

# NSA community observes Black History Month



Photo by MC2(AW) Jason T. Poplin

Members of NSA's Multicultural Committee and Contemporary Worship Service perform an interpretive dance.

By MC2(AW) Jason T. Poplin  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — Members of Naval Support Activity (NSA) Bahrain's Multicultural Committee and Contemporary Worship Service held a service in observation of Black History Month at NSA's base chapel, Feb. 24.

The observation, titled "Black Women in American Culture and History," celebrated the achievements of black American women throughout U.S. history.

Multicultural Committee member Beatrice Broadnax said the joint venture was conducted to promote cultural awareness throughout the NSA community.

"As a diverse nation, we have all contributed to its success and made sacrifices that have impacted all of us," she said.

The special two-hour service featured an interpretive dance segment and several skits that chronologically defined multiple periods of adversity and triumph. The service concluded with a community barbeque.

Contemporary Worship Service Event Coordinator John Broadnax said the event was the culmination of six weeks of planning and coordination between the two organizations.

"I believe the event was very successful," he said. "I think the people who attended were well entertained, but they also came away with some inspiration and a little bit of knowledge, which was the whole idea of the program."

Black History Month had its beginnings in the United States in 1926. Originally a week-long observation, the month of February was selected by historian Carter G. Woodson and the Association for the Study of Negro Life and History because it marked the birthdays of two Americans who greatly influenced the lives and social condition of African Americans: former President Abraham Lincoln and abolitionist and former slave Frederick Douglass.

The week-long observation was eventually expanded to a month during the U.S. 1976 Bicentennial.

## NSA Bahrain Celebrates Dr. Seuss's 108th Birthday

By MC1(SW) Sonja M. Chambers  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — The Naval Support Activity (NSA) Bahrain Morale, Welfare and Recreation (MWR) Library, Child and Youth Programs and Bahrain School held the 2nd annual Dr. Seuss Birthday Celebration at Fleet Park, March 1.

The event featured NSA Bahrain Commanding Officer, Capt. Colin Walsh, reading "Green Eggs and Ham" to students from Bahrain Elementary School and the Child Development Center.

After the reading of one of Seuss's most famous books, children and parents ate a green eggs and ham breakfast and rotated through stations featuring face painting, crafts, henna, air brush tattoos and inflat-

able slides and bouncy houses.

U.S. Air Force Master Sgt. Doug Tupper of Defense Information Systems Agency said events like these are not only fun for the kids but really help parents and allow them to come out and spend time with their children.

"A lot of times the parents carry the biggest burden when they dislocate their family," he said. "Boosting the morale of the parents is a really good reason for having this. It makes you feel not as isolated as you can feel at times."

MWR Lead Library Technician Maria Fernandes said the event highlighted Dr. Seuss whose books motivate kids to read.

"He's a great artist and he's a great writer too," she said. "The kids are into Dr. Seuss books because they are very easy and have great pictures."

DR SEUSS Page 5



Photo by MC1(SW) Sonja M. Chambers

Naval Support Activity Bahrain Commanding Officer, Capt. Colin Walsh, reads "Green Eggs and Ham" to children at the Dr. Seuss Birthday Celebration, March 1. The celebration, sponsored by Morale, Welfare and Recreation, showcased the impact Dr. Seuss has made to children's literature.

INSIDE

- 3 - CHAPLAIN'S CORNER
- FROM THE DESK OF THE COMMAND MASTER CHIEF
- 5 - METLIFE ASSUMES ADMINISTRATION OF THE TRICARE DENTAL PROGRAM (TDP) 1 MAY 2012
- NSF MWD RECEIVES TOP MARKS
- 6 - MWR EVENTS & INFO



NBHC TAKES DENTAL HEALTH TO BAHRAIN ELEMENTARY SCHOOL, P. 2



SECRETARY OF THE NAVY ANNOUNCES 21ST CENTURY SAILOR AND MARINE INITIATIVE, P. 3



BOWLING FOR SOUP ENTERTAINS NSA, P. 5

THESE STORIES AND MORE...

# Family Life at NSA Bahrain

## NBHC takes dental health to Bahrain Elementary School

By MC1(SW) Sonja M. Chambers  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — Staff from Naval Branch Health Clinic (NBHC) Bahrain visited students at Bahrain Elementary School, Feb. 26-27.

As part of National Children's Dental Health Month, the staff showed children in grades K-5 the importance of good oral care.

