



LIBERTY THROUGH UNITY

# JOINT REGION EDGE

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**Promotion:** Newly pinned Chief Master-at-Arms (EXW) Cole Schulz salutes of Maritime Expeditionary Security Group 1 Det. Guam salutes as he piped through sideboys during a pinning ceremony at The Big Screen Theatre on U.S. Naval Base Guam Sept. 14. Thirty five chief petty officers from 17 different commands accepted the rank and responsibility of CPO and were the first among the fleet to pin on their anchors. U.S. Navy photo by Mass Communication Specialist 2nd Class Jeremy Starr/Released

## New CPOs pinned at ceremonies

By Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr, U.S. Naval Base Guam Public Affairs and Airman 1st Class Mariah Haddenham, 36th Wing Public Affairs

Guam Sailors accepted the rank and responsibilities of chief petty officer (CPO), during pinning ceremonies on U.S. Naval Base Guam (NBG) and Andersen Air Force Base Sept. 14.

The newly-pinned CPOs from different commands on island were among the first in the fleet to pin on their anchors.

"The Navy is the only uniformed service where putting on E-7 brings such responsibility and such authority," said Chief Naval Air Crewman (AWS/NAC/AW) Dustin Martinson, "The change in uniform signifies the leap from petty officer to chief petty officer."

Chief Master-at-Arms (SW) Chad Williams, of NBG Security spoke to the new members of the chiefs' mess on NBG about age-old CPO wisdom.

"Take the attitude that you are part of the Navy, not merely just being a part of your department of an individual ship," he said. "Try to do a little more than do a

See Chiefs, Page 7

## 36th EAMXS award honors legendary 'Nine-O-Nine'

By Airman 1st Class Marianique Santos  
36th Wing Public Affairs

The leadership waits silently on Andersen Air Force Base's (AFB) flightline ramp, in an area where the crew chiefs can't see them. With certificates in hand, the leaders get ready to congratulate the winners of the "Nine-O-Nine" award the moment the B-52 Stratofortress breaks ground for its 20th straight sortie without a maintenance abort.

Three teams of dedicated crew chiefs from the 36th Expeditionary Aircraft Maintenance Squadron (EAMXS), which is currently



**Best of the Best:** "Nine-O-Nine" award winners Airman 1st Class Jordon Dyer, Staff Sgt. Timothy Beamesderfer, Staff Sgt. Jim Alcozer and Airman 1st Class Michael Lawhorn, 36th Expeditionary Aircraft Maintenance Squadron crew chiefs, stand in front of B-52 Stratofortress A1040 on the flightline on Andersen Air Force Base July 24. Under the aircrew's care, B-52 A1040 accomplished 20 consecutive sorties without a maintenance abort. U.S. Air Force photo by Senior Airman Carlin Leslie/Released

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**Energy Expo**  
draws interest  
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clean up island  
**coasts**  
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# Joint Region Edge

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# Andersen hosts fifth National Drug Take Back

By Airman 1st Class Mariah Haddenham  
36th Wing Public Affairs

Andersen Air Force Base will be participating in the drug enforcement association's fifth National Drug Take Back Sept. 29, with a drop-off location at the Andersen Base Exchange.

"This is an opportunity for people to turn in their old or unused prescription medications without question or scrutiny," said Lt. Col. Daniel Hesel, 36th Wing Medical Support Squadron (MDSS) commander.

The goal of the prescription take back is to give people a safe way to dispose of medications that are either expired or no longer in use. This prevents the prescriptions from

being disposed improperly.

"The National Drug Take Back initiative is a great opportunity for everyone to dispose of their drugs in the proper way," said Jennifer Arce, 36th MDSS contract Air Force patient safety manager. "Many people have medications in their cabinets without a way to dispose of them. It is illegal to dispose of medications in the trash or by flushing it down the toilet."

This event helps take old and unused medications out of circulation. The drug take back will prevent those medications from being used after expiration or abused.

"The misuse of prescription drugs has always been and will continue to be a concern," Hesel said. "Prescriptions written by

doctors, for patients, were written for a reason, and it can be very harmful to person's health to take someone else's medication. An allergic reaction could take place or react with other medications in that person's system."

The event is meant to improve patient safety of both adults and children.

"The statistics of children dying from accidentally ingesting medication from their parents' cabinets are on the rise," Arce said. "Disposing of your expired or unwanted medication is crucial for the safety of your toddlers, teenagers and even yourself. We are urging everyone to take advantage of this opportunity to dispose of their unwanted drugs."

## NEWS NOTES

### Job Announcements

Interested individuals can view available vacancies by visiting <https://www.cnic.navy.mil/Marianas/index.htm> or at the Web site <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

### Combined Federal Campaign

The Navy's Combined Federal Campaign kickoff event is scheduled Oct. 1 from 1:30 to 2:30 p.m. at the U.S. Naval Base Guam Chapel. The campaign runs from Oct. 1 to Nov. 16.

### Orote Commissary Case Lot Sale

There will be an Orote Point Commissary Case Lot Sale Oct 4-7 from 10 a.m. to 6 p.m. at the annex. The sale is open only to authorized military I.D. cardholders; cash, check and credit cards are accepted. For more information, call 339-5177/3.

### Ninth Annual Travel Fair

Come discover all the places to go and see during the Ninth Annual Travel Fair for U.S. Naval Base Guam (NBG) and Andersen Air Force Base. The NBG fair will be held Oct. 3 at Top O' the Mar from 5:30-8:30 p.m. For more information, call 989-2301. The travel fair for Andersen will be held Oct. 4 at the Sunrise Conference Center from 5:30-8:30 p.m. For more information, call 366-2586.

### Andersen Air Force Base Mortuary Affairs Notice

Brig. Gen. Steven Garland, 36th Wing Commander, regretfully announces the death of Master Sgt. Philip N. Stoughton. Anyone having claims against or indebtedness to the estate of Stoughton should contact Capt. Ruben Ligsay, Summary Court officer at 366-6313.

## SCHOOL BULLETIN

The school bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil) or call 349-2115.

### School Nurse Needed

Department of Defense Education Activity Guam District is looking for a school nurse to be split between Guam High School and Andersen Elementary School. Interested individuals may contact the district office at 344-9160.

### Central Texas College

Register now! Central Texas College is a two-year, open admissions institution that offers associates degrees and certificates. We have five, eight-week terms per year. Term two for the 2012-2013 school year begins Oct. 22. We offer several distance learning courses that are perfect for the military lifestyle because they go where you go, whether you deploy, go temporary duty or permanent change of station. Last day of registration is Oct. 19. For more information, call 366-7133 or 339-3366.

