the fire department was cutting the car to get the family out, it kept on slipping over the bridge and faced a 100 foot fall,” said McCracken, the forklift operator. “I

talked to the fire captain in charge and he was excited to hear that we had an extendable-boom forklift just 200 to 300 feet behind the wreck and he said to go get it.”

The forklift was being transported back from Fort Hunter Liggett where NMCB 3 had finished a pre-deployment certification exercise in mid-December. The Seabees off-loaded the forklift to stabilize the car so rescue crews could use the Jaws of Life to extract the mother, 36, and her two young children, ages 10 and 10 weeks.

### SNA concludes 24th symposium

CRYSTAL CITY, Va. (NNS) — The Surface Navy Association wrapped up three days of information sharing and networking when the 24th annual National Symposium in Crystal City, Va., concluded Jan. 12.

Sailors and naval officers visited booths and attended roundtable discussions and briefs centered around the symposium's theme, “A Credible Force in Uncertain

Times.”

Commander, U.S. Naval Forces Europe/Africa, Adm. Samuel J. Locklear discussed the surface navy's involvement in the Libyan conflict and how it differs from how the Navy once operated.

Adm. John Harvey, commander, Fleet Forces Command, talked about how the surface Navy has evolved since its inception, and will continue to maintain its potency as a global force in a challenging economic environment.

“It's not going to be easy. But 'hard' is authorized. Never forget, it is our choices, not our circumstances that will determine our future. It's up to you, so get it done,” Harvey said.

Harvey noted that 2012 marks the 200th anniversary of the War of 1812, as well as the first library aboard a warship, USS Franklin. He said in another nod to history, he said Sailors and Marines will be returning to their expeditionary roots.

“Our services were born and bred to be expeditionary. It is in our DNA,” Harvey said. “With [Sailors

and Marines] out of Iraq and drawing down in Afghanistan, the Marines will return in force to their maritime origins. We must reinvigorate and strengthen our amphibious forces.

### Conn. sub base screens 'iCarly'

GROTON, Conn. (NNS) — Naval Submarine Base New London welcomed more than 1,300 fans of the hit Nickelodeon show *iCarly* who were on hand for a special screening and cast appearance at the base's Dealey Center Theater, Jan. 11.

Before the screening, the cast paid a special visit to the crew of the Los Angeles-class attack submarine USS Hartford (SSN 768).

The cast members and guests received a guided tour of the submarine by the boat's commanding officer Cmdr. Steve Wilkinson and Chief of the Boat Senior Chief Eric Mathley.

For the *iCarly* cast members, it was their first time being on a nuclear-powered submarine.

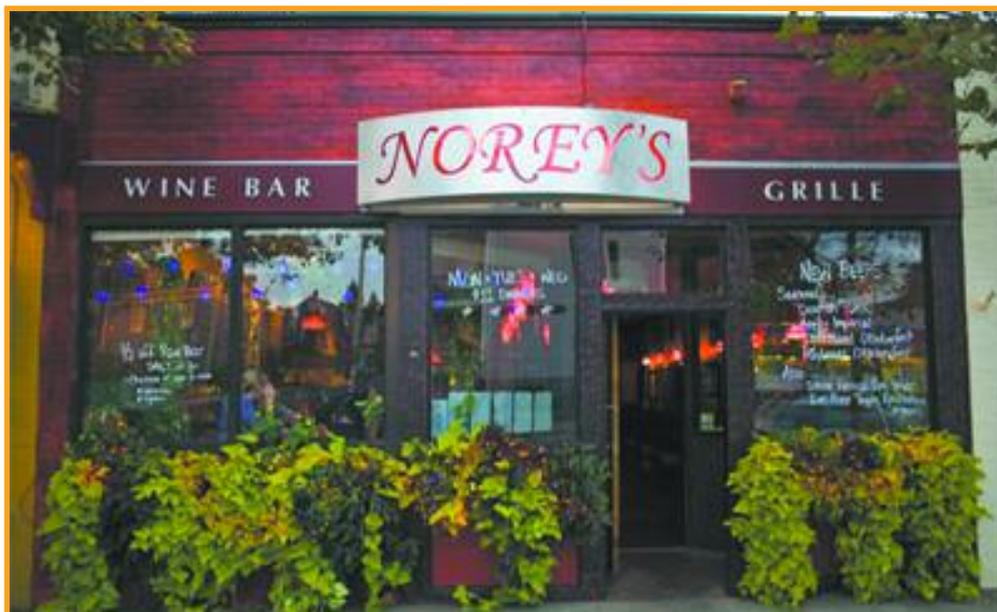
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