Lt. James Hawkins, a NBHC dentist, said children seem to be very impacted by fun events, and Children's Dental Health Month is a great way to make a permanent difference. "It is important to educate children early so they establish good habits for a lifetime," he said. "This is very important in oral health, as well as every other area of life as well."

The children were shown proper brushing and flossing techniques as well as a visual demonstration of cavities with an apple. "I think the kids enjoyed seeing the apple experiment and how one small hole on

the outside of an apple can rot the entire inside of the apple... just like a small cavity can do to the inside of a tooth," Hawkins said. "This visual makes a larger impact than words ever can."

Students got to see how smoking impacts teeth and try on special clothing that dentists and hygienists wear while treating patients. NBHC Bahrain Health Promotions Coordinator, Lt. j.g. Chelsea Snellen, said the clinic takes any opportunity to teach kids. "It's so important for us to get out to the schools and we want to incorporate any health promotion activity into the elementary, middle and high school because this is where health and prevention starts," she said.

Heather Heffernan, a Bahrain Elementary School 5th Grade teacher, said the visit made an impact on her students. "Any opportunity for someone other than the teachers to come in and speak is great," she said. "It's much more meaningful to the kids and changes the day, brings excitement and makes them more knowledgeable."



Photo by MC1(SW) Sonja M. Chambers

LT j.g. Chelsea Snellen shows a student an example of poorly brushed teeth.



Photo by MC1(SW) Sonja M. Chambers

Grace Estacio, Naval Branch Health Clinic dental hygienist, shows girls the proper way to brush during a visit to Bahrain Elementary School, Feb. 27.

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## Art Students Beautify Walls



Photo by MC1(SW) Sonja M. Chambers

Sabrina McCracken, a 10th grade art student, paints a mural of "Starry Night" by Vincent van Gogh at Bahrain School, Feb. 27. McCracken and other students from James Myers's Studio Art class are painting murals as part of a Continuous School Improvement Mural Project to enhance school hallways and to create a multicultural and global learning environment. Students selected a famous landmark, place, person or event to create a wall mural. "Students will have the opportunity to exhibit their artwork to others now, and in the future," Myers said. "My high school Studio Art students are very excited to show their talents and to improve [Bahrain School] hallways with historical and educational iconic designs."

## Chaplain's Corner

### The Driver's Ten Commandments



By Cmdr. Chin Van Dang  
Supervisory Chaplain

A little boy was usually driven to school in great haste by his father. But one day, his mother drove him. After a few peaceful minutes, the little boy asked, "Mom, where are all the bastards, idiots, damn fools, crazy nuts and S.O.Bs.?" "Oh," replied his mother, "they only come out when your father's driving!"

Driving in Bahrain, we often notice that people are always in a hurry. Some of the drivers were driving furiously and recklessly. Some may find another driver's habits to be very annoying, or it may be another reason that causes people to be less than safe in their driving habits.

The Vatican has recently published "The Drivers' Ten Commandments" for our driving behaviors:

- I.- You shall not kill.
- II.- The road shall be for you a means of communion between people and not of

mortal harm.

III.- Courtesy, uprightness and prudence will help you deal with unforeseen events.

IV.- Be charitable and help your neighbor in need, especially victims of accidents.

V.- Cars shall not be for you an expression of power and domination and an occasion of sin.

VI.- Charitably convince the young and not so young not to drive when they are not in a fitting condition to do so.

VII.- Support the families of accident victims.

VIII.- Bring guilty motorists and their victims together, at the appropriate time, so that they can undergo the liberating experience of forgiveness.

IX.- On the road, protect the more vulnerable party.

X.- Feel responsible toward others.

If those Ten Commandments for Drivers cannot restrain your furious driving, then maybe the following songs could help to slow you down:

At 45 miles per hour, sing: "God Will Take Care of You"

At 55 miles per hour, sing: "Highways Are Happy Ways."

At 65 miles per hour, sing: "I'm But A Stranger Here, Heaven Is My Home."

At 75 miles per hour, sing: "Nearer my God to Thee!"

At 85 miles per hour, sing: "When The Roll Is Called Up Yonder, I'll Be There."

At 95 miles per hour, sing: "Lord, I'm Coming Home!"