### Phone Numbers

Andersen Elementary School: 366-1511  
Andersen Middle School: 366-3880/5793

## COMMUNITY Corner

### movies • movies • movies

#### The Big Screen Theater

SEPTEMBER 21 (FRIDAY)

4 PM	DIARY OF A WIMPY KID	PG
7 PM	STEP UP REVOLUTION	PG-13
9:30 PM	THE WATCH	R

SEPTEMBER 22 (SATURDAY)

1 PM	LORAX	PG
3:30 PM	STEP UP REVOLUTION	PG-13
7 PM	THE WATCH	R

SEPTEMBER 23 (SUNDAY)

1 PM	DIARY OF A WIMPY KID	PG
3:30 PM	AVATAR	PG-13
7 PM	THE WATCH	R

Movie Hotline 564-1831 US Naval Base Guam

Meehan Theater - TEMPORARILY CLOSED

Cmdr. William C. McCool Elementary/Middle School:  
339-8676

Guam High School: 344-7410

## MWR HAPPENINGS

### U.S. Naval Base Guam

#### Fleet and Family Support Center Classes

Sept. 27: Welcome to Guam orientation from 8 a.m.-4:30 p.m.

Sept. 28: Island Tour from 8 a.m.-4:30 p.m.

For more information, call 333-2056

#### October Culinary Boot Camp

Learn how to cook traditional comfort foods during the October Culinary Boot Camp. This session will focus on comfort food dishes people prepare to make them feel at home and how to prepare them with a healthy twist. The boot camp is Oct. 10 from 5:30-9:30 p.m. Registration deadline is Oct. 9. For more information, call 685-5142.

## 36th FSS HAPPENINGS

### Andersen Air Force Base Airman and Family Readiness Center Classes

Sept. 28: Chamorro Cultural Experience from 3-7 p.m.

For more information, call 366-8136.

#### Free Outdoor Movie Night

Bring the entire family to the free outdoor movie night at Arc Light Park Sept. 22 at 7:30 p.m. The movie will be the PG-rated animated film, "Despicable Me", and will be shown weather permitting. For more information, call 366-2339.

#### Chamorro Cultural Experience

The Airman and Family Readiness Center and the Hurao Academy will offer a special Chamorro Cultural program Sept. 28 from 3-7 p.m. at the Hotspot. Activities will include weaving, traditional dancing, net throwing and basic Chamorro language lessons. There will also be displays of native artifacts, local food samples and door prizes. Admission is free

and is open to all military members and families. All single and deployed military members are highly encouraged to attend. For more information, call 366-8136.

#### The Hotspot is looking for Instructors

The Hotspot would like to offer a variety of classes for the Team Andersen community and is looking for qualified instructors for the following: martial arts, dance, Zumba, gymnastics, drivers training and others. Call 366-2339 for more information.

#### Country Line Dancing Classes

Now you can learn Country Line Dancing at classes held at the Hotspot. Beginner classes are Tuesdays from 7-8 p.m. Intermediate and advanced classes are Thursdays from 7-8 p.m. Cost is just \$35 per month, or \$10 per class. Inquire about our family discount rate. For more information, call the Hotspot at 366-2339.

## SPORTS SHORTS

### U.S. Naval Base Guam

#### Get Golf Ready

Get Golf Ready is designed to teach everything you will need to play golf in a few lessons. We will show you there are many ways to play the game while combining fun, friends and fitness. Event dates are as follows: Sept. 7-21 and 24-28. Fees are \$99 per week, per person. Registration deadline is Sept. 1. For more information, please call 344-5838.

#### Warrior "10"

Show your strength during Warrior 10 at the Charles King Fitness Center Sept. 24-28. Warrior 10 is 10 collective exercises that complete a circuit to demonstrate overall strength and endurance. For more information, call 685-5267. Registration ends Sept. 27.

#### Andersen Air Force Base

#### FitFamily Dizzy Bat Race

Join the FitFamily event this month Sept. 30. Show time is 5:30 p.m. and the race starts at 6 p.m. Registration deadline is Sept. 28. For more information, call 366-6100

### Restricted Establishments

The Guam Armed Forces Disciplinary Control Board has placed restrictions on the following establishments:

#### Club Romeo and Juliet in Tumon

• Off-limits to all military personnel

#### Club Lush in Tumon

• Off-limits to military personnel ages 18-20 and all military personnel between 1-8 a.m.

Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishments during the restricted periods may be subject to disciplinary action under the Uniform Code of Military Justice.

# Team Andersen's Best **Kristine Dizon**



By Airman 1st Class Mariah Haddenham  
36th Wing Public Affairs

Kristine Dizon, 36th Force Support Squadron lodging reservationist, was awarded Team Andersen's Best on Andersen Air Force Base (AFB) Sept. 13.

"Ms. Dizon is responsible for coordinating reservations for 832 bed spaces on Andersen AFB as well maintaining the relationship with 14 contracted hotels in the Tumon district," said John Norrell, lodging supervisor.

In support of Exercise Valiant Shield 2012 and Tempest Wind 2012, Dizon made more than 1,800 individual reservations supporting 30 different requirements. Her efforts have saved taxpayers approximately \$495,320 in lodging and per diem costs over the last 30 days.

Team Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman/civilian with an award.

To nominate your Airmen/civilian for Team Andersen's Best, contact your unit chief or superintendent explaining their accomplishments.

**Civilian Superstar:** Kristine Dizon, 36th Wing Force Support Squadron lodging reservationist, was awarded Team Andersen's Best on Andersen Air Force Base Sept. 13. Team Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. U.S. Air Force photo by Airman 1st Class Mariah Haddenham/Released

# Airmen, students remember 9/11



**Above:** Team Andersen Airmen volunteered to represent the Air Force during a 9/11 remembrance day ceremony at Liguana Elementary School in Dededo Sept. 11. The students held the ceremony to remember those who lost their lives and were affected by the 9/11 attacks. U.S. Air Force photo/Airman 1st Class Marianique Santos



**Right:** Spectators give full attention to the Andersen Air Force Base honor guards while the flags are being presented at Liguana Elementary School in Dededo, Sept. 11. U.S. Air Force photo by Airman 1st Class Marianique Santos/Released



**Above:** Navy Energy Mascot Brite entertains the crowd during the University of Guam's Energy Career Expo at the Micronesia Mall in Dededo Sept. 15. Joint Region Marianas Regional Energy Manager Desiree Masterson and U.S. Naval Base Guam Energy Manager Derek Briggs attended the event to share the military's perspective on energy efficiency and renewable resources. U.S. Navy photo by JoAnna Delfin/Released



**Right:** U.S. Naval Base Guam Energy Manager Derek Briggs discusses energy conservation with Norman Analista, University of Guam development and alumni affairs director, Navy Energy Mascot Brite during the University of Guam's Energy Career Expo at the Micronesia Mall in Dededo Sept. 15. U.S. Navy photo by JoAnna Delfin/Released

# Military participates in Energy Expo

By JoAnna Delfin  
Joint Region Edge Staff

Joint Region Marianas (JRM) and U.S. Naval Base Guam (NBG) participated in the University of Guam's (UOG) Energy Career Expo at the Micronesia Mall in Dededo Sept. 15.

