



LIBERTY THROUGH UNITY

JOINT REGION EDGE

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Friday, July 13, 2012



Celebrating Independence: A young girl boasts her patriotic spirit at a booth at the Freedom Festival on U.S. Naval Base Guam (NBG) July 4. NBG and Morale, Welfare and Recreation hosted the event in celebration of the nation's 236th birthday. U.S. Navy photo by Shaina Marie Santos/Released

NBG, Andersen celebrate

Independence Day

By Shaina Marie Santos
Joint Region Edge Staff
36th Wing Public Affairs



Test of Strength: A competitor receives coaching tips during the Strong Man Competition at the Freedom Festival on U.S. Naval Base Guam (NBG) July 4. U.S. Navy photo by Shaina Marie Santos/Released

Andersen Air Force Base (AFB) and U.S. Naval Base Guam (NBG) celebrated the nation's 236th birthday on July 3 and 4.

Andersen held their annual Freedom Fest at Arc Light Park July 3 with many games and activities for children and families.

36th Force Support Squadron (FSS) Community Activities Director Michelle Jacobs said the event was held in honor of service members.

"We're here to invite all service members out with their families for recreation and fun this holiday," she said.

Airman 1st Class Santos Palma, of 36th FSS, echoed Jacobs' sentiments and thanked those who made the day possible.

See Events, Page 7

Andersen's First Four: A good start

By Airman 1st Class Marianique Santos
36th Wing Public Affairs

Do you need volunteer enlisted performance report (EPR) bullets? Do you want to expand the social network, be exposed to leadership opportunities and be a community-involved, well-rounded Airman? If so, the First Four is a good start for you.

The First Four is an organization devoted to the morale and welfare of the first four Air Force enlisted ranks from Airman basic to senior Airman.

"Basically, we help out anyone in need, do community service and organize events that boost morale and camaraderie," said Airman 1st Class Justin Czarnecki, 36th Comptroller Squadron finance services

technician and First Four president.

Andersen's First Four has a plethora of activities and community involvement, to include volunteering for Habitat For Humanity, beach cleanups, base cleanup, and beautification and volunteering for Airman Against Drunk Driving that occur at least

See Program, Page 7

Scouts tour ESL

PAGE 4



Managing work and GARDEN

PAGE 10



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NEWS NOTES

Job Announcements

Interested individuals can view available vacancies by visiting <https://www.cnrc.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

U.S. Naval Base Guam Front Gate Lane Diversions

The traffic lanes at the U.S. Naval Base Guam front gate will continue to be shifted through mid-August due to the ongoing construction for upgrades to underground water lines. As of July 11 the outgoing traffic lanes will be reduced to one lane during the day. However, during Monday-Friday rush hour between 3-5:30 p.m., two outbound lanes will be open for traffic. During those hours the inbound lanes will be reduced to one lane to accommodate the outgoing traffic. Motorists can also use the back gate which is open Monday-Friday from 3-5:30 p.m. Motorists are reminded to plan additional time exiting or entering the base and to exercise caution as they approach the gates due to expected traffic delays.

U.S. Navy Water Quality Report Available Online

The Safe Drinking Water Act requires the U.S. Navy Water System to issue an annual report on water quality. If you would like to learn more about U.S. Naval Base Guam's drinking water, the 2011 U.S. Navy Water System Water Quality Report is now available online at www.cnrc.navy.mil/marianas.

Andersen Air Force Base 2011 Consumer Confidence Report

Andersen Air Force Base's (AFB) drinking water is safe to drink and is in compliance with all federal and local regulations. Under the Environmental Protection Agency's Consumer Confidence Reporting Rule of the federal Safe Drinking Water Act, the base bioenvironmental engineering office is required to annually summarize water analytical test results from the previous year and create summary report available to all water consumers. This report is available on the Andersen Intranet under featured links, Andersen Consumer Confidence Report. Printed copies are available at the library and the bioenvironmental engineering office located in the aerospace medicine clinic. For more information or to receive the report by e-mail, call 366-7166.

USO Teen Nights

From now until July 21 military dependent teens can enjoy Friday Gaming Nights at the USO in the Royal Orchid Hotel in Tumon. Video game tournaments held for teens only from 6-10 p.m. Teens could win free waterpark tickets for participation. For more information, call 647-4876.

SCHOOL BULLETIN

The school bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2115.

Department of Defense Educational Activity-Guam District 2012-2013 Schedule
Aug. 27: First-12th grade students' first day of school
Aug. 27-31: Pre-K home visits
Aug. 31: Professional development; no classes
Sept. 4: PSCD and kindergarteners first day of school

Child Development Center

The Child Development Center (CDC), located in Building 1983-A, provides center-based care for children 6 weeks to 5 years of age. The CDC is open to active duty military and Department of Defense civilian personnel families and is committed to providing the best developmental experiences for all children. The curriculum is designed to meet the cognitive, social, emotional and physical needs of children by using developmentally age-appropriate activities. The CDC building also encompasses the School Age Care program, where elementary-age children en-

COMMUNITY Corner

movies • movies • movies

The Big Screen Theater

JULY 13 (FRIDAY)

4 PM MEN IN BLACK 3 PG-13
7 PM CHERNOBYL DIARIES R

JULY 14 (SATURDAY)

1 PM THE THREE STOOGES PG
3:30 PM BATTLESHIP PG-13
7 PM THE DICTATOR R

JULY 15 (SUNDAY)

1 PM WHAT TO EXPECT WHEN YOU'RE EXPECTING PG
3:30 PM MARVEL'S AVENGERS PG-13
7 PM SAFE PG-13

Movie Hotline 564-1831 U.S. Naval Base Guam

Meehan Theater - TEMPORARILY CLOSED

gage in activities which focus on the Boys & Girls Club Core Programs: Character & Leadership; Education and Career; Health & Life Skills; The Arts; Sports, Fitness, & Recreation.