## From the Desk of the Command Master Chief



By CMDCM Ed Lambert  
NSA Bahrain Command Master Chief

Shipmates,

Navy leadership remains committed to providing opportunities and financial assistance to Sailors as they pursue their educational goals. However, the need for greater quality control of courses taken by our service members and the fiscal pressure to reduce spending across the DoD requires implementation of additional policy change. Changes include:

- A future requirement for institutions

to have a signed memorandum of agreement with DoD in order to qualify for Tuition Assistance (TA).

- TA is no longer being authorized for new program starts above master's degree level.

- Each academic institution is required to have a signed DoD Memorandum of Understanding (MOU) NLT April 1, 2012, and only those institutions that have a signed DoD MOU will be authorized to submit TA funding vouchers for payment.

- Sailors who meet all the requirements for TA and submit a command approved request prior to April 1 for courses that begin between April 1 and May 1 will be approved for TA regardless of their institution's DoD MOU status. However, if the request is after April 1, TA will be authorized only if their institution has a signed the DoD MOU.

- NCPACE courses are not affected by the DoD MOU requirement.

- An alphabetical list of institutions that have signed the DoD MOU can be found at: [www.dodmou.com/](http://www.dodmou.com/). Click on the "participating institutions" tab.

The combined cap for tuition and fees remains at \$250 per semester hour for up to 16 semester hours of course work a year. For more information, see the NAVADMIN, and the Navy College web site <https://www.navycollege.navy.mil/>.



Photos by MCC Sam Shavers

Secretary of the Navy (SECNAV) the Honorable Ray Mabus announces the 21st century Sailor and Marine initiative to the fleet during an all-hands call aboard the amphibious assault ship USS Bataan (LHD 5) at Naval Station Norfolk, March 5. Mabus told the audience the initiative was intended to maximize Sailor and Marine personal readiness, build resiliency and hone the most combat effective force in the history of the Department of Navy.

## Secretary of the Navy announces 21st Century Sailor and Marine initiative

From Secretary of the Navy Public Affairs

WASHINGTON (NNS) — Speaking to the fleet during a worldwide All Hands Call on board USS Bataan (LHD 5) which was televised and web-streamed live to the fleet March 5, Secretary of the Navy Ray Mabus announced the establishment of the 21st Century Sailor and Marine initiative.

The secretary explained that the initiative consolidates a set of objectives and policies, new and existing, to maximize Sailor and Marine personal readiness. The programs are divided into five categories, or "areas"; readiness, safety, physical fitness, inclusion, and continuum of service.

"The new defense strategy will put increased responsibilities on the Navy and Marine Corps in the years to come," the secretary said. "You are the department's most essential asset, and it is the duty of the department's leadership to do all we can to provide each individual Sailor and Marine with the resources to maintain that resiliency."

Various programs fall under the readiness area, all of which help ensure we have the most mentally prepared service members and family in department history.

Continued emphasis on the responsible use of alcohol, zero tolerance for drug use, suicide reduction, family and personal preparedness, and financial and family stability all work together to prepare Sailors, Marines and their families for the challenges that they may face and reinforce healthy alternatives on liberty or off-duty. A new initiative will include breathalyzer tests when Sailors stationed onboard ships, submarines and at squadrons report for duty and randomly elsewhere to reduce the occurrence of alcohol related incidents that can end careers and sometimes end lives. This month, the Navy will begin random testing of urine samples for synthetic chemical compounds like Spice.

The initial testing will be conducted by a contracted laboratory, with the Navy Drug Screening Laboratory capable of conducting in-house testing later this year. Every positive result on a urinalysis for synthetic drugs will be sent to NCIS for investigation. Synthetic chemical compound drug use impacts a Sailor's career and family.

Sailors found to have positive urinalysis results and possession of synthetic chemical compounds like Spice will be punished under the UCMJ.

"We will enable and support our Sailors and their families. I am extremely proud of our people," said Chief of Naval Operations Adm. Jonathan Greenert. "We have a professional and a moral obligation to lead, to train, to equip and to motivate them. Our personnel programs deliver a high return on investment in readiness."

In addition to ensuring the readiness of our Sailors and Marines, the initiative will aim to make the Navy and Marine Corps the safest and most secure force in the department's history. All personnel in the fleet should expect to work in a safe environment, free from harassment or hazards, and when confronted with these, have the resources available to immediately correct the problem.

The Department of the Navy (DoN) continues to work aggressively to prevent sexual assaults, to support sexual assault victims, and to hold offenders accountable. Part of this effort is implementing new training at multiple levels in both the Navy and Marine Corps.