The event featured booths from different UOG departments, local agencies, small energy businesses and Joint Region Marianas.

JRM Regional Energy Manager Desiree Masterson represented both Navy and Air Force installations on Guam, and shared the importance of the military's presence at the event.

"We're here as Joint Region because we represent a big piece of the energy usage here on the island," she said. "We're very concerned with our impact on the local community because we use about 20 percent of the electricity that is generated on this island."

Masterson said the event was also an opportunity for the military to showcase Department of Defense goals and explain to the community where their taxes go towards energy conservation.

"All federal agencies have goals to reduce energy and provide more renewable energy," she said. "So we are constantly tracking and monitoring those goals and reporting on how we're doing the progress towards those goals to congress, so this is a big focus."



**Energy Talk:** Joint Region Marianas Regional Energy Manager Desiree Masterson shares information about energy management during the University of Guam's Energy Career Expo at the Micronesia Mall in Dededo Sept. 15. U.S. Navy photo by JoAnna Delfin/Released

Also present at the event was Navy Energy Mascot Brite who entertained crowds as NBG's Energy Manager Derek Briggs discussed the mascot's importance of sharing the knowledge of energy conservation.

"Brite is a visual reminder and because he's a compact-fluorescent light there is an immediate association with energy conservation," he said.

As Brite entertained the masses Briggs

touched on the partnership between the military and local communities, and how the organizations support one another.

"We've worked with local entities like the University of Guam and the Guam Energy Office," he said. "They are also the people who are going to be training our next generation of workers. So when we need a mechanical engineer on island we have a choice of hiring someone local or bringing someone from off island. If we can find a local person it reduces the government's cost and you also have that stability with that person staying here for 10 years instead of two to three years before they have to go back to the states."

UOG President Robert Underwood visited the JRM booth and expressed his gratitude for their attendance.

"On the issue of energy no one is further ahead than the military," he said. "One of our greatest partners is the Navy because they are the most far-reaching; they have the most ambitious goal for energy conservation and creating renewables."

Masterson said though much of our world has advanced on so many levels, the issue of energy conservation begins with people.

"Technologically we can put in the greatest buildings with all the bells and whistles," she said. "But if the people within the building using them (aren't) using them properly we won't get the savings. So, individuals' behaviors still count."

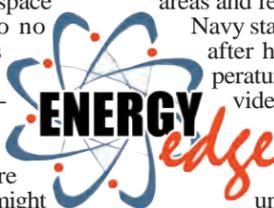
## From the Department of the Navy Toolkit

Anybody who has performed energy surveys in work spaces has heard these cries for help. Due to differences in human metabolism, sometimes people who sit right next to each other have the opposite complaint. Another interesting human variable: some people want to turn the heat up to 72 degrees in the winter and turn the air conditioning down to 68 degrees in the summer. That just doesn't make sense.

The Navy has energy efficiency

# It's too hot, it's too cold

standards that apply to space temperatures: Cool to no lower than 78 degrees Fahrenheit, and heat to no higher than 68 degrees or 70 degrees Fahrenheit. Since these are average temperature targets, different rooms might have different temperatures, especially in older buildings with large



areas and few thermostats. Navy standards also exist for after hours to adjust temperature set points to provide less heat in the winter and less cooling in the summer when the building is unoccupied.

It seems like opening windows should help if you're too warm, but

it wastes energy when the heat or air conditioning is running. Your open window can confuse a thermostat that controls the heat supply to spaces that aren't benefiting from your outside air and make it difficult to pinpoint the source of their temperature complaints (you).

The best things you can do if you are too warm or too cold are:

- Dress in layers; and

- Let your supervisor and facility energy monitor know about your issues.

Your building's climate control system may be in need of some attention, especially when everyone has the same complaint. If you tend to be cold, and sit in a colder area of the building, you might ask your supervisor if you can move to a location that's a better fit for your metabolism. If your energy team gives you permission to open windows temporarily while a condition is being resolved, be sure to shut them at night to minimize energy waste.



By Maj. Jason Dillon  
36th Wing Inspector General

There are many books written on leadership. Being that it is September, I feel it is only appropriate to write an article on leadership and motivation with a NCAA football perspective. Recently I discovered a book called "The Leadership Game," by Tom Mullins. It presents a type of leadership that is powerful and can be reproduced and applied in almost any organization. It is the leadership style of successful college coaches.

National champion coaches including greats like Steve Spurrier, Bobby Bowden, Tom Osborne and Phil Fulmer were asked about the keys to their success and leadership styles. All of these football greats agreed there are certain patterns of leadership that are essential in any organization, on the field or off. I would like to focus on the importance the coaches put on motivation.

Motivation is the key to individual performance and group productivity. It has been studied extensively and many theories have been de-

# Being a **team player**

veloped. When you think about it, nobody knows the power of motivation better than college football coaches. Their players are not paid to win so a coach's motivational abilities are that much more essential.

Bill McCartney, coach of the 1990 national champion Colorado Buffaloes said it well, "Morale is to the physical as four is to one. Your attitude is four times as important as your actual abilities." In short, the most motivated team (organization) possesses a higher potential for success. The coaches commonly referred to six keys to successfully motivate your team.

## Be Self-Motivated

Bowden stresses the importance of being the example. A leader has to be self-motivated. Crush the old philosophy of, "Do as I say, not as I do."

Bowden states, "I go with the philosophy that I am not going to ask the kids to do something that I would not do. I will not ask them not to do it if I am going to. So I recommend you keep your credibility." Good leaders do not bark orders. That is a dictatorship. Great motivators lead by example and inspire trust.

## Invite them to a bigger story

Most people would agree that

most of us strive to be a part of something bigger than ourselves. An individual's yearning to reach beyond their limitations is described by Fulmer as, "A seed of greatness waiting for a stream of motivation." Fulmer continues by describing how he did this with his 1998 National Champion Tennessee Volunteers. "A friend of mine sent me a walking stick. My wife and I hike quite a bit. It showed up at school about the time I was walking out to practice. I took it to practice to show some of the players and they said, 'Coach, you look like Moses.'" I am thinking Moses is a grey haired, bent over, old guy. I gave the stick to a team manager and had him take it to my office. Later that night, it hit me; Moses led his people to the promised land. The next day, I put the team in a circle. I said, 'yesterday you guys said I look like Moses.' I reminded them that Moses led his people to the promised land and that this stick would be our focal point, our synergy stick for our journey to our promised land."

This stick was kept secret from families, the press, anyone outdoors. That year, the Vols made it to their promised land, the national championship.

Whether it is a successful deployment or receiving an "Outstanding" rating in the May Combined Unit Inspection, our organizations have the opportunity to be a part of that bigger story.

## Let the team help determine the plot

Hand in hand with the bigger story is the plot. If the story is your vision, then the plot is the goals required to make the vision reality. Osborne explains, "So often a coach comes in and says, 'Our goal is to do this and that...,' and that's all well and good, but that is the coach's goals and not the player's." Osborne would have his players list their top five goals and incorporate them with the coach's goals. Then he would say, "Okay, these are your goals. Now we are going to get there."