Phone Numbers

Andersen Elementary School: 366-1511
Andersen Middle School: 366-3880/5793
Cmdr. William C. McCool Elementary/Middle School: 339-8676
Guam High School: 344-7410

MWR HAPPENINGS

U.S. Naval Base Guam

Fleet and Family Support Center Classes
July 16-: Transition Assistance Program (TAP), from 7:45 a.m.-4 p.m.

July 23: SAPR training, Alcohol & Sexual Assault, from 1-2 p.m.

July 26: Welcome to Guam Orientation, 8 a.m.-4:30 p.m.

For more information, call 333-2056.

MWR Concert Series

From now until Aug. 24, Morale, Welfare and Recreation, Navy Entertainment and/or Armed Forces Entertainment will host concerts: July 9 with ReHab, Aug. 14 with Edwin McCain and Erick Baker, and Aug. 24 with the American Idol World Tour.

Summer Culinary Youth Camp

Take part in this year's Summer Culinary Boot Camp from July 23-27 from 2-4 p.m. Sign up and pay at the MWR Information, Tickets and Travel office in the Charles King Fitness and present paid receipt on day of class. Classes are limited to the first 40 students. Summer camp is \$50, which includes an MWR apron, hat and supplies. Open to ages 2-15. For more information, call 685-5142

Teen Center

The Teen Center is for teen's 13-18 currently enrolled in high school. There is no registration fee; however, parents need to fill out a registration packet, which is required for all program participants. The program has a "Self Release Policy" (in accordance with the unattended base instruction), so teens may sign themselves in and out of the center. Program activities are focused on the Boys & Girls Club of America Core Programs: Character & Leadership; Education and Career; Health & Life Skills; The Arts; Sports, Fitness, & Recreation. Pre-teen and teens are also encouraged to participate in club activities such as Power Hour, Image Makers (Photography), Torch Club, Fitness Authority, Smart Girls, Fine Arts, Career Launch, Passport to Manhood, and special events. For more information, call 564-1844.

Top O' the Mar Clambake

Pleasure your taste buds with an assortment of seafood recipes at Top o' the Mar's "All American Clambake" July 15. From 10:30 a.m.-1 p.m. enjoy the exquisite live band provided. Reservations are recommended but not required.

\$23.95 for adults, \$11.90 for children (5-11 years old), and children (4 years old and younger) eat for free. For more information or to make a reservation, call 688-3634.

36th FSS HAPPENINGS

Andersen Air Force Base

Airmen and Family Readiness Center Classes

July 17: Spouse Pre-deployment Academy from 9-11:30 a.m.

July 18: Bundles for Babies from 8:30-11:30 a.m.

July 19: Credit Management from 1-2 p.m.

July 19: Spouse newcomer's orientation from 8:30 a.m.-1:30 p.m.

For more information, call 366-8136

Family Child Care Orientation Training

The Andersen Family Child Care (FCC) office will offer an FCC orientation training class July 23-26 from 9 a.m.-noon for those 18 and older who would like to become a certified child care provider on base. Application packets are available at the Child Development Center, Airman & Family Readiness Center and FCC Offices.

Country Line Dancing Classes

Now you can learn Country Line Dancing at classes held at the Hotspot. Beginner classes are Tuesdays from 7-8 p.m. Intermediate and advanced classes are Thursdays from 7-8 p.m. Cost is just \$35 per month, or \$10 per class. Inquire about our family discount rate. For more information, call the Hotspot at 366-2339.

The Hotspot is looking for Instructors

The Hotspot would like to offer a variety of classes for the Team Andersen community and is looking for qualified instructors for the following: martial arts, dance, Zumba, gymnastics, drivers training and others. Call 366-2339 for more information.

Youth Summer Camp Schedule

The Youth Center is offering an exciting variety of Summer Camps while school's out. Here's what they've scheduled:
July 16-20: Archery camp
July 23-27: Cultural camp I
July 30-Aug. 3: Cultural camp II
Aug. 6-10: Basketball Camp
Aug. 13-17: Technology Camp. Fee is \$70
Aug. 13-17: Missoula Children's Theater Camp (No fee! For ages kinder to 18 years old) Except for the Missoula Children's Theater Camp, all camps are for ages 9-18, are \$50 per person and will be held from 9 a.m.-noon at the Andersen Youth Center. Sign-up soon, or call 366-3490 for more information.

SPORTS SHORTS

U.S. Naval Base Guam

Captain's Cup Soccer League

The tournament will be held at the Blue Jacket Field July 17 at 6, 7 and 8 p.m. For more information, call 333-2471 or 685-5243.