A recent program, the Bystander Intervention (BI) course, which is part of the Navy's Sexual Assault Prevention and Response (SAPR) program, began in January for all A-school students. BI is intended to educate Sailors that, as bystanders, they have the power - and responsibility - to intervene in a potentially harmful situation, regardless of rank. BI training is part of a larger strategy addressing changes in attitudes and behaviors in the Department of the Navy. SAPR training for Navy leadership and the fleet is in development.

Everyday Sailors and Marines do a great job of managing risks on-duty, proven by FY 2011 being recorded as the safest in terms of operational fatalities. Under the 21st Century Sailor and Marine area of safety, DoN will continue stressing to Sailors and Marines that they should apply the same operational risk management (ORM) skills to their off-duty activities.

"All leaders must guard against reckless  
SECNAV Page 4

# Bowling for Soup entertains NSA

By MC2(AW) Jason T. Poplin  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — American pop punk band Bowling for Soup performed for members of the Naval Support Activity (NSA) Bahrain community, March 1.

Part of a four-stop Europe, Africa and Southwest Asia regional tour hosted by Armed Forces Entertainment, the band hosted multiple performances in Bahrain before traveling to the USS Abraham Lincoln (CVN-72) and Djibouti.

NSA's Morale, Welfare and Recreation Community Recreation Officer Ray Santiago said hosting artists like Bowling for Soup is a huge morale boost for the community.

"Bowling for Soup is constantly touring

the U.S. and by coming out here presents an opportunity our Sailors and family members wouldn't normally get," he said.

Bowling for Soup has been performing since 1994 and has conducted three tours sponsored by Armed Forces Entertainment.

Master-at-Arms Seaman Sam Elsbernd, assigned to Naval Security Force Bahrain, said he really appreciated the group's visit and that it really takes someone very special to come over and show their support for the troops.

"Obviously this isn't a big money tour for the band because we don't have to purchase tickets and we're not exactly located just down the street," he said. "But I've been to a couple of their shows and you can really tell that they're just as happy to be here as we are to have them."



Photo by MC2(AW) Jason T. Poplin

**American pop punk band Bowling for Soup performs for members of the NSA community in the Freedom Souq courtyard, March 1.**

*SECNAV from Page 3*

behavior - it jeopardizes the health, safety, and combat readiness of our entire force" said Gen. James F. Amos, commandant of the Marine Corps. "Risk mitigation is one of the best means available as we fight to eliminate senseless and needless loss of life and injury, both on duty and on liberty."

Statistically, the most dangerous thing Sailors and Marines do every day is also one of the most common, driving a personal motor vehicle. While there are a number of factors that make this even more dangerous: driving while fatigued, distracted, or under the influence of alcohol or drugs; the good news is that alcohol-related motor vehicle fatalities are down across the fleet. The Naval Safety Center has tools and resources available to help train Sailors and Marines - particularly those under the age of 25 who are statistically much more likely to be killed or injured behind the wheel. One of the tools is the travel risk planning system (TRiPS), an on-line, automated risk-assessment tool that Sailors and Marines use before they go on liberty or leave, driving outside command travel limits. The system

helps them recognize-and avoid-the hazards they may face on the highway.

While each of the five areas provide important support for department personnel, physical fitness can be viewed having some of the farthest reaching beneficial effects. Sailors and Marines must be ready to meet the demands of performing in a tactical environment, and physical readiness is a crucial link to ensuring Sailors and Marines are ready to take on the challenges the Navy and Marine Corps faces today, and will face in the future. As part of the 21st Century initiative, Sailors and Marines must maintain the highest level of sustained fitness with the ultimate goal of having the fittest, most deployment-ready force in the history of the Navy and Marine Corps.

"Sound minds and sound bodies are the fundamental elements of successful Sailors and combat readiness," said MCPON (SS/SW) Rick D. West. "The transition from a 'culture of testing' to a 'culture of fitness' means that we deliberately incorporate physical proficiency and holistic health into our daily routines rather than simply doing just enough to get by on tests twice a year.

The more we do each day to improve our physical conditioning, the better prepared we are to handle stress, deployments, and unexpected situations.

Sometimes it's difficult to find the time or resources to get in a run or hit the gym, but if leadership and Sailors actively make those things part of their commitment to excellence, the pay-off is significant. We are not a sedentary Force ... we are forward-deployed, we are expeditionary, we are agile ... and we need to be physically ready as Sailors to answer any call at any time."