Osborne showed trust to his players, transferred equal ownership to them and led them to meet their goals. Other top coaches agree that transferring ownership motivates team members to follow through and, "Be willing to pay the higher price for the prize."

## Award your team members individually

Every team member wants to know how they stack up. How valuable are they to the team. Spurrier explains his philosophy at Florida. "One part of coaching I really believe in is making every player feel important. Not just your star players, but even your practice players should feel important."

Great motivators know the importance of recognizing their team-

mates. Public praise reminds them of their value and the important role they play in the organization. In the Air Force, we have a lot of recognition programs for our star players. It takes more than one player to make a team.

## Let team members hold each other accountable

Coaches can motivate their players in the locker room and from the sidelines. But, it is impossible for them to be with them every step of the way. Great leaders know how to keep teammates "high on each other." It is important to teach your team to hold each other up through all times, good and bad. Enthusiasm is contagious, but enabling your team to do this, your capacity to motivate will be vastly expanded.

## Deserve to win

Last, nothing beats good old-fashioned hard work. Spurrier said, "My basic way of motivating was more of a persistent level of trying to be our best. We tried to practice well each day, we tried to approach every day very similarly. We worked hard to get better every day."

Ultimately, motivation is a critical aspect of leadership. From the highest ranking officer to the lowest ranking airman, you are an important part of your team. Whether your team is a small flight or a large squadron, motivation makes your teammates believe in your organizations goals. It sparks creativity and enthusiasm. Motivation builds a team's self-confidence and a team brimming with confidence will roll over the competition.

# Frank Cable Sailors **build relations**



**Left:** Sailors from the submarine tender USS Frank Cable (AS 40) lead youth soccer players in stretching and warm-up exercises before playing a game at the Tapinac Oval Sports Complex in the Philippines Sept. 11. U.S. Navy photo by Mass Communication Specialist 1st Class Jason C. Swink/Released

**Middle:** Capt. Pete Hildreth, commanding officer of the submarine tender USS Frank Cable (AS 40), passes out snacks to youth soccer players at Tapinac Oval Sports Complex in the Philippines Sept. 11. Frank Cable conducts maintenance and support of submarine and surface vessels deployed in the U.S. 7th Fleet area of responsibility. U.S. Navy photo by Mass Communication Specialist 1st Class Jason C. Swink/Released

**Right:** Olongapo City Mayor James Gordon Jr., sits in the commanding officer's chair on the bridge during a tour given by Capt. Pete Hildreth, commanding officer of the submarine tender USS Frank Cable (AS 40) Sept. 10. U.S. Navy photo by Mass Communication Specialist 2nd Class Corey Hensley/Released

# MSG Corner: Detachment 1, Diego Garcia

By Master Sgt. Catherine Forgue, Master Sgt. Benjamin Moles, Master Sgt. LaShawndra Ramsey, Master Sgt. Francisco Rodriguez, Master Sgt. Douglas Shively and Master Sgt. Jason Zarudny  
Detachment 1

36th Mission Support Group, Detachment (Det) 1 is strategically located on the small island of Diego Garcia in British Indian Ocean Territory. Det. 1 consists of 28 personnel who make up four flights and a three person command cell. Each of the four flights in Det. 1 has specific responsibilities and capabilities to support a variety of U.S. Central Command (CENTCOM), Pacific Command (PACOM) and Global Strike operations. The unit's primary mission is to prepare and maintain War Reserve Material (WRM) to include the munitions, facilities, vehicles, equipment and communications infrastructure necessary to establish a Forward Operating Location (FOL) capable of executing national security objectives. Diego Garcia is the only allied forces location from which to launch air and sea operations in the Indian Ocean region. Det. 1 is a tenant unit of the U.S. Naval Support Facility and also shares the island with a small contingent of British customs and security personnel. Although geographically separated, Det. 1 is a vital part of the overall 36th Wing at Andersen Air Force Base and significantly enhances the ability to project global power and reach.

The structure of the detachment

is unique and has been strategically planned to carry out the functions of the individual Air Force specialty codes assigned and provides a highly skilled military work force. Airmen assigned to Det. 1 must be fully qualified experts in their duty position. All military personnel serve a one year unaccompanied tour and most positions are one deep slots.

Each of the four detachment flights is subdivided into multiple functions. The mission support flight has two civil engineer personnel, and one person each to provide contract oversight on the POL system, Aerospace Ground Equipment (AGE) and Transportation (Vehicle Fleet Management) sections. The communications flight consists of network administration, network infrastructure and islandwide Land Mobile Radio (LMR) management. The logistics flight orders and tracks all detachment materials and supplies as well as the materials and supplies required for visiting mission operations.

Additionally, logistics manages the WRM program and works closely with mission leadership to ensure Diego Garcia capabilities and processes are understood prior to arrival. Det. 1's largest flight is the munitions flight which consists of 14 personnel that inspect and maintain the WRM munitions stockpiles, and provide munitions operations functions.

Because Det. 1 is in an isolated location, the unit is confronted with many challenges. For example, munitions, AGE and transportation assets constantly struggle with corro-

sion from the salty sea air. Harsh environmental conditions also wreak havoc on facilities. However, the detachment has in place a robust maintenance program and vigilantly monitors the condition of these assets and resources on a constant basis; and as a result of the attentiveness and the pride instilled in the work performed by the personnel within the detachment, we dare to say the detachment has one of the best WRM programs in the command. Another obstacle often confronted at Diego Garcia is the "tyranny of distance" of the PACOM area of responsibility, especially in the area logistics. The prohibition of commercial carriers to the island and the procurement of supplies and materials dependent primarily on sealift tend to cause delays in infrastructure upgrades as well as in efficiently procuring mission related parts and equipment. The detachment often confronts these challenges by being more resourceful, efficient and forward thinking when planning for resupply and infrastructure upgrades.

In addition to day-to-day operational challenges, working and living on a remote island has other associated obstacles. For instance, the tyranny of distance not only affects mission readiness, but also in being able to maintain close contact with our families back home. While not the most advanced, access to e-mail and the internet are two resources available for us to maintain contact with our loved ones. Most importantly, the men and women of Det. 1 devote considerable effort and at-



**Dedicated Airmen:** Detachment (Det) 1 is strategically located on the small island of Diego Garcia in British Indian Ocean Territory. Det 1 consists of 28 personnel who make up four flights and a three person Command cell. Each of the four flights in Det. 1 has specific responsibilities and capabilities to support a variety of U.S. Central Command, Pacific Command and Global Strike operations. U.S. Air Force photo by Neng Dumlao/Released

attention to fostering the Wingman concept. The unit is very close knit and the Wingman concept is not only necessary, but is evident as a way of life. At Diego Garcia, we make it a priority and a habit to be engaged in knowing the well-being of the personnel in the detachment as well as their families. In addition, promoting resiliency and looking out for one another is common practice among members of the detachment.