Self Defense Brazilian Jiu Jitsu

Sign up for Self-Defense Brazilian Jiu Jitsu Mondays and Wednesdays: Beginners class from 6-7 p.m. and advanced class from 7-8 p.m. Saturday: Beginners class from 10-11 a.m. and advanced class from 11 a.m.-noon. Age requirement: Students must be 6 years old or older to participate. Fee is \$45 per student per calendar month. Register at the Charles King Fitness Center. Call 333-2049 for more information.

Andersen Air Force Base

What about "Zumba"?

Free Zumba classes are held at Coral Reef Fitness Center Mondays, Tuesdays and Wednesdays at 7 p.m., Thursdays at 9:40 a.m. and Saturdays at 8:30 a.m. Zumba is a Latin-fitness dance class that also incorporates aerobic movements. Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system that will blow you away. The routine features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Call 366-6100 for more information.

Becoming an MTI?

There's an app for that

By Nathan Simmons
Air Education and Training
Command Public Affairs

There's a smart phone application for just about everything these days, including joining the ranks of the Air Force's military training instructor (MTI) corps. The app, simply called "Air Force MTI," is free and available for Apple, Android and Blackberry devices.

"It takes a special person to be an MTI," said Master Sgt. Eric Gaona, an MTI in the 737th Training Squadron, who recruits for the corps. "Becoming an MTI allows you to highlight yourself as a leader who can mold civilians into Airmen — it's a great career move."

The Air Force is looking to beef up its MTI corps, as the goal is to have 565 training instructors. Currently, there are roughly 475. Gaona said the corps is especially looking to recruit female instructors, so the MTI corps is representative of the number of female Airmen in the service.

Women make up approximately 20 percent of the service, yet only around 10 percent of the MTI corps consists of female Airmen, Gaona said.

In the "MTI Life" segment of

At Your Fingertips: The new smart phone app created by the U.S. Air Force is making information about becoming a military training instructor more accessible to Airmen. The mobile app provides information on eligibility requirements and the application process including links, contact information and the applications themselves. Graphic courtesy of the U.S. Air Force

the app, potential applicants will find a comprehensive and entertaining collection of photos and videos of basic military training

(BMT) and can view the entire experience from orientation to graduation. What's particularly special about the app is the

week-by-week breakdown of BMT, which contains images, videos and a training schedule for each week.

"MTI Perspective" videos highlight the key takeaways for each week of BMT, from the viewpoint of an MTI. The application provides a thorough snapshot of what the job entails, while providing a general understanding of what it takes to become one of the most disciplined leaders in the Air Force.

"What's great about being an MTI is the hands-on employment of the leadership skills you develop," Gaona said. "You'll learn and do much more than you thought was possible in the three to four years of being an MTI, setting you apart from those who only learn about leadership in a classroom."

The mobile app provides information on eligibility requirements and the application process including links, contact information and the applications themselves. There are also photos, a video library, and information on the MTI Shadow Program—an opportunity for an interested member to shadow an MTI to experience it for themselves.

Other segments include a robust frequently asked questions section and a section devoted to Air National Guard and Reserve personnel. To download the app, simply search for "Air Force MTI" in the app market.



Award: Airman 1st Class Javier Peralta, 69th Expeditionary Bomb Squadron crew communications apprentice, was awarded Andersen's Best on Andersen Air Force Base July 6. Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman/civilian with an award. To nominate your Airman/civilian for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments. U.S. Air Force photo by Airman 1st Class Mariah Haddenham/Released

Andersen's Best

Airman 1st Class

Javier Peralta

By Airman 1st Class Mariah
Haddenham
36th Wing Public Affairs

Airman 1st Class Javier Peralta, 69th Expeditionary Bomb Squadron combat crew communications apprentice, was awarded Andersen's Best on Andersen Air Force Base (AFB) July 6.

"Airman Peralta's job ensures B-52s have beyond line-of-sight communication ability all over the Pacific command theater," said Maj. Chris Morris, Peralta's supervisor. "The responsibilities of Airman Peralta include maintaining [more than] 2,000 pieces of flight communications equipment, flight publications and

classified electronic communications gear," Morris said.

Peralta is deployed to Andersen AFB from Minot AFB, N.D. on a six-month rotational deployment in support of Andersen's continuous bomber presence.

Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman/civilian with an award.

To nominate your Airman/civilian for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments.

ESI Offers Scouts tour



Above: Hull Technician 1st Class (SW) Derek A. Rody, assigned to submarine tender USS Emory S. Land (AS 39), talks about the crew's mess decks to members of the Boy Scouts of America during a tour of the ship in Piti June 20. Land, homeported in Diego Garcia, is on an extended deployment in Guam to temporarily relieve USS Frank Cable (AS 40) as the primary afloat maintenance activity in the 7th Fleet area of responsibility. U.S. Navy photo by Mass Communication 2nd Class Jared Aldape/Released

Top left: Navy Diver 2nd Class (DSW/EXW) Lucas Roeder, assigned to submarine tender USS Emory S. Land (AS 39), explains the nomenclatures and functions of various watch stander weapons to members of the Boy Scouts of America members in Piti June 20. U.S. Navy photo by Mass Communication Specialist 2nd Class Jared Aldape/Released



Above: USS Emory S. Land (AS 39) Commanding Officer Capt. Paul E. Savage welcomes Guam's local chapter of the Boy Scouts of America aboard the ship's quarterdeck in Piti June 20. U.S. Navy photo by Mass Communication Specialist 2nd Class Jared Aldape/Released

Right: Members of the Boy Scouts of America listen attentively as Navy Diver 2nd Class (DSW/EXW) Lucas Roeder, assigned to submarine tender USS Emory S. Land (AS 39), explains watch standing responsibilities on the ship's bridge in Piti June 20. U.S. Navy photo by Mass Communication Specialist 2nd Class Jared Aldape/Released



By Airman 1st Class Mariah Haddenham
36th Wing Public Affairs

Feds Feed Families

Federal employees are voluntarily participating in "Feds Feed Families," an effort to donate non-perishable food items, using their offices as collection points and distributing the donations to local food banks.

