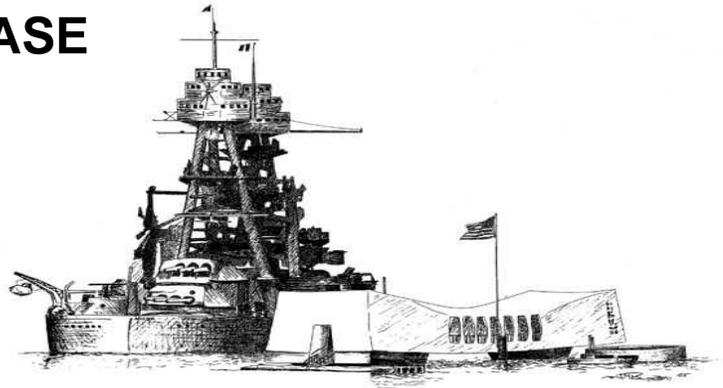


NAVY NEWS RELEASE

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FOR IMMEDIATE RELEASE
POC: Chief David Rush, 590-8363

April 1, 2008
RELEASE #008-08

Runners, walkers invited to Ford Island 10k Bridge Run

(PEARL HARBOR, HAWAII) -- Don't miss the largest 10K (6.2 miles) run on the island! The Ford Island 10k Bridge Run is set for **Saturday, April 5, 2008 at 7 a.m.** All Active Duty, military-affiliated and DoD personnel and family members, and the general public are invited to participate. The run will begin at the entrance of the Admiral Bernard Clarey Bridge, continue across the bridge, around Ford Island and back, ending on Richardson Field.

For the past ten years, this event has attracted runner and walkers from all branches of military service, local residents and many visitors to Hawaii. Proceeds are distributed to the Navy Morale, Welfare and Recreation (MWR) fund and the Navy-Marine Corps Relief Fund.

Applications are available at, www.greatlifehawaii.com, all Navy fitness centers, and also at the following athletic stores: The Running Room, Island Triathlon & Bike, Soccer Locker and Runner's HI. Entry fee is \$27 for all entrants. **Entries accepted until April 4. NO ENTRIES ACCEPTED ON RACE DAY.**

Races packets, containing entrant's designated race number and T-shirt, can be obtained at Runner's HI (near Dixie Grill on Kamehameha Highway) on Thursday, April 3, 2008 from 3 – 7 pm.

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FORD ISLAND 10K BRIDGE RUN 2-2-2

No packets will be issued without proper identification. Call Runner's HI at (808) 488-6588 or the MWR Athletic Office (808) 473-2494 for more information regarding race packet retrieval.

Free parking will be available at Rainbow Bay Marina. Space is limited. Additional parking available at the Aloha Stadium overflow parking lot (across from start/finish line).

Parking fee is required.

Runners, walkers and strollers (strollers will line up at the back of the race) are eligible to participate in 10k run. Sorry, no pets allowed for the duration of the race.

Prizes will be awarded to the 1st, 2nd and 3rd overall male and female, military and non-military finishers. First, 2nd and 3rd place prizes will be awarded in each age category: Under 10; 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69; 70-74 and 75 & older.

For specific details regarding registration, fees, directions, or to obtain an application, please visit www.greatlifehawaii.com or contact the MWR Athletic Office at (808) 473-0784, (808) 473-2494, or (808) 473-2437.

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