Although it may appear that a remote tour on Diego Garcia is difficult at times, there are many positive attributes to the island as well. The Morale, Welfare and Recreation (MWR) program is outstanding and sponsors almost daily fun and fitness events to participate in. Other MWR offerings include a variety of fishing and water sports such as windsurfing, sailing, swimming and snorkeling. Det. 1 also strives to maintain partnerships with our U.S. Navy brothers and sisters and our British hosts.

The mission of Det. 1 is like no other. Its location in the Indian Ocean is prime for supporting CENTCOM, PACOM and Global Strike operations. Yet, its designation as a Geographically Separated Unit, isolated from the other units in Pacific Air Forces and having limited access to commercial resources, sometimes makes maintaining a robust FOL challenging. However the presence of a highly skilled military and civilian workforce coupled with working in an environment where ingenuity, resourcefulness, leadership traits and teamwork are fostered and highly promoted, makes overcoming the multiple obstacles a challenge we eagerly accept. Because we know at the end of the day, the dedication, the knowledge and the pride we have coupled with the positive relationship we have with the other Air Force detachments and non-Air Force units will always make Det. 1 in Diego Garcia ready to support the warfighter at any time.

# Navy participates in Valiant Shield 2012



**On the Job:** Sonar Technician (SW) 2nd Class Joy Chase, assigned to guided missile destroyer USS Mustin (DDG 89), tracks submarines in sonar control in support of Valiant Shield 2012 Sept. 12. Mustin is part of the George Washington Carrier Strike Group, the U.S. Navy's only continuously forward deployed carrier strike group based out of Yokosuka, Japan and participated in Valiant Shield 2012. Valiant Shield is an integrated training exercise that allows the opportunity to integrate Navy, Air Force and Marine Corps assets in a blue-environment. U.S. Navy photo by Mass Communication Specialist 2nd Class Devon Dow/Released



**On the Deck:** Sailors assigned to Explosive Ordnance Disposal Mobile Unit 5, Platoon 503, repel from a SH-60F Seahawk Helicopter assigned to the "Chargers" of helicopter anti-submarine squadron (HS) 14 onto the flight deck of guided-missile destroyer USS Mustin (DDG 89) to conduct a helicopter, vessel, board, search and seizure drill in support of Valiant Shield 2012 Sept. 13. U.S. Navy photo by Mass Communication Specialist 2nd Class Devon Dow/Released

# CHIEFS: Opportunity to pass knowledge to junior Sailors

Continued from Page 1

little less in a strict interpretation as what your duty demands. Dwell upon this point of view, this increase feeling of responsibility, this duty, which compels you to do a thing not because you have to do it but because it ought to be done.”

As part of Navy tradition, chief selects had to carry around charge books which are lists of entries noting a person’s accomplishments to be presented during the promotion or selection process. The books serve as records of wisdom and informal instruction meant to prepare the chief selects for their role as a chief.

“This continuing tradition is steeped in naval history,” said Chief Aviation Structural Mechanic (AW) Jeremy Marco, of HSC-25 “The season itself is about developing and training to-

morrow’s leaders.”

NBG guest speaker, NBG’s Command Master Chief (SW/AW/SCW) John Lawry encouraged the new chiefs to continue to grow.

“Don’t stop learning when you put on your anchors today,” he said. “The pinning today is not the end of your journey but rather the beginning of the next phase of your career, one where the expectations are so much higher.”

During the ceremony, each new chief marched individually through sideboys for everyone in attendance to see and cheer.

Family members and friends pinned on two gold anchors to each newly appointed chief’s uniform and the Sailors’ sponsors placed a combination cover on their head.

The newly-pinned chiefs continued standing and bowed their heads at the benediction by Senior Chief Hospital Corpsman

Lynelle Wagner, of Navy Operational Support Center Guam, to close the ceremony.

The new chiefs were in agreement that their new authority and responsibility will help them to keep the U.S. Navy the best and strongest in the world.

“The comparison as being a chief over as a first class, I have more opportunities and open doors now to shape Sailors into the instruments the Navy needs them to be,” said Chief Logistics Specialist (SW/EXW/AW) Carlos Cantu, of submarine tender USS Emory S. Land (AS 39).

For more information about the traditions and rank of the chief petty officer, visit [www.history.navy.mil/faqs/faq46-1.htm](http://www.history.navy.mil/faqs/faq46-1.htm).

To learn more about NBG, visit [www.cnmc.navy.mil/guam/](http://www.cnmc.navy.mil/guam/).

For more news from U.S. Naval Forces, Marianas, visit [www.navy.mil/local/guam/](http://www.navy.mil/local/guam/).



**Honor:** Helicopter Sea Combat Squadron 25 honored their new chief petty officers during a pinning ceremony on Andersen Air Force Base Sept. 14. This rich tradition helps new chiefs to pass on their Navy leadership skills and teach the importance of heritage and tradition to their junior Sailors. U.S. Air Force photo by Airman 1st Class Mariah Haddenham/Released

# AWARD: Instills pride in Airmen, keeps focus on mission

comprised of members from the 69th Expeditionary Aircraft Maintenance Unit from Minot Air Force Base, N.D., achieved the “Nine-O-Nine” award while deployed here to support the 69th Expeditionary Bomb Squadron and Pacific Command’s Continuous Bomber Presence.

The “Nine-O-Nine” award was named after a B-17G Flying Fortress “Nine-O-Nine,” which flew 126 sorties during World War II without a maintenance abort.

The “Nine-O-Nine” award was started by the 5th Bomb Wing’s Maintenance group commander at Minot AFB. Air crews at home are required to accomplish 50 consec-

utive sorties without a maintenance abort. The deployed maintenance squadron brought the award process one step further by bringing the award process with them during their deployment here.

“We looked at the flying averages during the deployment and came up with 20 sorties,” said Chief Master Sgt. John Van Duser, 36th EAMXS superintendent. “A number that is challenging but achievable.”

The dedicated crew chiefs who work on the aircraft that achieve the “Nine-O-Nine” award receive a framed certificate with photo and a chance to have their names engraved on a trophy located in the

maintenance group building at Minot when they achieve the 50 sortie milestone.

In order to keep track of progress, leadership hangs up the status of the aircraft each week.

“After their jets launch for that day, the team pencils in their sorties have gone up; they’re really quick,” Van Duser said. “If a team had a ground abort, opposing teams put them back to zero. They’re watching each other, which ultimately keep the jets in top condition.”

Aside from the crews’ performance, the amount of time it takes to win the award also depends on flying schedules, number of aircraft, flight hours and sorties.

“We were three months in before we even had a jet that was close to hitting 20,” Van Duser said. “When the first jet won, the second jet won it back to back. It just takes time for them to get situated and to accumulate enough sorties.”