"All donations received will go to the Salvation Army Food bank," said Tech. Sgt. Nicholas Major, 36th Maintenance Squadron training manager and food drive event coordinator. "The hope is that we

all can do our part to support our neighbors and communities across by giving what we can."

The 2011 food drive was a great success, with food donations across the nation totaling at 5.7 million pounds, al-

most three times the amount of the goal of 2 million pounds.

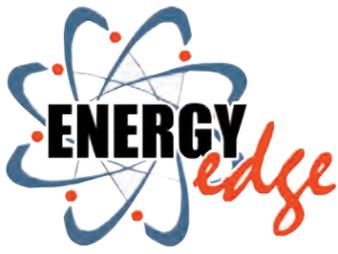
The tremendous success of the 2011 food drive was due to the efforts of all staff members within the Department of Defense (DOD). This year,

agencies have been asked to set their own ambitious goals.

This initiative is an opportunity not only for DOD members, but also for the organization as a whole to show their care and commitment to helping those in need.

"All of our items collected will be sent to the Salvation Army in Tamuning," said Tech. Sgt. Elizabeth Scheid, 36th Operational Support Squadron noncommissioned officer in charge of airfield maintenance training and alternate coordinator. "We are striving to double the donations received last year."

Members of Team Andersen will be able to drop off donations until Aug. 29. The commissary and each unit will have a designated drop location. For more information on designated drop locations and the program, contact your unit Feds Feed Families point of contact.



Monitor household appliances, save energy

Joint Region Edge - Local July 13, 2012

By David M. Motroni
U.S. Marine Corps Energy
Program Manger

We all have at least one refrigerator in our home. Do you know if that refrigerator is energy efficient or one that is eating up your house's

energy?

Well while doing some research on my refrigerator, I stumbled across a great tool that would allow me to know the energy usage of my refrigerator or freezer. Here is the link: <http://www.kouba-cavallo.com/refmods.htm>.

Once you enter the site all

you need is the refrigerator or freezer brand and the model number. Make sure you know the size of the unit which is measured in cubic feet. After you have entered your information, a list of refrigerators will post. Look for the one that matches your model number.

Once you have located the

number, the Web site will give you the amount of energy that your refrigerator or freezer is using. This is a great tool to determine if you need to replace your unit.

If your unit is energy-efficient, there are ways to keep it that way. Make sure that the coils in the rear of the unit are

cleaned and try not to load your refrigerator or freezer too much. Stuffing it too full will make the unit work harder, using more energy.

Most importantly, when you do replace your refrigerator, replace it with an Energy Star one. Remember to do your part and be energy smart!



Livingston takes over 36th CRG

New Commander: Brig. Gen. Steven Garland, 36th Wing commander, left, gives command of the 36th Contingency Response Group (CRG) to Col. Thomas Livingston, incoming 36th CRG commander, during a change of command ceremony on Andersen Air Force Base July 3. The change of command ceremony is a time-honored tradition signifying the transfer of leadership from one officer to another. U.S. Air Force photo by Senior Airman Carlin Leslie/Released

“ We are all from different countries and have different nationalities, it’s great putting together everyone’s strengths and skills to learn from each other. ”
- Etsuko Narita, Japan Maritime Self Defense Force Nurse

Pacific Partnership 2012

participants set new bar

By Mass Communication Specialist 2nd Class Kristopher Regan
Navy Public Affairs Support Element West

SAMAR, Philippines (NNS) — Service members and Sailors taking part in Pacific Partnership 2012’s (PP12) Medical Civic Action Project (MEDCAP) in Samar, Philippines set a new record by seeing more than 1,000 patients in a single day June 30.

The record setting day was a result of combined effort between U.S., Philippine

and Japanese service members and civilians, who worked in cooperation with each other to give medical attention to a multitude of local Filipinos.

When asked about the team’s achievement, Lt. Matthew Hitchcock, MECAP officer in charge said, “It is truly a testament to their work ethic and how hard they had to work to make this happen.”

Services provided by the MEDCAP included dental, optometry, pediatrics, adult care and minor surgeries.

“It’s been a wonderful experience, I think we are doing a lot of good here

working with the host nation to help improve their health infrastructure and also for us to learn about this region and this area in case something happens in the future,” Hitchcock said.

The multinational team overcame many challenges including heat, basic work conditions and language barriers to provide care for all of the patients.

“We are all from different countries and have different nationalities, it’s great putting together everyone’s strengths and skills to learn from each other,” said Etsuko Narita, a Japan Maritime Self De-

fense Force nurse.