The Navy continues to build a culture of fitness as part of the physical fitness area, by urging Sailors to incorporate fitness into their daily lives. Adopting the "Fueled to Fight" program fleetwide will provide a nutrition strategy to increase high quality fuel (food, drink) fleetwide to meet the war fighter's nutrition needs. Additionally, Secretary Mabus is moving the DoN to be smoke-free by choice with a continued education campaign on the hazards of smoking, providing easy access to free cessation tools to every Sailor and Marine trying to quit and ending the discounts for cigarettes in Navy Exchanges and Marine Corps Exchanges. Ending the discounts will bring the prices up to 100 percent market pricing.

Ensuring all personnel, regardless of race or gender, are given every opportunity to excel and succeed is the hallmark of the program's forth area, inclusion. In order to operate globally, the Department of the Navy will need diversity of ideas, experiences, areas of expertise, and backgrounds to fulfill a variety of missions, while remaining relevant to the American people. Regardless of mission, in the Navy women are permanently assigned to all types of ships, aviation squadrons, afloat staffs, Naval Construction Force units and certain submarine platforms. The nature of today's ground conflicts is evolving; there are no front lines in Iraq or Afghanistan. Women in the Marine Corps are assigned to units and positions that may necessitate defensive combat actions - situations for which they are fully trained and equipped to respond.

There are many areas in which opportunities can be expanded for women to serve and contribute and the Marine Corps is taking a deliberate approach in identifying those areas.

A new DoN Diversity Office will be established, with the Assistant Secretary of

the Navy (Manpower and Reserve Affairs) serving as the DoN's Diversity Officer. The Diversity Office will leverage, coordinate and formalize ongoing efforts within the Navy and Marine Corps and will include the heads of the Navy Office of Diversity and Inclusion, Marine Corps Office of Equal Opportunity and Diversity Management and the DoN Office of Civilian Diversity as team members.

"Diversity of Thought - Connectedness with America - Diversity is more important than race, ethnicity, or gender," said Sgt. Maj. Micheal P. Barrett, the 17th sergeant major of the Marine Corps. "We are committed to attracting, mentoring and retaining the most talented men and women who bring a diversity of background, culture and skill in service to our nation."

The final area, continuum of service, aims at ensuring Sailors and Marines are provided the most robust transition support in Department history. Whether retraining wounded warriors, providing voluntary education, or helping achieve civilian credentialing, the department will aim to provide personnel every opportunity for personal and professional growth.

The Navy's Credentialing Opportunities Online (COOL) program offers Sailors the opportunity to earn civilian certifications and licenses corresponding to their Navy ratings, collateral duties, and out-of-rating assignments. COOL is designed to further develop the personal and professional capability of the Navy Total force, enhancing force readiness.

Through each of the areas described in the secretary's address, the 21st Century Sailor and Marine initiative will realign many programs throughout the department and focus their combined efforts to ensure all personnel are not only mentally and physically prepared for the future fight, but that they will also have the knowledge, skills and support needed to succeed for the remainder of their lives.

"The 21st Century Sailor and Marine initiative is focused on the whole life of the individual and their family's lives. When a Sailor's or Marine's time in the military ends whether it is after four years or forty, we want your productive life to continue and for you to leave the service in better health, more trained and better educated than when you came in."

## NEX Awards Cookie Contest Winners



NEX Photo

The Navy Exchange held a cookie contest, March 3 with 20 participants. The winners all received NEX gift cards. Pictured left to right are: 1st place: Kelly Simmons \$250 NEX Gift Card; 2nd place: Michelle Proulx \$100 NEX Gift Card; NEX Sales Manager, Ernestine Stewart and 3rd place: Janie Walsh \$50 NEX Gift Card.

## MetLife assumes administration of the TRICARE Dental Program (TDP) 1 May 2012

Effective May 1, 2012, MetLife will begin providing dental coverage to over two million family members of uniformed service active duty personnel, members of the Selected Reserve and Individual Ready Reserve, their eligible family members and Survivors.

Note that the change to MetLife is for the TDP program only. United Concordia Companies, Inc. (UCCI) will continue to administer the Active Duty Dental Program (ADDP) and the Delta Dental Plan of California (Delta Dental) will continue to administer the program for retired service members and their families (TRDP).