When doing maintenance work on a B-52 Stratofortress, crew chiefs are required to fix a plethora of discrepancies. These range from replacing light bulbs to hydraulics and communication navigation systems which all need to be in order for the aircraft to be in flying condition before the next flight.

“We try to turn over as much information between day shift and night shift,” said Staff Sgt. Jim Al-

cozer, 36th EAMXS crew chief. “We try to stay on top of it. We take care of anything that we foresee that may affect the aircraft’s capability to execute its mission.”

Specialists work side by side with the aircraft’s dedicated crew chiefs and play a vital role in getting the seasoned aircraft up in the air.

“It definitely takes team work to get an aircraft to the ‘Nine-O-Nine’ milestone,” Van Duser said.

Alcozer said the award is more for our Airmen since they do more of the hands on work. With the non-commissioned officers responsible with the follow-ups and the seven-level tasks, the quality of the Airmen’s work integral to the maintenance process.

Recently B-52 aircraft 61-034 arrived here with 40 sorties and made 50 while on island, allowing them to have their names etched on the “Nine-O-Nine” trophy at Minot AFB.

With the time to return home to Minot AFB slowly getting closer, the 36th EAMXS intends to pass on the reward process to the incoming maintenance squadron from Barksdale Air Force Base, La.

“We presented the idea of the ‘Nine-O-Nine’ award to the incoming squadron because it helps the Airmen develop pride in what they do every day,” Van Duser said. “The friendly competition helps. It instills pride in their aircraft, knowing that what they do directly affect the mission. The ultimate goal is to get the aircraft off the ground, and this program helps them keep a closer eye on these valuable Air Force assets.”



**Above:** Sailors from Joint Region Marianas pick up trash along the coast during the 18th Annual International Cleanup efforts in Hagatna Sept. 15. Service members from different military branches joined island residents as a part of the annual event to reduce and recycle trash along Guam's scenic coasts. U.S. Navy photo by Shaina Marie Santos/Released

**Making Guam More Beautiful:** A Sailor from Joint Region Marianas picks trash off the coast during the 18th Annual International Cleanup efforts in Hagatna Sept. 15. S. U.S. Navy photo by Shaina Marie Santos/Released

# MILITARY ISLANDERS JOIN TO CLEAN

By Shaina Marie Santos  
Joint Region Edge Staff

**S**ervice members of several branches and commands joined island residents in an effort to clean up Guam's beaches as a part of the island's 18th Annual International Coastal Cleanup Sept. 15.

Air Force, Coast Guard, Army, Marines and Navy commands including Joint Region Marianas, Explosive Ordnance Disposal Mobile Unit 5 (EODMU 5), Naval Facilities Engineering Command Marianas, Helicopter Sea Combat Squadron 25, Naval Mobile Construction Battalion 74 and Naval Airborne Warfare Maintenance Unit 1.

EODMU 5 Master-at-Arms 1st Class (SW) Altic Hughkong served as the site leader for cleanup efforts at Oka Point in Tamuning.

"The International Coastal Cleanup of Guam asked me to run this site and I offered my services to do that, to come out and help make a difference here, to help clean this beautiful island," he said. "There's a lot of trash that has accumulated over a year period so we wanted to show our support from EODMU 5 and from the Navy to help clean up."

Hughkong emphasized the importance of Sailors joining

Guam's residents and offering their support for the good.

"We have approximately 20 personnel from EODMU 5 and they all range from different time frames of being here on the island and they all wanted to contribute and make a difference," he said. "(Guam) being such a military-oriented island and being a U.S. protectorate also, it's important for the Navy to have its support."

According to Guam Environmental Protection Agency Public Information Officer Tammy Jo Anderson-Taft, the cleanup brings together a large number of volunteers yearly.

"Last year we had 3,000 volunteers and I think we'll have more this year," she said. "It's really one of those events where everybody makes it an annual stop on their calendar and it's really great to see so many people come out."

Anderson-Taft said that last year, 11 tons of trash were removed from Guam's coasts and taken to the proper facilities for disposal, reducing possible hazards to the ocean and marine life.

"Marine debris is a really big issue," she said. "When you think about plastics that never go away, plastics, that when they go into the ocean, they don't biodegrade they photodegrade, they just break down into smaller pieces. They end up in the food chain, they impact all animals they actually come in contact with. It has a huge impact on habitat."



# COMMUNITY ON COASTS

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In recent years, the cleanup has also introduced recycling ef-  
forts to further protect the environment.

"Now, at every single site (volunteers) sort out aluminum cans  
and plastic bottles and glass and metal and cardboard," Ander-  
son-Taft said. "They sort out all the things that can be recycled,  
which is really great to see because it reduces the amount that  
is going into the landfill and it also keeps it from going into the  
ocean."

EODMU 5 Yeoman Seaman Abigail Hill was one of the nu-  
merous Sailors that volunteered at Oka Point, picking up trash  
and debris.

Though Hill grew up on Guam and has spent her whole life  
on the island, she was surprised to find how much trash is ac-  
cumulated in a year and said that she was glad to be a part of  
the event's efforts.

"I'm very happy to come back and help and everything and  
pick up the trash, it's just amazing how much we accumulate  
throughout a year in such a small area," she said. "We had a  
really good turn out with everybody here. We definitely had a  
lot of people from my command that showed up today and I'm  
very proud of that."

The cleanup was in participation of the Ocean Conservan-  
cy's International Coastal Cleanup, which is in its 26th year, sav-  
ing the Earth's oceans from tons of waste.



**Above:** Explosive Ordnance Disposal Mobile Unit 5 Yeoman Seaman Abigail Hill, left, and Master-at-Arms 1st Class (SW) Altic Hughkong pick up trash during the 18th Annual International Cleanup efforts in Tamuning Sept. 15. U.S. Navy photo by Shaina Marie Santos/Released

**Bottom:** Sailors from Explosive Ordnance Disposal Mobile Unit 5 and island residents join together to pick up trash during the 18th Annual International Cleanup efforts in Tamuning Sept. 15. U.S. Navy photo by Shaina Marie Santos/Released

**Middle:** Sailors from Explosive Ordnance Disposal Mobile Unit 5 make a climb during the 18th Annual International Cleanup efforts in Tamuning Sept. 15. U.S. Navy photo by Shaina Marie Santos/Released

# SUMAY COVE MARINA OFFERS BOATING FOR learning, enjoyment

By Shaina Marie Santos  
Joint Region Edge Staff

Sumay Cove Marina on U.S. Naval Base Guam (NBG) offers patrons the opportunity to embark on adventures through Guam's crystal-blue waters.

According to Sumay Cove Marina Manager David Callaway, the facility offers a wide variety of experiences to service members, families and all other authorized patrons.

"The marina is the place where authorized patrons can rent power boats, sail and enjoy the azure blue water(s) that surround the island of Guam," Callaway said. "The marina offers a wide array of rental boats...knee boards, wake boards, water skis and tubes."