Now in its seventh year, Pacific Partnership is an annual U.S. Pacific Fleet humanitarian and civic assistance mission that brings together U.S. military personnel, host and partner nations, non-government organizations and international agencies to build stronger relationships and develop disaster response capabilities throughout the Asia-Pacific region.

For more information, visit www.navy.mil, www.facebook.com/usnavy or www.twitter.com/usnavy.



36th CONS receives new CO

Guidon Passing: Col. Dwayne Thomas, 36th Mission Support Group commander, left, gives command of the 36th Contracting Squadron (CONS) to Maj. Wanda McDonald, incoming 36th CONS commander, during a change of command ceremony on Andersen Air Force Base July 3. The passing of the guidon signifies the relinquish and assumption of command from one commander to another. U.S. Air Force photo by Senior Airman Carlin Leslie/Released

PDN

EVENTS: "Feels good to celebrate"

Continued from Page 1

"We're really grateful for what FSS is doing," she said. "It's hard to celebrate a holiday so far from home."

NBG's Freedom Festival took place July 4 at the Charles King Fitness Center and Bluejacket Field.

Morale, Welfare and Recreation (MWR) Guam Recreation Director Leslie Gould said it is important for MWR to celebrate the Fourth of July to honor active duty service members who sacrifice for the country's freedom.

"It just feels good to celebrate our freedom this way and we're happy to do it at MWR," she said. "It's the one day out of the year that we pull out all the stops for our patrons, our families, our moms and dads in active duty. It's

good fun [and] we have a great time doing it."

Service members and families littered the field to enjoy a day off with games, inflatables, free food and drinks, Strong Man competition, a parachute jump by Explosive Ordnance Disposal Mobile Unit 5 and Helicopter Sea Combat Squadron 25, and a performance by Aerial Down among many other events.

Navy spouse Shanna Demoss enjoyed the celebration's family-centered activities.

"I love how they get everything and how they have everything out for the kids," she said. "We need to teach our kids how important the Fourth of July is. That is the day that we were free[d] and without that, we wouldn't have everything that we have today."

Demoss also enjoyed how celebrating the holiday on Guam

keeps her connected to family and friends at home.

"It is important to celebrate here, even though your family is very far away," she said. "If they didn't do anything like this, literally, it being so far away from home it would be very lonely and at least we still have some sort of connection with friends and family back in the mainland because they have this stuff back there as well."

Navy spouse Misty Kroenke shared Demoss' remarks and said she is proud to be a spouse of a service member.

"It's important to celebrate the Fourth of July because it means our freedom," she said. "That's why we're able to do all the things that we're allowed to do. I was happy that they had [this celebration] because it's one of the things you miss from being back home. It means a lot."



Working Dog: U.S. Naval Base Guam (NBG) Security K-9 Charlie volunteers to keep the premises safe at the Freedom Festival on U.S. Naval Base Guam (NBG) July 4. U.S. Navy photo by Shaina Marie Santos/Released



Above: Aircrew Survival Equipmentman 1st Class (AW/PJ) Adam Messier, of Explosive Ordnance Disposal Mobile Unit 5, jumps from a Helicopter Sea Combat Squadron 25 MH-60S Knighthawk above the U.S. Naval Base Guam Freedom Festival July 4. The jump was one of the multiple events families and friends witnessed during the festivities. U.S. Air Force photo by Senior Airman Carlin Leslie/Released



Left: A father walks beside his daughter riding a Karabao (ca-rah-BAO) during the Andersen Air Force Freedom Fest at Arc Light Park July 3. Children participated in multiple activities to include bouncy castles, face painting, music and games during the festival. U.S. Air Force photo by Senior Airman Carlin Leslie/Released



Race to the Top: Two young boys race up an inflatable course at the Freedom Festival on U.S. Naval Base Guam (NBG) July 4. U.S. Navy photo by Shaina Marie Santos/Released

PROGRAM: Opportunity to obtain leadership skills, build network of friends

Continued from Page 1

once every quarter.

"The Airmen who take on roles as executive council members and trustees in the first four have an opportunity to obtain leadership skills," Czarnecki said. "Participants in a lot of our activities have the opportunity to fill up the community service section of their EPRs very easily. It also gives them the chance to be seen as active members of the community. For the new Airmen on base, First Four involvement gives them the opportunity to meet new people who they can relate to and build a network of friends."

The organization's latest project is a 5K run scheduled for Halloween this year.

The First Four is one of the three main-tier organizations at Ander-

sen, along with the Andersen's Top Three, Senior Noncommissioned Officer (NCO) Organization and Network Five Six. The organizations are interconnected through liaisons, creating an environment that is conducive to planning joint events and projects that span across the spectrum of ranks.

"We have a liaison with the Top Three, with network five six and we also have one with the first sergeant council," Czarnecki said. "When we need assistance throughout the ranks, these organizations are always there to lend a hand."

Master Sgt. Beneria Hill, 36th Medical Operations Squadron clinical dentistry noncommissioned officer in charge and 's Top Three liaison for the First Four, speaks of the importance of community involvement in an Air Force Career.

"It's never too early to start look-

ing for ways to better yourself as an Airman, especially if you intend to advance to NCO ranks," Hill said. "Anyone willing to put in the time and effort would be afforded the opportunity to gain some of the valuable leadership skills that will be of the utmost importance as they progress in their Air Force careers. There are so many unique ways for Airmen to get involved on Andersen and the First Four is the perfect gateway."