Changes under MetLife including benefits and enhancements to the TDP include:

- Lowered premiums, one family member-\$10.30/per month, families-\$30.89/per month
- Yearly (annual) maximum benefit raised from \$1,200 to \$1,300
- Lifetime orthodontic maximum benefit raised from \$1,500 to \$1,750
- Additional \$1,200 annual maximum benefit for services related to dental accident treatment
- Three cleanings per year for pregnant or diabetic patients
- Coverage of posterior resin (white) fillings

- No cost shares for scaling (deep cleaning) for diabetic patients when visiting an in-network dentist

- Non-Availability Referral Forms (NARFs) will not be required for implants, only orthodontic treatment
- Listings of TRICARE OCONUS Preferred Dentists (TOPD) maintained at MetLife web site ([www.metdental.com](http://www.metdental.com))

After March 21, 2012, to obtain service assistance, transition information, or to locate a dentist visit MetLife at <https://mybenefits.metlife.com/tricare> or [www.facebook.com/MetLifeTDP](http://www.facebook.com/MetLifeTDP). In addition, the MetLife customer service call centers are available to assist TDP members with questions, concerns or issues related to billing, enrollment/disenrollment, claims and general inquiries related to TDP program. MetLife OCONUS Customer Service is accessed by calling the AT&T Operator in your country and then dialing 1 855 638 8372. Claims can be sent in by regular mail (PO Box 14182, Lexington, KY 40512), fax to 001 855 763 1334, or you can scan/email to [OCONUSDentalClaims@metlife.com](mailto:OCONUSDentalClaims@metlife.com).

Questions or issues regarding claims for dates of service prior to May 1, 2012 should still be directed to the current insurance carrier.

DR SEUSS from Page 1

Melissa Boice, a Bahrain Elementary School 2nd grade teacher, said her students had a wonderful time at the event.

"Events like this reinforce the most important lesson of all: learning is fun!!" she said. "They also build and strengthen our community ties between our school, our military base, our families and our teachers.

"Dr. Seuss reminds us that reading, writing, art and learning are ways for us to express ourselves and make learning fun," Boice said. "And when children love to learn- oh the places they go!"



Photo by MC1(SW) Sonja M. Chambers

Children are served cake modeled after Seuss storybook covers.