Authorized patrons include all military active duty, reservists, retirees and their dependents, overseas Department of Defense civilians and Coast Guard Auxiliary members.

Available boats range from 18-foot Edgewater center console power boats, 27-foot Sun Tracker pontoon boats and for those with experience, 14.6-foot American Day Sails are also available for rent with



**Let's Go Sailing:** Sumay Cove Marina Manager David Callaway motions toward two vessels available for rent at the Sumay Cove Marina on U.S. Naval Base Guam Sept. 10. The Sumay Cove Marina offers a recreational facility for patrons to explore Guam's waters. U.S. Navy photo by Shaina Marie Santos/Released

proper qualifications and demonstration of skills.

Patrons can rent an Edgewater boat from 8 a.m. to noon and from noon to 4 p.m. for \$70; 6 a.m. to noon for \$90; 8 a.m. to 4 p.m. for \$120; and 6 a.m. to 4 p.m. for \$135. The amount of fuel used is charged

upon rental of the boat.

A pontoon boat is available for four hours for \$90 or \$180 for a full day, plus the amount of fuel used.

The marina also offers a Military Appreciation Day where service members can receive a 20 percent discount off boat and gear rentals

once a month.

For those who are more adventurous, boat rentals are not the end of the opportunities offered at the facility.

"The marina also offers guided sight-seeing, dolphin-watching tours and deep-sea fishing charters," Callaway said. "The marina has a 23-foot center console Proline that is used for tours and charters. Trips include a Coast Guard licensed boat captain, fishing gear and ice."

The Proline dolphin-watching trip is available for \$150 for two hours with a maximum of six people. Patrons have the choice of also snorkeling or deep-sea fishing along with dolphin-watching.

To rent the Proline fishing charter, the cost is \$325 for four hours or \$400 for six hours. Rental includes a captain, rod and reels, lures, ice and fuel for a maximum of four people.

According to Callaway, a number of patrons who own boats keep them at the marina, even living on their sea vessels for extended periods of time. For those interested in docking at the marina, wet slips and dry slips are available for monthly rental.

"The wet slips include electric

and water," Callaway said. "Proof of insurance, boat registration or Coast Guard documentation, Coast Guard vessel safety inspection and a current credit card are required to fill out a contract with Sumay Cove Marina."

If you find yourself heading to the marina sometime soon, don't be fooled by the construction, they are still open for business. According to Callaway, the marina is currently undergoing an \$18 million facelift to offer more recreational opportunities and alternatives for families.

"Renovations have been taking place over the last year and are approximately 50 percent complete," he said. "The upgrade will include the construction of brand new boat ramps, a new dock with T-piers and power boat slips, 31 permanent piers for the sailboat moorings and lighted canopies with new grills for family cookouts."

Hours of operation at the marina dive shop are from 8 a.m. to 5 p.m. Mondays and Thursdays and from 6 a.m. to 5 p.m. on Friday-Sunday and is closed Tuesdays and Wednesdays.

For more information about the Sumay Cove Marina, call 564-1846.

# Financial aid cuts costs for service members, spouses

By Mass Communication Specialist  
2nd Class (SW/AW) Jeremy Starr  
U.S. Naval Base Guam Public  
Affairs

Are you looking to further your education? Did you join the Navy and want to go to college? Or you are new to Guam, married to a service member and want to attend college while your spouse works? What do you do? How will you pay for school? How do you apply?

These are only a few the questions many prospective college students ask themselves when contemplating going back to school. However, there are ways to relieve some of the stress when it comes to financial aid, especially for service members and their families.

According to Navy College Office Director Jessica MojicaRivera on U.S. Naval Base Guam (NBG), tuition assistance (TA) for service members will cover 100% of costs for 16 accredited college credits a year.

"It's a 100 percent TA right now in the Navy," MojicaRivera said. "That is much better than the 75 percent I received while I was in the Navy."

For spouses of service members, they can obtain loans through the spouse tuition aid program (STAP) from the Navy-Marine Corps Re-

lief Society, but not educational grants. They are also not eligible for TA.

Once you've determined how much financial aid you're able to receive, MojicaRivera suggests researching colleges you want to attend and make a list. For guidance, visit the Navy College Program and college search pages for tips on how to start searching for colleges.

"By going to school and getting a better education, you're not benefiting your command but rather yourself," Mojica Rivera said. "Don't let these opportunities pass while you're in the Navy. The time is now to take advantage of these benefits, especially at this time when so many Sailors are not being allowed to stay in a full 20 years."

When you are ready to sit down and discuss education opportunities visit the NCO in building 1 on the second floor at NBG. You'll find helpful information that you might have missed in your research.

The office is full of brochures from many distant learning programs and is located next to Central Texas College (CTC) and the University of Maryland University College (UMUC), the only two colleges



**Back to School:** Mass Communication Specialist 2nd Class (AW) Ricardo Danan, of USS Frank Cable, looks at educational brochures in the Navy College Office on U. S. Naval Base Guam (NBG) Sept. 11. U.S. Navy photo by Mass Communication Specialist 2nd Class Jeremy Starr/Released

on base that provide classroom instruction. You will be provided educational counseling to answer any questions you may have about the process.

The NCO is open Monday-Friday from 6:30 a.m. to 4 p.m., including lunch. For more informa-

tion, call 339-8291 or visit the Navy College Program at <https://www.navycollege.navy.mil>.

To learn more about NBG, visit [www.cnmc.navy.mil/guam](http://www.cnmc.navy.mil/guam).

For more news from U.S. Naval Forces, Marianas, visit [www.navy.mil/local/guam/](http://www.navy.mil/local/guam/).

## Green Ribbon Schools recognizes MEMS for national award

From Green Ribbon Schools

Green Ribbon Schools, a reward and recognition program for K-12th grade students, recognized Cmdr. William C. McCool Elementary and Middle School among 63 schools in 13 states and Guam for achieving the online community's highest level of participation during the 2011-2012 school year.

The 2012-2013 program—open to all schools free of charge—features an enhanced website that helps teachers use nature, health and fitness, and Science, Technology, Engineering and Mathematics (STEM) activities to enrich and extend students' education. STEM skills teach kids about, and how to apply, science, technology, engineering and math.

The schools recognized for their 2011-2012 leadership published at least four projects around green building, recycling, conservation, the outdoors, health, nutrition and fitness. Name of school's projects included:

Cmdr. William C. McCool Elementary and Middle School in Guam learned about a local limestone forest and wetlands by meeting with a scientist, building observation areas and posting their findings in a school hallway dedicated to the project (Jean Tuquero and Elizabeth Atoigue, teachers). They also had a Media Blast of ways to be healthy using their in school closed circuit television news program (Cynthia Barcinas, teacher). The eighth-grade team completed a recycling program (Gina Gonzales, teacher) and students created healthy choice video games to share with other students (Debora Moore, teacher).