The next First Four meeting will be held July 12 with a Network Five Six co-sponsored 5K Boonie Stomp meeting to follow.

If you are interested in participating in First Four activities, please contact Czarnecki at justin.czarniecki@us.af.mil. If you are interested in planning the Halloween 5K, please contact:

Airman 1st Class Branden Adams at branden.adams@us.af.mil.



Making a Difference: Members of Andersen's First Four organization cleaned up and restored the Rota Hall Volleyball court on Andersen Air Force Base May 19. Cleanups and volunteering are some of the First Four's leadership and character-building activities. Photo courtesy of the U.S. Air Force

“ The last time the ship was docked was in 2004, and this overhaul will allow the ship to operate for at least another five years before docking again. ”
 - Capt. Pete Hildreth, USS Frank Cable (AS 40) Commanding Officer

USS Frank Cable ready to sail

By Mass Communication Specialist Seaman
 Chris Salisbury
 USS Frank Cable (AS 40) Public Affairs

Submarine tender USS Frank Cable (AS 40) will return to her homeport in Guam after a six-month overhaul in dry-dock in Portland, Ore. July 7.

The dry-docking was a scheduled overhaul to repair and preserve the hull and engineering areas of the ship.

“The last time the ship was docked was in 2004, and this overhaul will allow the ship to operate for at least another five years before docking again,” said Capt. Pete Hildreth, commanding officer aboard Frank Cable.

Improvements were made to the interior and exterior of the ship to improve Frank Cable’s mission readiness and support of submarines deployed in the Pacific.

“We also installed several improved systems, such as new electrical switchboard, SOLAS (safety of life at sea) lifeboats, improved cable TV for the crew and improvements to our fuel oil systems and boiler automation,” Hildreth said. “Improvement in our electrical distribution will help with our ability to provide reliable power to submarines. We also modified our cable TV system, so we can much more easily provide cable TV or TV-DTS (television direct-to-Sailors), while at anchor, to submarines moored alongside.”

Sailors assigned to Frank Cable during the shipyard period were tasked with maintaining the spaces while in upkeep and watchstanding to maintain the security of the ship.

“The crew has worked very hard and dedicated many hours to successfully complete this shipyard availability,” said Frank Cable Command Master Chief (SS) James



Preparing for Departure: Seaman Brooke Zimmerman, assigned to the submarine tender USS Frank Cable (AS 40), watches the ship as she prepares to leave her homeport on U.S. Naval Base Guam Jan. 9. After six-month overhaul, the ship is ready to return to Guam. Joint Region Edge file photo

R. Schneider. “During the crew’s time in Portland, they have had some time to appreciate what this fine city has to offer while presenting themselves, the Frank Cable and the Navy with the utmost respect and professionalism. I am very proud of our accomplishments.”

“The crew’s hard work, both

MILPERS (military personnel) and CIVMAR (civilian service mariners), contributed to the significantly improved material condition of the ship,” Hildreth said. “Their efforts will have an impact on the ship for years to come.”

Frank Cable is currently conducting sea trials before returning

to Guam.

Frank Cable is temporarily relieved from conducting maintenance of submarines and surface vessels deployed in the 7th Fleet area of responsibility by the submarine tender USS Emory S. Land (AS 39).

For more news from Frank Cable, visit www.navy.mil/local/as40/.

Underway: Submarine tender USS Frank Cable (AS 40) transits Apra Harbor for Portland, Ore. Jan. 9. The ship departed Oregon in early July and is currently undergoing sea trials before her arrival back to Guam. Joint Region Edge file photo



Pacific Partnership 2012 welcomes new participants

By Mass Communication Specialist
2nd Class Kristopher Regan
Navy Public Affairs Support
Element West

Nearly half way through the Pacific Partnership 2012 (PP12) mission, another wave of participants from various countries and non-governmental organizations (NGOs) joined the ship's team while in port in Subic Bay, Philippines July 7.

While in Subic Bay, 131 staff finished their role in the mission

and were replaced by 139 new team members eager to start their Pacific Partnership experience.

PP12 Administrative Officer Lt. Cmdr. James MacIsaac said the new team has personnel from all different groups and walks of life.

"We have a well rounded group to cover our mission," he said. "The nice thing is that everyone had their piece of the puzzle to make this work."

"We (administrative office) are the ones who take care of the paper work those leaving or arriving to the mission," he continued. "The

supply department sets up the logistical area to transport them from the airport to the ship. It's an all-hands effort when we bring people on board."

The new participants all have unique experiences and skill sets to bring to the mission and are eager to put their knowledge to use.

"I feel very privileged that we can work with partners and host nations to assist with humanitarian aid and also look at disaster relief planning," said New Zealand Army Maj. Paul Kendall, a new member of the PP12 team. "New Zealand is

placed in the South Pacific and has a commitment to humanitarian assistance and disaster relief in the Pacific. We see this as a good exercise to ensure interoperability between the different services and organizations."

The remaining PP12 mission ports include Vinh, Vietnam and Sihanoukville, Cambodia. Through active engagement with host nation officials and militaries, subject matter expert exchanges, civil action projects and medical exchanges, the mission will continue to build the regional partnerships and collective

abilities needed to respond to natural disasters.