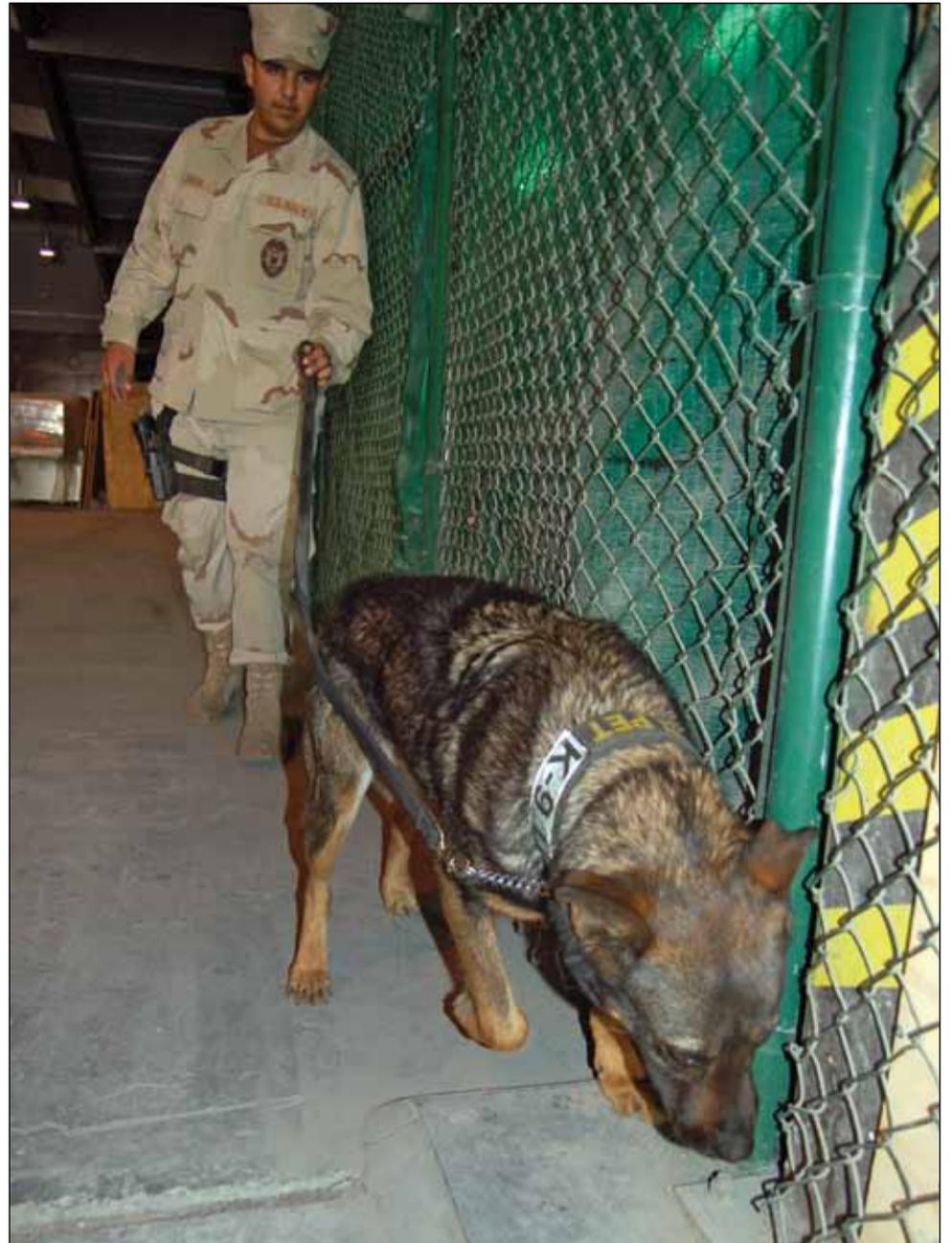


Photo by MC1(SW) Sonja M. Chambers

Master-at-Arms Seaman Matthew Hardin works with Military Working Dog Cyril on patrol, Feb. 27.

## NSF MWD receives top marks

By MC1(SW) Sonja M. Chambers  
Staff Writer

### NAVAL SUPPORT ACTIVITY, Bahrain

— Naval Security Force (NSF) Bahrain's Military Working Dog (MWD) Division serves all commands, ships and personnel in this area of responsibility by providing explosive and drug detection capabilities and deterring terrorist activity in the area.

Earlier this year, the kennel received the highest rating on the yearly Naval Criminal Investigative Service Security Training and Assessment Team inspection, which covered administration, kennel facilities, vehicles, chain of command, handler training and all areas of detection and patrol for each dog.

Kennel Master, Master-at-Arms 1st Class (EXW/FMF) Eliot Fiaschi said his team worked hard to prepare for the inspection.

"All the handlers and kennel support personnel worked off of last year's inspection report to ensure every piece of paperwork was correct and every dog had the proper training and utilization," he said. "They worked extra hours, usually more than 80 hours per week, to ensure everything in the kennel was spot on from top to bottom."

The kennel's 17 handlers had to make sure each of the 18 dogs were trained properly.

"All MWDs were certified in the detection of multiple explosive and drug odors," Fiaschi said. "The MWDs were also certi-

fied in patrol, which includes attacking suspects, finding suspects in buildings and open areas and performing proper on and off leash obedience."

Fiaschi said every last handler put his or her heart into passing this inspection.

"They put in countless hours of blood, sweat and tears to make this a successful assessment and to turn this kennel around. I cannot begin to express how proud I am of them."

He also said the kennel motto played a big role in their success.

"Teamwork, Inspiration, and Dedication," Fiaschi said. "That's our kennel motto and it made this possible. Everyone putting personal feelings aside to complete a mission is what it's all about."

Dog handler, Master-at-Arms Seaman Matthew Hardin took a unqualified dog and got him back into standards for the inspection.

"I was only assigned to MWD Cyril four months before the assessment and everyone thought he would fail," he said. "I treated him like a working dog instead of a pet and we conducted a lot of training on explosives to make sure I could recognize his change of behavior when he was smelling them."

Hardin, who has been a dog handler for more than a year, said he was pleased with the inspection results.

"I feel really good about it and I'm very proud of myself and my dog," he said. "I consider this to be my biggest accomplishment since joining the Navy."

