

## COURSE DESCRIPTIONS

1. The following are course descriptions of scheduled training classes:

a. **Driver Improvement Program (DIP):** Is for offender and non-offender personnel attending training based on requirements in OPNAVINST 5100.12H. This course meets military personnel age 26 years and below traffic safety training requirements.  
**Limited to 35 students or otherwise posted.**

b. **All Terrain Vehicle (ATV) Rider Course:** A fast paced, hands-on training session which includes learning about protective gear, pre-ride inspection, starting and stopping, quick turns, traversing hills, swerving, emergency stops and riding over obstacles. This course is only for personnel who are required to use ATV's in the performance of their jobs.  
**Limited to 6 students or otherwise posted.**

**NOTE:** Commands are required to provide ATV

c. **Basic Rider Course (BRC):** This two day course is designed for the novice rider who has little or no riding experience. It includes classroom, basic riding instruction and strategies necessary for an individual to begin street riding. Student shall be prepared to ride with their Two Wheeled Motorized Vehicle (TWMV) on both days.  
**Limited to 8 students or otherwise posted.**

d. **Experienced Rider course (ERC):** This one-day course is for the experienced rider. Using your personally owned motorcycle, you'll put into practice the techniques of managing traction, stopping quickly, cornering and swerving. Course discussions include how to balance the mental and physical aspects of safe riding, manage risk, increase visibility and optimize your lane position. The Experienced Rider Course also covers protective gear, rider responsibility, motorcycle inspection and care, the effects of alcohol and other drugs on riding, and includes a skill evaluation and knowledge test.  
**Limited to 8 students or otherwise posted.**

e. **Military Sportbike Rider Course (MSRC):** The Sport Bike Rider Course is a one-day course for sport bike riders who have completed the Motorcycle Safety Foundation (MSF) Basic Rider Course. The course consists of approximately 3 hours of classroom interactive lessons and approximately 5 hours of on-cycle range time. The classroom segment focuses on the behavioral aspects of riding such as attitude and personal risk assessment, and includes discussions about braking proficiency, cornering techniques, traction management, and specific characteristics unique to sports bikes. A written knowledge test is given at the end of the classroom portion. The range session builds on these topics by providing riders the opportunity to develop and improve skills in braking, cornering and swerving.  
**(Sport bikes only) Limited to 12 students.**

**f. Motorcycle Simulator Course:** The motorcycle simulator course is an advanced, interactive instructional tool with standard motorcycle controls and realistic traffic situations. It is a virtual environment with realistic hazards in a risk-free environment. Riders can assess the complexity of operating a motorcycle or scooter.  
**Limited to 6 students.**

**NOTES:** 1. Additional training classes may be offered upon request.  
2. ORM is incorporated in all Traffic Training courses