Sponsored by the U.S. Navy Pacific Fleet and now in its seventh year, Pacific Partnership is the largest annual humanitarian civic assistance mission in the Asia-Pacific Region.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

For more news from Navy Public Affairs Support Element West, visit www.navy.mil/local/pacensandiego/.

We hunt commands 36th EAMXS



New Commander: Col. Kim Brooks, 36th Maintenance Group commander, left, gives command of the 36th Expeditionary Aircraft Maintenance Squadron (EAMXS) to Maj. Shane Wehunt, incoming 36th EAMXS commander, during a change of command ceremony on Andersen Air Force Base July 6. U.S. Air Force photo by Senior Airman Carlin Leslie/Released

Sweet Sensation: A pineapple plant grows at the home of Naval Facilities Engineering Command (NAVFAC) Marianas Business Director Samuel Roundtree in Dededo June 21. The pineapple plant is one of Roundtree's favorite plants. U.S. Navy photo by Shaina Marie Santos/Released



Soon to Flourish: A pineapple plant grows at the home of Naval Facilities Engineering Command (NAVFAC) Marianas Business Director Samuel Roundtree in Dededo June 21. U.S. Navy photo by Shaina Marie Santos/Released

NAVFAC Marianas business manager has green thumb

By Shaina Marie Santos
Joint Region Edge Staff

Naval Facilities Engineering Command (NAVFAC) Marianas Business Director Samuel Roundtree retreats from a busy work atmosphere to a serene home garden, where he returns to his roots.

"My office contains a plethora of projects, issues, data calls and briefings," he said. "My garden is like my office, containing a variety of plants,

all of which take me away when I am among them."

Roundtree grew up with an interest in gardening, sparked by his family's lifestyle.

"My family lived on a one-acre lot in which my dad carved out a portion of the property to grow vegetables," he said. "I started helping my dad in his garden when I was about 8 years old and continued to practice the art throughout the years whenever I could."

Having grown-up in the southeast region of the U.S., Roundtree said it seemed that everyone within his neighborhood owned a small garden.

"My dad would hoe the rows, plant the seeds and leave the watering, weeding and harvesting to us kids," he said. "That environment, coupled with eating fresh fruits and vegetables, sparked my interest. I love to see things grow and mature."

Roundtree said he has held on to

his passion and planted a garden every year since his return to Guam in 2007. His home garden has produced tomatoes, pineapples and okra among many other crops.

"I enjoy planting all fruits and vegetables, but if I had to pick one plant, I think that plant would be a pineapple," he said. "Although it takes 12 to 18 months to produce a fully ripen[ed] fruit, the wait is well worth it. Pineapples are majestic to me, given its crown, shape and resilience."

Roundtree suggests that to maintain a balanced work lifestyle, those looking for an outlet should find something that nourishes all parts of one's life.

"Select an interest that is intellectually, physically and emotionally satisfying," he said. "Additionally, select an interest that is sustainable throughout your career, adds value to yours or someone else's existence and is accommodating based on your needs and situation."



Garden Management: Naval Facilities Engineering Command Marianas Business Director Samuel Roundtree shows a flower plant at his home garden in Dededo June 21. Roundtree, who gardens in his spare time, finds relaxation in his hobby. U.S. Navy photo by Shaina Marie Santos/ Released



Here to Help: Fleet and Family Support Center (FFSC) Programs Supervisor Richard Taitague pulls financial education resource materials at the FFSC office on U.S. Naval Base Guam July 9. U.S. Navy photo by Shaina Marie Santos/Released

Navy College, FFSC help plan for school

Financial Education Resources: Fleet and Family Support Center (FFSC) Programs Supervisor Richard Taitague looks at a guide to military-friendly schools at the FFSC office on U.S. Naval Base Guam July 9. U.S. Navy photo by Shaina Marie Santos/Released

By Shaina Marie Santos
Joint Region Edge Staff

The Navy College Office and Fleet and Family Support Center (FFSC) provide a number of resources to help plan finances for an education on U.S. Naval Base Guam.

According to FFSC Programs Supervisor Richard Taitague, taking the time to invest in a solid education provides the foundation for a successful future.

"If you have a college degree, you make more money," he said. "It has been proven many times over; education equals better salary and opens doors for a successful career."

Taitague said planning and understanding the cost of college is the first step in preparation. He said patrons often overlook a number of services available to them that could greatly aid them in paying for college.

"One of the reasons a lot of

people don't go to school is because they don't know the resources," he said. "They're not aware of all these programs and these resources available to them."

Taitague suggests visiting centers such as FFSC, the Navy College Office, Navy Marine Corps Relief Society and navigating the Military One Source Web site for preliminary assistance.

"[Patrons are] really surprised," he said. "Some resources and programs... will pay for college at no cost to the individual."

According to Taitague, programs such as the Military Spouse Career Advancement Account (MyCAA), will pay for two years of college for a military spouse if eligibility is met.

He also suggests looking toward the Free Application for Federal Student Aid (FAFSA) and other programs such as the Post 9/11 G.I. Bill that can be transferred to spouses or dependents, and Americorps which pays for college courses through a completion of a program that involves volunteering.

"People are not aware of the (FAFSA) Pell Grant opportunity," he said. "This is a grant that will pay for college."