# GULF AIR BAHRAIN GRAND PRIX 20-22 April 2012

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0600-0900	0600-0900	0600-0900	0600-0900	0600-0900
"Morning Mix"	"Morning Mix"	"Morning Mix"	"Morning Mix"	"Morning Mix"
11-1	11-1	11-1	11-1	11-1
"Smooth Groove"	"The Old Show"	"Urban Nation"	"Classic Rock With"	"Country Hits"
Smooth Jazz and R&B With	Best of the 80's and 90's	Best of Hip-hop and R&B With	Barnacle Biller	Best of Country With Felix The Cat
Dj Audity	Big Joe	Guest Dj		

Feat: Guest Dj's

You can also tune in to channel 12 AFN For Song Request! Call Us At 439-4036



## ITT

### Group Fishing Trip

Friday, March 9

- Time: 0530 – 1000
- Max 8 people; Group Cost: \$352

### Go-Kart Racing

Saturday, March 10

- Time: 0930
- Min 6 people; ITT Price: \$27.00

### Guided Cultural Tour of Bahrain

Sunday, March 11, 18 & 25

- Time: 0900 – 1600
- Min 14 people; ITT Price: \$35.00

### Cooking Demonstration Of Arabic Food & Dinner

Thursday, March 22

- Time: 1645
- Min 5 people; ITT Price: \$23.00

### Arabian Experience

Friday, March 23

- Time: 1400 – 1900
- Min 5 people; ITT Price: \$18.00

### Belly Dancing Dinner Show

Thursday, March 29

- Time: 2030
- Min 10 people; ITT Price: \$30.00

### AL DAR ISLAND DAY TRIP

Friday, March 30

- Time: 0930 – 1400
- Min 5 people; ITT Price: TBA

**\*\*Please arrive 15 minutes prior\*\***

All dates and times are subject to change

## Movie Schedule

Friday, March 9

### Theater A

- 10 a.m. - Happy Feet 2 (PG)
- 12 p.m. - The Muppets (PG)
- 2 p.m. - Tower Heist (PG-13)
- 4 p.m. - Green Lantern (PG-13)
- 7 p.m. - What's Your Number (R)
- 9 p.m. - The Rum Diary (R)

### Theater B

- 11 a.m. - Rio (G)
- 1 p.m. - Winnie The Pooh (G)
- 3 p.m. - Rise Of The Planet Of The Apes (PG-13)
- 5 p.m. - Green Lantern (PG-13)
- 7 p.m. - The Change-Up (R)
- 9 p.m. - Transformers: Dark Of The Moon (PG-13)

Saturday, March 10

### Theater A

- 11 a.m. - Batman Begins (PG-13)
- 1 p.m. - Columbiana (PG-13)
- 3 p.m. - Money Ball (PG-13)
- 5 p.m. - Final Destination 5 (PG-13)
- 7 p.m. - The Ides Of March (R)
- 9 p.m. - Glory (R)

### Theater B

- 11 a.m. - Winnie The Pooh (G)
- 1 p.m. - The Smurfs (PG)
- 3 p.m. - Super 8 (PG-13)
- 5 p.m. - Rise Of The Planet Of The Apes (PG-13)
- 7 p.m. - Friends With Benefits (R)
- 9 p.m. - Captain America (PG-13)

## Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.



Friday, March 9  
**\$3 Mall Shuttle-City Center Mall**  
• Time: 1200-1600

Saturday, March 10  
**Go-Kart Racing**  
• Time: 1200; BIC

Sunday, March 11  
**Sunday Sundaes**  
• Make your own ice cream sundaes! Free

Monday, March 12  
**Speed Pool**  
• Time: 1200; Free Pizza for Players

Tuesday, March 13  
**Sand Volley Ball Tournament**  
• Time: 1700

Thursday, March 15  
**March Madness Bracketology**

Friday, March 16  
**\$3 Mall Shuttle-City Center Mall**  
• Time: 1200-1600

Sunday, March 18  
**Sunday Sundaes**  
• Make your own ice cream sundaes! Free

Monday, March 19  
**Speed Pool**  
• Time: 1200; Free Pizza for Players

Wednesday, March 21  
**Poker Bowling**  
• Time: 1100

Thursday, March 22  
**Texas Hold'em Nigh**  
• Time: 1800

Friday, March 23  
**\$3 Mall Shuttle-City Center Mall**  
• Time: 1200-1600

Saturday, March 24  
**Wahoo Water Park**

Sunday, March 25  
**National Waffle Day!**  
• Time: 0800; Make your own Waffle (while supplies last)

For more information, call the Liberty Center at 439-3192