The updated website engages participants with user-rich features that include a:

- Community section where students, teachers and parents can share ideas, experiences and information
- Social design, for comments and the ability to "like" projects
- Easy publishing process to encourage students to post their projects

Green Ribbon Schools is challenging the 648 elementary, middle and high schools in its 40-state community to create a "Greenprint" for 2012-2013 and become success stories.

The national Green Ribbon Schools recognition and award program is a collaboration among organizations committed to helping children develop their full potential by connecting with the wonders of nature. Sponsors include the AMD Foundation, the Brown Foundation, Blue Cross/Blue Shield of Texas and individual contributors. The program includes the Healthivores contest to promote healthier lifestyles.

## Chapel Schedule

### U.S. Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.  
 Roman Catholic Mass  
 Saturday Vigil Mass: 5:30 p.m.  
 Sunday Mass: 9 a.m.  
 Sacrament of Reconciliation: Saturday, 5 p.m.  
 Protestant Worship Service  
 Sunday Service: Traditional and Contemporary Service: 10:30 a.m.  
 Jewish Shabbat Friday, 6:30 p.m.

### Naval Hospital Guam

Roman Catholic Mass Monday-Friday, 11:30 a.m.  
 Chapel of Hope: Sunday, 9 a.m.  
 Women's Bible Study: Every second and fourth Saturday of the month at 8:30 a.m. at the Fellowship Hall, Building 61

### Andersen Air Force Base

Roman Catholic Mass (Chapel 1)  
 Weekday Mass: Tuesday, Thursday, Friday, 11:30 a.m.  
 Saturday Vigil Mass: 5 p.m.  
 Sunday Mass: 9:30 a.m.  
 Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.  
 Military Council of Catholic Women: Second and fourth Tuesday of the month, Chapel 1 Annex, 6:30 p.m.  
 Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.  
 Catholic Men of the Chapel: First and third Tuesday of the month, Chapel 1 Annex, 6 p.m.  
 Choir Rehearsal: Chapel 1, Saturday 4-5 p.m. and Sunday, 8-9 a.m.  
 Protestant Worship Service  
 Praise Service: Sunday, Chapel 2, 9 a.m.  
 Liturgical Service: Sunday, lighthouse, 9 a.m.  
 Gospel Service: Sunday, Chapel 2, 11:30 a.m.  
 Emerging Worship Service: Sunday, lighthouse, 5 p.m.  
 Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.; Wednesdays (September-May), Chapel 2 Annex, 8 a.m.  
 Protestant Men of the Chapel: Wednesday, lighthouse, 6 p.m.; First Saturday of the month, Chapel 2 Annex, 8 a.m.  
 Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.  
 Protestant Single/Unaccompanied: Thursday, lighthouse, 6 p.m.  
 Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

*Schedules subject to change. To confirm times or for information about other programs, call the chapels at:*

Andersen Air Force Base: 366-6139  
 U.S. Naval Base Guam 339-2126  
 U.S. Naval Hospital Guam: 344-9127

# Should I take the red pill or the blue pill?

By Capt. Richard Rojas  
 36th Wing Chaplain

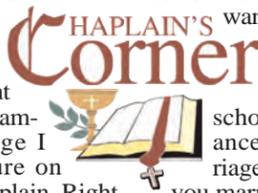
"You take the blue pill, the story ends; you wake up in your bed and believe whatever you want to believe. You take the red pill, you stay in wonderland and I show you how deep the rabbit hole goes."

When I watch the 1999 sci-fi classic, *The Matrix*, I feel the pressure of making the right decision. The pill question goes to the core of the spiritual dilemma of making the right decision.

As a chaplain I hear the 'red pill, blue pill' often, "Chaplain, how do I know what God wants me to do?" These are all great questions: "Should I marry him or her?" "Should I take this job?" "How can I be sure I'm making the right decision?" Good ques-

tion. I personally use a three-step criterion to determine whether I am following the will of the almighty: internal aspiration, external confirmation and moral obligation.

Internal aspiration is my desire to do something, "Do I want to do this?" So for example, while in college I picked up a brochure on how to become a chaplain. Right away I knew, I wanted to be a chaplain. Similarly, when I met my wife—you guessed it—I knew that I knew she was 'Mrs. Right' and not 'Miss Right-Now.' To sum, all humans are given desires. There is nothing wrong with that. In fact, holy Scripture says God gives us noble ones to service others (1 Tim 3:1; Gen 2:18).



That leads to the second criterion, external confirmation, which means others affirm my giftedness and ability to do what I desire. Criterion number two, "Do others want me to do this?"

In the case of employment we all go through evaluation, prior training, schooling and job acceptance. In the case of marriage, when you ask, "Will you marry me?"

You hear, "Yes." On the other hand, there usually is no sense in one auditioning for American Idol if you were not accepted into a local choir. Entering a cooking contest is not a good idea if I can barely cook an eatable egg. The sanity check is do others believe I can do this? Was I affirmed by someone knowledgeable?

Finally, I have a moral obligation. Morality is defined in the military as "service." We all play a public service role and have the obligation to ensure we are caring for others before ourselves. So in choosing to do something, we have to ask the question, is this desire ethical and moral?

The obvious moral conflicts come to mind; should I cheat on my taxes? Should I cut corners to get ahead? Will I harm others in making this decision?

In summary, more can be said concerning this important topic of decision making.

The internal, external and moral will can be greatly enhanced through counsel, mentorship and the prayerful humility necessary to see that God wills only what is good for all.

# Flag Football kicks off in October

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert  
Joint Region Edge Staff

Wannabe NFL superstars it's time again to dust off your cleats and get ready for Charles King Fitness Center's annual Captain's Cup Flag Football tournament.

Commands can pick up their registration form at the center no later than Oct. 1.

Sorry lone wolfs, teams are command orientated only. You cannot create you own team with your friends. However, if your command doesn't have a team you can sign up as a free agent by contacting the Sports Coordinator Joey Santos who can assist you in getting on another team.

"There will be no independent teams this year," San-

tos said. "Captain's Cup is a command-orientated tournament."

Santos said the coach's meeting will be held on registration deadline. He encourages commands to sign up as quickly as possible to straighten out details but rules from last year still apply.

He said flag football is a great workout.

"It's definitely a fitness sport," he said. "You're going to get a great workout sprinting up and down the field. It's going to be a lot of fun."

So sign your team up and see who is the best flag football command. As an added incentive, at the end of the season last year, the tournament champions played the Air Force and lost!

For more information visit [www.mwrguam.com](http://www.mwrguam.com) or contact Santos directly at [mwrsportsnbg@gmail.com](mailto:mwrsportsnbg@gmail.com).

## 2012-2013 Upcoming Captain's Cup Tournaments

October - Flag Football

November - Racquetball

December - Ultimate Frisbee/

Innertube Polo

January - Basketball

February - Bowling/ Table Tennis / Darts

March - Beach Volleyball/ Billiards

April - Softball / Tennis

May - Indoor Volleyball / Indoor Soccer

June - Swimming