Navy College Office Director Jessica MojicaRivera said it is crucial for eligible patrons to become aware of these programs so that they don't disappear.

"Like most programs, there is a budget that must be reported of its use," she said. "If the funds are not spent, the programs will not receive as much [in the] following years."

MojicaRivera compared the careers between a degree-holder and a non-degree-holder and said education makes all the difference.

"Education is an investment toward more opportunities than a person without," she said.

Taitague echoed her remarks, adding that with the times changing, the demand has also changed and continues to rise.

"[It] used to be, an associate's [degree] was good," Taitague said. "Now a bachelor's is good. The job market is so competitive now. You definitely have to have a college degree to be competitive in the market right now."

Chapel Schedule

U.S. Naval Base Guam

Office Hours: Monday-Friday,
8 a.m.-4 p.m.
Roman Catholic Mass
Saturday Vigil Mass: 5:30 p.m.
Sunday Mass: 9 a.m.
Sacrament of Reconciliation:
Saturday, 5 p.m.
Protestant Worship Service
Sunday Service: Traditional and
Contemporary Service:
10:30 a.m.
Jewish Shabbat
Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass
Monday-Friday, 11:30 a.m.
Chapel of Hope: Sunday, 9 a.m.
Women's Bible Study: Every
second and fourth Saturday of
the month at 8:30 a.m. at the
Fellowship Hall, Building 61

Andersen Air Force Base

Roman Catholic Mass (Chapel 1)
Weekday Mass: Tuesday,
Wednesday, Friday, 11:30 a.m.
Saturday Vigil Mass: 5 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation:
Saturday, 4:30-4:50 p.m.
Military Council of Catholic
Women: Second and fourth
Tuesday of the month, Chapel 1
Annex, 6:30 p.m.
Catholic Youth of the Chapel:
Second and fourth Wednesday
of the month, Chapel 1 Annex,
6:30 p.m.
Choir Rehearsal: Chapel 1,
Saturday 4-5 p.m. and Sunday,
8-9 a.m.
Protestant Worship Service
Praise Service: Sunday, Chapel
2, 9 a.m.
Gospel Service: Sunday,
Chapel 2, 11:30 a.m.
Emerging Worship Service:
Sunday, Lighthouse, 6 p.m.
Protestant Women of the
Chapel: Second Monday of each
month, Chapel 2 Annex, 6:30
p.m.
Protestant Men of the
Chapel: Wednesday,
Lighthouse, 7 p.m.
Protestant Youth of the
Chapel: Thursday, Chapel 2
Annex, 7 p.m.
Protestant Young Adults:
Thursday and Saturday,
Lighthouse, 6 p.m.
Protestant Sunday School:
(September-May) Sunday,
Chapel Activity Center,
10:15 a.m.

*Schedules subject to change. To
confirm times or for information
about other programs, call the
chapels at:*

Andersen Air Force Base:
366-6139
U.S. Naval Base Guam
339-2126
U.S. Naval Hospital Guam:
344-9127

By Capt. Richard Rojas
36th Wing Chaplain

It's baseball season again and my team is doing well. Go Yankees! Yes, they are the most overpaid team in baseball, but 'you get what you pay for.' By the way, I thought about how, by way of comparison, my marriage is similar to playing on a baseball team. For this article, please allow me to use the Yankees. How does my marriage compare to the Yankees?

First, we have a great team captain, the Yankees Derek Jeter. With a .313 career batting average and 3,183 hits, he is the total package. No Yankee in the history of baseball shines more. Like the Yankees, Deb and I believe our marriage has the picture-perfect captain in God. Fourteen years ago, we agreed that our moral direction and the perfect picture of unconditional love would be informed by

Yankees baseball, marriage

our faith. God has been the core and captain of our team for more than 14 years.

Second, we are committed to the team. One of my favorite mentors, Bishop Fulton Sheen once said, "Do you know why marriages fail? Because people don't want to keep their word..."

When times get tough, we remember the promise of our covenant. Just like the fact that



Alexander Rodriguez and the Yankees, who agreed to a 10-year, \$275 million contract, means neither party can bail out if the batting average slumps, or if funds get tight, so too, I made a promise to my wife to be there, "in sickness, and health, in plenty and in want, as long as we both shall live." My promise is a binding covenant to her.

We note well there is one crucial difference between a contract and a covenant. A covenant

is personal between me and my wife, not circumstantial. If there is another team that can afford to buy Alex Rodriguez's contract and all mutually agree he would do better elsewhere, then he can be traded. So, his relationship to the Yankees is contractual, strictly business. My marriage, on the other hand, is a covenantal agreement, a binding personal agreement of loyalty and faithfulness to a person, my wife, 'until death do we part.' To sum, we are committed to each other through a covenant.

Third, we are committed to enhancing the lives of others. Just like the Yankees exist to put on a great game, our marriage exists for the betterment of others, children, church, society, etc. Our team has an outlet to build up others around us. May God bless your marriage this baseball season and good luck to your team; see you in the playoffs!



Spike to Win: A member of team Coast Guard spikes over team 6-Pack (Defense Distribution Depot Guam) during a Captain's Cup (CC) volleyball tourney at the Charles King Fitness Center July 10. Soccer is the next sport in the annual CC tournament. U.S. Navy photo by Mass Communication Specialist 2nd Class Corwin Colbert/Released

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